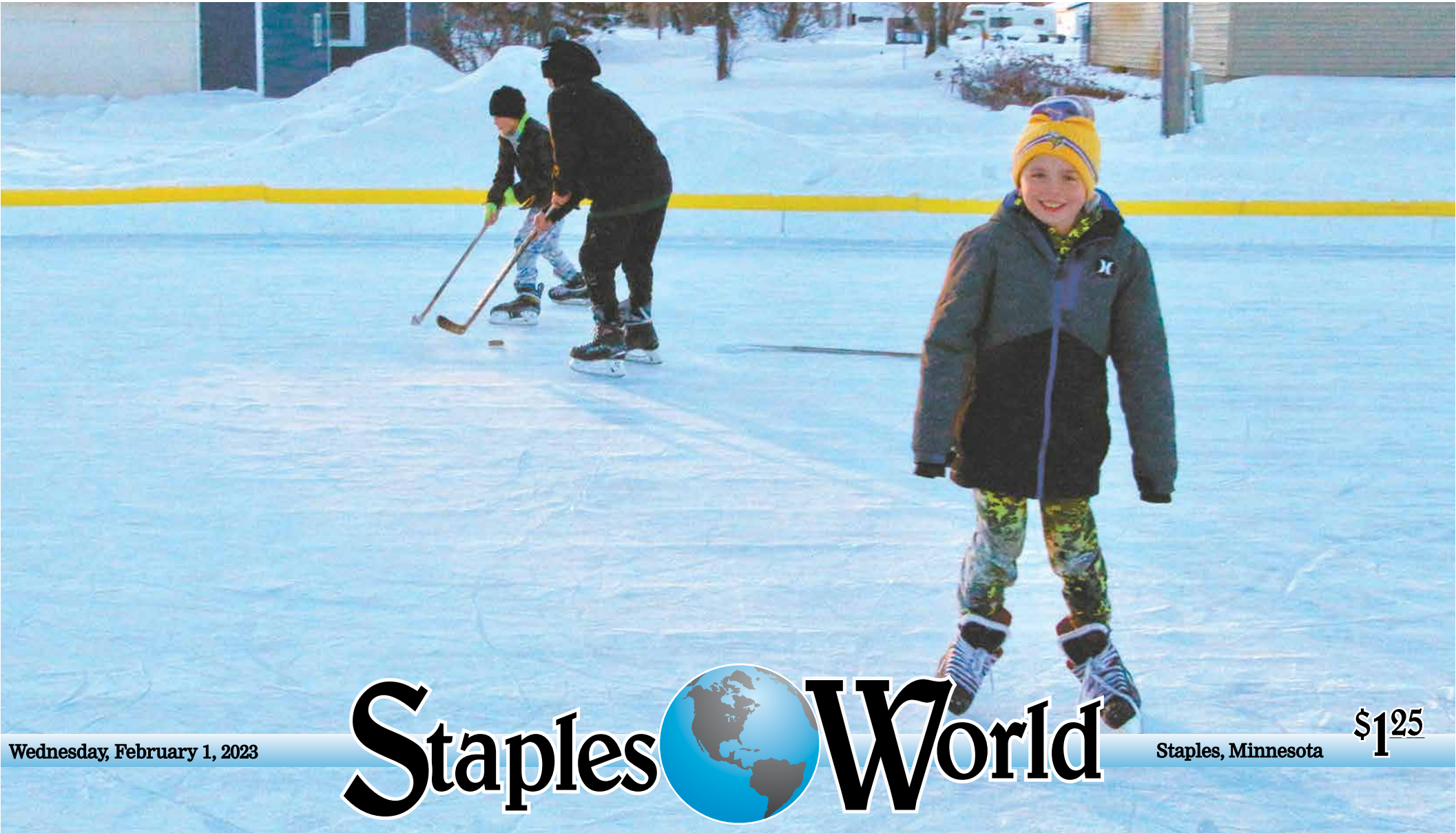


Inside this issue:

- Motley road condition cameras
- Robinson signs with UMD
- Girls basketball win
- Pat Held baseball award
- Speech team first place



Wednesday, February 1, 2023

Staples World

Staples, Minnesota

\$125

School board considers Motley building price

By Mark Anderson
Managing Editor

The Staples-Motley School Board agreed to lower the asking price to sell the Motley school building. At the Jan. 25, 2023 school board meeting, the board learned that two companies are interested in purchasing the building, but are not close to offering the \$575,000 price that had originally been set. The school's realtor suggested lowering the asking price to \$395,000. Superintendent Shane Tappe said there has been several groups looking at the building, with two that are the most interested, a manufacturing company from St. Cloud and an automotive company from the Twin Cities area. Tappe said the listed property tax has been a stumbling block for many of the prospective buyers. While the school does not pay property tax, a private company purchasing the building would have to pay the tax. The current tax estimate of \$160,000 is based on square footage but would be too high for a business, according to the realtor. Tappe said Morrison County will reassess the property tax, but will have

to wait until the building is sold in order to calculate the taxes based on the value of the building. Estimates for the new tax rate are between \$26,000-\$40,000. "Getting on the tax role will have a huge impact for Motley and for the school district," said Tappe. Tappe said one of the buyers is looking at the option of purchasing the entire property and gifting the green space back to the City of Motley to be used as a city park. The businesses have been in contact with the school for at least four months, but there's been no purchase offers yet. Board Chair Bryan Winkels suggested reducing the cost to under \$500,000, but thought the \$395,000 number was too low. Board member Lisa Anderson agreed, saying "That's a huge price drop for the first drop." Board member Ryan Wright pointed to the cost of keeping the building, which is around \$125,000 per year. "You make that money back fairly quickly" if it is sold, he said. Board member Chandler Trout agreed, saying "Right now the building is a liability, we need to get rid of

it." Trout said he was comfortable with the drop to \$395,000. Board member Kyle Reese said "This is the best time to sell, if we don't do anything until the summer it's not going to go." Reese said the realtor knows more about the market than the board, so he would take the realtor's suggestion. After a lot of conversation, the board decided to go along with the realtor's suggestion, although they didn't set a specific asking price. Several board members said that with two businesses interested, one of them might give a higher offer than the asking price.

Building projects
The board heard building project updates and approved some more bids. The latest estimates for the planned summer refurbishing in the high school building is about \$6 million in improvements. That doesn't include the proposed gym expansion, which is planned to be in 2024, although preparations for the expansion will begin in 2023. Updates to the boiler room will start as soon as the heating season is over this spring. Bids approved included

See **SCHOOL** on page 12a

Skating fun Brekken Kuhns smiles after losing his hockey stick, while Easton Larson and Jackson Schouviller battle for the puck. (Photo by Mark Anderson)



Outstanding students recognized

Pictured, from left are Lauren Rutten and AJ Nienow, juniors at Staples-Motley High School (SMHS), who were selected as this year's ExCEL award winners for Staples-Motley; and Will Dolezal and Topanga Braith, SMHS seniors who were selected as the school's Triple 'A' Award winners for Staples-Motley. (Staples World photo by Dawn Timbs)

Staples-Motley High School students recognized by MSHSL

Four high school students at Staples-Motley were nominated for the ExCEL (Excellence in Community, Education and Leadership) Award, and the Triple 'A' (Academics, Arts, and Athletics) Award which are sponsored by the Minnesota State High School League (MSHSL). Lauren Rutten and AJ Nienow are juniors at SMHS who were selected as the school's ExCEL Award winners for 2023. Sponsored by the Minnesota State High School League, ExCEL is a recognition program designed for Minnesota high school juniors. Students who are active in fine arts and/or athletics, who show leadership qualities and who are model citizens in their community are eligible for the award. Will Dolezal and Topanga Braith are seniors at SMHS who were selected as the school's 2023 Triple 'A' Award winners. Sponsored by the Minnesota State High School League, AAA is a recognition program designed for Minnesota high school seniors. See **MSHSL** on page 3a

Weather

This Week's Forecast

	High	Low	Cond.
Feb. 1	18	3	M. Sunny
Feb. 2	-5	-16	M. Sunny
Feb. 3	5	1	M. Cloudy
Feb. 4	25	11	Cloudy
Feb. 5	22	14	P. Cloudy
Feb. 6	26	16	Cloudy
Feb. 7	20	3	P. Cloudy

Last Year, 2022

	High	Low	Cond.
Feb. 1	24°	-17	Cloudy
Feb. 2	-4	-11	Sunny
Feb. 3	-4	-25	M. Sunny
Feb. 4	10	-5	M. Sunny
Feb. 5	13	-1	Cloudy
Feb. 6	10	2	Sunny
Feb. 7	19	1	Sunny

Average Temps:

H = 23° Low = 5°

Compiled by

Dale Hausmann,

WCCO's Staples area

Weatherwatcher

Public Notices

Becker:

10A

ISD #2170

minutes

10A

Todd Commissioners:

9A

Obituaries

Delmar Lindgren

Linda Stoll

Staples Fire Department training new firefighters

By Mark Anderson
Managing Editor

The Staples Fire Department is planning to hire more firefighters this year. Fire Chief Cole Yungbauer gave the fire department's annual report to the Staples City Council at their Jan. 24, 2023 meeting. He said they currently have six people training who are close to getting certified. The report included statistics from 2022, which showed 77 incidents that the fire department was called out to. That included 12 vehicle crashes, 10 structure fires and 11 grass fires. The number of calls was down slightly from 2021,

when they had 80 calls. The fire department covers an area of 142 square miles, which includes many townships surrounding Staples. The fire report also included the current fleet of fire equipment. The newest piece of specialty equipment is a Polaris Ranger, an off-road vehicle that's intended use is for wild land fires and rescues. The ATV was purchased with money raised by the Staples Fire Relief Association. The department also has a J5 track machine, an off road vehicle with water and a pump for grassland fires. Staples Fire Department officers for 2023 are: Cole

Yungbauer, Chief; Wayne Storry, First Assistant; Scott Meech, Second Assistant; Jamie Dolezal, Third Assistant; and Brandon Brusewitz, Safety Officer. **Parks and Recreation** Also at the Jan. 24 meeting, City Administrator Jerel Nelsen told the council that Lacey Aguirre has been appointed as Staples Parks and Recreation Director. Aguirre had been working in the role unofficially. Aguirre gave the council a report on the most recent Parks and Recreation Board meeting. The new Staples sales tax is scheduled to begin in April, with all profits going towards fixing

up the Staples Community Center. The city is working with Widseth engineering to refresh the facility assessment and update budget estimates. The Parks and Recreation Board approved setting a separate fee for non-profit or community organizations use of the community center. The fee will be at 50 percent of the regular fee. The Parks and Recreation Board approved a request from Kerry Lindgren to use Dower Lake Recreational Area for cross-country skiing. Volunteers will groom and maintain trails in the park.

Public comment sought for Morrison County’s Hazard Mitigation Plan

Morrison County has completed an updated draft of its Hazard Mitigation Plan (HMP) and is now seeking public feedback.

Like all Minnesota counties, Morrison County is vulnerable to a variety of potential natural disasters, such as tornadoes, windstorms, severe winter storms, flooding, drought and extreme temperature, which threaten the loss of life and property in the county. Planning for natural disasters minimizes the impact of these events that can cause vast economic loss and personal hardship.

All county residents, as well as other interested stakeholders (those in neighboring counties, tribal nations, or working with affected agencies) are strongly encouraged to review and offer feedback on the interactive website, PDF of the draft plan, and proposed local mitigation actions. The review and comment period is open for a period of 15 days through Feb. 6, 2023. The public can access the plan using the following links:

- Morrison County HMP

Website (z.umn.edu/MorrisonHMP)

- Mitigation Action Charts (<https://morrison-county-hmp-umn.hub.arcgis.com/pages/mitigation-actions>)
- Public Comment Feedback Form (<https://z.umn.edu/MorrisonSurveyHMP>)

The Morrison County HMP is a multi-jurisdictional plan that covers Morrison County, including the cities of Bowlus, Buckman, Elmdale, Flenburg, Genola, Harding, Hillman, Lastrup, Little Falls, Motley, Pierz, Randall, Royalton, Sobieski, Swanville and Upsala. The Morrison County HMP also incorporates the concerns and needs of townships, school districts, and other stakeholders participating in the plan.

