



Wednesday, April 8, 2020

Staples World

Staples, Minnesota \$1

Bright yellow school buses

Staples-Motley school buses are running again, but now they are delivering learning materials to every student in the district. The delivery is scheduled for every Tuesday. (Staples World photo by Mark Anderson)

Chamber video conference shares updates

By Mark Anderson
Managing Editor

The peak of the COVID-19 epidemic could be in mid-May, U.S. Representative Pete Stauber told an audience in Staples.

"We are in this together through no fault of our own," Stauber said in a video conference arranged by the Staples Area Chamber of Commerce on April 1. The chamber plans to hold weekly video conferences on Wednesdays so different sectors of the community can share their stories and collaborate on ideas.

Stauber said at the national level, they are working on how to pay for telemedicine, which allows medical professionals to see patients through technology to avoid personal interaction if possible.

After the U.S. Congress passed a \$2.2 trillion relief package, the biggest ever, Stauber said the next step is to deal with small businesses.

"The challenge is to get capital in their hands to meet those obligations," said Stauber. "We want to come out of this stronger and more resilient."

State Representative John Poston also shared some information on the call.

"Our local hospitals are in very good shape, they are very prepared for what is coming," said Poston. But he added "this is the calm before the storm."

Poston said the main concern now is getting personal protective equipment (PPE) such as masks and gloves to the people who will be on the front lines of the epidemic.

He said the state's stay at home order is working to slow the spread of the virus greatly.

"Keep doing what you're doing," said Poston.

Local response

Staples City Administrator Jerel Nelsen said the city has closed their buildings and workers are working from home or

practicing social distancing. While the Staples Community Center is closed, the Meals on Wheels program is still bringing food to senior citizens who request it.

He said the city will accept credit card payments over the phone or citizens can use the city drop boxes to pay their utility bills.

Staples Economic Development Director Melissa Radermacher said she gets daily updates from the Minnesota Department of Employment and Economic Development, and shares them on the city web site. She is checking with every local business to see if they need assistance at this time.

Radermacher said local banks have options for mortgage customers and commercial loan customers who are struggling to pay because of the shutdown.

Lakewood update

Lakewood Health System CEO and President Tim Rice said they are still working on getting the right supplies on hand for when the surge comes in May. But the shutdown is changing everything at the health system.

"Overnight we went from a full service health care system to an emergency response system," said Rice. "We have had to reconfigure everything within the organization."

They have converted the hospital facility from 25 beds to 56, and changed the care center so that the old hospital portion could be a COVID-19 unit if needed.

Rice said overall activity is down 50 to 60 percent, which is causing them to implement a "voluntary frugal" program where fewer workers show up each day.

"Now nothing is going on, but when the surge comes we will need everybody and more," said Rice.

The result is they could be losing a million dollars

See **VIDEO** on page 3a



Drive-through communion

Pastor Barry Klein, Staples Church of Christ, served communion to people outside of the church on April 5, Palm Sunday. With mandatory closures and restrictions in place statewide due to COVID-19, services are no longer able to be held at the church. Pastor Klein still wanted to be able to offer the Lord's Supper to his congregation, however,

and until the restrictions are lifted is offering drive-through communion each Sunday from 10:30 - 11:30 a.m. at the church's car portal. Above, Pastor Klein, wearing gloves and a mask, serves communion to Pat Quance of Staples. The other family members in the car received communion as well. (Staples World photo by Dawn Timbs)

Churches coping with COVID-19 shutdown

By Dawn Timbs
Staples World reporter

Church pews are usually packed on Easter Sunday, when Christians all over the world gather to celebrate the resurrection of Jesus Christ.

But not this year. No doubt Jesus will still be celebrated, but due to the COVID-19 coronavirus pandemic, celebrations will be experienced outside of the church walls.

For some, this will mean finding their local congregation online, tuning into a church service on network television, or simply reading the Easter story at home. There may be some that still choose to dress up for the occasion, but chances are there will be less sightings of Easter bunnies this year.

Many adjustments have had to be made by churches over the past few weeks, in keeping with the government mandates in place to help slow the spread of the coronavirus.

How are area churches coping with these changes?

How have they been affected by COVID-19? The Staples World reached out to a number of clergy with questions about this pandemic situation, especially in light of Easter. Their responses are included below.

Staples Alliance

Interim Pastor Steve Hammer said that they are now holding livestream services only, via Facebook. Sunday services are held at 9:30 a.m. An audio recording of each service is also available at the church's website.

Staying in touch with their members throughout the week is a priority for church leaders, Pastor Hammer said. Through phone calls, they are able to pray with people and read scripture to them. He noted that associate pastor Zach Jones has organized a prayer time on ZOOM (a virtual meeting platform) which has been very helpful.

The church also has a Facebook page, where devotionals and other church information are posted. A

group has been working really hard behind the scenes to keep improving the church's technology. They see progress every week, Pastor Hammer said.

Although the church does not have a Good Friday service planned, they are participating in a "Ten Days of Prayer" initiative leading up to that day. From April 1-10, people are invited to pray and do a partial fast as they seek a deeper relationship with God.

Assembly of God

They have not been holding any sort of service the past few weeks at their church, said office manager Candice Miles, who is also the daughter of Pastor Roy Miles.

They do have a church Facebook page, where videos of devotionals shared by Pastor Miles can be found. "He's going to be doing a special Easter devotional," Candice Miles said. She also noted that their church has collaborated with Family Life

See **CHURCH** on page 12a

Weather

This Week's Forecast

High	Low	Cond.
Apr 8 47°	25°	P. Cloudy
Apr 9 37	23	Cloudy
Apr 10 44	27	P. Cloudy
Apr 11 45	22	P. Cloudy
Apr 12 40	21	M. Cloudy
Apr 13 39	20	P. Cloudy
Apr 14 42	22	P. Cloudy

Last Year, 2019

High	Low	Cond.
Apr 8 62°	32°	Sunny
Apr 9 39	36	P. Sunny
Apr 10 43	26	Cloudy
Apr 11 35	39	Cloudy
Apr 12 38	27	Snow
Apr 13 49	25	Sunny
Apr 14 45	18	Sunny

Average Temp.:
H = 50° Low = 30°

Week total rain: .90"
Year total rain: 1.12"

*Compiled by
Dale Hausmann,
WCCO's Staples area
Weatherwatcher*

Public Notices

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Obituaries

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Carol Langemo
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School board approves budget reductions

By Mark Anderson
Managing Editor

The Staples-Motley School District cut four teaching positions, changed administration structuring, made reductions in special education and cut the girls swimming program.

At the March 23, 2020 school board meeting, the board approved a budget reduction list that will save the district \$554,611.

The teaching positions that were cut include second grade, sixth grade, language arts, and Connections High School. In addition, one media center paraprofessional and four special education para-

professional positions were cut. One high school/middle school office position was also eliminated.

Cutting the swimming program is expected to save \$39,500, with \$29,700 of that the cost of the swimming pool lease from the Staples Community Center.

Administrative restructuring includes cutting the middle school principal position, but converting that into a dean of students/activities director position. That means the activities/community education position was reduced to just community education.

Other reductions included the Staples Community Center lease,

transportation program efficiencies and custodial program efficiencies.

Building projects

The board approved bid alternatives for the updates that are planned for this summer. The first alternative is window replacement at the elementary building for \$126,665. The next approval was to move forward with the interior sprinkler/fire suppression project at a cost of \$138,900. The final alternate bid was approved to move forward with the exterior sprinkler/fire suppression project, with a 6" water main, up to \$60,000. Money for the projects will come out

See **SCHOOL** on page 3a



Helping stock shelves

Members of the JCI Staples helped 'stock the shelves' at the Motley Area Food Shelf in March. Pictured above, from left, are TJ McCall, member; Membership Vice President Ashley Hanson; Chapter President Paige Lenk; and State Delegate Megan Haber. Pictured below is Lenk's daughter, Libby Mumm. "Members had a great time learning more about the amazing work the food shelf does," Lenk said, adding that the group commented they had so much fun it didn't feel like work. For more information about joining JCI Staples, call Lenk at 218-414-0912 or Hanson at 218-838-7622. (Submitted photos)



Law enforcement reports

Recent reports from the Motley Police Department (MPD) and Morrison County Sheriff's Office (MCSO) included the following:

March 31 - The MPD responded to a report of two males going through a trailer full of garbage at the 300 block of 1st Ave. S, Motley and tossing it all around the yard. Nobody is supposed to be on the property, according to the report.

March 31 - The MPD issued a citation to a juvenile for speeding and for a provisional license violation. The officers radar first clocked the suspect vehicle at 103 mph, then it slowed to 97 mph. As the vehicle entered the city limits of Motley and the 50 mph zone, the vehicle

appeared to slow down at a fast rate. The vehicle was clocked again going 80 mph. The officer spoke with the driver who stated that her speedometer read 70 mph. The officer reported detecting a strong odor of marijuana and after conducting a vehicle search some burnt and loose marijuana was found and seized for destruction.

March 30 - The MPD issued a hand-free violation citation to Jodi Frank, 53.

April 1 - The MCSO responded to a report of a juvenile runaway at the 300 block of 3rd Ave. S, Motley.

March 30 - The MCSO received a report of a gas drive off at the Lincoln Gas & Bait in Cushing.



Family visit, social distancing measures in place

Alan and Shirley Judd of Staples, far right, visited their son, Mike Judd, and his family near their Staples home on April 2, being sure to adhere to social distancing guidelines. Pictured, from left, are Tonia Judd (in car), Mike's wife; Connor, Ella, Mike and Griffin Judd. After their visit in Staples, Alan and Shirley were headed to Motley to visit their son Tim Judd and his family. Not being able to hug any of her 13 grandchildren is very

difficult, Shirley said. When asked how they planned to celebrate Easter, Alan and Shirley said they weren't sure. They wouldn't be attending a traditional church service, due to COVID-19, nor would they be able to host Easter dinner at their home. They might do something outside, with everyone adhering to social distancing, but Shirley wasn't quite sure what would work best for this year. (Staples World photo by Dawn Timbs)

Too early until too late

By Dr. Julie Benson
Lakewood Health System

In these unprecedented times the emotion I feel most frequently is grateful. I am grateful for the leadership both locally and statewide to help flatten the curve. I am grateful for my colleagues who are on the frontlines around the world, country and in our local facility. I am grateful for all of you who have come forward asking what you can do for Lakewood Health System healthcare workers and our community. You are making masks, praying for us, watching our children, supporting our local businesses and staying home. Thank you for all of this. And please keep staying home.

Now I am going to ask you to do something even harder. I am asking you to have the serious conversation we are often afraid to have; the conversation with our loved ones about what we would want in the event we were so ill we were no longer able to speak for ourselves. After we have this conversation, we need to put it to paper; once this planning is put on paper it is called an advance care directive or living will. I know this is an uncomfortable conversation to have. It always feels too early until it is too late. I am asking all adults to do this but I particularly want older adults and those with chronic illnesses to consider giving this gift to your family. Yes, I said gift. I have been doing this work - at the end of life - for a long time now. All too frequently I hear people say "we never talked about it"

or "I don't know what she would want to do in this situation". It breaks my heart for families to have to make difficult decisions, they feel like they are guessing. When you create a plan, you give your family a gift of knowing they are honoring your wishes.

My mother turned 81 years old last week, on the first day of the governor's stay at home order. So the day before the order went into effect, we brought flowers and her favorite Caribou coffee to her door. We did not go in; we did not hug her. We stayed more than six feet apart and we cried a bit. She thanked us for the gifts and then gave us a gift. She said "if I get so sick from this COVID that they want to put me on a ventilator to save my life, I don't want it. I have lived a good life. Save that ventilator for someone else." Can you imagine hearing those words on a bright and sunny day from the woman I have known and loved the longest holding an arm full of tulips? I was speechless. And I am grateful. To be very clear that is not the same as not wanting any treatment. She is willing to be hospitalized for less intensive care such as oxygen, IV fluids and medications.

