



Showing support against school shootings

Approximately 65 Staples-Motley High School students walked out of class and gathered near the school's flag pole March 14 joining thousands of students around the country protesting gun violence and remembering the 17 victims of the Parkland, Fla., school shooting Feb. 14. (Staples World photo by Mark Anderson)

Staples-Motley students join protest against gun violence

By Mark Anderson
News Editor

Staples-Motley students want to be able to go to school without the fear of

gun violence.

That was one of the messages conveyed by some of the 65 students who walked out of class March 14 joining a national protest.

"We stand up for those who don't have the opportunity to," said Sophie Roberts, one of the students in the group.

During the walk out, students read the 17 names

of the Parkland, Fla., students who were killed in a mass shooting exactly one month earlier on Feb. 14.

Staples-Motley students said a mass shooting like that is felt in every school.

"In a small town, we shouldn't fear to go to school," said Colleen Wickman. "It's not right, we don't feel we should remain silent."

Another student said many kids live in fear that their friend could be next to be shot.

"Students in America should not go to school and get shot," said Draven Lane. "This is the only country where students go to school and get shot."

The students said the

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School board okays first budget cuts

By Brenda Halvorson
General Manager

The Staples-Motley School Board approved \$273,300 in education cuts at their Mar. 19 meeting and formed a committee to explore "ongoing operational efficiencies and to look at additional cuts as needed for the coming school year."

Mary Freeman and Brad Anderson will be the board's representatives on that committee along with administration and representatives from staff.

Chad Longbella said a decision on the education cuts was needed now so the affected staff could be notified and allowed time for their due process as required in their contracts.

The \$273,300 in cuts approved include shifts in staff at the elementary school, reduction of overloads at the middle school as well as a cut of 1.9 full

time equivalent (FTE) teachers, media resources at the high school and middle school, one FTE in the Connections program, one high school librarian FTE, one possible high school FTE depending on scheduling, the Accelerated Reading program and dropping the College in the School FTE to part time for the first semester.

The board reviewed options at their Mar. 12 work session. (See story in the Mar. 15 Staples World.) At that meeting they agreed to pursue a \$505,000 operating levy on the ballot this November along with a building bond referendum that will likely be about \$50 million.

The board also authorized the administration to make reductions of up to \$600,000 for the 2018-19 school year. Discussion among the board members was that extra-curriculars

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Hello, Readers,

'Stephen W. Hawking, the British theoretical physicist who overcame a devastating neurological disease to probe the greatest mysteries of the cosmos and become a globally celebrated symbol of the power of the human mind, died March 14 at his home in Cambridge, England. He was 76. Here are a few of my favorite quotes.'

Intelligence is the ability to adapt to change.

Look up at the stars and not down at your feet. Try to make sense of what you see, and wonder about what makes the universe exist. Be curious.

I believe alien life is quite common in the universe, although intelligent life is less so. Some say it has yet to appear on planet Earth.

I have noticed even people who claim everything is predestined, and that we can do nothing to change it, look before they cross the road.

I believe everyone should have a broad picture of how the universe operates and our place in it. It is a basic human desire. And it also puts our worries in perspective.

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Artist, writer, shares trials to help others

By Dawn Timbs
Staples World reporter

It's fitting that the showcase for Alyssa Vanderhoof's artwork and self-published book would be held in the spring...the season representing new life, rejuvenation and hope.

These are words the 18-year-old Staples girl has come to embrace in recent years, but not before first shedding layers of darkness and despair that had threatened to consume her.

Now a senior at Staples-Motley High School in the Connections program, Alyssa is open about her suicide attempt in 2014, brought about by depression and a feeling of hopelessness.

This past December, she wrote and illustrated, "When the World Goes Dark," a children's book that tells the story of Ella, a young girl who battles depression.

The book was the result of a class assignment from her teacher Emily Hoeschen, asking students to write a story that would teach something to younger children. As she thought about the assignment, Alyssa said she wanted to do something that would mean something to her and would connect with others.

Having dealt with depression in her life, Alyssa wondered if that might be a good theme for her book. As she began to write,



'A Night of Art' prep work

Alyssa Vanderhoof, senior at Staples-Motley High School, has been busy preparing for her upcoming art exhibit and sale which will be held Monday, March 26, from 4 - 7 p.m. at the school. Several of her oil paintings and colored pencil drawings will be available, with proceeds going to help students in need of school supplies. She is pictured above with her painting, "Manipulation." (Staples World photo by Dawn Timbs)

Alyssa was inspired to bring the story and its subject to life through her illustrations. "I'm so grateful to Miss Hoeschen," Alyssa said of her teacher, adding that she has been one of her biggest supporters this past year.

Ella's story is similar to her own, Alyssa said, describing the character's journey through darkness, but ultimately grabbing hold of the light and finding the power to overcome mental illness.

"People have thanked me for writing it," Alyssa said of her book, going on to say that readers have made their own connections with Ella's story.

She had the opportunity to read her book at a gathering of Staples-Motley faculty and staff, including some of her middle school teachers who knew her during that dark period of her life.

"It was very emotional," Alyssa said, adding that there were not many dry eyes in the room when she finished reading. She spoke with several of the teachers afterwards, as well as High School Principal Mike Schmidt, and was overwhelmed by their support.

The book brought back memories of her attempted suicide in April of 2014, and all that had led up to it.

Shortly after, Alyssa entered treatment at a facility in Duluth, where she was forced to deal with

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Pine Grove camping proposal withdrawn

By Mark Anderson, News Editor

At their March 13 meeting, members of the Staples City council didn't discuss a previous proposal to allow camping at Pine Grove Park for two baseball tournaments this summer. The Park and Recreation Board had recommended the proposal, but the city received a petition signed by ten neighbors of the park who were against the plan. The council removed the proposal from the agenda with no further discussion.

During the meeting, the council approved taking out a portion of the city's garage sale ordinance. City Administrator Jerel Nelsen said there's no longer a need for the provision requiring garage sales to be registered with the city. Limits of three garage sales per year, for no more than three days will remain.

The council also approved minor changes to the city's personnel policy, including changing the \$35 per day meal limit, for travelling representatives, to the standard rate outlined by the U.S. General Services Administration, which varies by state and size of city the representative is visiting. Nelsen said most conferences that city employees attend

are just one day, with a meal often included, so the per diem payment is not used often.

Economic Development Director Melissa Radermacher told the council that the city has been asked by Todd County to be a part of the Opportunity Zones designation, and she will submit an application with the county. Opportunity Zones are areas that offer tax advantages for investments. The zones are approved by the Minnesota Governor's Office.

Radermacher said the city is applying for an Innovation Funding grant from NJPA to do a trail study on building a bicycle trail from Staples to Pillager.

Public Works Director Doug Bendorf told the council that the city will not soften water for up to three weeks during their water clarifier project. He said most residents won't notice a difference at first but they may notice it if it goes past the third week. Hard water comes out of the ground naturally, and the city normally softens it to remove some of the dissolved minerals. The water will still be filtered and clean to drink, but clothes and hair washed with it may appear different and it may leave more spots on washed dishes. Bendorf

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Sourcewell: new name for NJPA

At an open house celebrating their 40 years as an organization, National Joint Powers Alliance (NJPA) announced they will be going by a new name, Sourcewell, officially starting in June. Pictured with the new logo, from left, are Director of Marketing Travis Bautz, Director of Regional Programs Paul Drange, NJPA Board Chair Mike Wilson and Executive Director Dr. Chad Coquette.

Bautz said the name means they will continue to be committed to being the source for NJPA partners, which includes government, business suppliers and non-profits. He said the new logo represents a map of cities, farms, schools and playgrounds coming together to become a community. The new Sourcewell web site will go online June 6, in coordination with NJPA's annual H2O Conference which vendors from around the nation attend.

More on NJPA/Sourcewell's 40 year history will be in next week's Staples World. (Staples World photo by Mark Anderson)

Thank you for subscribing!



Donation to continue annual speech tournament

Members of the Staples-Motley speech team thanked the Staples Host Lions for their donation of \$600 to help pay for their home meet expenses. Pictured, Mike Gedde of the Lions presents the check to Coach Heather Sams. Students in the background are, from left, Sadie Thompson, Macy Judd, Caden

Mrazek, Jonah Johnson, Brynn Williams (back), Amber Deegan, Krystal Yoder, Nick Tabbatt, Johannah Picconatto, Ethan Gilbertson, Samantha Mrazek, Izzy VanAlst, Lilly Niemi, Andrew Bates, Alex Erickson, Jaydon Friedel, Delaney and advisor Coleman Klimek. (Staples World photo by Mark Anderson)

Spring truck weight restrictions began

The Minnesota Department of Transportation (MnDOT) ended winter weight increases and started spring weight restrictions in the north-central frost zone as of March 21 and in the north frost zone March 22.

Winter load increases

have ended and spring load restrictions have begun in the other frost zones.

Road restriction maps indicating the locations of weight restricted routes and those state highways open to maximum 10-ton axle weights are listed on the MnDOT Seasonal

Load Limits website at www.mndot.gov/loadlimits. Click on “Spring Load Restrictions.” Also available is a text list of the restricted segments along with exceptions to the map.

Permits for over 80,000 pound gross vehicle weight will continue and new permits will be issued if all axle and group weights are legal.

Up to full-summer overweight permits can be issued during the spring load restriction period only on interstate through movements.

Middle-range overweight permits become available within each frost zone when spring load restrictions are lifted.

Full-summer overweight permits become

available within each frost zone starting two to three weeks after spring load restrictions are lifted. For questions about the legal weight and size heavy haul trucking call MnDOT’s Freight and Commercial Vehicle Operations department at 651-296-6000 or email ofcvpermits.dot@state.mn.us

For enforcement questions, call the State Patrol’s Commercial Vehicle Enforcement at 651-405-6196 and select option 3 and then option 3.

MnDOT will report dates on its 24-hour automated message center at 1-800-723-6543 for the U.S. and Canada, and locally at 651-366-5400 for the Minneapolis/St. Paul area.

Libraries begin fund raising campaign

Great River Regional Library is launching its spring fundraiser “Locally Growin.’” The Staples, Eagle Bend and Long Prairie Public Libraries are all branches of GRRL.

The mission is to help every branch of GRRL raise the funds they need for something special.

People can choose which library they would like to support, and that gift will be put toward a goal chosen by the local library.

Each library’s goal is unique. Here are a few things GRRL is raising money for this year:

- Long Prairie Public Library is fundraising to bring The Raptors of Minnesota program to the library.

- Eagle Bend Public Library is aiming to raise \$500 and each dollar will be matched by the Eagle Bend

Lions Club.

- Staples Public Library has also set a goal of \$500 for children and adult programs, programming supplies and furniture..

Learn more, and give online, at griver.org/locally-growin.

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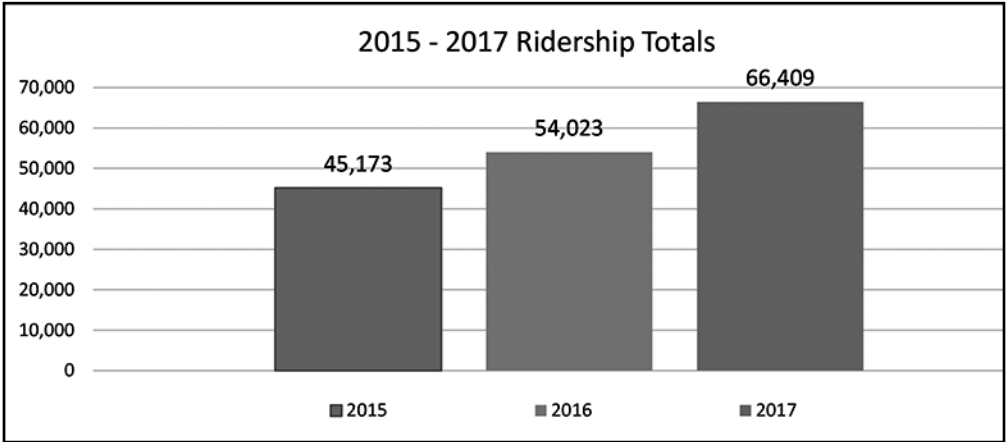
Community Center study continues

said they’ll probably start the project at the end of March.

Nelsen said they hope to have the Staples Community Center feasibility study done by June. The center is working on expansion plans that could be tied to the school building proposal.

Staples part of transit growth

Friendly Rider transit announced an increase in ridership of 12,000 more rides in 2017 than in 2016. The bus service is part of the Wadena County government, but they service all of Staples and the surrounding area. The Staples area was a part of the ridership increase, going from 8,714 rides in 2016 to 12,317 rides in 2017. Friendly Rider has expanded their routes to include Motley and it recently started routes to Brainerd. Wadena County Transit Director Jake Huebsch said they are seeing a slow increase in rides to Brainerd, and he hopes to see more Staples residents taking advantage of those routes.



	2015	2016	2017
January	3,930	4,123	5,512
February	3,929	4,385	5,705
March	4,015	4,401	6,102
April	3,671	4,364	4,953
May	3,299	4,047	5,035
June	4,269	4,630	5,869
July	3,553	3,895	5,771
August	3,822	4,692	5,696
September	3,463	4,619	5,654
October	3,857	4,838	5,177
November	3,618	4,673	5,408
December	3,747	5,356	5,527
Total	45,173	54,023	66,409

Police make DWI arrests

On March 2, Staples Police assisted Minnesota State Patrol with checking on a vehicle in the median of US Hwy 10 near Co Rd 83. Todd County Sheriff’s Office also responded and arrested Yvonne Shegrud, 35, of Motley, for DWI.

On March 2, Staples Police assisted Todd County Sheriff’s Office and Staples Ambulance with a report of a woman lying in the roadway next to a vehicle on Thunder Road. The woman, Zephra Nelson, 41, was transported to the emergency room and later arrested by TCSO for DUI refusal. She was taken to the Todd County Detention Center.

On March 3, Staples Police observed a vehicle crossing the center line multiple times. Police stopped the vehicle and arrested the driver, Russell Ash, 54, for DWI.

On March 5, Staples Police stopped a vehicle for view obstruction. The driver of the vehicle, Dillyn Johnson, 18, was arrested on a felony warrant out of Todd County.

On March 6, Staples Police received a report of a neighbor that was pushing snow into the other neighbor’s mailbox. Both parties were advised that the snow can not be pushed onto private property without the owner’s consent

and needs to be kept away from the mailboxes.

On March 8, Staples Police assisted the FBI with arresting Ted Lopez, 40, in the City of Staples, for active warrants out of Wisconsin.

On March 8, Staples Police received a report of a missing juvenile. Police made contact with the parents and collected information regarding the missing subject. While looking for the subject, police were contacted by the parents indicating the subject had been located.

On March 9, Staples Police received a report of minors using fake identification cards to purchase alcohol. Police made contact with the subjects and confiscated their alcohol and fake IDs.

On March 12, Staples Police received a report from a woman who was receiving disturbing text messages from her ex-husband.