Update of the plan has been under direction of Morrison County Emergency Management in cooperation with U-Spatial at the University of Minnesota Duluth and representatives from county departments, city and township governments, school districts and other key stakeholders. Together, the planning

team worked to identify cost-effective and sustainable actions to reduce or eliminate the long-term risk to human life or property from natural hazards. Examples include improvement of roads and culverts that experience repetitive flooding; construction of safe rooms in areas where residents and visitors are vulnerable to tornadoes and severe storm events; burying powerlines that may fail due to heavy snow, ice or wind storms; ensuring timely emergency communication to the public through warning sirens and mass notifications systems; and conducting public awareness and education campaigns to help people be prepared to take safe action before, during, or following a hazard event.

Hazard mitigation planning helps Morrison County and other jurisdictions protect their residents. Working with local communities through the process helps identify vulnerabilities and develop strategies to reduce or eliminate the effects of a potential hazard. In addition, increasing public

awareness of natural disasters and encouraging personal preparedness helps to create a community that is resilient to disaster, and breaks the cycle of response and recovery. Updating the plan further allows Morrison County and its jurisdictions to be eligible to apply for future FEMA Hazard Mitigation Assistance grant program funding for projects that help to reduce or eliminate the impacts of future natural hazard events.

Community feedback is vital to the success of the plan. Morrison County invites public review and feedback of the draft plan prior to submitting it to the State of Minnesota and the Federal Emergency Management Agency (FEMA) for review. Feedback may be provided via the online comment forms or directly to Morrison County Emergency Management.

For more information, contact Victoria MacKissock, Morrison County Deputy Emergency Management Director, at 320-632-0195 or victoriam@co.morrison.mn.us



Honored by the Twins

Pat Held (right) of Motley was recently inducted into the Minnesota Twins Fantasy Baseball Camp Hall of Fame. He is pictured with Bert Blyleven, former MN Twins pitcher and broadcaster, and 2011 inductee into the Major League Baseball Hall of Fame. In addition, Held’s late wife Carolyn was posthumously inducted into the Camp Hall of Fame. “Carolyn and I had previously received the Kirby Puckett Award from the camp in recognition of our shared love for baseball and the camp,” Held said. “To be inducted into the (Minnesota Twins Fantasy Baseball) Camp Hall of Fame with Carolyn was very emotional to say the least, especially since I didn’t know that was going to happen. Bert is holding my plaque and I am holding Carolyn’s. A great honor,” he added. (Submitted photo)

Motley area law enforcement report

Recent reports from the Motley Police Department (MPD) and Morrison County Sheriff’s Office (MCSO) included the following:

Jan. 18 - 24

Jan. 21 - The MPD assisted in directing traffic for a funeral procession at 1st Ave. S. and Wellwood St. E., Motley.

Jan. 20 - The MPD responded to a report of a suicidal female walking towards the Hwy 210 bridge in Motley.

Jan. 18 - 20 - The MPD issued speeding citations to Courtney Blodgett, 29; Donald Flynn, 61; Christine Strauch, 56.

Jan. 19 - The MPD assisted the MCSO with a warrant check in Scandia Valley. The subject was located at the 34000 block of Auger Rd., Motley, and arrested without incident.

Jan. 22 - The MCSO responded to a report of a suicidal subject in Motley. The subject was located and

transported by Mayo Ambulance to Lakewood Health System Hospital in Staples.

Jan. 22 - The MCSO issued a citation to Emily Stangl, 30, for speeding.

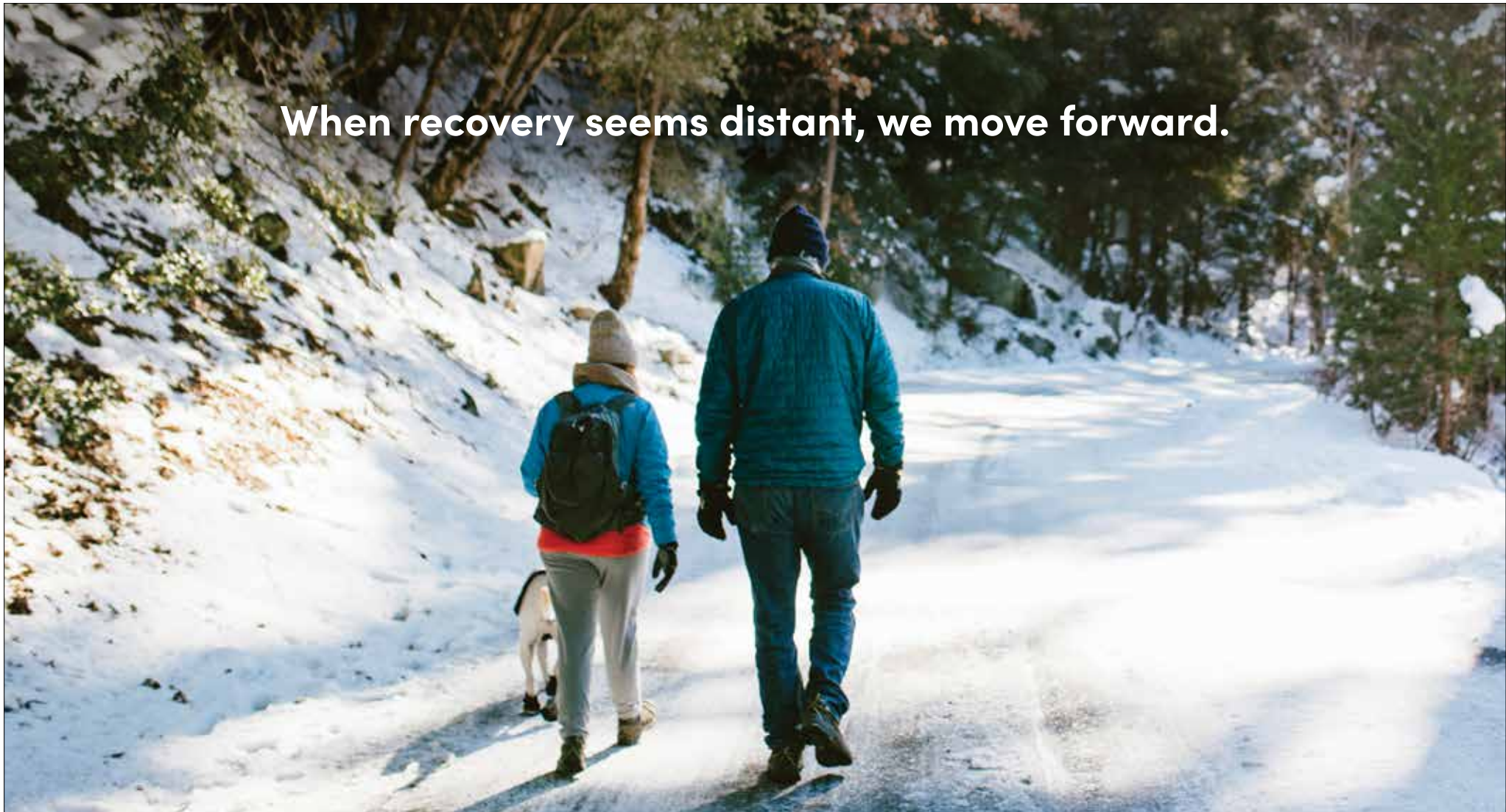
Jan. 18 - The MCSO responded to the scene at Hwy 10 and Spruce Rd. in Motley and assisted the MPD. The subject was subsequently transported to jail on his warrant.



Staples World

DEADLINES

Newspaper deadline for copy and advertising: 12 noon Fridays



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Looking back

75 YEARS Ago - 1948

• Jan. 29, 1948 - Fire in the walls of the John Germann home about five miles east of Staples early Friday morning, Jan. 23, did little damage, being less than one hundred dollars.

Mr. Germann had tried to start his car to come in to his work with the Northern Pacific railway company in

- O -

**Compiled by
Dawn Timbs**

- O -

Staples, and the fact that he could not get his car started is possibly what saved his home from being completely destroyed by the fire.

While Mr. Germann was in the home after trying to start his car, he smelled smoke. Investigation showed that one of the heat registers in one of the rooms was on fire. Mr. Germann took an axe and chopped a hole in the wall above the register, and was right at the seat of the blaze. He quickly threw some water on the fire and extinguished the blaze.

• Jan. 29, 1948 - Staples high school Cardinals went on to another victory on the home court Friday evening, Jan. 24, when they completely scalped the Brainerd Warriors to the tune of 60 to 27, better than a 2 to 1 victory.

• Jan. 29, 1948 - Pictured in a March of Dimes press release was Douglas Bates, 7-year-old son of Mr. and Mrs. Robert Bates of Staples. The article noted “those great big wide open eyes and that pleasant little smile that Douglas is wearing is in appreciation of the way people of Staples and throughout the entire nation contributed to the March of Dimes in order that he and hundreds of others like him could be well and able to walk, run and play again after being victims of infantile paralysis for many months. Douglas was confined to several different Minneapolis hospitals in 1946 from the effects of polio, but he “won his battle” though the March of Dimes, and is well again, and attending school in Staples at the present time.

• Jan. 29, 1948 - Two new courses will be started at

the Staples high school on Thursday evening, Feb. 5, according to an announcement coming from Jay Willcox, supervisor of the vocational machine shop course, and Miss Gladys Dodge, supervisor of the commercial department of the school.

Mr. Willcox will conduct a new class in auto mechanics in his department, and Miss Dodge will have an evening class in typing for adults.

50 YEARS Ago - 1973

• Feb. 1, 1973 - Four Motley FFA Freshmen received their FFA jackets recently. They are Clarence Cronin, Charles Mick, Rodney Jenson and Karl Moon. They earned their jackets by selling Farm Journal subscriptions.

• Feb. 1, 1973 - The Cardinal cagers of Coach Tom Wolhowe picked up their third victory in Mid-State Conference play last Friday as they traveled northward and trounced the Park Rapids Panthers 78 to 45.

• Feb. 1, 1973 - The Staples Cardinal Wrestling team took an early lead and then held over a good Brainerd squad to chalk up a 22 to 21 dual meet victory over the Warriors Tuesday evening, Jan. 23, on the Brainerd Mat.

• Feb. 1, 1973 - The Staples Alliance Youth Fellowship is sponsoring a film, “Without Onion,” to be held at the Lincoln-Model School Feb. 7, at 7:30 p.m.

This film is one of the most popular youth films released in many years. It centers around the lives of Pete n Sonya who conformed to the crowd at school until that summer when Christ made a difference in their lives.

• Feb. 1, 1973 -The Welcome Wagon hostess, Mrs. Tom Danculovich, reported visiting seven newcomers and six newborns.

The new people in the community are Mrs. Cornelius, 118 4th St. SW; Mr. and Mrs. Russell Lee, 708 Wisc. SE; Mr. and Mrs. Dale Sanderson, about 2 miles east on the Warner Bridge Rd; Mr. and Mrs. Jack Hirschey, 801 7th St. NE; Mr. and Mrs. Lynn Thornton, Star Route; Mr. A. Olson, 210 6th St. NE; and Mr. and Mrs. Reggis DeMars, 820 2nd Ave. East.



Mystery photo

Hello readers. This week’s archive photo is from our Feb. 1, 1973 edition. Do you know who these people are and perhaps the context of the photo? Do you have a memory to share? Email your answers and where you’re from to dtimbs@staplesworld.com by Friday, or call 218-894-1112. The answers will be published in next week’s paper, as well as a new mystery photo.

Families with newly born babies are Mr. and Mrs. Ron Card, Mr. and Mrs. Michael Janey, Mr. and Mrs. John Coleman, Mr. and Mrs. Jerry Germann, Mr. and Mrs. Bruce Nelsen; and Mr. and Mrs. Eugene Goble.