Here are some things to consider. I realize that we can interpret statistics in so many ways that it makes it hard to know what to believe. I will try to break this down to the basics.

- The most important predictor of survival of COVID-19 illness is age and pre-existing conditions.
- For all COVID cases the mortality rate is 1.38%.
- For all patients 80 years and older with confirmed COVID-19 the mortality rate is nearly 20%
- If someone has heart

disease the mortality rate is 13%

- If someone has diabetes the mortality rate is 9%
- If someone has chronic lung disease the mortality rate is 8%
- If someone has active cancer the mortality rate is 7%
- If someone is over 80 and has 1 or more chronic illnesses then the mortality rate is much higher and more variable. Some experts estimate 30%.

Now we need to consider the severity of symptoms. Remember most healthy people will have mild symptoms and will recover without any medical intervention - that number is about 80%. So let's plan for the worst while hoping for the best.

If someone of any age group is so sick that they need hospitalization about 32% will end up in the ICU (intensive care unit) and nearly 15% will die.

If someone of any age group is so sick that they develop breathing failure and need to be on a ventilator their risk of death is 25-70%. This varies so widely as new data is coming in daily.

If someone is over 80 years old and is so sick that they develop breathing failure and need to be on a ventilator their risk of death is much greater - some experts estimate 70-90+%.

I know this is a lot to process and it can feel quite scary. So let's break it down to 4 steps:

1. Choose a decision maker - someone you trust will make the decisions you would want
2. Talk with them about what matters most to you.
3. Think about what you would want if you become seriously ill with COVID-19.

4. Write it down in an accepted document and send an appropriately signed copy to the clinic for your chart. You do not need a lawyer to do this. www.honoringchoices.org/health-care-directives/english-directives/21-hcd-short-form-fillable-2016/file

If you want to use a tool to help you have these conversations, I would direct you to a few places online:

- www.honoringchoices.org
- www.nhpc.org/wp-content/uploads/COVID-19-Shared-Decision-Making-Tool.pdf

theconversationproject.org/wp-content/uploads/2020/04/tcpcovid-19guide.pdf

Remember people with mild symptoms do not need to be in the hospital or maybe even tested. Testing does not change the treatment plan. Let me say that again. Testing does not change the treatment plan. It is important as it allows us to know its presence in the community and helps us make recommendations for isolation. But with our current availability of tests we simply cannot test everyone. And if you are tested it may be up to 7-10 days before your results are known. So we presume positive tests until we know otherwise. There is no known treatment for COVID-19. It is supportive only. Many medications are being studied but NO TREATMENT currently exists.

At Lakewood, we are preparing diligently for the inevitable COVID-19 outbreak, and you should be preparing as well. No, I don't mean by buying excessive toilet paper, but by choosing to have important conversations with your loved ones. Because these really are unprecedented times. So let's have unprecedented conversations. It's never too early until it is too late.

Resources:
www.physiciansweekly.com/mortality-rate-of-covid-19-patients-on-ventilators/

www.health.state.mn.us/diseases/coronavirus/index.html
time.com/5812073/end-of-life-coronavirus/
www.cdc.gov/coronavirus/2019-nCoV/hcp/clinical-criteria.html

www.nhpc.org/wp-content/uploads/COVID-19-Shared-Decision-Making-Tool.pdf
www.honoringchoices.org

theconversationproject.org

#StayHomeMN

March 27 - April 10

What are critical services?

This includes, but is not limited to:

- Health care and public health
- Pharmacy
- Educators
- Law enforcement, public safety, and first responders
- Child care
- Homeless shelters
- Food and agriculture
- News media
- Critical manufacturing
- Water and wastewater
- Energy

Questions?

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Distance learning routine developing

By Shane Tappe
Staples-Motley Schools
Superintendent

As of April 3, the Staples-Motley School District students concluded their first week of distance learning. A big change for all, staff, students and families rose to the challenge with flexibility and grace. As we continue with distance learning until at least May 4, here are some important details to keep in mind:

We will deliver distance learning materials weekly, every Tuesday.

Cardinal Pride days are weekly on Fridays. Though we can't stand side by side, we still have our Cardinal Pride!

Food service is available for ALL children 18 and under. Call Lori: 218-894-5400 x3120 to sign up.

On April 3, we began distributing meals for the weekend as well. Week-end meals will typically be distributed on Fridays. To accommodate Easter break, meal distribution

will be as follows:

- Wednesday, April 8, families will receive meals for Wednesday, Thursday and Friday.

- Thursday, April 9, families will receive meals for Saturday, Sunday and Monday.

- Tuesday, April 14, we will resume regular meal distribution, and continue our regular distance learning delivery.

Throughout the closure, childcare is available for children of essential workers at both the Early Learning Center in Motley and the Elementary School in Staples. For information, call Lori: 218-894-5400 x3120.

As things change at the state and national level, we will continue to update our families and community with changes across the district. Thank you to our communities for their support and encouragement during this unprecedented time. Together, our students will be successful, and our communities will persevere through this pandemic.

75 YEARS Ago - 1945

- April 12, 1945 - Miss Thelma Houston, who for the past three years has been English and journalism instructor in the Staples high school, will not sign a contract for the coming year. Miss Houston is to go to Managua, Nicaragua, beginning September 1, to become a missionary with the Baptist Women's Missionary group.

She expects to spend the summer months taking a special course in Spanish either in New York City or Chicago, and will leave the

- O -
Compiled by
Dawn Timbs
- O -

first of September for her new position. She will do teaching and social service work. Besides her missionary work. She will be away three years.

- April 12, 1945 - Miss Audrey Carlson, daughter of Mr. and Mrs. Earl Carlson of Staples, has been chosen valedictorian of the senior class of the Staples high school class of 1945. Miss Carlson is a member of the National Honor Society, president of the Commercial Club, vice president of the Girls' Athletic Association, a member of the Kardinal Kronicle staff, of the senior girls' octette, the glee club and the mixed chorus. Besides these activities, she has held the highest scholastic rating of any member of the graduating class of 1945.

Miss Ella Martin, daughter of Mr. and Mrs. Eli Martin of Staples, has been selected as salutatorian of the senior class of 1945 of the Staples high school. Miss Martin is editor-in-chief of the Kardinal Kronicle, a member of the high school orchestra, the senior girls' glee club, senior girls' octette, mixed chorus, Paint and Patches, Quill and Scroll, National Thespians, and a member of the National Honor Society.

50 YEARS Ago - 1970

- April 16, 1970 - Three boys and a girl have earned the top scholastic honors of the graduating class of 1970 from Staples high school, according to information released this week by William Uhrich, principal.

Earning the top scholastic honors of the class and graduating as valedictorians are LeAnn Naley, daughter of Mr. and Mrs. Lennen Naley, and David Uhrich, son of Mr. and Mrs. William Uhrich.

Ranking second in the Class of 1970 and who will be the co-salutatorians, are Donald Niemi, son of Mr. and Mrs. Leo Niemi, and Stephen Adams, son of Mr. and Mrs. William Adams, Aldrich.

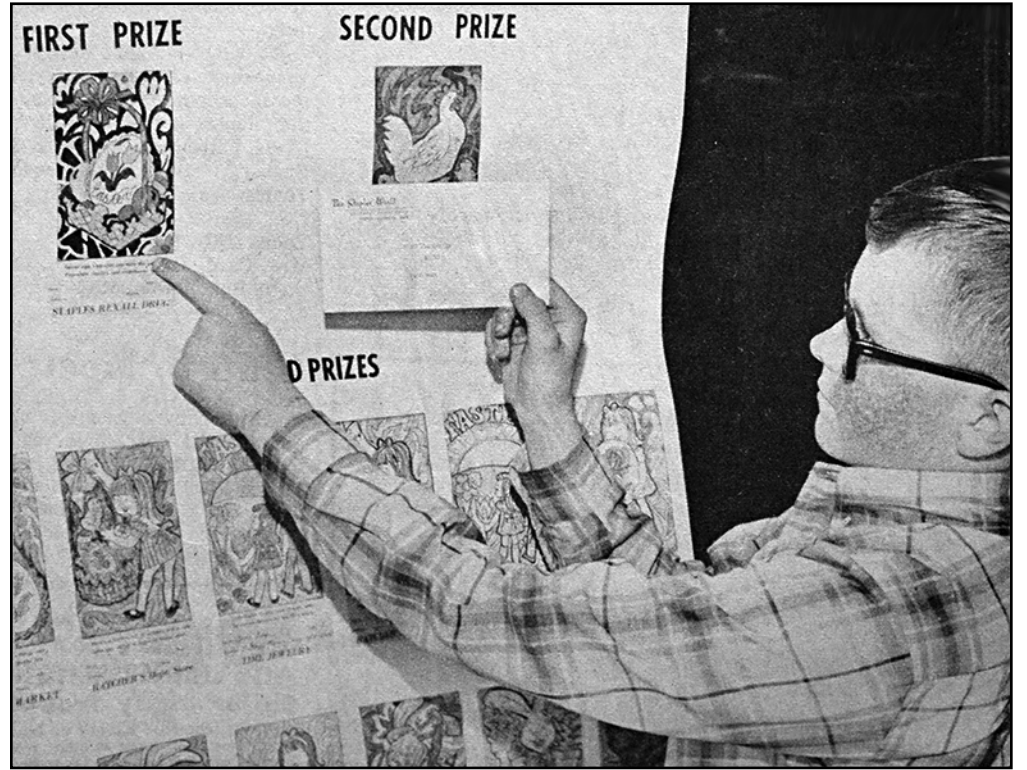
- April 16, 1970 - An announcement was made this week that the Aldrich School District No. 2289 has consolidated with the Staples School District.

On Feb. 9, the voters of the Aldrich district voted 40 to 1 in favor of the consolidation. It was reported that a hearing was held Tuesday, April 7, at the Wadena County Courthouse, at which time the district was dissolved.

As a result of the vote, 90 percent of the land area was consolidated with the Staples school district, with the remaining 10 percent (west portion) consolidating with Verndale. The Aldrich school has grades one through six only and all elementary children involved will be attending classes in the local system starting with the 1970 - 71 term.

It was further stated

Looking back



Mystery photo

Hello readers. This week's archive photo is from our April 6, 1995 edition. Do you know who this person is and perhaps the context of the photo? Email your answers and where you are from

to dtimbs@staplesworld.com by Friday morning, or call 218-894-1112. The answers will be published in next week's paper, as well as a new mystery photo.



First distance delivery

On March 31, Staples-Motley school staff Liz Koskineimi and Michelle Jeziorski prepared distance learning school material, to be placed in a cooler and delivered to students homes. Every student is asked to place a waterproof container at their front doors or at the end of their driveway. Deliveries will be made every Tuesday and will continue until May 4, at minimum. (Staples World photo by Mark Anderson)

Two resignations, two retirements

SCHOOL continued from page 1a

of the Long Term Maintenance Fund and reserve funds.

The alternative projects will be in addition to the HVAC projects the board approved at an earlier meeting.

In other news, the board

- Approved contract for Michelle Vanderflute, Special Education; and Dan

Spandl, Band.

- Accepted the resignations of Alexis Smith; Grade 5, effective May 22; Blake Boran, Activities and Community Ed Director, effective June 30.

- Accepted retirement of Robert Shaffer; HS English, effective May 26; and retirement of Sandra Otteson; HS Clerical, effective May 22.