On March 13, Staples Police responded to the 500 block of Warner Road for a report of a domestic. Police will be forwarding the report to social services for review.

On March 13, Staples Police received information regarding a party who has been displaying concerning behavior and sending unwanted, frightening correspondence.

Groundwater sampling planned for Wadena County

The Minnesota Department of Natural Resources will collect and analyze water samples from about 90 wells in Wadena County this spring. The data are being collected for the Wadena County Geologic Atlas, Part B (hydrogeology). The results build on the Part A (geology) information, which was produced by the Minnesota Geological Survey in 2016.

DNR staff will contact county residents to request permission for well sampling, which involves collecting a water sample and measuring the depth to water in each well. Tests will profile the general chemical characteristics of area groundwater and will also show approximately how long the water has been underground. Geology, location, well depth and well construction will determine the selection of wells for sampling. Owners of sampled wells will receive a report of the laboratory results for the water sample collected from their well.

Preserving the long-term quality of the region’s surface water and groundwater requires that policymakers have access to accurate information based on sound scientific principles. A county geologic atlas is a valuable

tool for county planners, resource managers and other local government staff when making general planning, land use management and water resource protection decisions.

The Minnesota Geological Survey has already published Part A of the atlas, which illustrates details of each county’s geology. In 2020, the DNR will publish the groundwater portion of the atlas (Part B). The Part B reports will include maps and descriptions of the distribution and movement of groundwater; cross sections illustrating groundwater conditions, and the pollution sensitivity of aquifers in the county.

The DNR County Geologic Atlas program is funded in part by the Minnesota Environment and Natural Resources Trust Fund as recommended by the Legislative-Citizen Commission on Minnesota Resources. Funding also comes from the Clean Water Fund, which receives 33 percent of the sales tax revenue from the Clean Water, Land and Legacy Amendment approved by voters in November 2008.

A description of this DNR program and status reports for atlas products is available at mndnr.gov/groundwatermapping/.

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‘We ... know we deserve better than this,’ students say

fear is often on their mind.

“When we have lockdowns at school, they tell us it’s not a drill because they’re required to say that,” said Brynn Williams. “We sit there and wonder if it’s real or not.”

Some of the students were concerned that the nation’s leaders have not been working on preventing gun violence, despite school shootings being a problem for many years.

“They keep telling us that teenagers’ opinions don’t matter, but teenagers spoke up about Vietnam, and about civil rights and they helped change the country,” said Bethany Johnson.

Lane said “We’re the next generation, we will vote, the seniors this year will vote in the next election.”

Williams said it’s a safety issue, not a political issue to divide into Democrats or Republicans.

“Kids should be able to go to school, to a movie, to church. It is not about our rights to have guns, it’s about living our lives without fear, it’s about making laws to be safe,” said Williams. “We love our country enough to know we deserve better than this.”

Following the walk out, High School Principal Mike Schmidt addressed the students.

“I’m proud of you. You have a right to do this, although you shouldn’t have to,” said Schmidt. He also assured the students that they should be able to feel safe and secure amongst other students and with the adults in the building. “We are with you and for you,” said Schmidt.

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Local safety nets at risk in budget plan

Submitted by Tri-County Community Action Partnership

President Trump released a budget plan for 2019 that proposes ending and changing some critical safety net programs. The budget specifically proposes eliminating federal funding for the Weatherization Assistance Program (WAP) and Community Services Block Grants (CSBG). These are two federally funded programs that enable Tri-County Community Action Partnership (TCC) to help local families in need. The budget plan also proposes cuts and changes to the Supplemental Nutrition Assistance Program (SNAP), formerly called food stamps.

WAP funds enable TCC to hire local contractors, putting an estimated \$1 million into the local economy by supporting local businesses each year, to repair and improve the energy efficiency, safety and livability of aging homes in the region. The program prioritizes homes for the low-income elderly, the disabled and families with young children, helping to reduce monthly utility bills for these low-income families. TCC's Weatherization Assistance Program currently expects to repair and update at least 130 homes in Crow Wing, Todd, and Morrison counties this program year.

CSBG funding enables TCC to provide numerous low-income sector programs. These include: emergency funds to secure housing; loans and grants to purchase or repair a vehicle to retain employment; encouraging financial independence through matched savings programs to fund education and purchase a home; helping families enroll in health insurance; and helping individuals and families prepare their taxes and access the Earned Income Tax Credit. In the last program year, TCC helped more than 600 low-income working families prepare and file their taxes, helped more than 240 workers access the Earned Income Tax Credits (for which the average refund was roughly \$1,800), and helped 540 individuals access health insurance. As a community action agency, TCC has been providing CSBG funded services in Crow Wing, Morrison, and Todd counties for 52 years.

Additionally, the budget plan proposes an overhaul to the current SNAP benefits, which ensure that low-income families have food choice and food security. The benefits do not always last the full month and do not fully prevent hunger in impoverished households, but they do enable families to purchase qualifying fresh foods and give individuals the dignity of choosing which foods to buy and serve to their families. The proposed changes would end the current system of an allotted amount entered monthly on an EBT card, which can be used at most grocery stores and some farmer's markets, and replace this system with a monthly box of canned vegetables, pasta, and dried milk—processed, canned foods that are often less nutritious than fresh meats, fruits and

vegetables.

TCC Board Member, Jennifer Perez, overcame poverty as a young mother and had this to say about her own experience accessing SNAP benefits:

“SNAP benefits, what people commonly refer to as food stamps, provided me a sliver of dignity and connection in a world that felt untouchable. The freedom to CHOOSE what foods went into my carts and cupboards was a small, but significant thing for me. I remember a time, not so long ago, when home ownership and family vacations were not even dreams I could imagine. I eked by in survival mode for far too long, and gratification from food was my meager way of feeling connected to groups and celebrating achievements. It was not judgment, restriction or shame-based cultures that moved me from desperation and despair but Compassion, Empathy and Connection.”

Likewise, TCC Board Member Mallori Sheik found herself in need after the unexpected death of her fiancé: “Some of these programs were critical to my son and I's survival. After my fiancé and son's father passed away, my son and I were left with nothing. We received Energy Assistance, SNAP benefits and daycare assistance. All of these were so critical to us as I would have never been able to live on my own, feed us and continue my education if it was not for these programs.”

Low Income Housing and Energy Assistance Program (LIHEAP) funding has also been eliminated in President Trump's budget proposal. TCC does not directly administer this program.

Similarly, as a single parent to four teenagers and bankrupt Minnesota farmer, Doug Jacobson, Executive Director of TCC, pursued his college undergraduate degree while on welfare and food stamps. This safety net of public benefits enabled him to pursue a college education, which eventually enabled him to achieve self-sufficiency and family stability. Without AFDC, food stamps, Medicaid and Section 8 housing support benefits, his current career in public service would not have been possible.

“I will be forever thankful for the public safety net that allowed me as a 30-year old, Vietnam combat veteran, single parent to four teenagers, and bankrupt farmer to go on to college. I eventually attained both MSW and MBA degrees. Without this public safety net, I was simply a high school graduate with only military and farming skills which made me eligible for minimum wage jobs. My children and I both benefitted from our society's generosity and now we each give back in many ways.”

Tri-County Community Action Partnership has served residents of Crow Wing, Todd, and Morrison counties since 1965. In addition to WAP and CSBG programs, TCC operates Head Start: Prenatal to five early childhood education centers serving 640 children across the tri-county area.

By U.S. Senator Tina Smith

Since the beginning of the year, I have had the honor of representing Minnesota in the U.S. Senate.

While I may be new to the Senate, I'm not new to Minnesota. My husband Archie and I raised a family here, I worked for General Mills, started my own business and worked in the non-profit world. As Lieutenant Governor, I spent years listening to Minnesotans and learning what makes our state tick.

Minnesota is home to so many creative, strong and resilient people. They work at world-renowned health care facilities, teach at top-notch schools that prepare our workforce to be the best in the country, run family farms and agribusinesses, start innovative businesses and live in diverse communities that come together to solve problems and support their neighbors. They're the reason for Minnesota's high quality of life.

Even though Minnesota's economy is doing well, tens of thousands of families still struggle to pay health care costs, afford college or prepare for a secure retirement. And many Minnesotans worry that their concerns are simply being ignored.

My job is to give a voice to and be a fierce advocate for all Minnesotans. I'll look for common ground and bipartisan compromise on important issues everywhere I can, but I won't be afraid to fight back when Minnesota's interests are threatened.

Meeting Minnesotans in communities across the state

Since January 3, I've visited every corner of the state and met with hundreds of local officials and community leaders. I've visited farms, businesses and schools and met with families who are concerned about the cost of medical care and prescription drugs. These meetings

will always guide me as I make decisions on behalf of Minnesota.

Because the nation's skills gap is a real problem for many employers, I held my very first meeting at Wyoming Machine, a successful sheet metal manufacturer in Stacy. There, I heard how difficult it is for Minnesota businesses to find trained workers to fill the thousands of good-paying, high-skilled job openings in our state. As a member of the Senate Education Committee, I'm encouraging local schools and businesses to work together to prepare students for the high-skilled jobs in our 21st Century economy.

In meetings in Mankato, Kasota, Ada and the Twin Cities, I met with dozens of farmers, farm leaders and agribusinesses about how important agriculture is to our state's economy. I got a firsthand understanding of the tens of thousands of diverse jobs that farming creates when I sat at the kitchen table of one Minnesota farmer and heard about his solar energy operation. I pushed hard for a seat on the Senate Agriculture Committee, where I'll push Minnesota's priorities as Congress debates a new five-year federal Farm Bill.

Minnesota's opioid crisis has already devastated thousands of families and brought untold heartbreak to almost everyone it's touched. In St. Paul, one mother told me about her son, who became addicted to opioid painkillers prescribed to him after a surgery. That addiction led him to heroin and led his family on a wrenching and expensive recovery journey that has included five relapses. That's why I was pleased the recently-passed bipartisan budget included \$6 billion to fight opioids and to provide treatment for those who need it. And it's why I back legislation to require big pharmaceutical companies to fund solutions to the epidemic

they helped create. I also support a measure to help Minnesota's Tribal Communities address the crisis.

Maintaining access to quality health care in rural Minnesota is a priority for me, I pushed for a leadership position on the Senate Rural Health Caucus. In a recent meeting in Fergus Falls with rural health experts and hospital CEOs, I heard how important rural health facilities are to keeping communities strong. I've taken their message back to my colleagues in Congress and will work to ensure our 1.2 million rural residents have access to the health care services they need.

With mining being so important to the economic well-being of Minnesota's Iron Range communities, I met with steelworkers in Virginia and promised to fight to end the unfair foreign steel imports that have stolen too many jobs and sapped economic vitality from the region. I've pushed the Trump Administration to act quickly to get this job done, and we're making progress.

As a member of the Senate Health Committee, I'll always remember the desperate single mother I met in Rochester because she didn't know where else to turn to get help paying for the expensive care she needs to treat a debilitating brain disease. She works as a health researcher and lives with her nine year old daughter just a few minutes from the Mayo Clinic, which provides the best health care in the world.

After each trip home to Minnesota, I realize how much work still remains to be done on behalf of our state. As long as I'm Senator, I'll keep listening to Minnesotans, and I'll continue to be a fierce advocate for their priorities.

Tina Smith represents Minnesota in the U.S. Senate. She can be reached at 202-224-5641 or <http://t.smith.senate.gov>.

Letter to the Editor

City and school issues

I will open with Staples City Council story regarding the Lumberbats Tournament.

A certain individual on the city council is concerned about camping at Pine Grove Park. The Lumberbats organization is willing to pay a \$750 permit to camp. (Which in my opinion is way out of line.) Apparently, the individual does not realize the amount of revenue that would be generated from this event for the town of Staples. If campfires are an issue, put an amendment into the permit for no campfires. The city police could make rounds routinely to see that the permit is complied with. Problem solved.

If not for the efforts of Chris Etzler and the Lumberbats organization, Pine Grove Park would not be the beautiful place it is today. Pine Grove Park is a family friendly park. Where is the sense in making the baseball players and their families go to another town when Pine Grove Park is available for all?

School board

I have no issue with the building of a new school but not at the expense of students and staff. The audacity to cut meal programs for the needy is beyond comprehension. Seriously, you are going to cut an already overburdened staff at the expense of future generations.

The enrollment in our school district has been

down for several years regardless of what school board members portray to make a name for themselves.

In conclusion: I have lived in Staples for 63 years and have sat back and watched our town stagnate and the education deteriorate. I wrote a letter several years ago about the school board running a coach out of town for nothing but ineundos and have never received a response in the Staples World.

I am hoping there will be a response to this letter. You know how to reach me and if there is a response, please tell me in person. I am accessible to all.

Roger A. Braith
Staples, Minn.

Staples World

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Letters: Readers are encouraged to express their views by writing letters to the editor. Letters are verified for authenticity, so please include a name, address and phone number. Only the author's name and city will be published. Letters may be edited for spelling and grammar errors, libel, length and other factors. Private thanks, solicitations and libelous letters will not be published. Letters are printed on a space available basis. The editor reserves the right to reject letters.

The deadline is 5 p.m. Monday. Opinions expressed on this page do not necessarily represent the views of this newspaper.

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Staples City Council

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Doug Case 218-296-1288
Brian Fisher 218-296-5147
Rachel Johnson.....218-820-5421
Roy Miles.....218-894-1792
Ron Murray.....218-296-0910
Mary Theurer.....218-894-3752
Jerel Nelsen, City Admin. 218-894-2550



Mark Your Calendar

March 26

BOSOM BUDDIES BREAST CANCER SUPPORT GROUP MTG Mon., March 26, Lakewood Health System Sr. Campus, Staples at 5 p.m. Guest speaker. Group will meet at 4:30 p.m. to eat together. All breast cancer survivors welcome. For info., 218-894-2627.

March 27

CARE COMMUNITY MEAL Tues., March 27, 4:30 - 6 p.m., Assembly of God Church, 914 3rd Ave. NE, Staples. Free. For info, 218-894-1081.

March 28

FREE TAX-AIDE Wednesdays, 1 - 4 p.m., through April 11, Staples Community Center. No appt. needed. For low to moderate income taxpayers. For info., 218-894-5772.

April 2

RETIRED EDUCATORS ASSOCIATION OF MN (FOR ALL TRA AND PERA PUBLIC SCHOOL RETIREES) MTG Mon., April 2, 9:30 a.m. at Staples City Hall. Program school updates.

Staples City Council agenda

The Staples City Council will meet Tuesday, March 27, at 7 p.m. at the Staples City Hall, 122 6th St NE, Staples.

Preliminary agenda items include:

- Consider first reading of Ordinance 518 - Amending Ordinance 496, an Ordinance Amending the Staples Zoning Ordinance 460 establishing garage sale regulations.
- Consider approval of facility use agreement w/ MnSCU (CLC) for 57 acres of land on airport property from April 1, 2018, to March 31, 2019.
- Hear committee reports from the Planning and Zoning Commission, the Parks and Recreation Commission and the Tourism Marketing Board.
- Open forum.
- City Administrator's report.