• Feb. 1, 1973 - Dr. Raymond O. Garland, Staples dentist, was the recipient of the Silver Beaver Award from the Central Minnesota Council of the Boy Scouts of America at their annual recognition banquet held in St. Cloud Jan. 28.

• Feb. 1, 1973 - Gov. Wendell R. Anderson has named Michael J. Matanich, director of the Staples Area Vocational-Technical Institute, to the Area Manpower Planning Board formed to serve the five county area in Development Region 5.

25 YEARS Ago - 1998

• Jan. 29, 1998 - With the help of a tip from a county resident, Todd County authorities this past week arrested two men from Little Falls almost as soon as they arrived home with their loot.

The two have been charged in connection with

four daytime burglaries that took place south and west of Staples Friday, Jan. 23.

Gilbert Levi Phillips, 27, and William Joseph Schneider, 20, both of Little Falls, were expected to appear in Todd County District Court Jan. 27, on charges of burglary, theft and criminal damage to property.

• Jan. 29, 1998 - Staples native Frankie Thorn will appear on the Mike Hammer television series on Saturday, Jan. 31 at 1:30 a.m. on Channel 4, CBS. The program is Mike Hammer’s “The Art of Murder.” The episode was filmed in October, 1997, in Los Angeles, Calif.

Thorn’s mother, Terrie (Thayron) Brown of staples, was in Los Angeles visiting at the time and was invited on the set to watch the filming and meet the star, actor Stacy Keach, who plays Hammer.

Thorn is also appearing on a current running Lexus commercial and recently completed a film, “Warm Texas Rain” which should be out in early summer.

• Jan. 29, 1998 - Students named to the 1997-98 Students of Excellence roster included Heidi Swenson, Aubrey Noska, Dennis Strassburg, Nichole Tyrrell, Nicolle Shaffer, Sara Wagner.

10 YEARS Ago - 2013

• Jan. 31, 2013 - Familiar and new faces will be heading up the Staples Motley Area Chamber of Commerce in 2013. They include Amy Hunter, Executive Director; Dan Orth, President; Lee Jenkins, Past President, Nomination Chair; Sarah Gregerson, Secretary; Liz Capistrant, Treasurer; Kathi Cleveland, Director; Sandy Knosalla, Membership Chair; Autumn Pechan, Retail Chair; Tasha Olds and Seth Dokken, new board members.

• Jan. 31, 2013 - Pat Held of Motley was the recipient of the Kirby Puckett Award at this year’s Twins Fantasy Camp. The award is given to the caper who exhibits the great love and enthusiasm for the game that Kirby had. Pat’s late wife Caroln won this award in 2011 as she came to the camp while fighting cancer and having chemotherapy.



Mystery solved

Last week’s mystery photo published in the Jan. 25, 1973 edition of the Staples World featured a team of freshmen and sophomores from Staples High school that captured the championship of the Moorhead Sophomore Invitational Wrestling Tournament. The Cards, coached by Greg Leifermann, Norm Card and Curt Hirschey, finished with two champions and five runners-up. They had a point total of 115, followed by Moorhead with 83 1/4 and Alexandria with 80. Others in the order of finish were Fargo North, Fargo South, Fergus Falls, Morris and West Fargo. Pictured,

above, from left, are Jim Johnson, freshman, runner-up at 105; Doug Roberts, freshman, champion at 95; Mike Motl, sophomore, runner-up at 126; Greg Henkel, freshman, runner-up at 112; Bernie Folkert, freshman, champion at 119; Jerry Rengel, freshman, runner-up at 180; and Rick Madson, sophomore, runner-up at 165.

Jim Johnson of Motley, pastor at Motley Free Methodist Church, correctly identified all. “Thanks for the memories,” Johnson noted. Thanks for participating in our mystery photo.

WCT Nominations and Election Committee

West Central Telephone’s Nominations and Election Committee members are meeting February 22 at 6 p.m. at the Sebek office to appoint official candidates who wish to serve on the board of directors. If you are interested in serving on the cooperative’s board, contact a committee member before the meeting. Members include David Anderson, Patricia Pederson, James Runyan, Mark Calahan, Josh Whirley, Lyle Matson, and Hazel Yliniemi. The committee will choose candidates for District 1 and District 4. Harvey Aho, currently representing District

1, has expressed plans to seek re-election. The seat for District 4 is currently vacant.

The cooperative’s 73rd Annual Meeting will be held May 8, 2023, at 6 p.m. with registration beginning at 5 p.m. A spokesperson for West Central Telephone stated that if a person is interested in becoming a board member, they should review the Bylaws found in the 2023 Telephone directory and contact a member of the Nominations and Election committee. You may also call the office at 218-837-5151 for more information.

West Central Telephone Association is a full service telecom cooperative transforming rural communications with advanced fiber-to-the-premise tech-

nologies. Services to members include telephone, local and long distance, broadband Internet, TV, security and surveillance, and smart home automation.

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MSHSL continued from page 1a

Selected students involved in sports, arts, activites

Students who are active in fine arts, athletics, who show leadership qualities, who are model citizens in their community, and excel with their academics are eligible for the award.

Below is a description of each of the award winners.

Lauren Rutten

Rutten, the daughter of Tim and Amy Rutten, is active at her school, participating in a variety of activities. She’s a letter winner in tennis and basketball, served as team captain for tennis, and placed third at state tennis as an individual. Rutten was named MVP for her basketball team. She also participated in track one year. In the area of fine arts, Rutten has participated in choir and theatre over the years, currently singing with the school’s Chamber Choir. She’s also active in FFA (currently serves as vice president) and 4-H (Super Clovers). Scholastically, Rutten has been on the honor roll every year and was recently named to the honor society. In the community she has volunteered 350 hours. In addition to helping youth in basketball and tennis, Rutten volunteered at the Miracle of Birth Center at the Minnesota State Fair, and has volunteered with the American Red Cross as a blood donor.

AJ Nienow

Nienow, the son of Adam and Lorie Nienow, participates in a number of activities at SMHS, including A cappella Choir (he’s a section leader), band and orchestra, and is a letter winner in speech. Nienow has participated in golf since ninth grade, is a past member of the student council and was recently named to the honor society. He’s logged over 42 hours of volunteer work, mainly in the area of tech support at Centennial Auditorium for plays and concerts.

Rutten and Nienow will represent Staples-Motley at the state level for this prestigious award.

Will Dolezal

Dolezal, the son of Jamie and Jennie Dolezal, is active in several of the school’s bands, where he plays French horn and trombone. He’s participated in drama both on stage as an actor, and as a member of the pit orchestra. Dolezal has also participated in the school choir. In the area of sports, Dolezal serves as manager for the volleyball team; and is a member of the track team. He appreciates having had the opportunity to try a variety of activities during his years at at SMHS. He’s loved them all, Dolezal said. He has especially enjoyed the music program, and is grateful for guidance from his orchestra and band teacher Kristina Haataja. Dolezal said he plans to continue studying music at Central Lakes College after graduating from high school this spring.

Topanga Braith

Topanga Braith, the daughter of Scott Braith and Cindy Braith, is active in sports and music at SMHS. She plays trumpet in the school’s concert and jazz bands; and serves as manager for the football and basketball teams. Braith is a member of the student council, served as student representative for Dollars for Scholars; and was inducted to the honor society her junior year. A highlight for Braith during high school has been getting to know her classmates through extracurricular events such as sports. Upon graduating from SMHS, Braith plans to attend the University of Minnesota-Duluth where she will study exercise science and take pre-med courses. That’s a decision she made after taking an athletic training class at SMHS taught by Terri Dockendorf which she found to be very inspiring. Braith also mentioned Marly Simmons, math teacher, as being an academic inspiration to her.

Dolezal and Braith will represent Staples-Motley as they move on to the second round of selections at the section level.

Staples Police report

Recent reports taken by the Staples Police:

Jan. 16, Staples Police assisted MN State Patrol with a one vehicle roll over on Hwy10.

Jan. 18, Staples Police located a suspect at the train depot, who had multiple arrest warrants. The suspect was believed to have fled on foot from the MN State Patrol in the evening hours of Jan. 17. The suspect, Gary Jackson, 49, of St Paul, was arrested by police on the active arrest warrants and also charged with 5th degree possession of drugs. Also responding to assist was the Todd County Sheriff’s Dept. Jackson was transported to the Todd County Detention Center.

Jan. 19, Staples Police received a report of a school bus stop arm violation. Officers could not obtain a plate from the on-bus video. Officers attempted to locate the described vehicle but didn’t find it.

Jan. 20, Staples Police noticed a vehicle pulled over in the turn lane at Hwy 10 and 14th St NE. Officers found that the driver had hit a deer. Vehicle was towed and driver was transported to a hotel.

Jan. 21, Staples Police responded to a report of a medical of an individual who had overdosed on pills.

Police found the subject had a felony warrant.

Jan. 21, Staples Police responded to the Lakewood Health System emergency room for an individual with a warrant that was attempting to leave the ER. Staples officers responded with assistance from both the Wadena County Sheriff’s Todd County Sheriff’s Deptments, MN State Patrol and Motley Police Dept. Officers arrested Zachary Billman, 33, of Staples. Billman was arrested on a Crow Wing County warrant and transported to the Crow Wing County Jail.

Jan. 22, Staples Police assisted MN State Patrol with a vehicle in the median of Hwy 10 east of city limits. Police called for a tow and took pictures of the driver’s insurance card because a highway warning sign was damaged as the vehicle entered the ditch.

Jan. 22, Staples Police assisted the MN State Patrol with a traffic stop. Officers found multiple bags of narcotics. Charges will be long-formed.

Jan. 22, Staples Police responded to a request to assist the Cass County Sheriff’s Dept. with responding to a group home for a resident that was out of control. The Staples Ambulance also responded to the scene to assist.

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ACP program details can be found at www.fcc.gov/affordable-connectivity-program-consumer-faq



Free tax help offered

Free tax help is being offered to low to moderate income taxpayers at Staples City Hall on Wednesdays, from 1 - 4 p.m. and Thursdays from 10 a.m. - 4 p.m. Feb. 1 - April 13.

Appointments are necessary and can be made by calling 218-296-6616.

Bring last year's income tax return, photo ID, social security cards for all family members, social security statements, railroad retirement, W-2, 1099-R, 1099-Interest, 1099-DIV, property tax statements, rent form and donations to charity.

Mark Your Calendar

February 2

'WALK WITH A DOC' Thursdays at 5:15 p.m., at Lakewood Health System's main campus in Staples. Meet at the main entrance. For more information about this free program, visit <https://walkwithadoc.org/join-a-walk/locations/staples-minnesota>

February 3

WOMEN'S OPEN AA RECOVERY MEETING Every Friday in person, 10:30 a.m., Motley Free Methodist Church (lower level), 33 Wellwood St. E. Motley. All women

welcome.

February 6

AA GROUP MTGS IN MOTLEY are held at the United Methodist Church, 847 3rd Ave. S., on Mondays at 8 p.m.

February 7

RUBY'S PANTRY is held on the first Tuesday of each month at the parking lot of Central Lakes College in Staples beginning at 6 p.m.

OLD TIME DANCE is held the first Tuesday of every month at the Wadena VFW. For information, call 218-639-0132.



Preschool Storytime held at Staples Library

The Staples Public Library held Preschool Storytime Jan. 18. The children read stories about snowmen and winter fun, and made a snow globe craft. Above: Samuel Reigstad, Alana Reigstad, Alida Hanson, Archie Hanson, Lucas Imrick, Ziva Thorsett, Ilias Krier, Martin Krier, Sawyer Krier, Raymond Bigger.

The program is provided by the Staples Friends of the Library. Call the Staples Library at 218-894-1401 to register for Preschool Storytime to be held Feb. 15 at 10:30 a.m. (Submitted photos)

Saturday Storytime at Staples Library

Right: Saturday Storytime was held Jan 14 at the Staples Public Library. Children read stories about gingerbread men and decorated gingerbread cookies (right). Join the next Saturday Storytime to be held Feb. 11 at 10:30 a.m. by calling the Staples Library, 218-894-1401. The programs are provided by the Staples Friends of the Library.