Governing from home

Screen shot of U.S. Representative Pete Stauber talking to an audience in Staples about his response to the COVID-19 epidemic. Many meetings are now being conducted through live video conferencing. (Staples World photo by Mark Anderson)

Pharmacy making changes

VIDEO continued from page 1a

a week. Rice said they are preparing to reach their low cash point in mid July, at which time they hope to be able to start building it back up.

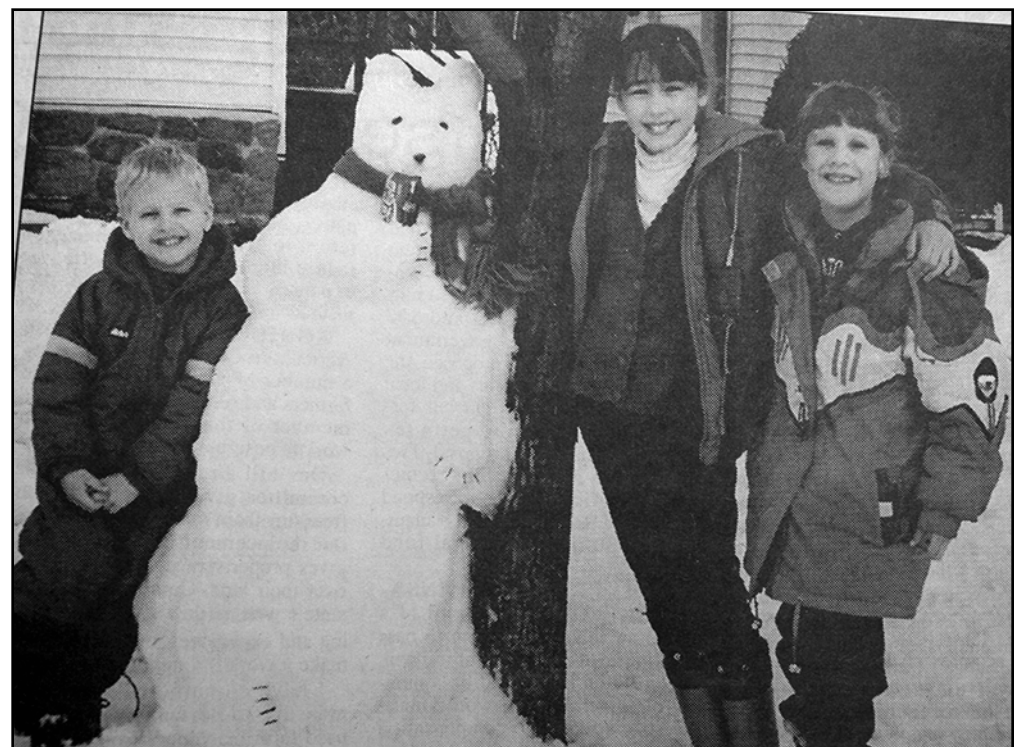
Local businesses

Mary Ives of Timberlake Hotel said the hotel is considered an essential business and they are making preparations to allow the business to continue with social distancing practices.

Lani Longbella from Longbella Drug said they have closed the Motley

pharmacy because Lakewood Clinic is closing their doors in Motley. She said people can still get their prescriptions filled at the downtown Staples location, at Lakewood hospital or at the Lakewood Clinic drive-through in Pillager.

She said their business is paying attention to supplies, as some medications can run short at times. "Let them know early, call ahead and make sure your order is ready to pick up," she said, "make as few trips into the pharmacy as you can."



Mystery solved

Last week's mystery photo, published in the April 6, 1995 edition of the Staples World, featured, from left, Michael Lindaman, Megan Klose and Kelsie Lindaman with their friend, a Coke-drinking snow bear. "Last week's heavy snowfall was a bonanza for snowman makers, as several creations appeared in yards around town," the article said.

Kevin Roline of Nevis correctly identified all, as did Linda Kopp of Staples. Kopp mentioned that these children lived in the same neighborhood at that time and "as good friends do, they were playing together." They probably even named their snowman, Kopp said. Thanks for participating in our Mystery Photo.

that the building now housing the school will be used for the Aldrich Village hall and for holding of community events.

The members of the Aldrich School Board are Albert Winkels, clerk; Mrs. John Wicht, chairman; and Mrs. Lauren Hanson, treasurer. At the present time, 7 elementary students are attending classes at Aldrich, plus 7 at Sacred Heart in Staples and 21 in the high school.

25 YEARS Ago - 1995

- April 13, 1995 - An inner city shooting last week of a man from rural Browerville has left many people shaking their heads and wondering why.

John Pogreba, 40, who had moved to north Minneapolis just over a week before, was shot Tuesday night, April 4, while walking his dog in the 3600 block of Girard Avenue, less than a block from the home he and his wife had just purchased.

Pogreba, who was shot in the neck, thigh and knee, is still listed in serious condition in intensive care at North Memorial Hospital, according to a brother, Duane, who spent all of last week with the family at the hospital.

There were no witnesses to the shooting. Witnesses did see people running from the scene just seconds

after the shooting, however. Pogreba was found in the middle of the street. His brother said a police car arrived within a minute of the 911 call, and police found him not breathing. They revived him with CPR.

Minneapolis police arrested two teenage boys, ages 14 and 17, on Friday in connection with Pogreba's shooting. The two appeared in court on Monday.

- April 13, 1995 - The 31st Annual Staples Rotary Art and Craft Show will be Saturday and Sunday, April 22 and 23, in the Centennial Auditorium lobby at Staples Motley High School.

- April 13, 1995 - Two students from Staples Motley High School will be representing the school in the state Class A Speech tournament Friday, April 21 in Stillwater.

Seniors Adam Judd and Seth Sams took first in their categories April 8, in the Section 6 speech meet held in Staples. They were the only two contestants in Section 6 who were ranked first in their category by each of the five judges.

Judd competed in the humor category, with a talk called "Greater Tuna." "The Speed of Darkness" was the title of Sams' entry in the drama category.

The only other Staples

entrant to make the final round cut was seventh grader Jill Mertens, who was competing in storytelling. She finished in sixth place.

10 YEARS Ago - 2010

- April 15, 2010 - A long-time music advocate and educator in the Staples Motley area, Stan Carlson is retiring from his position as director for the Staples Area Men's Chorus. Carlson, who has led the group for the past 39 years, will conduct his final choral piece at the 'Big Sing' concert Saturday, April 17, at the Staples Motley High School gymnasium.

- April 15, 2010 - The former Carter Ringer building on the east end of Staples, vacant for over ten years and about to go tax forfeit, is apparently about to be purchased by the National Joint Powers Alliance.

- April 15, 2010 - A Staples man, a sergeant in the Army Reserve, this week served as the official military escort for the remains of a fellow Army Reserve soldier, Sgt. Kurt Kruize of St. Cloud, killed Easter Sunday in Iraq. "It was an awesome experience, an awesome ceremony," said First Sergeant Larry Doucette, a 30 year member of the Army Reserve.

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Seriously, start with small talk

From Todd County CAD

Parents, did you know that your words can have a powerful influence on whether your child starts to drink or experiment with drugs? In particular, did you know that parents are the number one influence on whether their kids drink alcohol?

But, talking about serious subjects with kids is not always easy.

When talking to kids about important things, a good strategy is to start small and just talk about every day topics: friends and peers, values and character, school and learning and so forth. Just touching base frequently on these topics is a great First Step. Opening the door to these types of conversation will make talking about alcohol and drugs down the road happen more smoothly.

Conversation Starter of the Week

How have you been kind or helpful to someone today?

Brought to you by Todd County CAD

To help parents strike up both fun and deep conversations with young people, Todd County CAD has produced and distributed Conversation Card Packets to restaurants, businesses and clinics over the past several years. The packets contain both serious and fun questions to help families make it a habit to stay connected.

This last summer, newly

revised packets were developed and distributed around Todd County. Todd County youth who attended a CAD-supported Youth Leadership Training at Wolf Ridge Environmental Center helped choose the new discussion questions.

Todd County CAD's new conversation card packets are available in the community. Staples-Motley School District has agreed to share one conversation starter in school announcements every week for "Talk Tuesdays."

Your kids really do want to hear from you; they look to you for healthy guidance. Start small, and talk often.

For more information on the Todd County CAD coalition, contact Connie Burns, Todd County Health Education Coordinator at 320.732.2221 or connie.burns@co.todd.mn.us.

Five things you can do for your mental health

By Sue Abderholden

We are in the midst of a crisis, with a lot of unknowns. We don't know how long we have to stay at home and when we can go back to work or the kids can go back to school. First responders and health care professionals worry about catching the virus and their families worry about the same thing. We don't know if we're "bending the curve" enough to be sure our hospitals are not overwhelmed. When we don't know, can't predict, can't plan and are isolated - we worry.

Too much worry leads to anxiety and depression. Right now, it's normal to have these feelings but there are steps we can take to decrease the impact.

First, control what you can. That includes limiting your intake of the news because it becomes overwhelming. Read positive stories or novels. Take the steps needed to stay safe, including staying at home, washing your hands, clean

frequently used surfaces. Create a routine so there is some semblance of normalcy - take a shower, eat breakfast, go to bed at a reasonable time.

Second, move every day. Whether it's a walk around the block, doing yoga to a youtube video or dancing to music. Movement increases the endorphins in our brain and helps us feel better and less stressed.

Third, try to eat nutritious meals. In times of stress we tend to eat comfort food which isn't always good for us. Eating some is okay, but try to balance it out with veggies, fruit and a lot of water. Cooking, especially with children at home, can be a fun activity and lead to better eating.

Fourth, connect to others. As human beings, even if an introvert, we need to connect to others. Pick up the telephone, use facetime or some other application to connect. Reach out to those who may be really struggling. Helping others makes us feel better as well.

Fifth, think the best of people. This means understanding that at times we won't act our best in a crisis, that children will act out. We are all experiencing anxiety about the future and frankly loss or grief over events, gatherings and special occasions that were cancelled. Lower your expectations. Give people grace and space.

There are certainly more things that people can do to make it through this difficult time, but these are five easy things to remember. Also, NAMI Minnesota has online support groups and classes, along with an extensive list of resources that can help people through this time. We know it's hard but we know that we can get through this together.

Sue Abderholden is executive director of NAMI Minnesota (National Alliance on Mental Illness). For more information go to namimn.org or call 651-645-2948.

March Food Share Month not realizing it's share

Here it is past the end of March and I've realized how little we've heard recently about March being Food Shelf Month in Minnesota. All the publicity about Covid-19 has, justly so, taken over the airways and newspaper pages. Meanwhile, our local food shelves, which depend on this month's annual fund drive for much of their annual income, may have been forgotten amid all the pandemic news.

Perhaps I'm the only one so inclined, but I suspect others haven't had

their normal occasions to help out our neighbors. I know we have not had church services for four weeks now and have not heard the usual food shelf reminders there. I suspect some of the same may be true for others, such as the local Tower Pizza patrons. Morning coffee hour donations from the Tower's "grumpy old men" have raised significant amounts in past years, but this month it has no doubt been diminished due to the pandemic fears. There are probably many other similar examples.

It makes little difference whether it is Staples, Motley or Pillager Food Shelves that you support. They are all run and staffed by local volunteers

and each provide an essential service to the needy in their community. These food shelves will no doubt see many new people finding their way to their doors in the coming weeks due to reduced incomes and job losses.

I believe a contribution received in early April will still be used toward their March total. So if you can, please consider a donation, preferably money rather than food items, to the food shelf of your choice.

Tom Crawford
Motley, Minn.

Editor's Note: Because of COVID-19 the Food Share contribution timeline has been extended to April 30.