Educational Opportunities

April 12

55+ DRIVER IMPROVEMENT REFRESHER COURSE sponsored by the MN Hwy Safety Center, Thurs., April 12, 5 - 9 p.m., Verndale Public School, 411 SW Brown St., Verndale. For info. or to register, 1-888-234-1294.



Animal puppets

Emma and Gretta Gerads learned about spring and baby animals recently at the Reading Roundhouse Storytime held at the Staples Public Library. The story teller shared fun stories about animals, the children made animal puppets and Friends of the Library provided snacks. Below, Ella Enberg and Nova Huhn share their fun while making puppets. The next storytime is Wednesday, April, 11 at 10:30 a.m. Pre-registration is required. Stop in or call the library at 218-894-1401 to register. Check out other upcoming programs by visiting www.griver.org or follow us on Facebook. (Submitted photos)



Public library programs

The Staples Public Library is offering the following programs:

1,000 Books Before Kindergarten

Enjoy a fun program encouraging reading and early literacy skills. For ages birth to kindergarten. Sign up any time during open hours. Sponsored by Staples Motley Early Childhood Coalition.

D.I.Y. fun activity - 'Animal Quest'

Stop in before during library hours all throughout March and try to guess the animal by its shape and the clues given? Each week a winner will be drawn from the correct answers for a prize.

Lego Builders April 10 and May 8

A fun hour of block

building will be held, Tuesday, April 10 and May 8 from 4-5 p.m. An assortment of Legos and large blocks will be provided. Bring your imagination and we will provide the Legos and challenges. For ages 5-13. Registration required. Limit 10. Sponsored by the Staples Friends of the Library.

Book Club - Mar. 22

Read the book and join the discussion. For teens and adults, Thursday, Mar. 22 from 6-7 p.m.

For more information on any of the activities contact the library at 218-894-1401.

The Staples Public Library is located at 122 6th St. NE, Staples. Hours: Mon. 10 a.m.-6 p.m., Tue. 2-8 p.m., Weds. 10 a.m.-6 p.m., Thurs. 2-8 p.m., Fri. 1-5 p.m., Sat. 10 a.m.-1 p.m.

TWEC annual meeting and dinner is April 12

Todd-Wadena Electric Cooperative will hold its annual meeting and member dinner on Thursday, April 12, at Memorial Auditorium in Wadena. Registration and bingo begins at 4:30 p.m. with the meeting at 5:30 p.m., followed by the membership dinner. Members, who haven't already done so by mail, are encouraged to cast their vote for the Board of Directors elections before the 5:30 p.m. meeting.

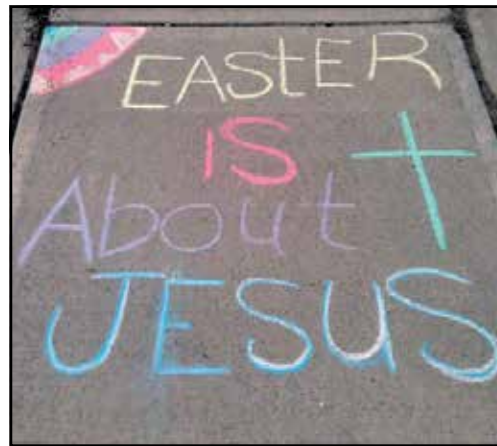
The meeting agenda includes; election of directors to fill two terms on the cooperative's board. Terms expire for incumbent directors Tom Brichacek, Miles Kuschel and both are seeking re-election. The other candidate on the ballot is

Curt Ronneberg. Candidate biographies were sent in the ballot packets, appeared in the March issue of the member newsletter and on the cooperative's website.

Survey & Ballot Systems (SBS), an election management company, oversees the cooperative's election process. To be counted, mailed in ballots must be correctly completed and received at SBS by April 12. Members may vote at the annual meeting. A SBS representative will be on hand at the meeting to collect and scan all ballots, tally them, along with those received through the mail. Election results will be announced before the close of the meeting.

Mark Fagan, Vice President & Chief Development Officer of Great River Energy, has been invited to speak about electric utility industry trends. Robin Doege, CEO of Todd-Wadena, will summarize the cooperative's 2017 business reports and Mike Thorson, Board Chair of Todd-Wadena and Great River Energy, will provide highlights of the cooperative. Many door prizes will be awarded throughout the evening.

Todd-Wadena Electric Cooperative, headquartered in Wadena, is the electric distribution cooperative providing more than 8,800 services to member-owners who reside primarily in the rural areas of Todd and Wadena counties.



Easter is upon us

Easter Sunday is April 1, 2018. A few reminders in Staples last year were the neighborhood bunny, left, who would appear in the yard behind the Staples World office (it posed for the camera one day) and the chalk message drawn in front of a residence on 2nd Ave. (Staples World photos by Janice Winter)

Join us Easter Morning with your family and friends at Timbers

EASTER!

BREAKFAST Buffet

Sunday April 1st - 9 am - 1 pm

CHEF HAS PREPARED A WONDERFUL MENU!

- Carved Ham • Egg Bake • Scrambled Eggs
- Eggs Benedict • Waffles • Cheesy Potatoes
- Biscuits & Gravy • Bacon • Sausage
- Made to order Omelet station
- Fresh Fruit • Blueberry and Cherry Crisp

Adults \$14, Kids(5-10) \$7, \$4 Under FREE
Price includes beverage

Reservations suggested, Please call 218-895-1300



1220 NE 2nd Ave., Staples

COZY THEATRE
WADENA, MN

Screen 1
"I CAN ONLY IMAGINE"
Fri. thru Thurs. March 23 - April 5
Fri. & Sat. 2 Shows at 7:00 & 9:15
Sun. thru Thurs. 1 Show at 7:00
Matinees Sat. & Sun. March 24 & 25 at 1:15 pm

Screen 2
"TOMB RAIDER"
Fri. thru Wed. March 23 - 25
Fri. & Sat. 2 Shows at 7:10 & 9:30
Sun. thru Wed. 1 Show at 7:10
Matinees Sat. & Sun. March 24 & 25 at 12:5 pm

Screen 3
"SHERLOCK GNOMES"
Fri. thru Thurs. March 23 - April 5
Fri. & Sat. 2 Shows at 7:15 & 9:30
Sun. thru Thurs. 1 Show at 7:15
Matinees Sat. & Sun. March 24 & 25 at 1:30 pm

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PUBLIC NOTICES:
Your Right to Know

Hello World

BIRTHS REPORTED AT LAKEWOOD HEALTH SYSTEM HOSPITAL IN STAPLES INCLUDED:

Born to Katelyn and Kenneth Sakry of Wadena, a baby boy, Easton Lee weighing five pounds on March 9, 2018.

Born to Amanda Kramer and Derik Gaudette of Wadena, a baby girl, Ellie Marie weighing four pounds, 13 ounces on March 10, 2018.

Born to Kayla Johnson and Michael Sumser of Brainerd, a baby boy, Abel Scott Arthur weighing seven pounds, 14 ounces on March 11, 2018.

Born to Felicia Cash and Evan Petersen of Nevis, a baby boy, Silas Dean weighing seven pounds, eight ounces on March 13, 2018.

Born to Bobbie and Shane Gordon of Brainerd, a baby girl, Ensley Rose weighing seven pounds, 13 ounces on March 14, 2018.

Born to Chelsea Mevissen and Dillon Lane of Staples, a baby girl, Harper Remington weighing eight pounds, two ounces on March 14, 2018.

Born to Gina and Josiah Dabill, twin boys, Silas Cort weighing five pounds, 11 ounces and Elias True weighing six pounds, eight ounces on March 15, 2018.



“Polar Plunge” for Special Olympics 2018

The “FIB&T Frozen Assets” team from First International Bank & Trust, Staples took the “Polar Plunge” for Special Olympics Minnesota, at Lake Darling in Alexandria. The 277 plungers at the Feb. 25 event raised \$88,500. The FIB&T Frozen Assets team was the third largest corporate donators, raising \$997 for the cause.

Above: Jessica Fishman, center, jumps into the icy waters with wet teammates Sadie Thompson and Helen Voeltz already in the lake and more team members waiting on deck.

Right center: Kylie Fix and Ashley Seely (with Sadie, Jessica and Helen on deck)

Right: Joshua Winter and Dave Voeltz

(Photos by Polar Plunge volunteer photographer www.jennifer-guenther.com)



Staples Senior Citizens

By Arlene Grover

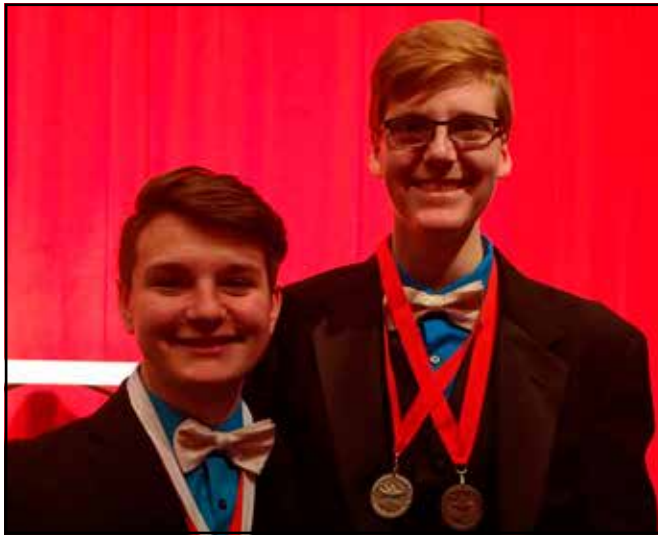
The March Birthday/Anniversary Party was postponed and is combined with the April celebrants on April 10. March birthdays included: Jan Pogreba and Sue Bergeson.

Staples Senior’s 500 Card Club continues to meet at noon on the first Thursday and third and fourth Monday of each month at the Staples Community Center. All monies collected are paid back to players based on high and low scores. Next on is March 26. Sign up for the LSS congregate dining meal served at 11:30 a.m. (suggested meal donation; \$4).

Lunch and penny bingo held every Wednesday at noon. Call Carol Olsen at 218-894-1712, and she can add you to her “reminder” call list. You can also make your meal reservation for that day with her as well.

Bridge March 27: every Tuesday at noon. Evening meals every Thursdays: March 29, 5 p.m. The center is closed March 30, Good Friday,

Meal reservations can be made by calling 218-894-2556. Consider joining or renewing your membership with the Staples Senior Citizen. Anyone 60 years of age or better qualify; cost; \$5 per person/ per year. Make checks payable to; “Staples Senior Citizens” PO Box 14, Staples Mn 56479-0014 or given to Carol Olsen on Wednesdays.



The duo of Alex Erickson and Andrew Bates placed fourth in national competition. (Submitted photo)

SM Speech Team members compete at national tourney

Fifteen Staples Motley Speech Team members competed in the National Speech and Debate Association tournament March 16 and 17, held in Brainerd, with 28 schools from across the state competing.

“Team members represented SMHS well,” said Heather Sams, speech coach. “As only certain state categories are also national categories, we couldn’t take everyone.”

Participating speech students included; Ari Brings, Samantha Mrazek, Jaydon Friedel and Jens Klemm in Dramatic Interpretation; Alex Erickson, Andrew Bates, Ethan Gilbertson, Jonah Johnson, Olivia Leslie and Kayla Yoder in Duo; Lilly Niemi and Torii Nienow in Informative; Samantha Mrazek and Krystal Yoder in Original Oratory and Delaney Larson in Program Oral Interpretation.

“This tournament is so

tough, with some of the best competition in the nation in our district. Only seven students from SMHS have ever gone to the national tournament in over 25 years,” said Sams.

This year two entries made it into the semi-finals: the duos of Alex Erickson and Andrew Bates and Ethan Gilbertson and Jonah Johnson.

“Andrew and Alex advanced to the final round but missed making it to the national competition by a hair, tying for third place,” said Sams. In the tie breaker the duo was awarded fourth place.

“The SMHS students performed admirably and all are champions in our eyes,” said Sams. She noted the team is now preparing for sub section competition in three weeks.

The speech team will travel to Melrose, Saturday, March 24, to compete.

New Hummingbird tube procedure performed at LHS

Over a dozen Hummingbird ear tube procedures have been successfully performed at Lakewood thanks to the partnership between Dr. Ted Truitt, otorhinolaryngologist, from St. Cloud Ear, Nose & Throat, and Lakewood Health System, Staples. The Hummingbird procedure is a new, simplified way to perform the routine procedure of inserting ear tubes.

The insertion of ear tubes is a common procedure to prevent ear infections or get rid of fluid in the ears that won’t go away. When the space behind the eardrum isn’t well ventilated, fluid builds up and



Examining little ears

Dr. Ted Truitt, otorhinolaryngologist, from St. Cloud Ear, Nose & Throat, with Lakewood patient Bentley Schwartz. (Submitted photo)

an ear infection can start. To drain this fluid and create ventilation, a small hole is made in the middle ear, and a tube is inserted to keep it open. Within six to 18 months, the ear drum will push out the tube.

During a typical tube procedure, general anesthesia is used to sedate the patient. With the Hummingbird procedure, only conscious sedation is used. This new device simplifies things by deploying the tube much quicker, allowing for faster surgery and recovery. The patient will be back in their parents’ arms and back home shortly after. While the procedure is typically best for children who are three years and younger, each pa-

tient will be evaluated by their ENT (ear, nose and throat) provider to determine the best option.

The Hummingbird procedure is only performed in Minnesota by a few ENTs in the Twin Cities. Dr. Truitt visits Lakewood Health System every Thursday.

“The more I learned about this procedure, the more I thought it could really benefit our youngest patients,” said Truitt. “With any procedure, there are always the potential risks with anesthesia and there can be a longer recovery time, which can make both the patients, as well as their families, nervous and anxious. If we can make that process a little easier for them and provide them with better care, why wouldn’t we? Physicians and health systems should always be looking for ways to be less invasive and use less anesthesia, especially with the little ones.”

Along with ear tube procedures, Truitt performs a number of other ear, nose and throat procedures on patients ranging from newborns to the elderly, including tonsils, adenoids and other pediatric surgeries of the ears. “We do a fair amount of coblation tonsillectomies, and thanks to the support of Lakewood’s staff and administration, we were recently able to acquire the equipment needed to do a less invasive version of endoscopic sinus surgery. All these innovations help bring safe, less-invasive and more cost-effective care to Lakewood patients.”

Dr. Truitt sees patients at Lakewood’s Staples clinic on Thursdays.



An Evening of Worship
Dinner and CONCERT
SATURDAY, March 24
Motley Free Methodist Church

Join the Motley Free Methodist Praise Team along with MFMC as they host a dinner and concert to benefit the local food shelf. **Dinner served 5-6 p.m. Concert at 5:30 p.m.**

w12c *Freewill offering will be taken for the Motley Area Food Shelf.