SMHS school board work session Feb. 6

The Staples-Motley School Board will hold a work session, Monday, Feb. 6 at 6 p.m. at the District Office, 905 4th St. NE, Staples.

The work session agenda includes the pre-sale reports presented by Ehlers - Certificates of Participation, Series 2023A and Facilities Maintenance Bonds, Series 2023B.

Upcoming schedule:
Mon., Feb. 27: Regular board meeting, 6 p.m., District Office
Mon. March 6: Board work session, 6 p.m., District Office
Mon., March 20: Board meeting, 6 p.m., District Office.

Student Achievements

THE UNIVERSITY OF MINNESOTA DULUTH (UMD) has announced its 2022 Fall Semester Dean's List. To qualify, students must have achieved a grade point average of 3.50 or higher while earning a minimum of 12 letter-graded credits. Local students named include:

- Samantha Bennett, Pillager
- Cayden Kleffman, Pillager
- Keelie Shafer, Pillager
- Chandler Braith, Staples

NORTH DAKOTA STATE UNIVERSITY has announced its 2022 Fall Semester Dean's List. To qualify, students must earn a 3.50 grade point average or higher and be enrolled in at least 12 class credits. Local students named include:

- Lane Kjeldergaard, Cushing
- Rachel Wilson, Pillager

LETOURNEAU UNIVERSITY, LONGVIEW, TEXAS has announced its 2022 Fall President's List. To qualify, students must achieve a perfect 4.0 grade point average for the semester. Local student named:

- Carissa Peterson, Pillager



Motley Lions donate to SPARKS program

The Motley Lions recently donated \$2,000 to the SPARKS reading program. Above: Rosie Blessing, SPARKS and Motley Lion Ariel Praska. (Submitted photo)

Author discusses where our food comes from at Staples Library

More upcoming classes

Beth Dooley, author and the James Beard Award-winning food writer, was at the Staples Public Library discussing where our food is grown and how it comes to us which can add depth and richness to our meals.

Dooley explored our region's culinary origins, along with insights into traditions, nutrition information and tips and hints on how to find our season's best foods. More than just another farm-to-table presentation, Dooley expanded the definition of "local food" to embrace regenerative agriculture, the method of growing small and large crops with sound ecological practices.

The presentation was part one of the "Exploring Nature's Treasures Series."

Join us Sat., Feb. 25 at 10:00 a.m. for Part 2: "Herb Gardens for Pollinators" with Tammy Rick, Living Legacy Garden, Staples. This class will focus on the importance of pollinators in the home gardener's landscape and specifically how we can use herb plants to attract bees, butterflies and other pollinators. The first 30 participants in this class will receive a planter box containing several herb plants to take home. These easy-to-grow herbs and their culinary and medicinal uses will be discussed.

This program is sponsored by Central Lakes College, Living Legacy Gardens, Ag and Energy Center and the Staples Friends of the Library.

Part 3 will be held Sat., March 18 at 10:00 a.m. entitled, "Wildflowers" with Stan Tekiela and Sat., April 15 from 11:00 to noon is "An Introduction to Spring Fungi" with Kathy Yerich.

Both programs are provided by the Arts & Cultural Heritage Funds from Minnesota's Clean Water, Land, and Legacy Amendment and the Staples Friends of the Library who will be giving away a signed copy of the author's book.

For information call the Staples Public Library, 218-894-1401.



Evie Killian, left, was the winner of author Beth Dooley's signed book, "The Perennial Kitchen."



DON'T FORGET!!!!

The deadline for classified ads, display ads, garage sale ads, letters to the editor and news items for the Staples World is:

Friday, noon

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Hello World

BIRTHS REPORTED AT LAKEWOOD HEALTH SYSTEM HOSPITAL IN STAPLES INCLUDED:
Online births removed at the request of Lakewood Health System.

Staples Area Church Directory

Staples
Staples Alliance
1512 8th St. NE, Staples.....218-894-2891
Pastor Zach Jones
Sunday Worship.....9:30 a.m.
Sunday School.....11:00 a.m.
WEDNESDAY
AWANA.....6:00 p.m.

Assembly of God
914 3rd Ave. NE, Staples.....218-894-1081
Pastor Roy Miles
Small Groups (Bible classes for all ages).....9:30 a.m.
Morning Worship Service.....10:30 a.m.
Children's Church (Kids start in main worship service).....11 a.m.
Prayer Meeting.....5 p.m.
WEDNESDAY
Sunlight (kids ages 4 yrs.-6th grade).....After school to 5:30 p.m.
Youth Group (Teens, 7th-12th grade).....After school to 5:30 p.m.

Church of Christ
27343 490th St., Staples.....218-894-2609
Pastor Barry Klein
Facebook Live
Bible School (youth and adult).....9:30 a.m.
Sunday Worship.....10:30 a.m.
WEDNESDAY:
Teen Youth/Adults Bible Study.....7-8 p.m.

First Congregational Church, UCC
firstcongouccstaples@gmail.com
204 5th St. NE, Staples.....218-894-2571
Worship.....9:30 a.m.
Fellowship, refreshments following service

Faith Lutheran
430 12th Street, NE., Staples.....218-894-1546
Pastor Carl Larson
Pastor Chris Mathiason
Sunday Worship Service.....9:00 a.m.
Sunday School and Coffee Fellowship.....10:05 a.m.

Sacred Heart Church
310 4th St. NE, Staples.....218-894-2296
Church.....218-894-2296
Pastor Fr. Aaron Kuhn
Parochial Vicar, Fr. Gabriel Walz
MASS:
Thursday and Friday.....8:30 a.m.
Sunday.....8:30 a.m.

Seventh Day Adventist
421 Dakota Ave. SE, Staples
218-894-0033
Saturday Worship.....9:30 am.
Sabbath School.....10:45 a.m.

Thomastown Covenant
15940 251st Ave., Staples.....218-894-3923
Pastor Scott Jorgenson
Sunday Worship.....10:30 a.m.
WEDNESDAY NIGHT YOUTH.....6:30 p.m.

Trinity Lutheran
1000 4th St., NE, Staples.....218-894-2372
Rev. Robin Collins
Sunday Divine Service.....9:00 a.m.
Sunday School and Bible Class...10:30 a.m.
United Methodist
310 5th St. NE, Staples.....218-894-2248
Sunday Worship.....10:30 a.m.
(Nursery Available for Sunday Worship)
Sunday School (for grades K-12 and adults).....9:15-10:15 a.m.

Aldrich
Balsamlund Lutheran
19550 490th Street, Aldrich
Eric Clapp.....701-261-2394 (cell)
Sunday Worship.....8:15 a.m.
Sunday School.....8:30 a.m.

Cushing
Bethany Lutheran
25430 Bison Rd.Cushing, MN
320-749-2140
Pastor Carl Larson
Pastor Chris Mathiason
www.bethanylutherancushing.org
Sunday Worship.....9:00 a.m.
Communion.....1st and 2nd Sunday of each month

Lincoln Evangelical Free
1354 320th Street, Cushing, MN 56443
Phone: 218- 575-2449
www.lincolnrefree.org
Facebook Lincoln E Free
Office Hours: Tues. - Thurs., 9 a.m. - 12 p.m.
Senior Pastor: Don Reigstad
Community Life Pastor: Jim Brown
Associate Pastor: Joe Reigstad
SUNDAY
Church Worship Gathering.....10:00 a.m.
YouTube Channel.....10:00 a.m.
WEDNESDAY
Community Meal.....5:30 p.m.
Family Night.....6:00 p.m.

Cushing Baptist
26298 Bear Rd., Cushing
Pastor Dan Holmes.....320-749-2583
Sunday School.....9:30 a.m.
Worship.....10:30 a.m.
WEDNESDAY
Bible study.....7:30 p.m.

Leader
Swan Valley Lutheran
Leader.....218-397-2470
Sandy Knight, Synodically Authorized Minister of Word and Sacrament
Sunday Worship
January - July.....9 a.m.
July - January.....11 a.m.

Maple Hill Lutheran
Sandy Knight, Synodically Authorized Minister of Word and Sacrament
Leader.....218-397-2470 (Rural Pine River)
Worship and Sunday School.....9:00 a.m.

Motley
Motley Free Methodist
33 Wellwood St. E
Motley 56466.....218-352-6888
Jim Johnson, Senior Pastor
Casey Reynolds, Assistant Pastor
Sunday Worship.....9:00 and 10:30 a.m.
facebook live.....9 a.m.
WEDNESDAY
AWANA.....4:00-5:30 p.m.
Youth Group.....6:00-8:00 p.m.

St. John's Lutheran
497 3rd Ave. S, Motley.....218-352-6399
Pastor Vicar Paul Koehler
Sunday School and Bible Class.....8:30 a.m.
Sunday Worship.....9:30 a.m.

St. Michael
1st St. and Birch, Motley.....218-894-2296
Pastor Fr. Aaron Kuhn
Parochial Vicar, Fr. Gabriel Walz
MASS:
Tuesday.....6:30 p.m.
Saturday.....4:00 p.m.

United Methodist
847 3rd Ave. S, Lane, Motley.....218-352-6466
Pastor Greg Leslie
www.motleyumc.net
Sunday Worship Service.....10:00 a.m.
Monday AA meeting.....8:00 p.m.

Oylen
Oylen Alliance
Cty. Rds. 7 and 9, Oylen
218-472-3440 or 218-472-3316
Pastor Neal Malcore
Sunday School.....10:00 a.m.
Sunday Worship.....11:00 a.m.

Pillager
First Lutheran Church
Pastor Mathew Sundquist
717 River Street S, Pillager, MN
218-746-3775
Sunday Worship.....9:30 a.m.
Sunday School.....8:30 a.m.

Casino Assembly of God
Pastor Dan Johnson
N. of Motley, Hwy. 64, E. on Cty 34 to Cty. 104.
Phone.....218-746-3839
Sunday School.....9:30 a.m.
Worship.....10:30 a.m.
Sunday Worship.....7:00 p.m.
WEDNESDAY.....7:00 p.m.

First Baptist
903 River Street South, Pillager
Pastor Jake Anderson
218-746-3768
curious@fbcpillager.com
Worship Gathering.....10:00 a.m.
Connection Point.....9:30 a.m.

Hewitt
Church of the Nazarene
114 Front Street, P.O. Box 146 Hewitt, MN
218-924-2028
Jim and Linda McGaffey, Pastor
Sunday School.....9:30 a.m.
Sunday Worship.....10:45 a.m.
WEDNESDAY PRAYER.....7:00 p.m.

Trinity Lutheran Church (LCMS)
524 Front Street, PO Box 116, Hewitt, MN
Pastor Robin Fish
Sunday Worship.....10:30 a.m.

United Methodist Church
Hwy. 210, Hewitt, MN
Pastor Kenneth Uhren
Sunday Services.....10:30 a.m.
Sunday School.....9:30 a.m.

Verndale
Verndale Alliance
109 NW Brown Street, Verndale, MN 56481
218-445-5619
Senior Pastor Tony Stanley
Heath Belknap, Pastor of Student Ministries
Sunday Worship.....9:30 a.m.
Sunday Bible Fellowship Classes.....11-11:45 a.m.

Family Life Church
402 NE Clark Drive, Verndale 218-445-5568
VerndaleFLC@gmail.com
Pastor Amos Self.....218-371-7189
Tahna Rurup, Connections & Media Pastor
Tillman Phagan, Kid's & Food Shelf Pastor
Ryan Wolfenden, Youth Pastor
SUNDAY
Youth Prayer.....9:20 a.m.
Worship Service.....10:00 a.m.
Prayer Meeting.....5 p.m.
WEDNESDAY
Life Groups.....6:30 p.m.