Fear is deadlier than the virus

Fear can end up weakening your immune system, the system that works to prevent you from getting sick. Fear can weaken you, sap your energy and can make you more susceptible. To boost your immune system think about those who are working so hard

to contain the virus. Take time to be outside and connect with friends and relatives. Watch less news and more enjoyable entertainment. The news is often unfounded and can lead to fear. It's true that it's hard to find reliable information, especially on a local basis. The latest statistics I've seen show U.S. 245,175 cases, 10,403 recovered, 6,059 deaths. Minnesota: 742 cases, 13 recovered, 18

deaths. Todd, Wadena and Crow Wing counties no cases reported. Relative to other areas, we are better off. Hand washing and social distancing seem to be working. Maybe there are low risk areas where younger low risk people can start going back to work.

Kevin Jenkins
Staples, Minn

Lockdown may reveal substance addictions

By American Addiction Centers

As many of us have been instructed to remain isolated in our homes for the foreseeable future, some Minnesotans have to deal with recovering from substance addictions on top of the additional panic over the COVID-19 pandemic. American Addiction Centers, the leading provider of substance abuse resources, has warned how isolation and therefore loneliness could trigger a surge in relapses for those in recovery. Moreover, they say that for people who regularly drink alcohol or partake in drug use as a social activity, being unable to do so may also bring to light underlying substance addiction problems, which is a real challenge to face while self-isolating.

Being sociable is what humanity is all about; it's why we meet for lunches, coffees, dinners, drinks, in restaurants, cafes, bars... but our biggest raison d'être has currently been removed from us during one of the biggest health crises of our lives. Living in lockdown in Minnesota is, temporarily, the norm and we have gone from seeing dozens of others daily, to just a handful. As a result, experts are concerned that right now, our otherwise excusable habits - a glass of wine at lunchtime, a couple of Martinis before dinner, followed by a fine bottle of red might conceal a hitherto-undi-

agnosed dependency, even addiction.

Dr. Lawrence Weinstein, Chief Medical Officer of American Addiction Centers, explains that "as our social lives have come to a standstill in terms of physical interactions, some people might discover they have an underlying substance dependency during self-isolation, which may have previously been camouflaged by an external social life. For example, in the past these people may have partaken in regular excessive drinking or drug consumption in the company of their social group. Because social gatherings are now prohibited during this time, they may discover that when they are alone, their dependency on alcohol or drugs might become more apparent."

One of the most common symptoms of people who suffer with a drinking problem is denial; they simply refuse to accept they have a dependency and this can be the reason they don't seek proper treatment. Other symptoms include rationalizing the amount of alcohol they consume; blaming their consumption on others and defensiveness or dismissiveness. "However," emphasizes Dr. Weinstein, "there is one symptom of addiction that simply cannot be ignored withdrawal. With the closure of restaurants, bars and other establishments that serve alcohol, some people may come to the uncomfortable realization that they have an unhealthy relationship with alcohol."

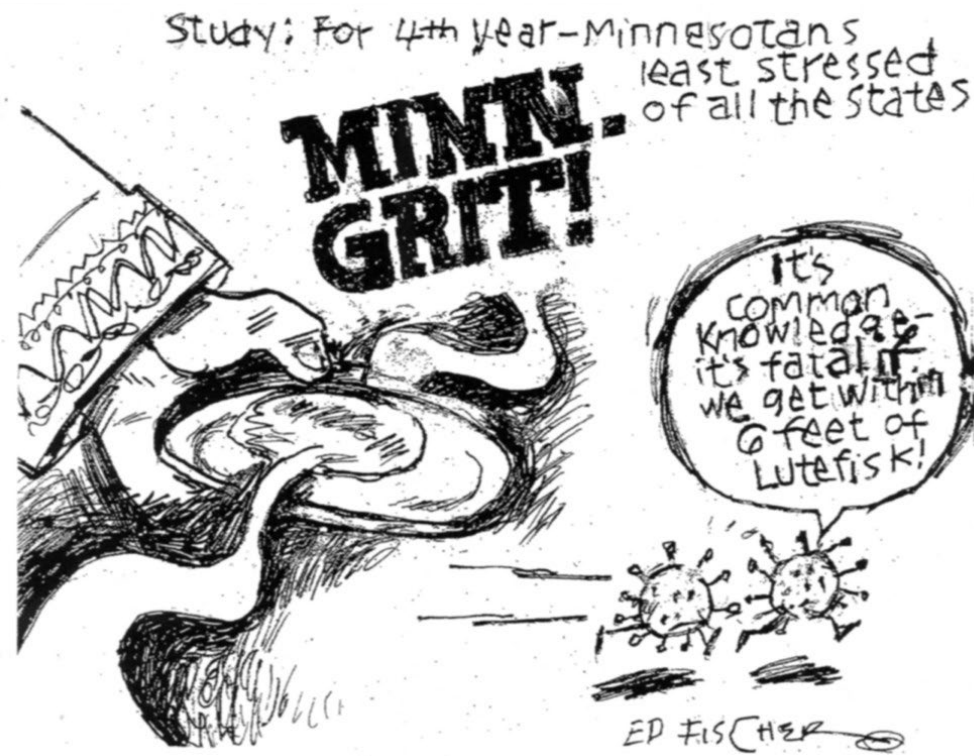
The other issue at stake during lockdown is that self-isolation and social distancing may lead those in recovery (of both alcohol and drugs) to relapse. Now that the days and weeks seem endless, there is more temptation for them to turn back to their former crutches to try and cope with boredom, solitude, fear and panic. Dr. Weinstein explains, "This period of social distancing can play a part in bringing up past memories of isolation during the active addiction stage, which can be extremely tough to deal with, especially if recovering individuals are living alone." He adds, "It's important to be able to dis-

tinguish between the isolation that is linked to active addiction this is rooted in shame, sadness and the substance itself. In comparison, the isolation that may result from social distancing is a short-term disruption to our daily lives, which will ultimately benefit society in the long run."

In the U.S., many liquor stores remain open during self-isolation, however, when it comes to drug dependencies, withdrawal symptoms may be more evident during this time as dealers have less access to potential customers. This means a majority of drug users - unless they have stockpiled the substance - will go without. But there is a ray of hope, according to Dr. Weinstein: "A lack of availability can help uncover a harsh reality and optimistically, trigger the individual to reach out for help."

Often, those who are unknowingly dependent on alcohol or drugs or those who are not ready to admit it don't have an accurate picture of the amount they consume. Drinking or doing drugs on a regular basis causes the body to become tolerant to the substance. After a while, the feeling accomplished with a certain amount of the substance (perhaps two beers or a few puffs of a joint), requires more to reach and this only escalates as time goes by. Your body will eventually become acclimated to a particular amount of substance and if you stop consuming it, you will experience withdrawal symptoms. Depending on how much of the substance your body is dependent on, decreasing your use can result in a host of symptoms, which are incredibly difficult to overcome, such as anxiety, nausea, tremors, seizures and in extreme cases, death.

But help is at hand, whether you're new to the path of recovery, or have had your route temporarily disrupted, says Dr. Weinstein. "Thankfully, there is online technology available today, such as support chatrooms, forums and hotlines you can access if you are feeling vulnerable or afraid of relapsing."



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The deadline is 12 noon, Friday. Opinions expressed on this page do not necessarily represent the views of this newspaper.

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Quote of the week

"Love all, trust a few,
do wrong to none."
— William Shakespeare



Dart tourney for food shelf

Members and alumni of JCI Staples attended the second Annual Food Shelf Dart Tournament at Local Legends in Staples on March 7. A total of \$1,022 was raised that day, will all proceeds going to the Staples Area Food Shelf. Pictured, from left, are Scott and Robin Lenk, JCI Staples Alumni; Ashley Hanson, JCI Staples 2020 Membership VP; Paige Lenk, JCI Staples 2020 Chapter President; Zach Ziegler; April Bernu; Megan Haber, JCI Staples State Delegate; Sabrina and James Lenk. In addition to JCI Staples, others who made donations at the dart tournament included Lefty's Bar, Twisted Sisters, 2 Tall Tavern, Brichacek Stone, Unity Bank of Staples, Like-Nu Gun & Pawn shop, Zeigler Heating & Cooling, Ace Hardware of Staples, and Local Legends bar. (Submitted photo)

March Food Share campaign extended

Due to the COVID-19 issues, Hunger Solutions of Minnesota has extended the March Food Share Campaign until April 30. If you have questions or concerns, call 218-894-1935. "Thank you for your support and generosity," said Staples Area Food Shelf (SAFS) Director, on behalf of the SAFS board.



Motley Food Shelf receives donation

Trident Seafoods, Motley, recently donated \$1,690 to the Motley Area Food Shelf (MAFS). Half of the donated funds came from the employees at Trident Seafoods, with Trident matching their funds. Pictured, from left, are Jim Nelson, food shelf volunteer; Julia Pride and Andrea Decker from Trident Seafoods; and Paige Lenk and Fran Kokett, food shelf volunteers. "We appreciate Trident for doing their part in this time of pandemic," said Sherry (Miller) Frisk, MAFS Director (not pictured). (Submitted photo)

Faith Lutheran Church donates to area food shelves

Faith Lutheran Church, Staples, usually likes to make the month of March a fun fundraising celebration for the local food shelves. This year there was a kick-off event on March 4, sponsored by Thrivent Financial for Lutherans and the Faith Lutheran Social Concerns committee. The March goal was to raise \$4,020 and the Faith Sunday School children had the goal of bringing 100 items. By the end of March, in spite of social distancing,

only a couple of church or group services held and food collection only at the door, the church had raised a total of \$6,639.85. With these funds, the Staples Area Food Shelf received \$5,643.87 and the Motley Area Food Shelf \$995.98. The Sunday School Children collected 354 items. The children wanted to drop off the items themselves but opted to 'Stay Safe at Home' knowing that the wonderful food shelf volunteers will distribute the items.



Donations to food shelves

Faith Lutheran recently donated food items and a total of \$6,639.85 to go to the food shelves in Staples and Motley. These were collected during the annual food share drive. (Submitted photo)

Staples Area Church Directory

Staples

Staples Alliance
1512 8th St. NE, Staples 218-894-2891
Associate Pastor Zach Jones
Sunday Worship..... 9:30 a.m.
Sunday School..... 11:00 a.m.
WEDNESDAY
AWANA..... 6:00 p.m.

Assembly of God
914 3rd Ave. NE, Staples..... 218-894-1081
Pastor Roy Miles
Discipleship Classes..... 9:30 a.m.
Sunday Worship..... 10:30 a.m.
Evening Prayer..... 6:00 p.m.
WEDNESDAY
Wednesday times are for Sept. - May
Sunlight (Kids Program).... 4:00 - 5:30 p.m.
Youth Group..... 4:00 - 5:30 p.m.

Church of Christ
27343 490th St., Staples..... 218-894-2609
Pastor Barry Klein
Website: www.stapleschurchofchrist.org
Bible School (youth and adult).... 9:30 a.m.
Sunday Worship..... 10:30 a.m.
WEDNESDAY:
Teen Youth/Adults Bible Study..... 6:30 p.m.

First Congregational Church, UCC
firstongocstuples@gmail.com
204 5th St. NE, Staples..... 218-894-2571
Worship..... 9:30 a.m.
Fellowship, refreshments following service

Faith Lutheran
430 12th Street. NE., Staples..... 218-894-1546
Pastor: Carl Larson
Sunday Worship Service..... 9:00 a.m.
Sunday School and
Coffee Fellowship..... 10:05 a.m.

Sacred Heart Church
310 4th St. NE, Staples
Church..... 218-894-2296
Pastor Fr. Gabriel Walz
Youth and Young Adult Ministry
Coordinator:
Monica J. Simmons..... 218-414-0081 cell/text
MASS:
Thursday and Friday..... 8:30 a.m.
Saturday..... 5:00 p.m.
Sunday..... 8:30 a.m.