ANNUAL HAM DINNER
SUNDAY, March 25
10:30 a.m.-1:00 p.m.
Christ the King Church, Browerville
Adults: \$9
Children 6-12: \$4
Prepared by the men of the parish

sw12D



Balsamlund Lutheran Church
ANNUAL Pancake Supper
*Freewill offering
Weds., March 28
4:30 - 6:30 p.m.
Hewitt Community Center, Hewitt, MN

w12-813K



Thank you...

Words cannot express the gratitude that my family and I have for the support, both emotionally and financially, that has been shown to us. We are still in awe of the wonderful turn out of Chad's benefit. We are so very grateful to all the people that helped make it possible, especially Lori Knudson who coordinated the event. Whether you volunteered to help set up/tear down, made food, donated items (raffle, silent auction, bake sale) or came that day and bought something - each and every one of you were key players and instrumental to the Chad Merten's Benefit success! Seeing so many friendly and familiar faces on Feb. 24, 2018, really lifted our spirits and reminded us that we are not alone in Chad's fight. Thanks, again.

XXXX **God Bless You All! #chadwarriors** XXXX

Chad, Debbie, Brandon, Josh Mertens



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Staples Public Library “I Love to Read Month” challenge winners
Classes in each grade celebrating the most student visits to the library win ice cream treats



Sixth grade winners

Motley-Staples Middle School sixth graders in Kasey Odden’s homeroom. Front row: Makenzie Radueg, Adam Nienow, Kadin Ottomoeller and Jakob Knosalla. Back: Ramiro Gallardo, Cole Tettlie, Owen Winter, Zachary McIl-

ravy, teacher Kasey Odden with Declan Odden, Caroline Perez, Mason Nielson, Logan Martin, Arianna Williams, Kaylee Birkholtz and Lilliana DuBois. (Submitted photo)



Fifth grade winners

Motley-Staples Middle School fifth graders in Dawn Weite’s homeroom. Front row: Ivan Lozano, Brooklynn Huwe, Naila Mikhaeil, Gavin Chenoweth, Ryan Neelan, Jaden Radermacher and Dan-ika Rahn. Back row: Eli Blue, teacher Dawn Weite, Heidi Zimmerman, Nathan

Rubink, Lily Richey, Griffin Judd, Olivia Opheim, Bailey Frisk, Ethan Graton, Avery Amerud, Korden Robinson, Isaiah Caldwell, Taylor Beach-Seely, Aliza Farhan and Blaine Plattner. (Submitted photo)



Fourth grade winners

Motley-Staples Middle School fourth graders in Laurie Trout’s homeroom. Front row: Raina Mikaeil, Riley Nielson, Kyra Wolpert, Brynn Bestland and Keaghan Mullins. Second row: Katriane Beach, Cecily Moe, Reid Judd, Britta Sweeney, Elliot Allen and Peyton Jares. Third row: Addy Toepper, Nate

Seamann, Lizzy Tangeman, Zach Harvey, Mason Birkholtz and Mason Albertson. Back: Annavaha Blacketter, Ticiana Jannsen, Torrence Rodrigues, Tryston Buscho, Wyatt Lahr, Carson Mertens, teacher Laurie Trout and Erin Lustila. (Submitted photo)



Third grade winners

Staples-Motley Elementary School third graders in Jody Johnson’s homeroom. Front: Devin Shelltrack, Tristan Harvey, Brodie Cyrus, Charles Simkins III, Maddie Kist, Maria Halvorson, Jasmine Isley. Second row: Corben Berg, Kenzie Jares, Thomas Johnson, Kyleena Rudlang, Emmitt Djuren, Arianna

Nieken, Payton Converse, Ty Mumm, Suhaila Mikhaeil. Back row: Chase Blue, Kylie Wenzel, Carter Sarbaum, Preston Pierce, Serenity Hangge, Daniel Zimmerman, Justin Olson. Missing: Sam Olson. (Staples World photo by Dawn Timbs)



Second grade winners, SMES

Staples-Motley Elementary School second graders in Jenny Pantzke’s homeroom. Front row: Karter Lynch, Scarlett Stracek, Brenna Hafften, Jacob Faulkner, Lexi Fishman, Alexandar Markie, Kain Erickson. Second row: Hunt-

er Vogt, Carsen Sweeney, Mackenzie Ryan, Lydia Roelfs, Jada Ellingsen, River Munger. Back: Vance Vejtasas, Kathleen Ryan, Gage Bjerga, Beau Carlson, Kole Judd, Jesus Gallardo. (Submitted photo)



First grade winners

Staples-Motley Elementary School first graders in Robin Kautto’s homeroom. Front row: Nadia Santos, Eva Weber, Corben Marlowe, Jessica Dukowitz, Autumn Buscho, Brock Graton, Collin Hall. Second row: Hannah Holker, Briahna Cox, Kennedy Judd, Elaina

Elfstrum, Jackson Odden, Hudsyn Nannik, Evah Noska, Aubrey Lang. Back: Lee Morrison, William Lange, Owen Roline, Amelia Current, Johnathan Winter, Brayden Eckel, Kenton Pope, Liam Jennissen, Anthony Mitchell. (Staples World photo by Dawn Timbs)



Second grade winners, SHAS

Students at Sacred Heart Area School in Abbie Detloff’s second grade class enjoyed dilly bars as the winners of the reading challenge. Front row: Leah Greenwaldt, Stella Daniels, Chloe Larson, Brooklyn Winter,

Carson DeWald. Second row: Mrs. Detloff, Carolyn Hoppe, Kana Reese, Clara Maros, Haydn Ziegler, Lauren Dolezal. Back: Drake Holmberg, Grace Dalquist, Alexa Dolezal, Cooper Voeltz. (Staples World photo by Janice Winter)



Kindergarten winners

Staples-Motley Elementary School kindergartners in Ginger Stiner’s homeroom. Front row: Damian Vargas-DeWald, Madisyn Zetah, Berkley Nelson, Ava Jares, Landon Ziegler, Nathan Nelson. Second row: Ryker Karjala, Levi Mumm, Matthew Jewison, Khloe Mick,

Meredith St. Martin, Llana Michel. Back: Logan Hoggatt, Maxx Carlson, Braxton Cherry, Layla Dumpprope, Zeva Kriesel, Kayden McCord, Rosalyn St. Martin, Avangelina Shell Track. (Staples World photo by Dawn Timbs)



Todd County Commissioners Minutes

TODD COUNTY BOARD OF COMMISSIONERS FEBRUARY 20, 2018 MINUTES

Call to Order

The Todd County Board of Commissioners met in the Commissioner’s Board Room in the City of Long Prairie, MN on the 20th day of February, 2018 at 9:00 a.m. The meeting was called to order by Chairperson Neumann. The meeting was opened with the Pledge of Allegiance. All Commissioners were present.

Approval of Agenda

On motion by Kneisl and seconded by Erickson, the following motion was introduced and adopted by unanimous vote. To approve the agenda as pre-

sented with the change in order of items 11.4 and 11.5.

Consent Agenda

On motion by Becker and seconded by Kircher, the following motions and resolutions were introduced and adopted by unanimous vote:

To approve the Commissioner’s Meeting Minutes for February 6, 2018 as presented.

To approve a Seasonal Off Sale, On Sale and Sunday Liquor License for the Birchwood Resort at the address of 22182 Birchwood Loop, Sauk Centre, MN in Birchdale Township effective April 15, 2018 through October 15, 2018.

To approve a one year On Sale and Sunday Liquor License for the Long Prairie Country Club at the address of 406 6th St SE, Long Prairie, MN in Long

Prairie Township effective April 1, 2018 through March 31, 2018.

To approve a one year Off Sale, On Sale and Sunday Liquor License for the Full O Fun LLC dba Saukinac Campground at the address of 21914 Bay Loop, Sauk Centre, MN in Kandota Township effective April 1, 2018 through March 31, 2019.

To approve a one year Off Sale, On Sale and Sunday Liquor License for the Shady’s Golden Eagle at the address of 13218 County 103, Burtrum, MN in Grey Eagle Township effective April 1, 2018 through March 31, 2019.

GAMBLING PERMIT – MAIN STREET DUCKS UNLIMITED

WHEREAS, the Todd County Board of Commissioners are establishing their approval for a Gambling Permit for Main Street Ducks Unlimited through this resolution;

NOW, THEREFORE BE IT RESOLVED, that the Todd County Board of Commissioners approve a Gambling Permit for Main Street Ducks Unlimited to hold a raffle at the Diamond Point Steak House in Kandota Township at the address 12818 Bayview Drive, Sauk Centre, MN on April 7, 2018.

GAMBLING PERMIT - WAHOO VALLEY CHAPTER OF MN DEER HUNTERS ASSOC.

WHEREAS, the Todd County Board of Commissioners are establishing their approval for a Gambling Permit for Wahoo Valley Chapter of MN Deer Hunters Assoc. through this resolution;

NOW, THEREFORE BE IT RESOLVED, that the Todd County Board of Commissioners approve a Gambling Permit for Wahoo Valley Chapter of MN Deer Hunters Assoc. to hold a raffle at the Clarissa Ballroom in Eagle Valley Township at the address 19281 Kotter Road, Clarissa, MN on March 24, 2018.

Auditor-Treasurer

On motion by Kneisl and seconded by Becker, the following motion was introduced and adopted by unanimous vote: To approve the Commissioner Warrants number 48216 through 48329 in the amount of \$71,250.84.

On motion by Kircher and seconded by Erickson, the following motion was introduced and adopted by unanimous vote: To approve the Health & Human Services Warrants number 513497 through 513577 in the amount of \$110,302.74 and warrants number 702175 through 702182 in the amount of \$32,299.45.

On motion by Kircher and seconded by Erickson, the following motion was introduced and adopted by unanimous vote: To approve acknowledgment of Central Planes Aviation for spraying of army worms in Todd County in the calendar year 2018 along with the Public shall be notified within 48 hours prior to spraying.

On motion by Erickson and seconded by Becker, the following resolution was introduced and adopted by unanimous vote:

2018 PARKS AND TRAILS APPROPRIATION FUNDS TRANSFER

WHEREAS, the 2018 budget for Todd County’s allocation of funds to the Todd County Parks and Trails Board has been approved at \$9,000; and

WHEREAS, a letter was received from the Todd County Parks and Trails Board requesting for the appropriation of funds from the General Fund for 2018.

NOW, THEREFORE BE IT RESOLVED, that the Todd County Board of Commissioners hereby approve the transfer of funds in the amount of \$9,000 from the General Fund to the Parks and Trails Fund.

On motion by Becker and seconded by Kneisl, the following motion was introduced and adopted by unanimous vote: To approve the County Board Chairperson and County

Auditor-Treasurer to sign the attached Letter of Support of Proposed Election Law Legislation.

Public Works

On motion by Kircher and seconded by Kneisl, the following motion was introduced and adopted by unanimous vote: To acknowledge receipt of the petition regarding the speed limit on County Road 12 and request MnDOT to reevaluate the 2015 relocation of the western 35 MPH Speed Zone.

On motion by Becker and seconded by Erickson, the following motion was introduced and adopted by unanimous vote: To set the 2018 Spring Road Meeting for April 18, 2018 at 9:00 a.m. at the Northern Public Works Shop.

An update was provided regarding the announcement of a Grant from the Minnesota State Transportation Fund for the 2018 Eagle Bend Construction Project. The total grant amount is estimated at \$283,960.25.

An update was given to the Board regarding the 2018 Eagle Bend Construction Project (CSAH 22).

Economic Development

Rick Utech, Director, presented the Board with Todd County Development Corporation’s Annual Report of activities for 2017.

Assessor’s Office

On motion by Kircher and seconded by Erickson, the following motion was introduced and adopted by unanimous vote: To hereby set the Todd County Board of Appeal and Equalization meeting for June 11, 2018; commencing at 6:00 p.m. and not ending before 7:00 p.m.

Sheriff’s Office

Sheriff Asmus presented the year end statistics for the Todd County Sheriff’s Office activities in 2017.

SWCD

On motion by Kneisl and seconded by Becker, the following motion was introduced and adopted by unanimous vote: To accept the MPCA Feedlot Program Report for 2017 and authorize the Board Chair to sign the report.

Health & Human Services

Jill Scott presented the Board with an update of the Nurse Family Partnership program and its service to Todd County residents.

On motion by Kircher and seconded by Becker, the following motion was introduced and adopted by unanimous vote: To approve out of state travel for Public Health Nurse, Wendy Schultz, to attend the out of state training located in Denver, CO, for the Nurse Family Partnership program.

On motion by Erickson and seconded by Kneisl, the following motion was introduced and adopted by unanimous vote: To approve the Child Care Licensing MOU between Todd & Morrison Counties and NJPA.

On motion by Kircher and seconded by Erickson, the following resolution was adopted by unanimous vote:

A RESOLUTION DECLARING NATIONAL JOINT POWERS ALLIANCE (NJPA) THE CHILD CARE LICENSING DESIGNATED AGENCY

WHEREAS, Todd County contracts with NJPA for regional child care licensing services; and

WHEREAS, the Department of Human Services (DHS) supports this format of regional child care licensing; and;

WHEREAS, DHS requires NJPA to be approved via resolution as the Designated Childcare Licensing Agency for Todd County.

NOW, THEREFORE BE IT RESOLVED, that for the purpose of licensing family child care programs, NJPA shall be declared Todd County’s designated County Agency, per Minnesota Statutes, section 245A.02, subdivision 6, titled “County Agency.”

Auditor-Treasurer’s Report

The Auditor-Treasurer reported on current activities within the office including a summary of an election meeting held with Secretary of State Steve Simon, election security issues discussed, tax preparations are progressing, and liquor license renewal season activities.

Commissioner’s Report

The Commissioners reported on the meetings that they had attended.

Coordinator’s Report

The Coordinator reported on the meetings attended and projects in-progress including current recruitments, the upcoming legislative conference, and strategic planning project.

Adjourn

On motion by Erickson and seconded by Becker, the meeting was adjourned for the month of February 2018.