Hope Chapel Alliance
18126 County Road 7, Verndale
218-445-5643 or 218-472-3316
Pastor Neal Malcore
Sunday Worship.....9:00 a.m.
Sunday School.....10:30 a.m.
WEDNESDAY
Family Night.....5:30 p.m.

Immanuel Lutheran Church of Bartlett Township (LCMS)
17097 460th St., PO Box 37, Verndale
Pastor Robin Fish
Sunday Worship.....9:00 a.m.
WEDNESDAY
Bible Study.....6:30 p.m.

Verndale United Methodist
10 3rd Ave. SW, Verndale
218-445-5108
Pastor Jill Pawlowski
Sunday Worship.....9:00 a.m.

Central United Methodist
5 miles N on Cty Rd 26 (Nimrod tar)
Pastor James Middendorf, 320-260-4950
Sunday Service.....9:00 a.m.
Bible Study.....10:30 a.m.
WEDNESDAY
Seeds of Hope.....7:00 p.m.

Leaf River Township
The Old Country Church
Leaf River Twp., Wadena County Rd. 6
Info. 218-837-5690
Sunday Service.....10 a.m.

Obituaries

Delmar Lindgren

While drinking very hot black coffee on the morning of January 17, 2023, Delmar Vernal Lindgren was delighted to read in the paper the secret to a long, good life - "it helps if you are Swedish." That night, the Swede of 93 exuberant years, died peacefully in his sleep at home in Staples with his wife Liz, of 69 years by his side.

A memorial service will be held in May at Faith

Lutheran Church in Staples with his internment at Fort Snelling National Cemetery in St. Paul the following day. Del was born January of 1930 in Lindstrom and graduated from Chi-High in 1948. After graduation, he enlisted in the U.S. Army, serving most of his time in Germany. Del attended the University of Minnesota where he met Liz. They married on February 6, 1954, raising four children in Crystal. Del worked at Northrup King Seed Company for 31 years, retiring on his 62nd birthday to enjoy life even more.

Del was an active Minnesotan, embracing all the seasons had to offer. He took his family camping every weekend in the summer. He was active in nordic and alpine skiing, fishing, biking, hiking, snowshoeing, golf and being the avid Minnesota sports fan he was, he always loved playing and watching sports with his grandchildren. Del had a passion for playing cards and other games that gave him reason to do what he enjoyed most- connecting with people.

Del was active in the Staples community. He could be found swapping stories and building relationships with those during Staples Host Lion's meetings, when volunteering at the food shelf, delivering Meals on Wheels, all while spending many hours helping to build Faith Lutheran Church.



He and Liz traveled all over the U.S. and world after retirement. Del shared his kind heart, gentle soul and delightful wit as a loving husband, father, grandfather, great-grandfather, brother, uncle and friend.

He is survived by his wife, Elizabeth; three children, Kim (Doyle) Ranstrom, Kerry (Becky) Lindgren and Kelly (Kevin) Coughlin; six grandchildren, Courtney, Morgan, Skye, Guthrie, Megan and Molly; four great-grandchildren, Eliza, Tilda, Alba and Hugo and one sister, Vera Mae Smith.

Del is preceded in death by one son, Kent and one brother, John.

Del's way of spreading his sunshine with others with genuine love and kindness will forever tickle and put a grateful grin on all who were blessed to experience life with him.

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Linda Stoll

Linda L. Stoll, 67, peacefully went to sleep in her home under hospice care at around 7:30 p.m. on January 26, 2023, following a video chat "goodnight" from three of her grandchildren.

Visitation for Linda Stoll, 67, will be held Wednesday, February 1 from 5 to 7 p.m., with a prayer service at 6:30 p.m., at the Korsmo Funeral and Cremation Service, Moorhead. Her funeral will be held Thursday, February 2 at 11 a.m., at River Valley Church, Dilworth.

Linda Lou (Webster) Stoll was born January 13, 1956, in Bertha, to George and Eleanor (Smith) Webster, the first of five children (there is a half-sister, Karen (Garry) Carpenter and a half-brother, Leland "Butch").

As the daughter of a lifelong railroad man, Linda lived wherever her dad's job took the family, including Little Falls, Philbrook, Tilden Junction, Glyndon and Oakes, ND.

She began school in Oakes, where she completed first and second grade. Third through sixth grades were spent in the Philbrook one-room schoolhouse. Linda next attended 7th through 10th grades in Staples, finishing 11th and 12th grades in Glyndon.

Following high school, she attended Moorhead Area Vocational Technical Institute for a one-year clerical course.

Linda married Lloyd Stoll July 13, 1974, and they made Glyndon their home, where they raised three children, Jared (Anne), Fargo, ND, Jamie (Danna), Havre, MT and Katie (Joe) Stano, Shorewood. Linda loved time spent with her 11 grandchildren, Riley, Emmett, Alma, Charlotte, Remington, Millie, Sebastian, Audrey, Poppy, Llewellyn, and her "birthday buddy", Isaac and most recently her foster grandson as well.

Linda greatly enjoyed crafting - especially ceramic



ics, in which she excelled - receiving awards for a few of her completed pieces. She was an avid reader even when the time came that audio books became necessary.

Linda liked fishing with Lloyd. Throughout the years there were trips to Yellowstone National Park, Glacier National Park, Mount Rushmore, Theodore Roosevelt National Park, the North Shore of Lake Superior, as well as many other places where numerous family reunions were held.

Linda's faith and involvement in her church was extremely important to her. She was truly dedicated in all her years of service, including, Missionettes Girls Ministry and later Rainbows Kids Ministry. In addition, she was involved with beginning the church bus ministry - at first using the family vehicle to pick up local college students wanting a ride to church. Eventually when the church purchased a bus, Linda learned to drive that.

There did come a time when, due to declining health, Linda was forced to step back. Even then she helped watch two granddaughters on Sunday mornings while their parents were practicing for leading worship. The time spent with the granddaughters was probably some of Linda's favorite times.

Linda is survived by her husband Lloyd; three children, Jared (Anne), Jamie (Danna) and Katie (Joe) Stano; 11 grandchildren; her mother, Eleanor Webster; five siblings, Karen, Butch, George, Susie (Mark) Ecklund and Duane (Shannon); plus numerous nieces and nephews.

Linda was preceded in death by her dad, George Webster and one sister, Janelle.

In lieu of flowers the family would appreciate contributions in Linda's name to Hospice of the Red River Valley.

w6c A00006B2023FB01

"An In-between Time to Pray"

Chris Mathiason, Pastor, Faith Lutheran Church, Staples

It is an in-between time in the church and in the world. In January, the celebrations of Christmas and New Years are over, the season of Lent ending with the celebration of Easter is on the horizon. On the church calendar, we celebrate the season of Epiphany. Epiphany is the day the Wise Men from the East arrive with gifts of Gold, Frankincense and Myrrh for the Christ Child.

Epiphany doesn't have a good PR agent or hype man. Most people don't think about Epiphany and the Wise Men, other than to say "Isn't that part of the Christmas story?"

The Wise Men remind us that we all are on a journey. We're all going somewhere. The journey might be long and we may be surprised at the end. We give

thanks that God is always with us on the journey.

In this in-between time of year, there are a lot of athletics to follow, basketball, wrestling, hockey, cheerleading and some even watch the pro football playoffs. It's also a time to catch up. Christmas and New Years are such a busy time, it's good to just be...

Every day is not a holiday and I for one give thanks for regular days. God is with us in the days of celebration and God is with us in the day to day of life. God goes with us on our journey. I pray each of us find ways to see God at home and away, in the big and in the small.

In worship, in prayer, in song and in solitude, we give Thanks for God. Amen.

The Staples area Church Directory is sponsored by these businesses:

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The Church Directory is supported by the advertisers listed above and the Ministerial Association.

***To update your church information or to advertise on the Church Directory, call 218-894-1112 or email: jwinter@staplesworld.com. As always, continue to email your Ministerial pastoral message or advertisement to: jwinter@staplesworld.com

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Sealing the win on a close finish

Ashley Robben, left, makes the final free throw in the win against Verndale (Staples World photos by Mark Anderson)

Girls basketball holds on for exciting win

The Staples-Motley girls basketball team built up a big lead against Verndale on Jan. 23, then held on in the second half to win 54-51. Later in the week they lost to two of the top teams in the conference, 67-35 against Pequot Lakes and 104-39 at Crosby Ironton.

Against Verndale, Livi Lorber, Ashley Robben and Izzy Olander started scoring early to help the Cardinals build a 13-2 lead. Miranda Schotzko and Lorber built that to 20-4. Verndale came back strong and cut it to less than ten points as the Cardinals missed shots despite good opportunities. Cami Anderson scored two baskets in a row to stop the run, then Olander sunk a three point shot just before the halftime buzzer to build the lead back up to 35-20.

In the second half, Lauren Rutten scored twice

to build the biggest lead of the game, 39-22. Staples-Motley continued passing well when Schotzko scored on an assist from Robben, then returned the favor with an assist to Robben in the next possession. Verndale started coming back when the Cardinals missed free throws and had turnovers.

With two minutes left, the lead was cut to two points. This time the defense stepped up and Robben caused a turnover. Rutten scored a basket to go back up by four.

Verndale cut it to two again in the final minutes. Robben tracked down a loose ball and was fouled with 36 seconds left, making one shot for a 54-51 lead. Verndale attempted to get the ball to their post player, but Schotzko knocked the pass away for a steal. The Cardinals passed the ball

down the floor and turned it over out of bounds with a few seconds left, but it was too late for Verndale to get back for another shot.

Normally a good free throw shooting team, the Cardinals only made nine out of 21 in the game, most of the misses coming in the second half. Verndale made 10 of 17 free throws.

Against Pequot Lakes, Olander made three 3-pointers and Rutten made two.

Team results
Staples-Motley 54, Verndale 51
Scoring: Izzy Olander 13, Olivia Lorber 10, Miranda Schotzko 10, Ashley Robben 9, Lauren Rutten 8, Cami Anderson 4
Staples-Motley 35, Pequot Lakes 67
Scoring: Olander 15, Lauren Rutten 12, Lorber 6, Kenzie Erickson 2

Cardinal boys play tough against top teams

The Staples-Motley boys basketball team played strong against two top area teams, but ended up with losses, 67-58 against Brownville on Jan. 24, and 57-46 against Detroit Lakes on Jan. 26. They finished the week with a 79-38 win over Long Prairie-Grey Eagle on Jan. 27.

Against Detroit Lakes, the Cardinals surged to leads of 16-11 and 21-18 as Isaiah Schultz scored 11 points and Dakota Hennagir scored 10. They were the only two Staples-Motley players to score in the half. After DL went on a run, Schultz ended the half with a step-back three pointer to make it 24-30 at halftime.

In the second half, two other scorers took over, when Hunter Miller and Avandre Brandt scored most of the points for the Cardinals. They cut the lead to

three and were still within five late in the game. They had several three point shots bounce out and missed five of their last seven free throws of they could have made it a closer game at the end. The Cardinals ended up making just nine of 19 free throws in the game.

Staples-Motley played great defense against the tall, athletic DL team. The defense closed out on the three point shooters to force them into hurried shots and many misses. Detroit Lakes is undefeated in the Mid State Conference.

Brownville only has one loss on the season and has won 11 straight. The Cardinals stayed close and were down by four at halftime. Hennigar and Grant Bestland each made two three pointers in the game as the Cardinals made nine long range shots as a team.

Against Long Prairie, the Cardinals continued their high level of play. They got ahead early and pulled away throughout the game. Miller finished the game with 30 points, sinking four 3-pointers, eight 2-pointers, and was two of two from the free throw line.