Seventh Day Adventist
421 Dakota Ave. SE, Staples
218-894-0033
Saturday Worship..... 10:45 a.m.
Sabbath School..... 9:30 a.m.

Thomastown Covenant
15940 251st Ave., Staples..... 218-894-3923
Sunday School..... 9:15 a.m.
Sunday Worship..... 10:30 a.m.
WEDNESDAY..... 7:00 p.m.

Trinity Lutheran
1000 4th St., NE, Staples..... 218-894-2372
Rev. Robin Collins
Sunday Divine Service..... 9:00 a.m.
Sunday School & Bible Class..... 10:30 a.m.

United Methodist
310 5th St. NE, Staples..... 218-894-2248
Pastor Greg Leslie
Sunday Worship..... 10:30 a.m.
(Nursery Available for Sunday Worship)
Sunday School (for grades K-12 and adults)
..... 9:15-10:15 a.m.

Aldrich
Balsamlund Lutheran
19550 490th Street, Aldrich
Eric Clapp..... 701-261-2394 (cell)
Sunday Worship..... 8:15 a.m.
Sunday School..... 8:30 a.m.

Cushing
Bethany Lutheran
25430 Bison Rd. Cushing, MN
320-749-2140
Pastor Carl Larson
www.bethanylutherancushing.org
Sunday Worship..... 10:45 a.m.
Sunday School and
Coffee Fellowship..... 9:30 a.m.
Pancake Breakfast..... 11:45 a.m.
2nd Sunday, each month

Lincoln Evangelical Free
1354 320th St., Cushing..... 218-575-2449
www.lincolnefree.org Facebook Lincoln E Free
Office Hours: Mon.-Thurs., 9 a.m.-2 p.m.
Senior Pastor: Donald Reigstad
Pastor: Jim Brown
Youth Coordinator: Joe Reigstad
SUNDAY
Sunday School for all ages..... 9:00 a.m.
Worship Gathering..... 10:00 a.m.
WEDNESDAY
Praise & Prayer..... 4:30 p.m.
Kids' Club..... 6:00 p.m.
Jr./Sr. Forge Youth Group..... 6:00 p.m.

Cushing Baptist
26298 Bear Rd., Cushing
Pastor Dan Holmes..... 320-749-2583
Sunday School..... 9:30 a.m.
Worship..... 10:30 a.m.
WEDNESDAY
Bible study..... 7:30 p.m.

Leader
Swan Valley Lutheran
Leader..... 218-397-2470
Sandy Knight, Synodically Authorized Minister
of Word and Sacrament
Sunday Worship..... 11:00 a.m.

Maple Hill Lutheran
Sandy Knight, Synodically Authorized Minister
of Word and Sacrament
Leader..... 218-397-2470 (Rural Pine River)
Worship and Sunday School..... 9:00 a.m.

Leaf River Township
The Old Country Church
Leaf River Twp., Wadena County Rd. 6
Info: 218-837-5690 .. Open by arrangement

Motley
Motley Free Methodist
33 Wellwood St. E
Motley 56466..... 218-352-6888
Pastor Jim Johnson
Sunday Worship..... 9:00 & 10:30 a.m.
Sunday School..... 10:30 a.m.
WEDNESDAY
Kids Club..... 4:00-5:30 p.m.
Youth Group..... 5:30-7:30 p.m.

St. John's Lutheran
497 3rd Ave. S, Motley..... 218-352-6399
Pastor Vicar Paul Koehler
Sunday School and Bible Class..... 8:30 a.m.
Sunday Worship..... 9:30 a.m.

St. Michael
1st St. and Birch, Motley..... 218-894-2296
Pastor Fr. Gabriel Walz
MASS:
Tuesday..... 6:30 p.m.
Wednesday..... 8:30 a.m.
Saturday..... 7:00 p.m.
Sunday..... 10:30 a.m.

United Methodist
847 3rd Ave. S. Lane, Motley..... 218-352-6466
Pastor Greg Leslie
www.motleyumc.net
Sunday Worship Service..... 9:00 a.m.
Monday AA meeting..... 8:00 p.m.

Oylen
Oylen Alliance
Cty. Rds. 7 and 9, Oylen
218-472-3440 or 218-472-3316
Pastor Neal Malcore
Sunday School..... 10:00 a.m.
Sunday Worship..... 11:00 a.m.

Pillager
First Lutheran Church
Pastor Mathew Sundquist
717 River Street S, Pillager, MN
218-746-3775
Sunday Worship..... 9:30 a.m.
Sunday School..... 8:30 a.m.

Casino Assembly of God
Pastor Dan Johnson
N. of Motley, Hwy. 64, E. on Cty 34 to Cty. 104.
Phone..... 218-746-3839
Sunday School..... 9:30 a.m.
Worship..... 10:30 a.m.
Sunday Worship..... 7:00 p.m.
WEDNESDAY..... 7:00 p.m.

First Baptist
903 River Street South, Pillager
Pastor Jake Anderson
218-746-3768
curious@fbpillager.com
Worship Gathering..... 10:00 a.m.
Connection Point..... 9:30 a.m.
(serving coffee and donuts)

Hewitt
Church of the Nazarene
114 Front Street, P.O. Box 146 Hewitt, MN
218-924-2028
Pastor Wayne Hoffert
Sunday School..... 9:30 a.m.
Sunday Worship..... 10:45 a.m./6 p.m.
WEDNESDAY
Prayer..... 7:00 p.m.

Trinity Lutheran Church (LCMS)
524 Front Street, PO Box 116, Hewitt, MN
Pastor Robin Fish
Sunday Worship..... 10:30 a.m.

United Methodist Church
Hwy. 210, Hewitt, MN
Pastor Kenneth Uhren
Sunday Services..... 10:30 a.m.
Sunday School..... 9:30 a.m.

Verndale
Verndale Alliance
109 NW Brown Street, Verndale, MN 56481
218-445-5619
Senior Pastor Tony Stanley
Heath Belknap, Pastor of Student Ministries
Sunday Worship..... 9:30 a.m.
Sunday Bible Fellowship Classes
..... 11-11:45 a.m.

Family Life Church
402 NE Clark Drive, Verndale 218-445-5568
VerndaleFLC@gmail.com
Pastor Amos Self..... 218-371-7189
Childrens' Pastor Kenneth Kjeldergaard
SUNDAY
Discipleship Classes..... 9:00 a.m.
Prayer..... 9:20 a.m.
Coffee / Fellowship..... 9:30 a.m.
Worship Service..... 10:00 a.m.
Celebrate Recovery..... 6-8 p.m.
WEDNESDAY
6:00 p.m.Meal..... 6:30 p.m.Groups

Hope Chapel Alliance
18126 County Road 7, Verndale
218-445-5643 or 218-472-3316
Pastor Neal Malcore
Sunday Worship..... 9:00 a.m.
Sunday School..... 10:30 a.m.
WEDNESDAY
Family Night..... 5:30 p.m.

Immanuel Lutheran Church of Bartlett Township (LCMS)
17097 460th St. PO Box 37, Verndale
Pastor Robin Fish
Sunday Worship..... 9:00 a.m.
WEDNESDAY
Bible Study..... 6:30 p.m.

Verndale United Methodist
103rd Ave. SW, Verndale
218-445-5108
Pastor Jill Pawlowski
Sunday Worship..... 9:00 a.m.

Central United Methodist
5 miles N on Cty Rd 26 (Nimrod tar)
Pastor Chuck Horsager, 218-639-4225
Sunday Worship..... 9:00 a.m.
Sunday School..... 10:30 a.m.

Check with your church to be up-to-date on service options. Most are adapting to remote services.

#StayHomeMN

March 27 - April 10

<h3>OPEN</h3> <ul style="list-style-type: none"> Hospitals Clinics State legislature Food: Grocery stores, farmers markets, food banks, convenience stores, bakeries, take-out and delivery restaurants Pharmacies Food shelves Convenience stores Liquor stores Child care facilities News organizations Gas stations Funeral homes Banks and credit unions Hardware stores Post offices 	<h3>CLOSED*</h3> <ul style="list-style-type: none"> Dine-in restaurants Bars and nightclubs Entertainment venues Gyms and fitness studios Zoos Museums Arcades Bowling alleys Movie theaters Concert halls Country clubs Salons and barber shops Tattoo parlors <p>*Note: this is not a complete list of all closures.</p>
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mn.gov/stayhomemn

"Two Holy Weeks: Unlike any Others in History"

Pastor Barry Klein, Staples Church of Christ

Thank you, that we are going through the Coronavirus atmosphere together in our community. Two of God's innumerable gifts are community and resilience. We are looking for that which is good in the midst of that which is bad. Keep looking. The good is bountiful. Hopefully, we are learners in the midst of this deep challenge... learners spiritually, mentally and emotionally.

Who would have thought even one month ago that our Palm and Easter Sundays would be virtually removed in familiar practice and experience? It is indeed, a Holy Week unlike anything else in recent history. Please use the "stay-at-home" guideline as a good opportunity to turn the TV off and spend more time in prayer, reading the Bible and connecting with others by social media, phone and mail.

But, the meaning of this week brings to mind a much more significant week that this is all about almost 2,000 years ago. That is and always will be the much bigger story in the midst of Covid-19. It's a story that, like the Christmas Story, cannot be contained in a week or even a season. The apostle Paul sums up both the history moving Christmas and Easter events in two Bible verses. For Christmas, we hear in Galatians 4:4 NIV "But when

the time had fully come, God sent his Son, born of a woman, born under the law." For Easter, (in the Lord's Supper/Communion Eucharist) we hear in I Corinthians 11:26 NIV "For whenever you eat this bread and drink this cup, you proclaim the Lord (Jesus)' death until he comes (again)."

There is the famous reading by James Allen Francis that is entitled, "One Solitary Life". It would be worth your time to Google it. It depicts the historical and worldwide impact of Jesus' life, literally like no other. Try as people may to discount, disregard or even deny Jesus' existence (even the Jewish historian Josephus knew better than to do that), we base our weeks on the seven creation days in Genesis 1 and the year we are in is always based on Jesus life here on planet earth. What was His purpose? To bring Truth and to pay for our sin.

Yes, we are in very tough Coronavirus Holy Week times. But, let's allow the first and greatest Holy Week ever, almost two millenniums ago, to interpret the true and greater meaning of this Palm Sunday into Easter Sunday: by way of the Via Dolorosa - the road or walk of suffering in Jesus' scourging and crucifixion. The cross was occupied and the grave empty!

The Staples area Church Directory is sponsored by these businesses:

<p>Longbella Drug Store "The Prescription Store" 2nd Ave., Staples • 218-894-2242 Motley and Pillager</p>	<p>Ernie's Food Market Groceries - Gas - Convenience - more Staples, MN 218-894-1072</p>	<p>Staples Veterinary Clinic "Complete Animal Care" Staples, MN 218-894-1775</p>	<p>Mid-Central Federal Savings Bank Fully Insured to \$250,000 Staples, MN 218-894-3900</p>
<p>Central Building Supply Hwy. 10 West, Staples, MN 218-894-3794</p>	<p>Staples World Your community newspaper since 1890 224 4th St. NE, Staples, MN 218-894-1112</p>	<p>Tower Pizza Pizza, Pasta, Salads, Sandwiches Staples, MN 218-894-3299</p>	<p>Staples True Value "Just Ask Rental" Open 7 days a week. Staples, MN 218-894-3263</p>

The Church Directory is supported by the advertisers listed above and the Ministerial Association.