COMMISSIONERS WARRANTS

Vendor Name	\$ Amount
3M	\$2,066.25
CARGILL SALT DIV	10,335.73
CLIFTON LARSON	
ALLEN, LLP	2,000.00
COUNTRY SIDE	
PLBING & HTG LLC	2,367.17
INITIATIVE	
FOUNDATION	7,500.00
LONG PRAIRIE LEADER	2,139.71
NORTHERN STAR COOP.	2,790.32
RELIANCE TELE. INC	2,000.00
SPECTRUM DESIGN	
AND MARKETING	2,000.00
STAPLES WORLD	8,070.75
TURNKEY/THREE	
SQ. MARKET	2,257.42
103 PAYMENTS LESS	
THAN \$2,000	27,723.49
Total	\$71,250.84

HEALTH & HUMAN SERVICES

Vendor Name	\$ Amount
#14524	\$2,921.13

#2818	2,089.71
HEARTLAND GIRLS RANCH	7,082.57
HOLISTIC FAMILY	
ED. SRVS	4,093.35
# 1911	2,780.08
#12512	2,988.40
#14655	3,310.18
LUTHERAN SOCIAL	
SERV. OF MN-ST PAUL	2,117.30
#10746	2,996.88
MCMAHON/DEENA M.	2,021.25
MID MINNESOTA	
DRUG TESTING INC	2,630.00
NORTH. PINES MENTAL	
HLTH CTR INC.	10,061.00
NORTHWOOD CHILD. SERVICES	3,946.30
PAYEE CENTRAL	
DIVERSIFIED INC	2,128.15
#15286	3,869.42
STEE	7,099.16
VILLAGE RANCH INC	4,883.12
WEST CENTRAL REG	
JUVENILE CTR	3,479.17
PAYMENTS LESS	
THAN \$2,000	39,805.57
Total	\$110,302.74

Vendor Name	\$ Amount
DHS - SWIFT	\$5,698.83
FRESHWATER ED.	
DISTRICT 6004	12,336.00
RURAL MN CEP INC	13,718.12
5 PAYMENTS LESS	
THAN \$2,000	546.50
Total	\$32,299.45

On a motion by Kircher and seconded by Becker, the preceding minutes of the County Board meeting held February 20, 2018 were duly approved by unanimous vote at the Todd County Board of Commissioners at the Regular Board Meeting held on March 6, 2018.

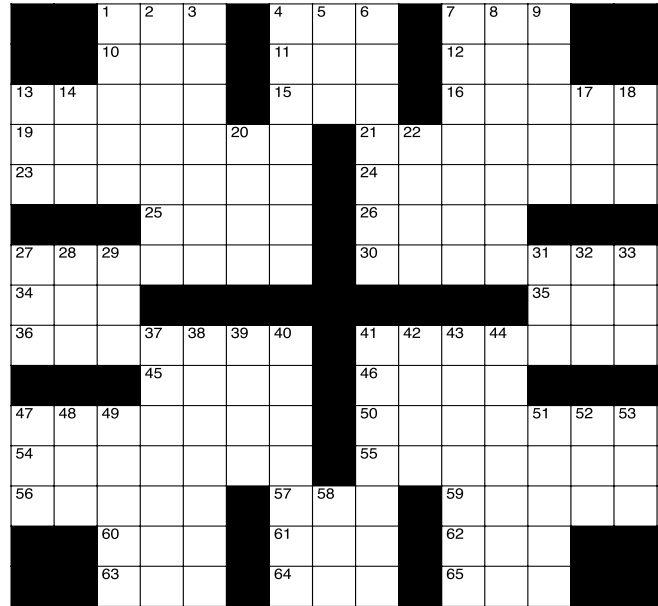
Witness my hand and seal:

Randy Neumann, Todd County Board Chairperson

Denise Gaida, Todd County Auditor-Treasurer

12pnc

Crossword Puzzle



CLUES ACROSS

- 1. Chop or cut
- 4. Green veggie
- 7. Bar bill
- 10. Doctors’ group
- 11. One who buys and sells securities (slang)
- 12. Be in debt
- 13. Lively ballroom dance
- 15. Singer Charles
- 16. Polish city
- 19. Former
- 21. Dismissing from employment
- 23. Minerals
- 24. Plotted
- 25. Consult
- 26. After a prayer
- 27. Agents of one’s downfall
- 30. Leaseholders
- 34. Supervises flying
- 35. Voodoo god
- 36. Alfalfa
- 41. Apply another

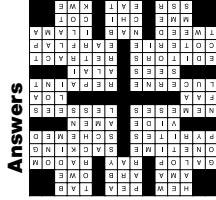
- 45. Witnesses
- 46. Jai ___, sport
- 47. Ones who proof
- 50. Recant
- 54. Small group with shared interests
- 55. Part of warming headgear
- 56. Woolen cloth
- 57. Snag
- 59. Central American fruit tree
- 60. Woman (French)
- 61. The 22nd letter of the Greek alphabet
- 62. Type of bed
- 63. Soviet Socialist Republic
- 64. Consume
- 65. Japanese freight company (abbr.)

CLUES DOWN

- 1. Czech monetary unit
- 2. Able to arouse intense feeling
- 3. Elk
- 4. Muscular weaknesses
- 5. Geological time
- 6. Depths of the ocean
- 7. Burns to the ground
- 8. Becomes cognizant of
- 9. Cause to shade

- 13. US political party
- 14. Refers to some of a thing
- 17. Single
- 18. Type of beer
- 20. Ancient Iranian people
- 22. Grocery chain
- 27. Gridiron league
- 28. English river
- 29. ___ and cheese
- 31. Peyton’s younger brother
- 32. Long time
- 33. High schoolers’ test
- 37. Respects
- 38. Organize anew
- 39. Filippo ___, Saint
- 40. Intrinsic nature of something
- 41. Cheese dish
- 42. Ancient Greek City
- 43. Patron saint of Ireland
- 44. Produced by moving aircraft or vehicle
- 47. Shock treatment
- 48. ___ Jones
- 49. Things
- 51. Having wings
- 52. Panthers’ QB
- 53. Third-party access
- 58. Satisfaction

CW183110



Answers

Dated: March 22, 2018
Diane Archer, City Clerk
12pnc

PUBLIC NOTICE

CITY OF STAPLES ORDINANCE NO. 517 AN ORDINANCE REGARDING THE SALE OF PROPERTY

THE CITY OF STAPLES DOES ORDAIN AS FOLLOWS:

Sec. 1 - The City of Staples is hereby empowered to sell the following real estate located in the City of Staples, County of Todd, State of Minnesota, in accordance with the sale price authorized by the City Council:

Legal Description:

Northern Pacific Addition to Staples (12) lots 3, 4, 5, 6, 7 & 8 BLK 2 & part of LOT 2

BLK 2 shown as parcel 46 on MnDOT R.O.W. PLAT 77-32 and all the above lying S-RLY of desc line: COMM at R.O.W. BOUNDARY COR B7

Sec. 2 - The net proceeds from the sale shall be used pursuant to Section 11.05 of the Staples City Charter.

Sec. 3 - This ordinance shall take effect from and after its passage and publication in accordance with law.

APPROVED:
/s/Chris Etzler, Mayor

ATTEST:
/s/Diane Archer, City Clerk

First Reading: February 27, 2018
Second Reading: March 13, 2018
Adoption: March 13, 2018
Published: March 22, 2018
12pnc

PUBLIC NOTICES: Your Right to Know

Todd County Planning Commission
Michael Wiener, Chairperson

12pnc


**2017-
2018**


Winter Sports Team Salute



CARDINAL WRESTLING TEAM

Front row: Isaiah Tabatt, Conner Anglin, Logan Anderson, Owen Winter, Jason Trantina, Chase Mikel, Jayma Lawson, Cameron Jordan
 Second row: Daniel Bible, Gilberto Terrones, Payton Bjerga, Kristian Thompson, Sam Jennissen, Conner Dobson, Devon Paskewitz, Dalton Wells
 Third row: Alex Ross-Bahn, Logen Weite, Jasiah Paskewitz, Brayden Christensen, Ryan Gerard, Spencer Miller, Owen Bjerga
 Back row: Steve Jennissen, Head Coach Dave Anglin, Darren Heldman, Keith Rollins, Jose Enyart, Shaine Guggenberger, Braden Tyrrell, Isaac Swendsrud, Jonathan Lisson, James Ehresman, Kyle Serich, Gordon Enyart, Gaven Christensen, Derek Holst, Dylan Shequen, Jim Miller



CARDINAL BOY'S BASKETBALL TEAM

Front row: Bentley Christensen, Emmitt Winkels, Zach DeMars, Max Giza, Zachary Carlson, Reid Busker, Ben Bartczak, Jordon Carlson
 Back row: Assistant Coach Bruce Fuhrman, Head Coach Michael Poncelot, Scout Strickland, Del Eckman, Derek Kennedy, Josh Lombard, Javier Fernandez, Ashley Mitchell, Lula Robinson, Juanita DeWald



CARDINAL GIRL'S BASKETBALL TEAM

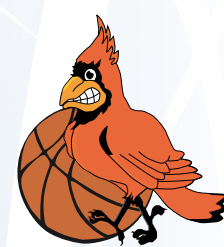
Front row: Kaila Erbe, Jenna Dvorak, Kearra Mikel, Emma Gerard, Claire Wolhowe, Allison Cushing, Tabettha Allen, Kiera Dumpprope
 Back row: Assistant Coach Brian Smith, Head Coach Craig Wolhowe, Haley Cichos, Elizabeth Kobliska, Kaitlyn Smith, Mackenna Bjerga, Kiara Storry, Bella Martin, Larken Hirschey, Addison Lorber, Assistant Coach Nick Doll, Manager Stephanie Mitchell

These area businesses offer their support and congratulations to the athletic achievements exemplified by the Cardinal sports teams and individuals.

Albie Electric LLC
 Assembly of God Church
 Burger King, Staples
 Burrows Auto Body
 Busker Concrete
 Central Building Supply
 D & B Mosquito Control
 Daniel Douts Insurance Agency
 State Farm
 Derek Holst Construction
 Edina Realty
 Ernie's
 Gary's Diesel Repair
 MidMinnesota Federal
 Credit Union
 Staples Dairy Queen
 Staples Eye Clinic
 Nelson Insurance Agency
 of Staples, Inc.
 Japke Decorating,
 Carpet & Gift
 Jon's Family Foods
 Lakewood Health System
 Staples Precision Metalcraft

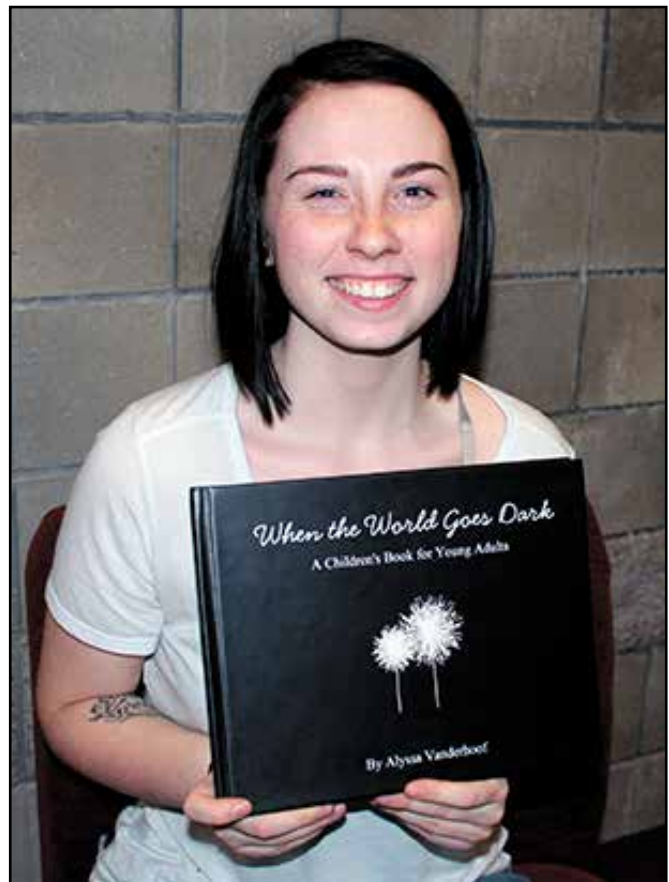
Staples True Value
 Staples-Motley Community Ed.
 Giovanni's Pizza
 Giza Plumbing & Heating
 Brenny Funeral Home
 Ideal Construction Company
 Insurance Advisors, Staples
 James Soule Auto Sales
 Ted & Gen's BBQ, Aldrich
 PHB Excavating
 Always Available Towing
 & Sales, Inc.
 BRICKS Travel Center
 Countryside Restaurant
 Lake Country Insurance,
 Inc., Motley
 Motley Dairy Queen
 Northwind Grocery
 R. Bjerga Construction/
 Friendly Inn
 Sportsman's Plumbing, Heating
 & Outdoor Services
 The Best Little Hair House
 in Motley
 Trident Seafoods Corp.

Orton's / Motley Food Mart
 Stern Rubber Company
 SuperAmerica
 Orth Insurance Agency
 The Spot Cafe
 Staples Auto License Bureau
 Thrivent Financial/
 Bob Mueller
 Tower Pizza
 Unity Bank
 Wayne's Electric
 of Staples, Inc.
 3M
 Precision Polishing and
 Plating, Inc.
 Ron's Auto Repair
 Seasons Adult Foster Care
 Shear Contact
 Longbella Drug
 Mayer, Porter & Nelson,
 Ltd., CPA's
 Mid-Central Federal
 Savings Bank
 Staples Ace Hardware
 Staples World



ALYSSA continued from page 1a

Alyssa’s advice: ‘Never give up. You are not alone.’



Children’s book author

Alyssa Vanderhoof of Staples has written and illustrated the children’s book, “When the World Goes Dark,” inspired by her own struggles with depression. She will have copies the book available at her upcoming art exhibit and sale March 26. (Staples World photo by Dawn Timbs)

her issues. Therapists helped her develop coping skills and to focus on what she needed to overcome her depression.

Things did not go well at first. Alyssa shared that she had hurt herself during treatment and ended up in the hospital. Because of that, she was not going to be allowed back in to the treatment program.

At that point, Alyssa felt that there was no hope. Although she had never considered herself a religious person, Alyssa said she remembers shutting her eyes and praying, right there at her hospital bed. “I said, please, I need this.”

Shortly after, Alyssa was aware of a light that enveloped her. She felt as if a weight had been lifted from her, she said, adding, “I breathed a sigh of relief.”

Although authorities at the treatment center did not believe her at first, the hospital staff had witnessed the changes in Alyssa and convinced them to allow her to come back.

“I graduated from the treatment center in January of 2015,” Alyssa said.

She returned to Staples and half way through her sophomore year joined the Connections program offered at Staples-Motley High School, knowing she was struggling in the mainstream. “That’s where I found who I was and what I wanted to do,” Alyssa said of Connections, which allows students to work at their own pace.

Her focus turned to art, which had been something she was interested in at a very young age. Drawing and painting are things that come naturally to her, and she has also honed her skills at art classes taught by high school teacher Jill Schneider.

As part of her senior project (a requirement for students in the Connections program), Alyssa said she decided to use her passion for art and her passion for helping others to make a difference in her community.

This past school year she has been working on a number of oil paintings and colored pencil drawings which she will have on display at the high school on Monday, March 26. The art exhibit and sale is entitled, “A Night of Art” and will be held in the student lounge (across from the media center) from 4 - 7 p.m.

Through the sale of her artwork, Alyssa hopes to



Ready for the show

Another painting Alyssa will be showing at her Mar. 26 show is “Greatest Escape.” After graduating from SMHS in 2018, Alyssa will pursue a Bachelor of Fine Arts at the Minneapolis College of Art and Design, with minors in teaching and psychology. (Staples World photo by Dawn Timbs)

raise money for students in the Staples-Motley District who are in need of school supplies.