Team results
Staples-Motley 58, Brownville 67
Scoring: Hunter Miller 16, Dakota Hennagir 12, Isaiah Schultz 11, Avandre Brandt 7, Grant Bestland 6, Luke Brownell 3, Alex Schultz 3
Staples-Motley 46, Detroit Lakes 57
Scoring: I. Schultz 14, Hennagir 13, Miller 8, Brownell 2, A. Schultz 1
Staples-Motley 79, Long Prairie-Grey Eagle 38
Scoring: Miller 30, I. Schultz 19, Bestland 8, A. Schultz 6, Brownell 6, Elijah Claussen 4, Eli Rutten 4



Seniors setting the stage

The four Staples-Motley boys basketball seniors gather around classmate Cy Johnson to pick out their warmup music before the Long Prairie-Grey Eagle game. From left, Luke Brownell, Dakota Hennagir, Hunter Miller and Isaiah Schultz. (Staples World photos by Mark Anderson)



Hoops action

Above, Miranda Schotzko scores with her left hand. Right, Georgia Kruchten passes out after getting double-teamed. Below, Izzy Olander drives to the basket.



Hoops action

Left, Luke Brownell beats the Detroit Lakes defense to the hoop. Right, Hunter Miller leaps high to score over a defender.

Wrestling team has close loss as late season approaches

The Staples-Motley wrestling team lost a close match with Bertha-Hewitt/Verndale/Parkers Prairie, 39-34, then came back to defeat Pelican Rapids 49-29 on Jan. 24 at Pelican Rapids.

Coach Jim Jackson said the team is still working on getting healthy for the end of the season. Against Bertha-Hewitt, the missing weights hurt because they had holes in the lineup that may have cost them the match. They were still close enough that one upset or one close match could have

made the difference.

The Cardinals have one more big match coming up that will be important for section seeding, when they go to Deer River on Tuesday, Feb. 7.

The Section 7A team tournament is Saturday, Feb. 18, at Royalton. This year Staples-Motley will host the Section 7A individual tournament on Friday and Saturday, Feb. 24-25.

Team results
Staples-Motley 49, Pelican Rapids 29
106 Elijah Greenwaldt W

fall, 113 Gage Bjerga L fall, 120 Turner Beachy W 13-0, 126 ff, 132 Jason Trantina W fall, 138 Riley Reese W 6-4, 145 Owen Winter W fall, 152 Ramiro Gallardo L fall, 160 Blake Neelan W fall, 170 Dustin Converse L fall, 182 Jacob Becker W ff, 195 Luke Bjerga W ff, 220 Adrian Gomez L fall, 285 Steven Petrich W ff
Staples-Motley 34, Bertha-Hewitt/Verndale/Parkers Prairie 39
106 G. Bjerga W 10-1, 113 Greenwaldt L 11-0, 120 Beachy W fall, 126 ff, 132 Trantina L 15-3, 138 Colbe Tappe W ff, 145 ff, 152 Winter L fall, 160 Neelan L 6-5, 170 Converse L 8-0, 182 Becker W ff, 195 L. Bjerga W fall, 220 Gomez L fall 285 Petrich W fall



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205

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701

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CENTRAL TODD COUNTY CARE CENTER

Dietary Aide

Dietary Aide day shift position available at Central Todd County Care Center located in Clarissa, MN. Duties will include dishwashing, bussing tables, food delivery and cleaning. All kitchen positions carry the same great benefits and incentives. Starting wage \$15.00/hr. Shift differential, pick-up incentives, overtime and holiday pay additional. Must be able to understand and follow state and federal safety and sanitation regulations. Must be a TEAM player and possess a special interest in working with Long Term Care residents, families and visitors.

On the job training available!
Contact Patti at
218-756-3636 ext. 17 or
ptwardowski@ctcccinc.com
EOE



c16-9c

Central Todd County Care Center

•Certified Nursing Assistants (CNAs)•

Central Todd County Care Center is seeking personable and friendly Certified Nursing Assistants to help our residents with their Activities of Daily Living as described in each resident's individualized plan of care. We have both **part-time** and **full-time** positions available. For those interested, but not currently certified, we offer financial assistance and reimbursement for the certification classes. Additionally, we offer nursing scholarships that cover most of the cost for obtaining your LPN or RN licensure. Wages may be adjusted based on years' experience. The individual must pass a background study.

•NURSES (RN and LPN)•

We are in search of a RN or LPN who is looking for a rewarding career in the Nursing field, has a care giving personality, and wants to make a difference in our older adult population. Various shifts are currently available (including every other weekend and holiday). Must be a TEAM player and possess a special interest in working with Long Term Care residents, families and visitors.

CTCCC offers a wide variety of benefits and is an Equal Opportunity Employer.



Contact Tyler Kliniske at

tkliniske@ctcccinc.com

or call 218-756-3636 ext. 12

Pick up an application in the Business Office,

Mon.-Fri., 8 a.m.-4:30 p.m.

or after hours at the Nurse's Station.

CENTRAL TODD COUNTY CARE CENTER IS LOCATED IN CLARISSA, MN.

WADENA COUNTY EMPLOYMENT OPPORTUNITY

Elections Coordinator and Extension Office Technician

POSITION SUMMARY: The Election Coordinator is responsible for daily maintenance of the State Voter Registration System and coordinating all elections for Wadena County. This position prepares all elections on the required websites, orders the ballots and supplies needed for each election, programs each Poll Pad (to register voters at each precinct) as well as set up and test all equipment used in the election. In addition, this position supervises the Elections Assistant and prepare material and teach training sessions for all of the election judges used in Wadena County precincts. This position is also responsible for the County Property, Liability and Inland Marine Insurance for Wadena County. This position is also responsible for the day-to-day operation support of the Wadena County Extension Office.

MINIMUM QUALIFICATIONS:

- Requires High School diploma or equivalent and;
- Some specialized training in elections; and
- Three years of experience in elections.

SCHEDULE: Monday through Friday - 8:00 a.m. to 4:30 p.m.

WAGE RANGE: \$21.53 to \$29.35 per hour (starting wage dependent on qualifications).

BENEFITS: Health (County contributes between \$1,013.00 and \$1,927.00 per month depending on plan type), vision, dental, short and long term disability, life, accident, cancer, hospital, PERA retirement with at least 7.5% employer contribution, generous paid vacation and sick leave, 11 paid holidays.

HOW TO APPLY: The online application and complete job descriptions are available at: www.co.wadena.mn.us, or at the Human Resources office in the **Wadena County Courthouse**, 415 Jefferson Street S, Wadena, MN 56482.

WADENA COUNTY IS AN EQUAL OPPORTUNITY EMPLOYER.



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Todd County Board of Commissioners

MINUTES OF THE MEETING OF THE TODD COUNTY BOARD OF COMMISSIONERS Jan. 3, 2023

Call to Order

The Todd County Board of Commissioners met in the Commissioner’s Board Room in the City of Long Prairie, MN on the 3rd day of January, 2023 at 9:00 a.m. The meeting was called to order by Chairperson Erickson. The meeting was opened with the Pledge of Allegiance. All Commissioners were present, including returning and newly elected.

Oath of Office

The Oath of Office was completed for County Offices with terms expiring in January 2023 for the new term of service to the citizens of Todd County as follows:

- John Lindemann, Todd County Attorney
- Denise Gaida, Todd County Auditor-Treasurer
- Kimberly Bosl, Todd County Recorder
- Tim Denny, Todd County Commissioner - District 2
- Lew Noska, Todd County Commissioner - District 4

Approval of Agenda

On motion by Neumann and seconded by Becker, the following motion was introduced and adopted by unanimous vote: To approve the agenda as presented.

Board Organization

On motion by Becker and seconded by Noska, the following motion was introduced and adopted by unanimous vote: To appoint Commissioner Neumann as the Chairperson of the Todd County Board of Commissioners for 2023 proceedings.

The following motion made by Erickson failed due to lack of a second: To appoint Commissioner Denny as the Vice-Chairperson of the Todd County Board of Commissioners for 2023 proceedings.

On motion by Noska and seconded by Denny, the following motion was introduced and adopted by unanimous vote: To appoint Commissioner Becker as the Vice-Chairperson of the Todd County Board of Commissioners for 2023 proceedings.

Consent Agenda

On motion by Erickson and seconded by Denny, the following motions were introduced and adopted by unanimous vote:

- To approve the Todd County Board of Commissioner’s Meeting Minutes for December 27, 2022 as presented.
- To accept John Fick’s resignation, PT Road Deputy, effective Dec., 2022.
- To approve the resignation of eligibility worker Tracy Dullinger, effective Dec., 27, 2022.
- To approve Camryn Schaber to fill the open social worker position.

Auditor-Treasurer

On motion by Becker and seconded by Erickson, the following motion was introduced and adopted by unanimous rollcall vote: To approve the December 2022 Auditor Warrants number (ACH) 902845 through 902908 in the amount of \$374,065.18, (Manual) 776 through 785 in the amount of \$118,904.92 and (Regular) 240307 through 240440 in the amount of \$818,735.52 for a total of \$1,311,705.62.

On motion by Noska and seconded by Erickson, the following resolu-

tion was introduced and adopted by unanimous vote:

A RESOLUTION DESIGNATING AN OFFICIAL NEWSPAPER FOR 2023

WHEREAS, Minnesota Statutes Chapter 375.12 requires the annual letting of bids for publication of official proceedings of the County Board and similar statutes require the publication of delinquent tax lists, County Financial Statements, and local transportation project bid advertisements, and;

WHEREAS, pursuant to advertisement bids were opened to be designated for those parties interested in being named as the official newspaper for Todd County on January 3, 2023.

NOW, THEREFORE BE IT RESOLVED, that the Todd County Board of Commissioners accept the bid from the Long Prairie Leader, with a bid of \$14.00 per column inch to be the Official Newspaper for the year 2023 and;

BE IT FURTHER RESOLVED, that the Todd County website (www.co.todd.mn.us) be also designated as an official publication for all statutory requirements.

On motion by Becker and seconded by Denny, the following resolution was introduced and adopted by unanimous vote:

A RESOLUTION DESIGNATING AN EXTRA PUBLICATION NEWSPAPER FOR 2023

WHEREAS, Minnesota Statutes Chapter 375.12 requires the annual letting of bids for publication of official proceedings of the County Board and similar statutes require the publication of delinquent tax lists, County Financial Statements, and local transportation project bid advertisements, and;

WHEREAS, pursuant to advertisement bids were opened to be designated for those parties interested in being named as the extra publication newspaper for Todd County on January 3, 2023.

NOW, THEREFORE BE IT RESOLVED, that the Todd County Board of Commissioners accept the bid from the Long Prairie Leader with a bid of \$11.25 per column inch to be the Extra Publication Newspaper for the year 2023.

On motion by Erickson and seconded by Becker, the following resolution was introduced and adopted by unanimous vote:

A RESOLUTION ESTABLISHING THE 2023 TODD COUNTY BOARD OF COMMISSIONERS BOARD PROTOCOL

(Copy of full resolution language available in the Auditor-Treasurer’s Office for public inspection.)

On motion by Erickson and seconded by Denny, the following motion was introduced and adopted by unanimous vote: To approve to continue to hold the Todd County Board of Commissioner’s Meetings on the first and third Tuesday of every month at 9:00 a.m. in the Todd County Historic Courthouse and Work-session designated by the Board Chairperson or three members of the County Board as deemed

necessary. The County Board also approves that the July 4, 2023 meeting be moved to July 5, 2023; that the December 5, 2023 meeting be moved to December 7, 2023; and that the year-end board meeting be scheduled for December 26, 2023.

On motion by Erickson and seconded by Denny, the following resolution was introduced and adopted by unanimous vote:

A RESOLUTION ESTABLISHING THE COMMISSIONER’S COMMITTEE ASSIGNMENTS FOR 2023

WHEREAS, The County Commissioners have wide ranging and diverse responsibilities, and;

WHEREAS, it is necessary for Commissioners to be assigned to Committees for the purposes of advocating for the County, and to effectively complete the work of the County.

NOW, THEREFORE BE IT RESOLVED, that the attached Committee Roster (Attachment 1) is hereby adopted as the County Commissioners’ Committee Assignments for 2023 and will remain on file in the Auditor-Treasurer’s Office.