To update your church information or to advertise in the Church Directory, call 218-894-1112 - Jan or email: jwinter@staplesworld.com. Continue to email your pastoral message to: jwinter@staplesworld.com



CLC student resources during Covid-19

The CLC Student Life Department wants all students to be aware of these college and community resources that may be helpful during this time of uncertainty.

Health care

You may be eligible for Medicaid, which can provide you with low-cost or no-cost coverage to get screened and treated.

Lakewood Click Care is a 24/7 online diagnosis and treatment service for common medical conditions. Start a visit 24/7 - get your Click Care response 7:00 a.m. - 7:00 p.m., 7 days a week. Enter promo code "COVID19" for a free Coronavirus (COVID-19) assessment. For access go to <https://lakewood.zipnosis.com>.

If you are not eligible for Medicaid or are an undocumented student, you can go to a health center with a sliding fee scale.

Food

The CLC Food Pantry is putting together bags of groceries that you can request by texting or calling Erich Heppner at 952-807-3279. The groceries are available for pick up from either the Brainerd or Staples Campus Welcome

Centers. You are allowed to request this service once a week.

You may be eligible for the Supplemental Nutrition Access Program (SNAP). This program provides you with a monthly benefit, via an electronic benefits transfer (EBT card), that can be used at retail and grocery stores to purchase any food, except alcohol, pet food, or prepared foods. Contact Erich Heppner at 952-807-3279 if you need help with your application.

Sharing Bread Soup Kitchen is offering to-go meals at their facility at 923 Oak St. Brainerd. Meals are served at 5:30 p.m. Mondays - Saturdays with a 1:00 p.m. meal on Sundays. The Brainerd Salvation Army at 208 S. 5th St. has a food shelf; call ahead: 218-829-1120. Bridges of Hope has packages with food and hygiene supplies that are available from 8:30 a.m. to 4:30 p.m. Monday - Friday Call ahead 218- 826-7682.

Emergency Aid

CLC has an emergency aid program that can provide crisis intervention for students who lack resources and experience an unforeseen emergency that may impact their college attendance. You can request up to \$500 for quali-

fying bills.

The requirements to be eligible are as follows:

- You must be enrolled in the current semester with 6 credits or more.
- Submitted and completed FAFSA.
- You must submit a bill/notice from the third party (We pay the third party directly)
- You cannot have received this service in the past.

Application Process: Contact Emily Buer at 218-855-8017 to set up an account and apply online. Once the application is complete, it will be reviewed by the committee. You will be notified if you have been approved or denied.

Within ten days, you will receive a survey from Emily for follow-up data, which must be collected per the grant.

United Way has a COVID-19 Community Economic Relief Fund to help with bills, rent and food. Call 866-211-9966 and provide your zip code. You will be given a list of local agencies to provide assistance.

Housing

Lutheran Social Services Energy Assistance Program (EAP) is an important resource to help income-eligible households manage their utility bills. You can apply by filling out their application on their website: <https://www.lssmn.org/services/housing-and-assistance/adults-families-veterans/energy-assistance>.

If you need to move, Penske rents trucks to 18-23 year-olds without a surcharge and provides a 10 percent discount to college students, while UHaul is offering 30 days of free self-storage to college students.

Comcast is offering free broadband internet access to households below certain income thresholds through their internet essentials program that include increased speeds and access to low-cost computers.

If you are worried about quarantining in a home where you do not feel safe, help is available from the National Domestic Violence Hotline 24/7/365 at @ndvh by chat or by calling their hotline at 1-800-799-7233 or send love is to 22522 to text.

For more information visit <http://www.clcmn.edu/news/2020>.

Obituaries

John "Jack" Nelson



John "Jack" Nelson, 81, of Staples, died March 30, 2020 at Lakewood Health System Care Center in Staples.

The family will hold a private ceremony and interment on April 4, 2020. A celebration of life service will be held at a later date when current circumstances have been resolved.

Arrangements are with Brenny Family Funeral Chapel, Staples and services held at Faith Lutheran Church in Staples with Pastor Carl Larson officiating.

Jack was born on April 23, 1938, in Cannon Falls to John C. and Dorothy (Wiederstrom) Nelson. He graduated from Clinton High School in 1956 and Concordia College, Moorhead in 1960. Jack was united in marriage to Delores "Dee" Djonne on September 7, 1963 in Clinton. He taught elementary school in Hills, Starbuck, South St. Paul and Staples. They moved to Staples in 1969. While at Staples, he studied for his master's degree in school administration from the University of Minnesota. After teaching at North Elementary School he later became the principal at the Staples and Staples-Motley High School. He eventually became the superintendent and worked there until retiring in 1994. Jack and Dee moved to East Battle Lake where they enjoyed lake life and he sold real estate for Stueve Real Estate. They returned to Staples in 2004 to spend time with those they had grown close to over the years.

Jack had a passion for educating others. He encouraged numerous students and teachers to continue with their education and strive to be their best. He extremely enjoyed connecting with staff and students on a personal level and was often seen in the hallways where you could hear his hearty laugh. He enjoyed being active in his community and Faith Lutheran Church. At Faith, he helped mentor and teach new Stephen's Minis-

ters with other individuals. He was known for his love of Lutfesk both partaking and working at the Lutfesk suppers. He served as church council president in Staples and at Vining Lutheran Church. At VLC, he was instrumental in helping an addition to be built. He was an active member of Staples Host Lions Club, served on the Dollars for Scholars board (Staples Dollars for Scholars started in late 1985, early 1986 by high school counselors Ken Schubliski and Ron Storbakken, supported by Superintendent Jack Nelson), Concordia College Board of Regents, graduate of Blandin Leadership, board member of Staples Community Foundation, member of REAM (Retired Educators Association of Minnesota) and board member of Minnesota State High School (sports) League.

He wasn't musical, but enjoyed singing and supporting the fine arts in the community through his friend and colleague, Stan Carlson, helping to achieve the building of Centennial Auditorium at Staples-Motley High School, attending numerous plays, concerts and art exhibits. He and Dee enjoyed their card club with very special friendships, was a regular with the men at coffee in the mornings, loved traveling throughout the states and internationally; highlights were many trips to Mexico, Germany and Norway, as well as a trip with the entire card club to Hawaii. He enjoyed playing and watching sports, was proud of his time at Concordia, playing college basketball and football. He was always extremely supportive of his children and grandchildren in all their extracurricular activities. He set high expectations, but always had a listening ear and was their number one cheerleader for all of their successes.

Jack is survived by two daughters, Jackie (Chad) Campbell of Paynesville and Heidi (Kai) Brings of Jamestown, ND; six grandchildren, Jared, Kjerstin and Claire Campbell, Natasha, Marie and Alex Brings; one sister, Judy Nelson; brother-in-law Howard (Bernice) Djonne; sister-in-law, Marcile Djonne and many nieces and nephews.

He is preceded in death by his wife; parents and one brother, Jim.



Carol Langemo

Carol Langemo, 84, Princeton, passed away peacefully at her home March 22, 2020 surrounded by family.

Memorial services will be held at a later date.

Burial will be in Oak Knoll Cemetery, Princeton. Carol was born to James and Hazel (Anderson) Randgaard in Benson. She was baptized in Benson and confirmed at Faith Lutheran Church in Staples. She graduated from Staples High School and received her teaching certificate from Miss Wood's School at Macalester College. Carol taught elementary school in Hopkins before staying at home raising a family. She married Martin Langemo on June 28, 1958.

Carol is survived by her husband of nearly 62 years; four sons, Marty (Janine), St. Paul; Jimmi (Dreya), Minneapolis; David (Drew), Minneapolis and Tom (Rhea), Cokato; two daughters, Judy (Dan) Roth of Philadelphia, PA and Mary (Soli) Hughes, Big Lake; one brother, Roger Randgaard, Staples; seven grandchildren, M. Zachary and Joshua (Marty and Janine), Sadie (Jimmi and Dreya), Chaz (Mary and Soli) and Ethan, Erika and Samuel (Tom and Rhea).

Carol was preceded in death by her parents; two brothers, James and Richar and one sister, Judy.

Arrangements by Williams Dingmann Family Funeral Homes, Princeton.

w15p A0006B2020APR08



Lorraine Gadway

Lorraine M. Gadway, 99, of Sartell, passed away March 28, 2020, at Edge-wood Assisted Living in Sartell.

Graveside services will be held at a later date at Evergreen Hill Cemetery in Staples.

Lorraine was born September 15, 1920 in Staples to Raymond and Cora (Estabrook) Gadway. She taught school for four years at District 29 Wadena County, Menahga before serving our country in the U.S. Navy during WW II. Lorraine lived in the San Diego, CA area most of her life and moved to Sartell in June of 2015. She was a member of the First United Methodist Church in San Diego. Lorraine enjoyed golfing, traveling and volunteering at church.

Lorraine is survived by many nieces, nephews, great-nieces and great-nephews.

She was preceded in death by her parents; three sisters, Bea Dana, Clarice Warner and Dorothy Keely and three brothers, Charles, Norman and Raymond.

Arrangements are by Williams Dingmann Family Funeral Home, Sauk Rapids.

Obituary and Guest Book available online: www.williamsdingmann.com. w15c A0006B2020APR08

HAPPY 80TH BIRTHDAY,
Doug Bates
APRIL 4
With love,
The Bates Family

WELCOMING HOME TO MOTLEY...

Emilee
Beautiful daughter of Ashley & Noah
Born 2/9/20 in Staples.

Amelia
Beautiful daughter of Candice & Zach
Born 2/19/20 in Staples.

Riley
Beautiful daughter of Amber & Lucas
Born 2/22/20 in Staples.

Lakewood HEALTH SYSTEM
Your Choice. For a lifetime of care.
218-894-1515
lakewoodhealthsystem.com

WELCOMING HOME TO STAPLES...

Kinley
Beautiful daughter of Kayla & Eric
Born 2/5/20 in Staples.

Emilee
Beautiful daughter of Ashley & Noah
Born 2/9/20 in Staples.

Asher
Beautiful son of Roni & Jacob
Born 2/21/20 in Staples.

Harper
Beautiful daughter of Logan & Cody
Born 2/26/20 in Staples.

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218-894-1515
lakewoodhealthsystem.com

Hello World

BIRTHS REPORTED AT LAKEWOOD HEALTH SYSTEM HOSPITAL IN STAPLES INCLUDED:

Born to Kayla and Jerome Meyer of Wadena, a baby boy, Desmond Christopher weighing nine pounds, 11 ounces on March 27, 2020.

Born to Amanda and John Groenwold of Baxter; a baby boy, Ivan Jerry weighing seven pounds, 10 ounces on March 30, 2020.

Born to Maren and Ben Moon of Brainerd, a baby boy, Isaiah Scott weighing seven pounds, three ounces on March 30, 2020.

Born to Alexis Johnson of Cushing, a baby boy, Kayden Louis weighing seven pounds, four ounces on March 31, 2020.

Born to Justine and Travis Beto of Little Falls, a baby boy, Evan Michael James weighing six pounds, 10 ounces on April 1, 2020.

Care Center

APRIL BIRTHDAYS AT LAKEWOOD HEALTH SYSTEM CARE CENTER INCLUDE:

Iras Chapin, April 8; Leroy Fasching, April 20; Donna Simkns, April 21; Laverne Milbradt, April 27; Carole Winter, April 28; Jim Mohler, April 29.

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Staples World

DEADLINES
Newspaper deadline for copy and advertising: 12 noon Fridays

Coronavirus shutdown resource page

Information on what to do if you get sick

As of April 6, Todd County has no lab confirmed cases of coronavirus (COVID-19). Due to a shortage of COVID-19 testing materials, local transmission of the virus may be occurring in Todd County. Most people who do get sick with COVID-19 will have only mild illness and should recover at home. Care at home can help stop the spread of COVID-19 and help protect people who are at risk for getting seriously ill from COVID-19.