She will also have copies of her book, “When the World Goes Dark” available at the event.

Like Ella in her story, Alyssa is happy to now be living in the light. She credits faith in herself for helping her battle the depression that kept her

captive for so long.

Through her artwork and her children’s book, Alyssa hopes to help others who may be struggling with mental illness.

“When the world goes dark, find a light to guide you,” Alyssa writes in her book. “Embrace your passions and hold the ones who love you close. Never give up. You are not alone.”

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Photo gifts...*

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staplesworld.dotphoto.com

Staples World photographs and unpublished photos available online to purchase.

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Signs of childhood depression

Submitted by Todd Counth Health and Human Services

Childhood depression is different from the normal “blues” and everyday emotions that occur as a child develops. Just because a child seems sad doesn’t necessarily mean he or she has significant depression. If the sadness becomes persistent, or if disruptive behavior that interferes with normal social activities, interests, schoolwork, or family life develops, it may indicate that he or she has a depressive illness.

If you care for a child, you play a pivotal role in identifying depression and advocating for treatment that will assist children in living happy healthy lives.

Signs and symptoms of depression

- Chronic sadness
- Irritability
- Anger
- Boredom

- Inability to experience pleasure
- Difficulty with family, school/work

Risk factors for depression

- Family history of depression
- Child with a chronic illness
- High stress lifestyle/trauma
- Low self-esteem, ADHD/conduct disorder
- Abusing drugs/alcohol

Seek professional help if you believe a child you are caring for may be at risk for developing depression.



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Broker/Owner



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Motley's general fund in the black

By Dawn Timbs, Staples World reporter

The City of Motley's 2017 audit went really well, according to Jon Archer with Schlenner Wenner & Company, certified public accountants from Little Falls.

Archer went through the audit results with the Motley City Council at their regular meeting March 12. He noted that their company has a good working relationship with City Clerk/Treasurer Lacey Smieja.

Because Motley is a small city, there is a lack of proper segregation of duties and therefore a risk of fraud. This is very common for a city of Motley's size, Archer said.

Council member Pat O'Regan asked if there was anything they could do to guard against this. Archer recommended they roll up their sleeves as a council to look things over, mentioning they utilize, "professional skepticism."

Regarding Motley's financial highlights in 2017, Archer noted that revenues in the general fund exceeded the budget by \$49,451, primarily due to heightened property tax collections and insurance proceeds received. The expenditures in the general fund were \$19,471 less than were budgeted.

Archer went on to note that in the governmental funds, the fire fund showed a decrease of \$101,242, but that is because \$113,500 was transferred to a new capital projects fund that has been set up. The streets improvement fund remained fairly steady, Archer said.

The city's water enterprise fund showed a loss of operating income of \$15,741. Of note is the fact that the city's new water treatment plant had its first full year of operation. In addition, the city is finishing up its new well project and a lot of funding is wrapped up in that.

The sewer enterprise fund was pretty close to breaking even, Archer said, in regards to its expenses and revenues. He pointed out that the infrastructure for this enterprise is very expensive.

Archer said that the city had taken care of all of Schlenner Wenner & Company's recommendations in 2017. His only recommendation for 2018 would be for the city to set up a policy regarding forfeited property.

Mayor Al Yoder said he had noticed that the 2017 audit costs were \$3,000 higher than in 2016. Archer explained that over the past five years, their company had given Motley a 40 percent discount each year and had lost money as a result. Currently,

the city is getting a 20 percent discount on their audit. Motley has a three-year contract with Schlenner Wenner & Company.

In other matters the council:

- APPROVED a \$25 fee for a special event permit application.

- APPROVED township fire contracts, pending receipt of signed contracts with no changes from Becker, Byron, Fawn Lake, May, Meadowbrook, Motley, Villard townships. The contracts are for three years.

- APPROVED a resolution of support for a Minnesota Department of Transportation District 3 'Corridors of Commerce' project. The project is described as expanding State Hwy 210 from two lanes to four lanes where the current four lane section ends west of Baxter to Hwy 64 in Motley.

- APPROVED a resolution committing and transferring funds.

- APPROVED a resolution creating a fund for 10-percent gambling contributions. Subsequently, the council instructed City Clerk/Treasurer Lacey Smieja to transfer the 10-percent monies currently held in the General Fund to the newly created fund in the amount of \$35,584.96. The council also reviewed the summary of lawful expenditures for the ten-percent money.

- APPROVED the fire department's request to renew their annual membership to the MN State Fire Department Association. The fee is \$187.

- APPROVED the police department's request to renew annual membership to the MN Chiefs of Police Association. The fee is \$181.

- THANKED the public works department for their hard work in keeping the streets plowed during the recent snow storms.

- HEARD the 2018 budget updates, as of March 8, 2018, as presented by Smieja.

- APPROVED having Smieja attend the Region 5 Leadership Team Academy "Xcelerate." There is no cost.

- APPROVED terminating any agreements with the BNSF Railroad/Railroad Management Company, as it relates to annual or semi-annual payments. Smieja noted that the city has paid a total of \$4,963.20, which exceeds the onetime standard fee of \$1,250, thereby satisfying its statutory requirements.

- SET the next regular meeting for Monday, April 9, 6:30 p.m.

- SET city wide cleanup day for May 12.



Enjoying the last days of winter

Olivia and Jocelyn Vogt enjoyed the last days of winter with their dog Abby in the snow fort they built with their Grandpa Patrick McCalla. The girls live in Motley but were visiting their Grandpa who lives just outside of Staples. Olivia, left, is 11 years old and Jocelyn is six years old. Below you can see how spacious the snow fort was. (Submitted photo)



Law enforcement reports, Motley area

Recent reports from the Morrison County Sheriff's Office (MCSO) included the following:

March 12 - The MPD issued a speeding citation to Michael Thomas Moore, 34. Moore was also arrested on a Scott County felony warrant and transported to the Morrison County Jail.

March 12 - The MPD received a call at home from Motley-Staples Middle School regarding a juvenile that was having behavioral issues. School was advised to contact the MCSO and request an officer. A deputy arrived and

resolved the matter.

March 11- The MPD assisted state patrol with a traffic stop in Motley, as well as a vehicle search for narcotics.

March 10 - The MPD assisted the MCSO and Todd County Sheriff's Office with attempting to locate a possible fire on the west side of Hwy 10, approximately 10 miles south of Motley. Unable to locate.

March 14 - The MCSO received a report of theft of surveillance equipment at the 24000 block of Bison Rd., Cushing.

March 11 - The MCSO is-

sued a citation to Jordan Dow, 20, for driving with a suspended license. Driver, who also had a warrant, supplied the money for bail, which was given in an envelope to the jail staff.

March 10 - The MCSO received a call from a resident near Bison Rd. in Cushing reporting he heard a gunshot near his house. The deputy was in the area at the time of the call and noted several fire works going off. He informed the reporting party of that.

Botox used to treat chronic migraines



Receiving a treatment

Dr. Arden Beachy administers a Botox treatment to Lakewood patient, Kari Jo Erickson. Botox treatment has reduced the number of migraine headaches she experiences by half. (Submitted photo)

Lakewood Health System, Staples and Dr. Arden Beachy are employing a new method to help patients in the treatment of chronic migraine headaches. Botox - famously known for smoothing out wrinkles on the face - is now the latest tool in providing relief to migraine headache sufferers and the results have been extremely encouraging.

A migraine isn't just an average headache. Migraines are strong, pounding, disabling head-

aches typically on one side of the head which can include several other symptoms including nausea, vomiting and sensitivity to light and sound. Patients with chronic migraine headaches typically experience headaches more than 15 days each month and often struggle to participate in day-to-day family, work and social activities.

Enter Botox

FDA-approved in 2010 for the treatment of migraines in adults

age 18 or over, Botox works by blocking the release of certain brain chemicals and preventing the movement of certain muscles. Through a series of small injections described to feel like pinpricks, Botox is injected around pain fibers typically involved in the development of headaches. Botox enters the nerve endings around the injection sites and blocks the release of chemicals involved in pain transmission. Each treatment typically involves 31 injections in seven key areas of the head and neck.

"Don't let the needle scare you," said Beachy. "The Botox injections themselves are relatively painless. Patients may experience a slight sting with each injection, but the process is quick, simple, and generally takes only three to five minutes to complete."

The results

"I've treated nearly 50 different patients using this treatment and I've only witnessed one who's not experienced improvement," said Beachy. "Using Botox, the majority of patients not only see a reduction in the number of headaches each month, the intensity of headaches is also reduced. Many patients are experiencing eight to nine fewer headache days per month. The effectiveness varies for each individual patient, but overall I've seen very positive results."

Lakewood patient and long-time chronic migraine sufferer Kari Jo Erickson is one patient who's seen tremendous improve-

ment. "Botox has reduced the number of migraine headache days I experience by half, and when I do get a migraine now, my medication typically takes care of it," said Erickson. "There was a time when my migraines required me to go to the emergency room two to three times a week; that number has been reduced to two or three times a year. This treatment has had a huge impact on my quality of life and the fact that I don't have to travel far to get it is wonderful."

Beachy points out signs of improvement can take as long as 10 to 14 days after injection. Also, some people may experience minimal relief with their first set of injections, but follow-up treatments often prove more successful. A single treatment lasts 10-12 weeks, however for some patients, it can take up to three or four sessions to see the maximum benefit from Botox. In the meantime, patients can continue their regular medications with no risk of a drug interaction. The most common side effect from the Botox treatment is a sore neck, slight bruising, swelling or irritation.

Will insurance cover Botox?

Most insurance providers do indeed cover the expense of Botox for the treatment of chronic migraines, however, Beachy encourages patients to check with their insurance company regarding coverage. Often times before an insurance company will approve Botox as a treatment, patients must have tried and failed to respond to two other preventative treatments. Once approved, insurance will typically cover up to two trial sessions of Botox treatment for migraines, after which time the patient needs to show demonstrated improvement in order to continue.

"This is a procedure that often requires patients to drive to larger metro markets," said Beachy. "It's a treatment that doesn't get enough attention and has a tremendous impact on the lives of migraine sufferers. I'm excited to help patients with this and I'm proud to offer it right here at Lakewood."

To find out more information talk with your healthcare provider.

Contest for new logo for City of Motley

Calling all artists.

A contest is currently underway for a new logo for the City of Motley.

The city is holding the contest in conjunction with the June Fest Planning Committee.

According to information provided at the city's council meeting March 12, the logo may be used in various forms, including, but not limited to: vehicle decals (police, public works, etc.), city letterhead, the city's website and possibly on the water tower.

Entries can be submitted any time before April 27. Entries should be directed to Lacey Smieja, Clerk/Treasurer and sent via email (cityofmotley@brainerd.net), dropped off at city hall, or mailed to 316 Hwy 10 S., Motley, MN 56466. Digital entries are preferred. Contestants are asked

to include their name, mailing address, telephone number and email address so that the city may contact them if necessary.

Entries received after April 27 will not be considered.

A committee of city staff and council members will be formed to narrow down the entries. Public voting on the final designs will begin on May 9. Voting will take place at city hall during regular business hours and online at cityofmotley.com. Voting will remain open until June 1.

The logo receiving the most votes will be unveiled at a ceremony held during the June Fest celebration in Motley June 16. The winner will receive a cash prize.

The contest is open to anyone who would like to submit an entry.

Census of Agriculture information

Minnesota farmers and ranchers still have time to be counted in the 2017 Census of Agriculture. Although the first deadline has passed, the USDA's National Agricultural Statistics Service (NASS) will continue to accept Census information through the spring to get a complete and accurate assessment of American agriculture.

"Thank you to everyone who has completed their Census to date," said Minnesota Agriculture Commissioner Dave Frederickson. "If you haven't already done so, I encourage you to respond before things get busy this

spring."

Minnesota currently has a return rate of 47 percent of the 96,400 Census questionnaires mailed last fall. Every Census report is important. The results provide a complete account of the agricultural industry, its changes, and emerging trends.

Frederickson says through the Census, Minnesota producers can show the nation the value and importance of agriculture, and influence the decisions that will shape the future of American agriculture.

"The data are used by all those who serve farmers and rural

communities — federal, state and local governments, agribusinesses, trade associations and many others," said Frederickson. "At the Minnesota Department of Agriculture we use Census results to develop priorities for new initiatives and existing programs."

NASS will continue to follow-up with producers through the spring with mailings, phone calls, and personal visits. To avoid these additional contacts, farmers and ranchers are encouraged to complete their Census either online at www.agcounts.usda.gov or by mail as soon as possible.



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Staples World

and online at www.staplesworld.com

and Saturday in the **SQUARE SHOOTER**



Both publications and Internet for One Price!

Payment must accompany the order.

Use form below or click on www.staplesworld.com

DEADLINE: 5 p.m. Monday

Classifications

NOTICES	FOR SALE	WANTED TO BUY
100 Events/Announcements	300 Antiques/Collectibles	501 Miscellaneous
101 Card of Thanks	301 Good Things to Eat	502 Livestock
102 In Memory	302 Lawn/Garden	REAL ESTATE
103 Lost & Found	303 Hay/Straw/Feed/Seed	601 Wanted to Rent
104 Give Away	304 Livestock	602 Apartments for Rent
106 Personals	305 Pets	603 Houses for Rent
107 Notices	306 Sporting Goods	604 Commercial for Rent
SERVICES & EMPLOYMENT	307 Household	605 Mobile Homes for Rent
201 Business Opportunities	308 Musical	606 Land for Rent
202 Childcare Providers	309 Miscellaneous	607 Houses for Sale
203 Childcare Wanted	310 Health/Beauty	608 Farms for Sale
205 Help Wanted	311 Firewood	609 Mobile Homes for Sale
206 Positions Wanted	312 Christmas Trees	610 Land for Sale
207 Equipment for Rent	313 Computers/Office Equip.	611 Business Property for Sale
208 Storage	314 Farm Services	612 Real Estate Wanted
209 Business Services	315 Camper Trailer	
210 Animal Care/Supplies	VEHICLES	GARAGE SALES
211 Work Wanted	401 Automobiles	701 Garage Sales
	402 Trucks/Vans	702 Flea Market/Crafts
	403 Recreational	
	404 Farm Equipment	
	405 Heavy Equipment	
	406 Parts/Repair	

Classified Ad Order Form

Name _____ Phone _____

Address _____

City _____ State _____ Zip _____

Classification # _____

Cost of Ad

First 15 words for one week \$9.75

Add for number of words over 15 _____ x 25¢ = _____

OR First 15 words for three weeks \$25.00

Add for number of words over 15 _____ x 25¢ = _____

Add \$5 for **bold type** and/or **CAPITALIZED**

indicate which word(s) is/are to be bold or capitalized

Add \$10 for Blind Box

TOTAL enclosed _____

Card of Thanks and *In Memoriam* are 20¢ per word with

no minimum. Number of words _____ x 20¢ = _____

TOTAL enclosed _____

Please check your ad the first day.
Refunds or credit will not be given for errors brought to our attention after the second publication. We are not responsible for errors due to illegible copy or missing punctuation.