On motion by Becker and seconded by Noska, the following resolution was introduced and adopted by unanimous vote:

DESIGNATION OF DEPOSITORIES, INVESTMENTS and ELECTRONIC FUNDS TRANSFERS

WHEREAS, Minnesota Statute § 118A.02, subdivision 1 (a) states “The governing body of each government entity shall designate, as a depository of its funds, one or more financial institutions.” and;

WHEREAS, in accordance with Minnesota Statute § 118A.01 through § 118A.08, the County Board of Commissioners has the official role to authorize the County Auditor/Treasurer to select depositories and make investments of funds under Minnesota Statute § 118A.01 to 118A.08 or other applicable law for and on behalf of the County of Todd and;

WHEREAS, in accordance to Minnesota Statute § 385.07, the County Board of Commissioners has the official role to authorize the County Auditor/Treasurer the use electronic funds transfers where deemed appropriate, expeditious and in the best interest of the County of Todd.

NOW, THEREFORE BE IT RESOLVED, that the Todd County Board of Commissioners authorize the Todd County Auditor/Treasurer to select depositories and make investments in accordance to Minnesota Statute § 118A.01 through § 118A.08 where the following financial institutions are currently in place:

- American Heritage National Bank
- CETERA Investments managed through American Heritage National Bank
- Minnesota National Bank
- US Bank
- MAGIC Fund

BE IT FURTHER RESOLVED, that the Todd County Board of Commissioners authorize the Todd County Auditor/Treasurer the use of electronic funds transfers where deemed appropriate, expeditious

and in the best interest of Todd County.

Todd Wadena Community Corrections

On motion by Erickson and seconded by Denny, the following resolution was introduced and adopted by unanimous vote:

RESOLUTION APPOINTING MEMBERSHIP TODD-WADENA COMMUNITY CORRECTIONS - 2023

This is a resolution appointing membership to the Todd-Wadena Community Corrections Executive Committee and Advisory Board.

WHEREAS, In accordance with MN Statutes Chapter 401, in 1976 Todd and Wadena Counties entered into a joint powers agreement and established Todd-Wadena Community Corrections, and

WHEREAS, Membership of the Todd-Wadena Community Corrections Executive Committee and Advisory Board needs to be appointed by the Boards of Commissioners in Todd and Wadena Counties, and

THEREFORE, IT IS RESOLVED that the members of the Todd-Wadena Community Corrections Executive Committee are appointed as follows:

1. Barbara Becker, Todd County Commissioner
 2. Lew Noska, Todd County Commissioner
 3. Bill Stearns, Wadena County Commissioner
 4. _____, Wadena County Commissioner
 5. Kyra Ladd, Chairperson of the Community Corrections Advisory Board
 6. Jane Gustafson, Vice-Chairperson of the Community Corrections Advisory Board
 7. Honorable Daniel Benson, District Court Judge
- BE IT FURTHER RESOLVED that the members of the Todd-Wadena Community Corrections Advisory Board are appointed as follows:

1. Lew Noska, Todd County Commissioner
2. _____, Wadena County Commissioner
3. Mike Allen, Todd County Sheriff
4. Donald Asmus, Todd County Citizen Member
5. Barbara Becker, Todd County Commissioner
6. Honorable Daniel A. Benson, District Court Judge
7. Melissa Birkholtz, Police Chief
8. Michael D. Carr, Wadena County Sheriff
9. Honorable Douglas Clark, District Court Judge
10. Johanna Diaz Torres, Ethnic/Minorities Representative
11. Alison Francis, Victims Services Representative
12. Jane Gustafson, Assistant Todd County Attorney
13. Heidi Heino, Wadena County Education Representative
14. Erica Keppers, Wadena County Public Health Director
15. Kyra Ladd, Wadena County Attorney
16. Katherine Langer, Todd-Wadena Community Corrections Director
17. Sheldon Monson, Wadena County Citizen Member
18. Jackie Och, Todd County Health and Human Services Director
19. Chris Myhro,

Senior Corrections Agent

20. Jamie Pearson, Todd County Education Representative

21. Jason Sellnow, Todd County Public Defender

22. Bill Stearns, Wadena County Commissioner

23. Josiah Tonder, Todd County Citizen Member

24. Sarah Urbach, Todd-Wadena Community Corrections Supervisor

25. Lane Waldahl, Wadena County Citizen Member

26. Malcolm Whynott, Wadena County Public Defender

Planning & Zoning

On motion by Becker and seconded by Noska, the following motion was introduced and adopted by unanimous vote: To approve the recommended list of appointments to the Planning Commission and Board of Adjustment effective January 2023. List is on file in the Auditor-Treasurer’s Office for public inspection.

County Sheriff

On motion by Becker and seconded by Erickson, the following motion was introduced and adopted by unanimous vote: To allow appointment of Deputy Jon Barber as Chief Deputy effective January 3, 2023.

Administration

On motion by Erickson and seconded by Denny, the following resolution was introduced and adopted by unanimous vote:

ADOPTION OF CHANGES TO THE TODD COUNTY PERSONNEL BOARD OF APPEALS POLICY

WHEREAS, the Todd County Board of Commissioners has recognized a need for strong, up to date policy, and;

WHEREAS, the Todd County Board of Commissioners and policies subcommittee have also had an opportunity to review the Todd County Personnel Board of Appeals Policy and find the revision to be in the best interest of the sound administration of the County;

NOW, THEREFORE BE IT RESOLVED, the Todd County Board of Commissioners adopts the attached changes to the Todd County Personnel Board of Appeals Policy and directs the County Coordinator to begin administration of said policy as of January 3, 2023, and;

BE IT FURTHER RESOLVED, that it is understood that this Resolution replaces and supersedes all prior County Board actions, oral or written, relating to the subject matter hereof.

County Auditor-Treasurer’s Report

The County Auditor-Treasurer reported on meetings attended and that candidate filing opens today and closes on January 17, 2023 for township offices elected in March 2023.

County Attorney’s Report

The County Attorney reported on meetings attended and looking forward to steady workflow for 2023.

County Commissioner’s Report

The Commissioners reported on meetings and events attended. Congratulations and welcome; greetings to the newly elected officials and returning elected officials for the county in

2023.

County Coordinator’s Report

The County Coordinator provided well wishes to the county officials as we begin 2023.

Recess

Chairperson Neumann recessed the meeting until January 17, 2023.

AUDITOR WARRANTS

Vendor Name.....	\$ Amount
CHARM-TEX	\$4,361.50
HILDI INC \$6,175.00	
JOHNSON CONTROLS....	\$40,623.22
LONG PRAIRIE OIL CO.	\$17,782.75
LONG PRAIRIE SANI INC ..	\$6,023.19
MCTAVISH STEELWORKS LTD ..	\$4,160.00
MONSIDO, INC.	\$3,689.00
STANEC CONSULTING SERVICES INC.	\$37,436.78
VERIZON \$5,915.37	
VOYANT COMMS., LLC....	\$3,524.35
WIDSETH SMITH NOLTING INC	\$27,925.00
37 PAYMENTS LESS THAN \$2,000	\$18,819.34
CARDMEMBER SERVICE ..	\$5,190.92
CENTRA CARE.....	\$10,983.33
COUNTIES PROVIDING TECHNOLOGY.....	\$5,475.00
COUNTRYSIDE REST.....	\$5,208.00
HEALTH PARTNERS DENTAL.....	\$6,324.52
LONG PRAIRIE OIL CO	\$2,343.54
MADDEN GALANTER HANSEN, LLP.....	\$3,631.64
MCIT \$4,911.00	
MN POWER & LIGHT	\$19,751.34
MN DEPT OF FINANCE....	\$4,601.00
MORRISON COUNTY.....	\$18,564.66
MOTOROLA.....	\$11,529.52
NATIONSTAR MORTGAGE LLC DBA MR. COOPER.....	\$81,071.74
OTTER TAIL COUNTY TREASURER	\$29,081.00
PETERS LAW OFFICE, P.A.	\$3,880.00
PRAIRIE LAKES MUNICIPAL SOLID WASTE.....	\$84,388.00
RAINBOW RIDER.....	\$13,060.21
SEACHANGE PRINT INNOVATIONS.....	\$16,394.43
SHIRLEY’S GAS & GROCERIES INC.	\$6,646.31
STEP \$11,529.26	
TODD CO AUD-TREAS	\$6,516.85
TODD COUNTY ATTORNEY’S OFFICE.....	\$3,550.20
40 PAYMENTS LESS THAN \$2,000	\$19,168.59
CARD SERVICES COBORNS.....	\$3,843.55
CITY OF BROWERVILLE ..	\$2,425.00
CITY OF EAGLE BEND	\$6,173.53
CITY OF GREY EAGLE ..	\$28,833.61
CITY OF LONG PRAIRIE ..	\$16,589.10
FAIRY LILY LONG LAKE ASSOCIATION.....	\$31,471.50
FLEET SERVICES/ WEX BANK	\$7,482.28
GALLAGHER BENEFIT SERVICES INC.....	\$2,000.00
HALLERMAN/EUGENE ..	\$31,590.85
KREEMER/JASON.....	\$3,180.30
MAY/JACOB.....	\$3,000.00
MORRIS ELECTRONICS..	\$6,689.16
PRO AG FARMERS CO-OP ..	\$2,232.25
REGENTS OF THE UNIV OF MN \$31,567.76	
SCHULTZE/DENNIS & LAURIE.....	\$17,331.19
STAPLES ADVANTAGE	\$3,043.49
STEP \$11,581.90	
USPS-POC.....	\$14,029.38
22 PAYMENTS LESS THAN \$2,000	\$15,472.52
CDW GOVERNMENT INC ..	\$4,613.04
CENTERPOINT ENERGY. .	\$6,163.22
CHAMBERLAIN OIL CO ...	\$2,910.04
DREHER/MICHAEL.....	\$14,095.46
JOHNSON CONTROLS....	\$68,374.28
LONG PRAIRIE SANI. INC ..	\$4,673.25
M-R SIGN CO. INC	\$3,381.00
RAHN’S OIL & PROPANE ..	\$26,957.70
RICE/JEREMIAH.....	\$2,250.00
RURAL MN CEP INC	\$6,502.38
STANEC CONSULTING SERVICES INC.....	\$51,740.98
STOECKEL JAHNER INC ..	\$12,980.00
TODD SOIL & WATER CONS DIST	\$160,520.49
TWEEDALE/CRAIG & MARY LOU	\$12,850.85
WEX BANK-SINCLAIR.....	\$2,615.80
WOHLMAN/MELVIN & PHYLLIS	\$11,102.73
32 PAYMENTS LESS THAN \$2,000	\$12,295.55
MINNESOTA DEPT OF REVENUE.....	\$3,460.00
MINNESOTA DEPT OF REVENUE.....	\$97,022.46
US BANK \$5,296.83	
MINNESOTA DEPT OF REVENUE.....	\$8,717.59
6 PAYMENTS LESS THAN \$2,000.....	\$4,408.04
TOTAL	\$1,311,705.62

On a motion by Becker and seconded by Noska, the preceding minutes of the County Board meeting held January 3, 2023 were duly approved by unanimous vote at the Todd County Board of Commissioners at the Regular Board Meeting held on January 17, 2023.

Witness my hand and seal:

Randy Neumann, County Board Chairperson

Denise Gaida, Todd County Auditor-Treasurer

6pnc



Public Notices

NOTICE
BECKER TOWNSHIP
BOARD OF AUDIT

Becker Township will hold their annual Board of Audit meeting after their regular 7:00 p.m. meeting on Tuesday, February 14 at the town hall. The public is invited to attend.

Mary Fitcher, Clerk
Becker Township

6-7pnc

NOTICE
LEADER COMMUNITY
HALL BOARD
MEETING

The Leader Community Hall Board will meet Thursday, February 9, 2023, at 7:00 p.m. at the Hall.

Mark Strom, Secretary

5-6pnc

NOTICE
MEADOWBROOK
TOWNSHIP
BOARD OF AUDIT

The Board of Audit for Meadowbrook Township will meet at 8:00 p.m. on Tuesday, February 7, 2023 at the Leader Community Hall, immediately following the monthly town board meeting.