If you are caring for yourself or someone at home:

- **Monitor for emergency signs.** If you develop emergency warning signs of COVID-19, get medical attention immediately. **Emergency warning signs include:** trouble breathing, persistent pain or pressure in the chest, new confusion or inability to arouse or bluish lips or face.

- **Prevent the spread of germs.** COVID-19 spreads between people who are in close contact (within approximately six feet) through respiratory droplets produced when an infected person coughs or sneezes.

- **Have the person stay in one room:** away from other people, including yourself, as much as possible.

- **Avoid sharing personal household items,** like dishes, towels, and bedding

- **If facemasks are available.** Wear them when they're around people, including you.

- **Wash your hands often** with soap and water for at least 20 seconds. Especially after interacting with the sick person.

- **Avoid touching your eyes, nose, and mouth.**

- **Every day, clean all surfaces that are touched often;** like counters, tabletops and doorknobs

- **Wash laundry thoroughly.** If laun-

dry is soiled, wear disposable gloves and keep the soiled items away from your body while laundering. Wash your hands immediately after removing gloves.

- **Avoid having any unnecessary visitors.**

- **Treat symptoms.** For most people, symptoms last a few days and get better after a week.

- **Make sure the sick person** drinks a lot of fluids to stay hydrated and rests at home.

- **Over the counter medicines** may help some symptoms.

- **Carefully consider when to end home isolation:** (staying at home). People can stop home isolation under the following conditions:

- **They have had no fever for at least 72 hours (that is three full days of no fever without the use of medicine that reduces fevers)**

AND

- **Other symptoms have improved (for example, when their cough or shortness of breath have improved)**

AND

- **At least seven days** have passed since symptoms first appeared.

For more information go to CDC: [cdc.gov](https://www.cdc.gov).

Todd County's website for the public is: [co.todd.mn.us](https://www.co.todd.mn.us).

As this situation rapidly changes continue to check the website for updates.

The Minnesota Department of Health has set up the following hotlines to answer questions:

- **Community mitigation (schools, child care, business) questions:** 651-297-1304 or 1-800-657-3504, 7 a.m. to 7 p.m.

- **Health questions:** 651-201-3920 or 1-800-657-3903, 7 a.m. to 7 p.m.

MNsure opens enrollment

MNsure is offering a special enrollment period for qualified individuals who are currently without insurance in response to the potential growth of coronavirus (COVID-19) cases. This special enrollment period began March 23 and goes through Tuesday, April 21.

Information on who qualifies and how to enroll can be found at [mnsure.org](https://www.mnsure.org).

or call the Contact Center: 651-539-2099 or 855-366-7873.

This special enrollment period is for eligible Minnesotans who do not have current health insurance.

You do not need to be sick to qualify.

If you are currently enrolled in a qualified health plan through MNsure, you cannot use this special enrollment period to change plans.

COVID-19 diagnostic testing is available at no cost for those who are enrolled through MNsure.

All four medical insurance companies that sell private health insurance plans on MNsure are waiving co-pays, co-insurance and deductibles related to coronavirus disease 2019 (COVID-19) diagnostic testing.

Tri-County accepting donations

The health care staff on the front line of the coronavirus crisis continue to prepare for cases in the area. Tri-County Health Care is accepting donations of personal protective equipment (PPE). Donations can be left on a table outside the main entrance at the Wadena Clinic.

The most pressing need is manufactured medical-grade N95 masks. These masks are crucial in protecting nurses and providers by blocking the spread of small particles that could possibly contain the coronavirus.

Other PPE equipment needs include: clear plastic face shields, safety goggles, safety glasses, used scrubs and sealed bottles of hand sanitizer.

Community volunteers interested in manufacturing health care PPE such as gowns and fabric masks are asked to call 218-632-8796. Tri-County Health Care will provide instructions for specific designs from staff and infection control experts.

For updates and more information on the coronavirus and Tri-County Health Care, visit [TCHC.org/coronavirus](https://www.tchc.org/coronavirus).

DEED provides help for small businesses in Minnesota

By Minnesota Department of Employment and Economic Development

Over the past few weeks, several state and federal programs have been built to assist small businesses struggling during the COVID-19 pandemic.

Different programs make sense for different businesses, so we're providing this summary guide to help small businesses quickly see which programs might be right for their situation.

SBA Economic Injury Disaster Loan (EIDL) – all Minnesota small businesses should apply for these.

Summary of Program: Low interest, long term Economic Injury Disaster Loans for up to \$2 million: The first payment is deferred for 12 months. The application has been simplified and can be completed 100% online through our improved web portal at www.sba.gov/disaster. These loans may be used to pay fixed debts, payroll, accounts payable and other bills that can't be paid because of the disaster's impact. The interest rate is 3.75% for small businesses. The interest rate for non-profits is 2.75% and the loans can be extended over 30 years.

Why this might make sense for you: The SBA EIDL can be used to maintain payroll, provide paid sick leave, meet increased costs, make rent or mortgage payments, as well as

repay unmet expenses and obligations.

SBA EIDL Grants - Businesses applying for an EIDL loan can request up to \$10,000 be disbursed immediately. The amount need not be repaid, regardless of the loan decision. The request for the grant must be made within 3 days of applying to the SBA EIDL program.

Why this might make sense to you: This advance may be available even if your EIDL application was declined or is still pending, and will be forgiven.

If you need assistance with applying for the SBA EIDL loan or requesting the related grant – see the SBA District website for trainings or call an SBDC center.

SBA Paycheck Protection Program (PPP)

Summary of Program: The SBA PPP is a new federal \$350 billion loan program at SBA for small businesses, self-employed people, and gig workers to help them from going under due to the COVID-19 pandemic. If employers maintain payroll, the loans would be forgiven.

Why this might make sense for you: If a self-employed person needs compensation or a business or nonprofit needs funds for employee compensation, including: salaries, wages, commissions, or similar compensation; cash tips or equivalents; vacation, parental, family, medical, or sick leave; payment required for pro-

viding group health care benefits (including insurance premiums); payment of retirement benefits; and payroll taxes. Funding may also be used for payment of interest on mortgage obligations, rent, utilities, and interest on pre-existing debt obligations.

Pandemic Unemployment Assistance Program

Summary of Program: Congress authorized a new Pandemic Unemployment Assistance program that covers those who do not qualify for regular Unemployment Insurance benefits, such as independent contractors and self-employed people. The program was authorized but must be created by the states, so Minnesota must build out this program before it can be implemented. More information will be available soon, however it could be several weeks before payments begin.

Why this might make sense for you: If you are an independent contractor or self-employed person who would not typically be eligible for unemployment benefits, but you have lost income due to the COVID-19 pandemic.

Minnesota Small Business Emergency Loan Program

Summary of Program: Minnesota Small Business Emergency Loans are made through an approved lender – you can find FAQs, application materials and lenders on the DEED web-

CareerForce resources

From Wadena County CareerForce Center

Local Community Resources

Rural Minnesota CEP 218-631-7660

CareerForce MN www.careerforcecmn.com

Mahube-Otwa Community Action Energy Assistance 218-632-3600

Wadena County Social Services 218-631-7605

Todd County Social Services 320-732-4500

Someplace Safe (Wadena County Domestic Violence) 218-631-3311; 1-888-276-1720

Hands of Hope (Todd County Domestic Violence) 320-732-2319; 1-800-296-1657

COVID-19 Hotlines

Health Question Hotline (7am – 7pm) 651-201-3920 1-800-657-3903

Schools and Child Care Questions (7am – 7pm) 218-444-8929 1-800-657-3504

Government Resources, Response, and Updates

Federal Government Resources www.usa.gov/coronavirus

Minnesota Office of the Governor Resources mn.gov/governor/news/

Minnesota 7th Congressional District Resources tinyurl.com/Mn7thDistrict

Food Security and Shelter

Pantry Site Search Engine: www.foodpantries.org/st/minnesota

Minnesota Heading Home Alliance [headinghomealliance.com/covid-19-response/](https://www.headinghomealliance.com/covid-19-response/)

Open Your Heart to the Hungry and Homeless www.oyh.org/

Resources for Employers and Small Businesses

DEED Information and Resources for Employers and Businesses mn.gov/deed/newscenter/covid/employers/

Critical Sector Worker Exemptions | Small Business Emergency Loan | Small Business Local Guarantee Program | Unemployment Insurance | Federal SBA Disaster Loans & Emergency Grants | Frequently Asked Questions for Employers & Businesses

Small Business Administration Loan Resources tinyurl.com/SBA-COVID

Unemployment services

The Wadena CareerForce Center is continuing to operate remotely by phone, but staff has been inundated with requests and questions.

If your employment has been affected by the COVID-19 pandemic, the Minnesota Department of Employment and Eco-

nomic Development urges you to apply for unemployment benefits online with the Minnesota Unemployment Insurance Program, www.uimn.org

The main phone number for the Minnesota Unemployment Insurance Program is 877-898-9090.

Paycheck Protection Program | Economic Injury Disaster Loans and Loan Advance | SBA Debt Relief | SBA Express Bridge Loans | Guidance for Businesses and Employers | Government Contracting | Local Assistance | Disaster Assistance Webinar – PPT

Warroad Forgivable Loan www.nwmf.org/warroad-forgivable-loan-program/

Mn Unemployment Insurance www.uimn.org/applicants/needtoknow/news-updates/covid-19.jsp

MN UI Shared Work Program uimn.org/employers/alternative-layoff/

Google G-Suite (Free Video Conferencing) tinyurl.com/G-suite-COVID

ZOOM (Free Video Conferencing) zoom.us/pricing

Resources for Workers

DEED Information and Resources for Workers mn.gov/deed/newscenter/covid/workers/

Apply Online for Unemployment Benefits | Phone-a-Friend: Help Out | Health Insurance Resources | Who is Hiring Right Now? | Frequently Asked Questions for Workers

Resources for Nonprofit Organizations

NMF Emergency Disaster Recovery Grants www.nwmf.org/nmf-emergency-disaster-recovery-grants/

Center for Disaster Philanthropy – How Philanthropy can respond tinyurl.com/CDP-Covid

Minnesota Council on Foundations – COVID-19 Philanthropic response and updates mcf.org/coronavirus-resources

Minnesota Council of Nonprofits – COVID-19: What Nonprofits need to know tinyurl.com/MCN-COVID

Otto Bremer Trust Emergency Fund – for nonprofits and local governments ottobremer.org/emergency-fund

Spring Board for the Arts Emergency Relief Fund – for artists and communities tinyurl.com/springboard-covid

United Way of Bemidji Area Emergency Fund www.unitedwaybemidji.org/emergency-fund

Resources for Child Care Providers

Child Care Information for Families mn.gov/mmb/childcare/families/

Child Care Information for Providers mn.gov/mmb/childcare/providers/

Emergency Child Care Grant Program www.nwmf.org/emergency-child-care-grant-program/

Guidance for schools and child care www.health.state.mn.us/diseases/coronavirus/schools.html

List your service available for children of Emergency Responders survey.mn.gov/s.asp?k=158439734205

Resources for Schools and Students www.health.state.mn.us/diseases/coronavirus/index.html

Minnesota Department of Education education. mn.gov/MDE/dse/health/covid19/

Student Instruction | Food and Nutrition | Special Education | Supporting Students

Talking to Kids About the Coronavirus childmind.org/article/talking-to-kids-about-the-coronavirus/

offs for employers facing a temporary downturn in business. Administered by DEED's Unemployment Insurance Division, the program allows employers to divide available hours of work among a group of employees instead of implementing a full layoff. These employees may then receive partial unemployment insurance benefits while working reduced hours. The purpose of Shared Work is to avoid a layoff, not to subsidize wages.