Your ad will be printed as you write it.
Please print clearly, one word per space.

Use additional paper if necessary.

Thank you for your order!

Please mail completed form and payment to:
Staples World, Box 100, Staples, MN 56479

HEARTLAND MARKET

Display ads: \$12.00 (per col. inch)

Classified Reader \$9.30 first 25 words;
additional 35¢ each word (**one week**)

Auction Directory =
\$3 per line; \$15 minimum.
Inserts = \$65 per thousand
*** Color rates available.**

Heartland Market deadline: 5 p.m. Wednesday.
Reaching over 20,585 homes;

DISTRIBUTED in these paid NEWSPAPERS: Staples World;
Barnesville Record-Review; Battle Lake Review;
Clay County Union of Ulen; Northwoods Press, Nevis;
Eagle Bend/ Bertha/ Clarissa Independent News Herald;
Hawley Herald; Henning Citizens Advocate;
Long Prairie Leader; Parkers Prairie Independent;
Sebekka/Menahga Review Messenger; Verndale Sun.

The Fine Print

The publishers liability for errors in an advertisement or for failure to publish the ad shall be limited to publishing the ad in a subsequent issue or for the refund of any monies paid for an ad not run (and out of date for subsequent issues) providing the advertiser reports the error or omission immediately after it occurs.

All advertising copy is subject to the approval of the general manager. We will not accept ads from anyone with a past due account.

Regarding sex or age preference in help wanted advertising in accordance with the rules adopted by the Civil Rights Commission, the Staples World, Sunday Square Shooter and Heartland Market cannot accept help wanted advertising copy which in any way expresses a sex or age preference on the basis of a bonafide occupational requirement unless the advertiser files an affidavit with the newspaper justifying the sex or age preference on the basis of a bonafide occupational requirement.

All real estate and rental advertising in these publications is subject to the Federal Fair Housing Act of 1968 which made it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex or national origin or any intention to make any such preference limitation or discrimination." These publications will not knowingly accept any advertising for real estate or rental which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

NOTICES

103

Lost and Found

FOUND: 6 yr. old Chihuahua, definitely a pet. Approx 4 mi. W of CLC, Staples on Cty Rd 30. Harvey/Carla Wegscheid. 218-639-1323. 12x

SERVICES & EMPLOYMENT

Looking for a Sweet Career Opportunity?



Now Hiring

Assistant Manager

(Staples Location Only)

High volume restaurant leadership experience preferred but not required.

Pass criminal background check, ServSafe certifiable,

High School diploma or equivalent. Send resume to Staplesdqcakes@hotmail.com

or inquire about position

218-894-1143

Also Hiring.....

Crew Members

(Staples & Motley Locations)

Flexible scheduling, fun and friendly work environment, meal discount, must be 16 years old

Pick up your application

available in stores today!

Staples DQ Grill & Chill

1100 2nd Ave. NE, Staples,

MN. 56479, 218-894-1143

staplesdqcakes@hotmail.com

Motley DQ Grill & Chill

264 Hwy 10 S, Motley MN.

56466, 218-352-6152

motleydq@yahoo.com



MCAN

Minnesota Classified Advertising Network



EMPLOYMENT

UNITED STATES POSTAL SERVICE

Now hiring: Customer Service & Delivery positions in Minnesota & Western Wisconsin! Must apply online at www.usps.com/careers! Email NorthlandJobs@usps.gov for details!

RAILROAD

VEGETATION CONTROL:
Full-time traveling opportunity, 60-80 hours/week, \$13-\$15/hour starting, meal allowance, paid lodging, health/dental, 401(k) & paid time off. RAW, Inc. in Cooperstown, ND 888/700-0292 www.rawapplicators.com info@rawapplicators.com

CLASS ACTION LAWSUIT

WERE YOU AN INDUSTRIAL OR CONSTRUCTION TRADESMAN and recently diagnosed with lung cancer? You and your family may be entitled to a significant cash award. Call 855/782-2405 for your risk-free consultation.

HELP WANTED - DRIVERS

CLASS A CDL REG DRIVER

\$60K starting, paid weekly. Home weekends - \$1,500 bonus. 2016 Freightliner w/APU. Take your truck home. Call Bob 612/803-8123

LOOKING FOR LIVESTOCK DRIVERS

full and part-time to haul cattle in the Upper Midwest. ELD exempt. Excellent pay and steady work. Call LenCo 651/785-8016

HEALTH

SAVE ON MEDICARE SUPPLEMENT INSURANCE

Get a fast and free rate quote from Medicare.com. No cost! No obligation! Compare quotes from major insurance cos. Operators standing by. Call 844/504-0156

Your ad here!

Only \$279 to reach a statewide audience of 3 million readers!!! 1-800-279-2979

MISCELLANEOUS

STOP OVERPAYING FOR YOUR PRESCRIPTIONS!

Save! Call our licensed Canadian & International pharmacy, compare prices & get \$25.00 OFF your first prescription! Call 877/210-2257 Promo Code: CDC201725

DISH NETWORK

190+ channels. Free install. Free hopper HD-DVR. \$49.99/month (24 mos.) Add high speed internet - \$14.95 (where avail.) Call today & save 25%! 855/562-4309

SPECTRUM TRIPLE PLAY

TV, Internet & Voice for \$29.99 ea. 60 MB per second speed. No contract or commitment. More Channels. Faster Internet. Unlimited Voice. Call 844/290-5838

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The nation's largest senior living referral service. Contact our trusted, local experts today! Our service is free/no obligation. Call 844/347-2104

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Maintenance Mechanic's maintain, troubleshoot and repair our industrial equipment such as motors, pneumatic tools, conveyor systems, hydraulic systems, automated scales and vacuum packaging equipment. Electro-Mechanical experience preferred. 2B boilers is a plus.



Production Positions: on our 2p-10p & 10p-6a shifts

If you're seeking great wages and benefits apply online:

www.tridentseafoods.com

Questions call: 218-352-6600

Trident Seafoods is an EOE - Affirmative Action: Minority, Female, Disability, Veteran.

205

Help Wanted

WASHER/TIRE PERSON. Apply in person Big Boyz , Hwy. 10 W., Motley.

12-14c

Gold Turkey Farms now hiring **full time, part time, weekends,** competitive wages, health ins., retirement. 218-820-8734.

11-12c

Someone to do tree work: Have a D.L. and be able to travel to Mpls. for week at time. 270-349-4461.

10-12p

208 Storage

FOR RENT

Japke's North 8th Street Mini Storage, 894-1551 6x20, 10x12, 10x20, 10x24

209 Business Services

Your major appliance parts source. Parts for all major brands. One day service, **Staples True Value**, Staples. 218-894-3263.

26ffc

FOR SALE

304

Livestock

Nordlund Stock Farm, Clearbrook, MN. PRIVATE TREATY BULLS FOR SALE. 2 yr. old and yearlings, red and black Angus. Sam: 701-799-1613.

11-16p

Two year old Hereford bulls. 218-894-2328.

10-12p

309

Miscellaneous

PLAT BOOKS AVAILABLE IN COLOR: Crow Wing, Morrison, Todd and Wadena counties, \$40 plus \$2.95 tax. Staples World Office.

5tfx

NEW IN STAPLES

The Pullman Townhomes

2 & 3 bedroom, 2 bath Townhomes one level, no steps, attached 2 car garage.

Available June 2017
For more info please call Courtyard Property Management
320-632-5918

STAPLES: Downtown, 1 - 2 bdrm., recently remodeled, NO pets, non smoking, 218-894-3108. 6ffc

610

Land for Sale

Secluded building lot 130'x150'. With 9'x13'x7' shed, 30'x30' asphalt parking pad. Perfect for storing toys. 218-894-2997. 12,14p

GARAGE SALES

701

ANNUAL SPRING RUMMAGE SALE, Sat., March 24, 8 a.m.-4 p.m., Pillager Community Center, Pillager Fairgrounds, 207 East Second St. S, Pillager: 20 families, clothing, household goods, furniture, books, knick-knacks, baby items, craft items, more. ssw12c

"IT's THAT TIME AGAIN" Now Accepting DONATIONS: Staples AG Mission's Garage Sale, May 24, 25, 26. Items can be dropped off -OR- we will pick up. Call 218-296-1647

ssw12-14c

Deadline

for classified ads, display ads, garage sale ads, letters to the editor and news items for the

Staples World is

5 p.m. Monday

Spring ahead with a new career.

Visit Lakewood's website for a new career switch at lakewoodhealthsystem.com.

Lakewood HEALTH SYSTEM

ct10-13c

Prevent lung cancer: Test your home for radon

Public health organizations and lung cancer survivors are working together to relay a simple but potentially life-saving message to Minnesotans statewide: protect yourself and your family from lung cancer by testing your home for radon.

Radon is an odorless, colorless radioactive gas, and it is the leading cause of lung cancer in nonsmokers. Radon occurs naturally in Minnesota soils, and enters homes through cracks or openings in walls or foundations. The only way to know if your home has high radon levels is to test. Radon is a problem across Minnesota, so residents in every county should test their home.

The Minnesota Department of Health (MDH) is urging Minnesotans to test their homes. In addition, MDH is partnering with local public health departments to make test kits available to Minnesotans at low or no cost. Health officials are also working with A Breath of Hope Lung Foundation, American Cancer Society, American Lung Association and the Minnesota Cancer Alliance to promote radon testing and reduction.

"After tobacco, exposure to radon is the second leading cause of lung cancer," said Greg Voss, executive director of the American Lung Association in Minnesota. "We urge all Minnesotans to test their homes for radon and continue to call for building practices that reduce the risk of radon exposure in Minnesota homes."

Radon is linked to more than 21,000 lung cancer deaths in the U.S. each year. According to A Breath of Hope Lung Foundation, lung cancer is the world's deadliest cancer and most people are diagnosed in the later stages when it's difficult to beat. Less than 18 percent of lung cancer patients live five years or more after diagnosis and 2,500 Minnesotans die each year from lung cancer. Approximately half of those who develop lung cancer never smoked or had already quit.

"A Breath of Hope Lung Foundation is grateful to work side-by-side with MDH to help Minnesotans understand the importance of testing for unsafe levels of radon in their homes," said A Breath of Hope Lung Foundation Executive Director Nancy Torrison. "Minnesota has unusually high levels of radon in its soil. It is critical that families protect themselves by testing, and then mitigating if necessary."

In homes found to have high radon levels, mitigation typically involves installing a ventilating pipe and fan to pull the gas out of the home. This reduces the amount of radon in the home to safe levels.

"Radon is common in Minnesota," said Matt Florio of the American Cancer Society. "My house tested off the charts, but the problem was effectively and affordably mitigated by professional contractors."

Bonnie Mueller, a lung cancer survivor, is sharing her story publicly to raise awareness of lung cancer and radon. After being diagnosed with lung cancer, she tested her home and cabin, learning that her cabin had a very high level of radon.

"One of the many doctors I saw during my initial prognosis asked if I had ever been exposed to radon," Mueller said. "I didn't know much about radon, let alone if I had ever been exposed to it. We tested our house and our cabin. The cabin showed we had radon levels four times higher than the action level."

"I want to encourage everyone to have their house tested," Mueller said. "The radon system we installed in our house immediately reduced the radon levels. The expense of a radon system is much cheaper than the cost of living with Stage IV lung cancer. Prevention is so much easier and far less painful than the road I've traveled. A simple thing like getting your house tested for radon can make all the difference."

Analysis of test data from 2010-2016 found that about 40 percent of Minnesota homes have dangerous levels of radon (4 pCi/L or above). The analysis found that the average radon level in Minnesota homes is about 4.5 pCi/L compared to 1.3 pCi/L nationwide. To help residents get a more accurate picture of radon levels in their county, MDH offers an interactive map tool in the Minnesota Public Health Data Access portal.

Radon testing is inexpensive, easy and quick (often just three-seven days). The best time to test is during the heating seasons, but testing can be done year-round. Renters should also test their homes or ask their landlords to test, especially those in ground or garden level units.

Test kits are available at city and county health departments, many hardware stores or directly from radon testing laboratories. A list of participating health agencies and test kit vendors can be found on the MDH website at Local Radon Contacts.

Tests should be done in the lowest level of the home that is frequently occupied. If your home's test results show it is at or above four picocuries per liter (or pCi/L), you should install a radon reduction system. MDH has a list of certified radon reduction contractors at Radon Contractors/Mitigation Service Providers.

"Radon testing and mitigation has increased in recent years," said Dan Tranter, supervisor of the Indoor Air Program for MDH. "Unfortunately, many people are still being exposed to high levels of radioactive radon who don't know it."

For more information on radon testing and mitigation, visit Radon in Minnesota Homes or call the Minnesota Department of Health Indoor Air Unit at 651-201-4601 or 1-800-798-9050. To learn more about how lung cancer has affected the lives of people, visit A Breath of Hope or call Nancy Torrison at 952-405-9201.

White House VA Hotline is now fully staffed 24/7

David A. Anderson
Wadena County Veteran Service Officer

Since 24/7 coverage began, the hotline has served more than 10,000 callers.

Hotline agents answer inquiries, provide directory assistance, document concerns about VA care, benefits and services, and expedite the referral and resolution of those concerns. Agents undergo regular updates and training on VA services based on hotline trends and are assisted by newly implemented tracking software to help VA capture and improve its response, referral and resolution processes to best support veterans.

The hotline can be accessed at 855-948-2311 and is VA's first non-clinical, non-emergency around-the-clock call center. It provides veterans a supplemental option to report issues if they are not being addressed through VA's normal customer service channels.

The hotline's agents are located at a VA facility in Shepherdstown, West Virginia. Agents have access to a multitude of resources and contact information to help veterans.

The hotline also generates real-time reports to VA experts who can help address the specific issues of veterans as well as make better-informed decisions on where program improvements are needed. (Source: VA News Release | November 29, 2017 ++)

As always see your local County Veterans Service Officer if you have any questions. You can contact your local VSO at 218-631-7617 or by email at david.anderson@co.wadena.mn.us.

The U.S. Department of Veterans Affairs (VA) announced that the White House VA Hotline, first launched in June, 2017 as part of President Donald J. Trump's commitment to reforming VA, is now fully staffed with live agents working to serve Veterans 24-hours a day, 365 days a year.

The hotline, became 24-hour operational in mid-October, is now staffed by a team consisting of 90 percent veterans or employees who have a veteran family member, and is in response to veterans' requests to talk to agents who could relate to their experiences.

"The White House VA Hotline serves our nation's veterans with a direct, dedicated contact line that allows them to interact with highly trained, live agents to answer their needs and concerns," said VA Secretary David J. Shulkin.