Ty W. Peterson, Clerk
Meadowbrook Township

5-6pnc

NOTICE
VILLARD TOWNSHIP
BOARD OF AUDIT

The Villard Township Board of Audit will be held at 6:30 p.m. on Tuesday, February 14 at the Eastwood Inn, Motley, MN.

The Regular monthly meeting will follow at 7 p.m.

If you have any questions or concerns please contact the Clerk at 218-640-6115.

Mary Trantina-Koenig,
Clerk
Villard Township

6pnc

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Signing ceremony

Aften Robinson's family and track coach gathered to witness her signing with the University of Minnesota Duluth track and field team. From left, track/

cross country coach Bruce Fuhrman, Corey, Benet and Alina Robinson. (Staples World photos by Mark Anderson)

Robinson signs to run for Minnesota-Duluth

By Mark Anderson
Managing Editor

Aften Robinson has signed to run track for the University of Minnesota-Duluth (UMD) starting next year. Robinson is a senior at Staples-Motley High School.

Robinson said she looked at eight colleges and narrowed her choices to three: UMD, Minnesota-Moorhead and Bemidji State.

After visiting the campuses and talking with coaches and team members, Robinson said "It was a lot of visits and texts and calls, Duluth seemed like a perfect fit."

Robinson said UMD Coach Karly Brautigam was "super nice" and "brief, she gets right to the point."

"I like her mindset and the way she has boundaries. She lets students have a social life and still be a really good athlete."

After eating a meal with the women's team and talking to others about the program, Robinson said she hadn't heard one bad thing about the program.

Robinson plans to run

mid-distance track events, usually 400 to 800 meter races.

Robinson also talked to former Staples-Motley students who attend UMD, Bella Martin and Ben Bartczek. She learned that the school is a great place to succeed academically, although she hasn't picked out a major field of study yet.

She also got assurances that that the athletic department is willing to help athletes who have to adjust to a different schedule and will miss days of class.

At a signing ceremony on Jan. 26, Staples-Motley Activities Director Josh Lee talked about the significance of an athlete signing with a college. "It is an honor to be recruited," said Lee, "We don't see all the extra hours, summer training and practices that any athlete needs to do to get to this point."

Staples-Motley track and field coach Bruce Fuhrman talked about Robinson's leadership as a mentor and competitor. Fuhrman also pointed out that Robinson is part of the team's four straight years of "Gold"

academic awards from the state.

Robinson said she has been a track fan ever since she raced her mom on the track when she was 9 years old. She found out she was both competitive and fast, but it is also painful to run that far, that fast.

"I never wanted to do another 400 again," she said.

Ironically, the 400 became her specialty in high school. She is the second fastest 400 meter runner in Staples-Motley history and qualified for the state meet last season. She has also run the 200, 800, 4x400 relay, and was on the 4x800 relay team that earned a state medal last season.

Robinson isn't planning on running cross country at UMD, but has also been a state individual medal winner for the Staples-Motley team that has two state team titles, one third place state finish and four straight conference titles.

"Running is not easy but I love the competition and hard work that comes with it," said Robinson. "I am excited to do something that I love at the next level."

Cabin fever is real in Minnesota, and it can be curable

It should come as no surprise when an everyday wisdom is eventually recognized in science and medicine. That has often been the path to greater human understanding. A fitting example, here in the depths of a Minnesota winter, is the malady known as cabin fever. The term has been used to describe unpleasant human reactions to too much confinement and isolation, conditions that seem to happen most often in winter.

At one time or another, cabin fever has been blamed for everything from intense boredom, to irritability, restlessness, claustrophobia, over-eating, irrational decision making, substance abuse, and depression. In extreme examples from history—such as fur trappers isolated for months in cabins in the far North—there have even been cases of madness. Greater confinement and isolation seem to go hand in hand with Minnesota winters, with the months of intense cold, snow, and unpleasant weather conditions finding many of us spending much more time indoors.



Mike Rahn

But make no mistake, members of the medical community take the daylight element seriously. They point to winter's decrease in sunlight as a disruptor of sleep cycles—our circadian rhythm—important to our emotional well-being. When the body's internal clock is disrupted, it can lead to mild or even significant depression. Reduced daylight can disrupt the body's balance of the chemical melatonin, which is important in the regulation of both sleep patterns and mood.

Also important is the brain chemical serotonin, a critical neuro-transmitter. Reduced light levels in winter can reduce serotonin levels, which may also trigger depression. Vitamin D is part of the serotonin production equation. It is found not only in certain foods, but produced when sunlight is absorbed through our skin. At a time of year when we minimize exposed skin as much as possible to avoid frostbite, this source of serotonin-producing vitamin D is unfortunately reduced.

If you ask a medical professional how to offset the effects of cabin fever, or SAD, their response could vary from basic, common sense "home remedies," to the clinical. At the clinical level, there is "light therapy." This is accomplished by use of a special light box. The patient would sit before this appliance—whose bright light mimics natural light—for an hour or so at the start of the day. Medical professionals believe this can have a positive effect on the brain chemicals that affect mood. There are also pharmaceutical options, as well as counseling and psychotherapy, in extreme cases.

Fortunately, there are also lifestyle and home remedies that can be availed. Vitamin D supplements could help. Also advised is keeping a consistent pattern of sleeping and waking, and avoiding naps and over-sleeping, which tend to disrupt your body's internal clock.

One suggestion that may not be obvious is to maximize your exposure to sun-

light while indoors. Despite the priority of conserving home or office heat, opening blinds, drapes, and shades to allow sunlight to enter a structure can be helpful. Sit close to bright windows at home or in the office, so you can absorb natural light directly.

Perhaps most obvious to a Minnesotan is to find the resolve to get outside, even if you're one of those who is not an instinctive lover of winter. My wife and I try to walk two miles or more each day, with obvious exceptions for the very worst weather. This kind of exercise can not only expose you to the benefits of sunlight—even on cloudy days—but there are other direct physical and mental benefits, like reducing stress and anxiety, obtained from even the simplest exercise if it is done regularly.

You may have an inclination to try, or to rekindle a past interest in, cross country or downhill skiing, or snowshoes. And of course Minnesotans who are actively engaged in snowmobiling or ice fishing have a head start toward avoiding the effects of cabin fever.

Beyond the benefits of sunlight exposure, exercise, and breaking out of winter isolation, simply having things that you are enthusiastic about and look forward to will have a positive impact on your winter mood and outlook. If winter outdoor recreations are simply beyond your tolerance, cultivate indoor activities that are meaningful; perhaps something central to your outdoor interests at other seasons. It could be fishing tackle making, or rod building, refinishing a well-worn and much-loved hunting rifle or shotgun, refurbishing and repainting battered duck or goose decoys from the most recent season, or searching out, acquiring, and reading new material on your outdoor passions.

Cabin fever—known now as SAD—is real. But there are simple preventions and cures that most of us can avail ourselves of.



Crowd gathers for signing cermeony

Above, friends and teammates watch Aften Robinson's college signing. Below, track team members pose with her.



Hoops action

Dakota Hennagir, left, and Isaiah Schultz, right, score over the defense.



Hoops action

Cami Anderson dribbles down the floor on a fast break.

SCHOOL continued from page 1a

School board members volunteer for board committee assignments

gymnasium equipment from Centre Stage Manufacturing of Sauk Center, epoxy flooring from Swedebro and contract with Miran Creek Furniture.

Board committees
The school board appointed members to various committees, including:

- Freshwater Education District - Lisa Anderson, alternate Ryan Wright
- Sourcwell - Chandler Trout
- MSHSL - Jeremy Reeck
- QComp - Anderson
- MSBA liaison - Supt. Tappe, Kyle Reese
- Community Education - Reeck
- EDA - Tappe
- Finance Committee - Reeck, Trout
- Policy Committee - Anderson, Wright
- Technology Committee - Wright
- Meet and Confer Committee - Bryan Winkels, Anderson
- Facility Committee - Reeck, Reese
- Superintendents Evaluation - Winkels, Reeck

Contract negotiation teams:

- Instructional group - Winkels, Reeck

- Support staff and professional - Anderson, Trout
- Principals and transportation - Winkels, Wright
- Superintendent contract - Reece, Anderson

In other news, the board

- Accepted donations, including a \$5,000 anonymous donation to pay for overdue lunch accounts.
- Approved two hour early out for Friday, Feb. 24, to accommodate the section wrestling tournament to be held at the school. Tappe said the school will still meet the minimum number of days and hours for the school year.
- Approved policies with little or no change, including Equal Employment, Retired Employees, Disability Nondiscrimination, Non-School Sponsored Materials, Student Publications, Parent Volunteers, Field Trips, Visitors to Schools and Community Notification of Predatory Offenders.
- Approved resignation of Garret Ballantine, middle school baseball coach.
- Approved hire of Mary Jo Johnson, paraprofessional.



Speech opens with first place win

Pictured front, left to right: Raina Mikhael, Naila Mikhael, Maddock Harvey, Sarah Kroll, AJ Nienow, Grace Allen, Sabina Moe. Middle: Brynn Bestland, Walker Johnson, Estella Bock, Olivia Opheim, Gabriel Kroll, Jaden

Johnson, Lily Davis, Joshua Cushing, Laken Hines. Back Luke Bates, Cyril Johnson, Hailey Richardt, Riley Dabbs, Andrew Daniels, Caden Mrazek, Keegan Bestland.

SM Cardinal speech place first at first tourney

The Staples Motley High School Cardinal speech team had a spectacular opener to their competitive season at the Cass Lake Bena speech tournament held January 21, taking home first place by a healthy margin.

The following speakers received medals or ribbons of recognition:

Creative expression,

Joshua Cushing (5th); Discussion, Sabina Moe (black ribbon); Dramatic Interpretation, Cyril Johnson (1st), Brynn Bestland (6th), Sarah Kroll (black ribbon); Duo Interpretation, Caden Mrazek and Luke Bates (1st); Extemporaneous Reading, Walker Johnson (4th); Great Speeches, Brynn Bestland (1st), Raina Mikhael (3rd); Humorous Interpreta-

tion, Laken Hines (3rd), AJ Nienow (5th); Informative Speaking, tied based on preliminary ranks, Keegan Bestland (1st), Olivia Opheim (2nd), Andy Daniels (black ribbon); Original Oratory, Estella Bock (6th); Poetry Reading, Grace Allen (6th), Riley Dabbs (black ribbon); Prose Reading, Grace Allen (3rd), Luke Bates (black ribbon), Walker

Johnson (black ribbon); Storytelling, Keegan Bestland (1st), Caden Mrazek (2nd), Laken Hines (5th).

The SM Cardinal speech team will compete Feb. 11 in their home meet, hosted by the Staples Host Lions.

-Submitted by
Chloe Jackson, Coach



Brekken Kuhns, Easton Larson and Jackson Schouviller go for the puck

Motley road cameras now on 511mn.org

New Road Weather Information Systems (RWIS) stations in central Minnesota are active at seven different locations and highway camera views are now available at 511mn.org, according to the Minnesota Department of Transportation.

The new RWIS stations are located in Aitkin, Cass, Mille Lacs, Stearns and Todd counties, including

four views of Highways 10 and 210 in Motley

RWIS is an environmental sensor station in the field that collects, processes and distributes current weather and road surface data such as atmospheric parameters, pavement conditions and visibility.

The information is sent to the National Weather Service as well as Minnesota's 511 traveler information

system, which provides road conditions data and allows motorists to make safer travel decisions. MnDOT uses the information gathered as well as the camera images for maintenance decision support.

For real-time traffic and travel information in Minnesota, visit www.511mn.org or get the free smartphone app at Google Play or the App Store.



Motley traffic report

Views from the new traffic cameras are not live moving traffic videos, but are snapshots taken every few minutes.



4.00%
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Looking to put your money to work? A CD, or Certificate of Deposit, offers a secure investment with competitive yield. First International Bank & Trust is currently offering a few special CD terms with great rates. Visit your local Staples or Motley branch or open conveniently online at FIBT.com

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APY*

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APY*

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