"Since the initial launch of the hotline in June, we listened to our veterans, who indicated that they prefer speaking with other veterans and veteran family members and we adjusted our hiring based on that feedback," added Shulkin. "We're proud that the hotline is now staffed 24/7 by a team of mostly veterans or veteran family members who have direct knowledge of their particular concerns and can use their experience to address them in the best way possible with the resources of the VA. This represents a true win-win for veterans and their loved ones."

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SERVICE DIRECTORY



Cell

838-0581

Home Office

894-0151

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SW 2018 wk.#11 2018



Girls basketball celebration

Staples-Motley girls basketball team celebrates at the basketball banquet. Front row from left, Jenna Dvorak, McKenna Bjerga, Bella Martin, Kiara Storry and Addison Lorber; row two, Kerra Mikel, Haley Cichos, Kaila Erbe, Ki-

era Dumpprope and Katie Smith; back row, Francesca Giummarra, Lizzy Kobliska, Craig Wolhowe, Claire Wolhowe, Emma Gerard, Allison Cushing, Nick Doll, Stephanie Mitchell, Tab Allen, Brian Smith. (Submitted photo)

Wolhowe is All Conference, also gets All State votes

Staples-Motley girls basketball player Claire Wolhowe was named to the Mid State All Conference team, and also was named Honorable Mention All-State.

Wolhowe finished her Staples-Motley career with 1,416 points, the second place scorer in Staples-Motley girls history, behind Jessica Beachy, and sixth on the all-time list (see below).

Wolhowe also is Academic All State, with a GPA of 3.8 or higher.

The Cardinals announced their team awards, handed out at their recent banquet:

- Most Valuable Player: Claire Wolhowe
- Most Valuable Offensive: Wolhowe
- Most Valuable Defender: Kaila Erbe and Bella Martin
- Best Temmate: Emma Gerard
- Most Improved: Haley Cichos
- Cardinal Grit: Kiara Storry and Tab Allen
- Cardinal Character: Allison Cushing
- Team statistical leaders:
 - Offensive rebounds: Wolhowe 64
 - Defensive rebounds: Wolhowe 155
 - Assists: Katie Smith 42
 - Blocks: Wolhowe 22
 - Steals: Wolhowe 70
 - Free Throw Percentage: Wolhowe 74%

- Charges: Martin 2

Staples-Motley 1,000 point scorers, both girls and boys

Jordan Riewer 1,957
Erik Kelly 1,748
Blaine Joergers 1,712
Jessica Beachy 1,598
Derek Wolhowe 1,552
Claire Wolhowe 1,416
Chris Heier 1,333
Jeff Brever 1,234
Michelle Honek 1,221
Gavin Smith 1,185
Dustin Hjelmeland 1,183
Kelly Pearson 1,181
Nikki Pearson 1,163
Ryan Beachy 1,148
Matt Nelsen 1,146
Caleb Nurnburger 1,114
Jennifer Koll 1,103
Caitlin Robinson 1,082
Bernie Saltho 1,031
Seth Auger 1,030
Jaelin Beachy 1,023
Craig Wolhowe 1,008
Mark Redemske 1,004

Staples Area Church Directory

Staples

Staples Alliance

1512 8th St. NE, Staples.....218-894-2891
Pastor Bob Hepokoski, Paul Johnson
Mark Shea, Pastor of Student Ministries
Sunday Worship.....9:30 a.m.
Sunday School.....11:00 a.m.

WEDNESDAY
AWANA.....6:15 p.m.

Assembly of God

914 3rd Ave. NE, Staples.....218-894-1081
Pastor Roy Miles
Youth Pastor Julie Boone
Discipleship Class.....9:15 a.m.
Sunday Worship.....10:30 a.m.
Evening Prayer.....6:00 p.m.
WEDNESDAY
Sonlight & Youth.....6:30 p.m.

Church of Christ

27343 490th St., Staples.....218-894-2609
Pastor Barry Klein
Website: www.stapleschurchofchrist.org
Bible School (youth and adult).....9:30 a.m.
Sunday Worship.....10:30 a.m.
WEDNESDAY:
Teen Youth/Adults Bible Study.....6:30 p.m.

Congregational Church, UCC

204 5th St. NE, Staples.....218-894-2571
Worship.....9:30 a.m.
Fellowship, refreshments following service

Faith Lutheran

430 12th Street, NE., Staples.....218-894-1546
Pastor: Carl Larson
Sunday Worship Service.....9:00 a.m.
Sunday School.....9:30 a.m.
Coffee Fellowship.....10:05 a.m.

Sacred Heart Church

310 4th St. NE, Staples
Church.....218-894-2296
Pastor Fr. Joe Korf
Youth and Young Adult Ministry
Coordinator:
Monica J. Simmons.....218-414-0081 cell/text
MASS:
Thursday and Friday.....8:30 a.m.
Saturday.....5:00 p.m.
Sunday.....8:30 a.m.

Seventh Day Adventist

421 Dakota Ave. SE, Staples
218-894-0033
Saturday Worship.....10:45 a.m.
Sabbath School.....9:30 a.m.

Thomastown Covenant

15940 251st Ave., Staples.....218-894-3923
Pastor Nathan Hillman
Sunday School.....9:45 a.m.
Sunday Worship.....11:00 a.m.
WEDNESDAY.....7:00 p.m.

Trinity Lutheran

1000 4th St., NE, Staples.....218-894-2372
Rev. Robin Collins
Sunday Divine Service.....9:00 a.m.
Sunday School & Bible Class.....10:15 a.m.

United Methodist

310 5th St. NE, Staples.....218-894-2248
Pastor Greg Leslie
Sunday Worship.....10:30 a.m.
(Nursery Available for Sunday Worship)
Sunday School (for grades K-12 and adults)
.....9:15-10:15 a.m.

Aldrich

Congregational, United Church of Christ

One Church S. of Hwy. 10, Aldrich
Pastor Dave Seaton.....218-445-5831
Sunday Worship.....9:00 a.m.
Communion.....1st Sunday of Month

Balsamlund Lutheran

19550 490th Street, Aldrich
Eric Clapp.....701-261-2394 (cell)
Sunday Worship.....8:15 a.m.
Sunday School.....8:30 a.m.

Cushing

Bethany Lutheran

25430 Bison Rd. Cushing, MN
320-749-2140
www.bethanylutherancushing.com.
Rev. Jean M. Megarden
Lay Pastor Bob Mueller
Sunday Worship.....9:00 a.m.

Lincoln Evangelical Free

1354 320th St., Cushing.....218-575-2449
www.lincolnefree.org Facebook Lincoln E Free
Office Hours: Mon.-Thurs., 9 a.m.-2 p.m.
Senior Pastor: Donald Reigstad
Pastor: Jim Brown
Youth Coordinator: Kelly Gelle
SUNDAY
Sunday School for all ages.....9:00 a.m.
Worship Gathering.....10:00 a.m.
WEDNESDAY
Praise & Prayer.....4:30 p.m.
Kids' Club.....6:00 p.m.
Jr./Sr. Forge Youth Group.....6:00 p.m.

Cushing Baptist

26298 Bear Rd., Cushing
www.cushingbaptistchurch.org
Pastor Dan Holmes.....320-749-2583
Sunday School.....9:30 a.m.
Worship.....10:30 a.m.
WEDNESDAY
Bible study.....7:30 p.m.

Leaf River Township

The Old Country Church
Leaf River Twp., Wadena County Rd. 6
Info. 218-837-5690 Open by arrangement

Leader

Swan Valley Lutheran
Leader.....218-397-2470
Pastor David Stevens
Sunday Worship.....9:00 a.m.

Maple Hill Lutheran

Pastor David Stevens
Leader.....218-397-2470 (Rural Pine River)
Worship and Sunday School.....11:00 a.m.

Motley

Motley Free Methodist

33 Wellwood St. E
Motley 56466.....218-352-6888
Pastor Jim Johnson
Sunday Worship.....9:00 & 10:30 a.m.
Sunday School.....10:30 a.m.
WEDNESDAY
Kids Club.....4:00-5:30 p.m.
Youth Group.....5:30-7:30 p.m.

St. John's Lutheran

497 3rd Ave. S., Motley.....218-352-6399
Pastor Vicar Paul Koehler
Sunday School and Bible Class.....8:30 a.m.
Sunday Worship.....9:30 a.m.

St. Michael

1st St. and Birch, Motley.....218-894-2296
Pastor Fr. Joe Korf
MASS:
Tuesday.....6:30 p.m.
Wednesday.....8:30 a.m.
Saturday.....7:00 p.m.
Sunday.....10:30 a.m.

United Methodist

847 3rd Ave. S. Lane, Motley.....218-352-6466
Pastor Greg Leslie
www.motleyumc.org
Sunday Worship Service.....9:00 a.m.
Monday AA meeting.....8:00 p.m.

Oylen

Oylen Alliance

Cty. Rds. 7 and 9, Oylen
218-472-3440 or 218-472-3316
Pastor Neal Malcore
Sunday School.....10:00 a.m.
Sunday Worship.....11:00 a.m.

Pillager

First Lutheran Church

717 River Street S, Pillager, MN
218-746-3775
Pastor Hector Merced
Sunday Worship.....9:30 a.m.
Sunday School.....8:30 a.m.

Casino Assembly of God

Pastor Dan Johnson
N. of Motley, Hwy. 64, E. on Cty 34 to Cty. 104.
Phone.....218-746-3839
Sunday School.....9:30 a.m.
Worship.....10:30 a.m.
Sunday Worship.....7:00 p.m.
WEDNESDAY.....7:00 p.m.

First Baptist

903 River Street South, Pillager
Pastor Jake Anderson
218-746-3768
curious@fbcpillager.com
Worship Gathering.....10:00 a.m.
Connection Point.....9:30 a.m.
(serving coffee and donuts)

Hewitt

Church of the Nazarene

114 Front Street, P.O. Box 146 Hewitt, MN
218-924-2028
Pastor Wayne Hoffert
Sunday School.....9:30 a.m.
Sunday Worship.....10:45 a.m./6 p.m.
WEDNESDAY
Prayer.....7:00 p.m.

Trinity Lutheran Church (LCMS)

524 Front Street, PO Box 116, Hewitt, MN
Pastor Robin Fish
Sunday Worship.....10:30 a.m.

Verndale

Verndale Alliance

109 NW Brown Street, Verndale, MN 56481
218-445-5619
Senior Pastor Tony Stanley
Heath Belknap, Pastor of Student Ministries
Sunday Worship.....9:30 a.m.
Sunday Bible Fellowship Classes
.....11-11:45 a.m.

Family Life Church

402 NE Clark Drive, Verndale
Church.....218-445-5568
VerndaleFLC@gmail.com
Pastor Amos Self.....218-371-7189
Children's Pastor Kenneth Kjeldergaard
Prayer.....8:30 a.m.
Coffee & Fellowship.....8:45 a.m.
Worship.....10:00 a.m.
Prayer or Life Groups.....6:00 p.m.
WEDNESDAY
6:00 p.m. Family fellowship meal
6:30 p.m. Ministry Groups/Bible study

Hope Chapel Alliance

18126 County Road 7, Verndale
218-445-5643 or 218-472-3316
Pastor Neal Malcore
Sunday Worship.....9:00 a.m.
Sunday School.....10:30 a.m.
WEDNESDAY
Family Night.....5:30 p.m.

Immanuel Lutheran Church of Bartlett Township (LCMS)

17097 460th St. PO Box 37, Verndale
Pastor Robin Fish
Sunday Worship.....9:00 a.m.
WEDNESDAY
Bible Study.....6:30 p.m.

Verndale United Methodist

10 3rd Ave. SW, Verndale
218-445-5108
Pastor Jill Pawlowski
Sunday Worship.....9:00 a.m.

Central United Methodist

5 miles N on Cty Rd 26 (Nimrod tar)
Pastor Chuck Horsager
218-639-4225
Sunday Worship.....9:00 a.m.
Sunday School.....10:30 a.m.

**“Hosanna in the highest”.
“He has been raised from the dead...”**

The first of the above quotes is taken from St. Mark's Gospel and is said by the people who had gathered around Jesus during His entrance into Jerusalem. The second quote is taken from St. Matthew's Gospel and was proclaimed by the angel to the women who had come to the tomb on that first day of the week and proclaimed by them to the other disciples. In between these two quotes lays the great events of our Christian faith in which we proclaim the depth of God's love for us as we recall Christ's triumphant entrance into Jerusalem, His Last Supper with His disciples, His Passion and Death and His Resurrection.

During this coming week most Christian Churches will celebrate, in one fashion or another, these moments in Christ's life. These celebrations are not just a memory of what happened to Christ, but a celebration of the great gift of salvation that is being shared with God's entire creative work. These celebrations embrace God's gifts of love, mercy,

forgiveness, compassion, salvation, redemption, and the ultimate gift of Himself.

I encourage all believers to use this coming week as a time of renewed zeal in living this Christian faith that we share. In celebrating and witnessing to this faith, may we not only increase our own faith commitment but that others might see through us an invitation to come and know this living and loving God.

St. Paul tells us in his letter to the Philippians that every tongue should confess "...that Jesus Christ is Lord to the glory of God the Father." May we follow the example of those women, those disciples, those early witnesses who were filled with joy and sang the praises of the risen Lord. May we proclaim in word and deed that "Christ is risen. He is risen indeed. Alleluia."

May all of us share in a most blessed and joyous Holy Week and Easter.

Fr. Joseph Korf, pastor
Church of St. Michael, Motley
Church of the Sacred Heart, Staples

The Staples area Church Directory is sponsored by these businesses:

Longbella Drug Store

"The Prescription Store"
2nd Ave., Staples • 218-894-2242
Motley and Pillager

Ernie's Food Market

Groceries - Gas - Convenience - more
Staples, MN 218-894-1072

Staples Veterinary Clinic

"Complete Animal Care"
Staples, MN 218-894-1775

Mid-Central Federal Savings Bank

Fully Insured to \$250,000
Staples, MN 218-894-3900

Central Building Supply

Bob Reeck, Manager
Hwy. 10 West, Staples, MN

Staples World

Your community newspaper since 1890
224 4th St. NE, Staples, MN
218-894-1112

Tower Pizza

Pizza, Pasta, Salads, Sandwiches
Staples, MN 218-894-3299

Staples True Value

"Just Ask Rental"
Open 7 days a week.
Staples, MN 218-894-3263



Fishing for the future

Scott Seibert with a nice Catch, Photo and Release (CPR) sun fish. (Submitted photo)

New hoops coach for CLC women

Central Lakes College is announced the appointment of Brian Voigt as head coach of the Raider women's basketball team. Voigt is well known at the college, where he has served for the past two years as both head coach for the Raiders baseball team and assistant coach for the Raiders men's basketball team.

Prior to his time at CLC, Voigt was at Northern State University. He previously played baseball for Riverland Community College in 2009 and 2010 and was an assistant coach at RCC in 2013 and 2014.

Voigt will continue to serve as head coach for the Raiders baseball team, as well as the women's basketball team.