Why this might make sense for you: Shared Work can help employers avoid the difficulties that can go along with a layoff. If employees keep working during a temporary slowdown, employers can more quickly gear up when business conditions improve. Learn more about the Shared Work Program on our Unemployment Insurance Division's website

So given these options, where should you start?

1. First, we recommend is contacting your insurance company. You may have access to benefits you've paid into through your policy that could be helpful during this time.

2. Next, call your bank. Your banker will have advice for you on:

- Their own resources
- Any SBA programs they have access to

They may refer you to local lending programs such as those available through non-profits (like

the Small Business Emergency Loan Program) or loan programs available in certain cities or counties across Minnesota.

3. If you've been denied credit by a bank or the SBA, you should call any of the approved lenders for the Small Business Emergency Loan Program that serve your geography.

4. If you do not use a bank and/or do not have insurance on your business:

You can call any of DEED approved lenders for the Small Business Emergency Loan Program for possible access to the program and other resources available through our lending partners.

You may also call a lender in the Small Business Loan Guarantee program, when those lenders are identified. Please note that these lenders are likely banks or local development organizations who have underwriting criteria.

You could call your city or county to see if they have a revolving loan fund that is available to your business. Please note that not many cities in the metro area have these revolving loan funds and those that do will have underwriting criteria.

Visit the COVID-19 Information for Employers and Businesses page on the DEED website for more resources related to business assistance, Unemployment Insurance and FAQs.

mn.gov/deed/



**NOTICE
BYRON TOWN BOARD
OF APPEAL AND
EQUALIZATION**

NOTICE IS HEREBY GIVEN, that the **Board of Appeal and Equalization for the Township of Byron**, Cass County, Minnesota shall meet on **Thursday, April 16, 2020 at 10:00 a.m.** at the Leader Community Hall. The purpose of this meeting is to determine whether taxable property in the jurisdiction has been properly valued and classified by the assessor, and to determine whether corrections need to be made.

Beverly Hoemberg, Clerk,
Byron Township,
Cass County

15-16pnc

**NOTICE
STAPLES TOWNSHIP
BOARD OF APPEAL
AND EQUALIZATION
DATE CHANGE**

The date for the Board of Appeal and Equalization meeting has been changed from April 15 to Thursday, May 21, 2020 at 9:00 a.m. at the town hall.

Bonnie Thoele, Clerk
Staples Township

14-15pnc

**NOTICE
BYRON TOWNSHIP
ANNUAL ROAD
INSPECTION**

Byron Township will hold its **Annual Township Road Inspection** on Thursday, April 16, 2020 at 11:00 a.m.

Beverly Hoemberg, Clerk,
Byron Township,
Cass County

15-16pnc

**NOTICE
TODD-WADENA
COMMUNITY
CORRECTIONS
EXECUTIVE
COMMITTEE
Regular Meeting Notice
April 13, 2020
5:00 p.m.
Remote Participation
Northern Todd County
Services Center,
Staples, MN**

Section 13D.021, Subdivision 1, permits public bodies to hold meetings via telephone or other electronic means if the conditions of this section are met.

Section 13D.021 requires a public body to make a determination that an in-person meeting is "not practical or prudent because of a health pandemic or emergency declared under Chapter 12." At this time, the governor has declared an emergency under Chapter 12.

Requirements for holding a meeting via telephone or other electronic means include:

- All participating members can hear one another.
- Members of the public at the physical meeting location can hear all discussion "unless attendance at the regular meeting location is not feasible due to the health pandemic."
- At least one member of the public body is present at the meeting location, "unless unfeasible due to the health pandemic," and
- All votes are taken by roll call.

**Join Conference
Bridge Call:
Phone Number:
320-533-4630
Conference ID: 954003**

Curtis Bryniarski
Administrative Assistant

15pnc

**NOTICE
MORAN TOWNSHIP
IMPORTANT
INFORMATION
REGARDING
PROPERTY
ASSESSMENTS
This may affect your
2021 property taxes.**

The Board of Appeal and Equalization for Moran Township will meet on Monday, April 13, 2020 at 1:00 p.m. by **virtual meeting**. The purpose of this meeting is to determine whether property in the jurisdiction has been properly valued and classified by the assessor.

You may attend this meeting by calling: **1 (646)749-3122** and then

providing the following access code: **723-582-965**.

You may also attend on your computer, tablet or smartphone by logging-in to the following website: <https://global.gotomeeting.com/join/723582965>.

If you believe the value or classification of your property is incorrect, please contact your assessor's office to discuss your concerns. If you disagree with the valuation or classification after discussing it with your assessor, you may appear before the local Board of Appeal and Equalization. The board will review your assessments and make corrections as needed. Generally, you must appeal to the local board before appealing to the county board of appeal and equalization.

Teresa Wagner, Clerk
Moran Township

14-15pnc

**TODD COUNTY
BOARD OF
ADJUSTMENT
215 First Ave. South,
Long Prairie,
Minnesota 56347
320-732-4420
toddplan.zone@
co.todd.mn.us**

PUBLIC NOTICE

Notice is hereby given that on Thursday, April 23, 2020 at 6:00 p.m. the Todd County Board of Adjustment will hold a public hearing in the Commissioner's board room, 215 1st Ave. South, Long Prairie, Minnesota or via phone conference call to consider the following Variance applications. Please email or phone your wish to be included if the meeting is not allowed to be open to the public, 320-732-4420, toddplan.zone@co.todd.mn.us :

AGENDA

- Call to Order
- Approval of the March 2020 BOA minutes
- Board introduction and process review
 - o The applicant is introduced
 - o Staff report
 - o Applicant request if staff report accurately represents the request
 - o Public comment
 - o Board review with applicant, staff and public
- 1. Mark and Philicity Messman:** Lots 17 and 18 of Midgley's Second Subdivision of Section 2, Township 127, Range 32 in Grey Eagle Township.

Site Address: 33701 Cozy Cove Dr. PID: 11-0069400 & 11-0069300

1. Request to reduce the setback for a new dwelling 60 feet from the OHWL instead of the required 100 feet in Shoreland-RD zoning.

2. Request to increase the peak height from 18 feet to 24 feet for a new dwelling within the setback.

2. William Dinkel and Nancy Haas: Parts of Lots 7 and 8 of Nelson's Subdivision of Section 35, Township 129, Range 35 in Leslie Township

Site Address: 21629 Finch Road. PID: 15-0054900

1. Request to reduce the setback for a new dwelling 53 feet from the OHWL instead of the required 75 feet in Shoreland-GD zoning.

2 Request to reduce the setback for a deck 43 feet from the OHWL instead of the required 75 feet in Shoreland-GD zoning.

3. Request to exceed impervious surface requirement of 15 percent (%) for roofed structures in Shoreland-GD zoning to 18.88 percent (%).

4. Request to exceeding building height restriction of 18' in Shoreland-GD zoning to 24'.

Adjournment.

Next meeting:
May 28, 2020

All persons interested are invited to attend said hearing or submit a letter to be heard on these matters. All correspondence must include name, mailing address and be received 48 hours before the date and time of the hearing.

Todd County Board of Adjustment
Bill Berscheid, Chair

15pnc

Todd County Board of Commissioners

**MINUTES OF THE
MEETING OF THE
TODD COUNTY BOARD
OF COMMISSIONERS
February 18, 2020**

Call to Order

The Todd County Board of Commissioners met in the Commissioner's Board Room in the City of Long Prairie, MN on the 18th day of February, 2020 at 9:00 a.m. The meeting was called to order by Chairperson Kircher. The meeting was opened with the Pledge of Allegiance. All Commissioners were present except Commissioner Erickson, who was absent.

Approval of Agenda

On motion by Becker and seconded by Neumann, the following motion was introduced and adopted by unanimous vote: To approve the agenda as presented with the addition of item 4.15 4-H Program Educator.

Consent Agenda

On motion by Becker and seconded by Kneisl, the following motions and resolution was introduced and adopted by unanimous vote:

To approve the Commissioner's Meeting Minutes for February 4, 2020.

To accept Nancy Becker's retirement from Administrative Assistant in the Sheriff's Office effective 2/19/2020.

To approve a one day Dance License for the American Legion #417 Jacobson Post (Little Sauk Legion) at the address of 16268 County 50 (parking lot and street area), Long Prairie, MN in Little Sauk Township effective July 11, 2020.

To approve a one day On Sale Temporary Liquor License for the American Legion #417 Jacobson Post (Little Sauk Legion) at the address of 16268 County 50 (parking lot and street area), Long Prairie, MN in Little Sauk Township effective July 11, 2020.

To approve a one year Club On Sale and Sunday Liquor License for the American Legion #417 Oscar Jacobson Post (Little Sauk Legion) at the address of 16268 County 50, Long Prairie, MN in Little Sauk Township effective April 1, 2020 through March 31, 2021.

To approve a one year On Sale and Off Sale 3.2 Malt Liquor License for Rebecca L. Pratt dba Clarissa Ballroom at the address of 19281 Kottler Road, Clarissa, MN in Eagle Valley Township effective April 1, 2020 through March 31, 2021.

To approve a one year Dance License for Rebecca L. Pratt dba Clarissa Ballroom at the address of 19281 Kottler Road, Clarissa, MN in Eagle Valley Township effective April 1, 2020 through March 31, 2021.

To approve a one year Setup License for Rebecca L. Pratt dba Clarissa Ballroom at the address of 19281 Kottler Road, Clarissa, MN in Eagle Valley Township effective April 1, 2020 through March 31, 2021.

To approve a one year Wine License (including Strong Beer) for Rebecca

L. Pratt dba Clarissa Ballroom at the address of 19281 Kottler Road, Clarissa, MN in Eagle Valley Township effective April 1, 2020 through March 31, 2021.

To approve a Seasonal On Sale and Sunday Liquor License for Sauk Centre Country Club Inc. dba Greystone Golf Club at the address of 10548 Andrews Drive, Sauk Centre, MN in Kandota Township effective April 1, 2020 through October 1, 2020.

To approve a one year Off Sale, On Sale and Sunday Liquor License for The Hub Supper Club LLC dba The Hub Supper Club at the address of 30905 County 13, Burtrum, MN in Burnhamville Township effective April 1, 2020 through March 31, 2021.

To approve a one year On Sale and Sunday Liquor License for the Long Prairie Country Club at the address of 406 6th St. SE, Long Prairie, MN in Long Prairie Township effective April 1, 2020 through March 31, 2021.

To approve a one year Off Sale, On Sale and Sunday Liquor License for the Rohdes Midway Gas Bar & Grill Inc dba Midway Bar & Grill at the address of 17908 US 71, Long Prairie, MN in Round Prairie Township effective April 1, 2020 through March 31, 2021.

**GAMBLING PERMIT -
MAIN STREET DUCKS
UNLIMITED**

WHEREAS, the Todd County Board of Commissioners are establishing their approval for a Gambling Permit for Main Street Ducks Unlimited through this resolution;

NOW, THEREFORE BE IT RESOLVED, that the Todd County Board of Commissioners approve a Gambling Permit for the Main Street Ducks Unlimited to hold a raffle event at the Diamond Point Supper Club in Birchdale Township at the address 12818 Bayview Dr, Sauk Centre, MN on March 28, 2020.

Extension

On motion by Becker and seconded by Neumann, the following motion was introduced and adopted by unanimous vote: To approve the MOA Addendum, changing the 4-H Program Educator position from .875 FTE to 1.0 FTE.

Auditor-Treasurer

On motion by Neumann and seconded by Kneisl the following motion was introduced and adopted by unanimous Roll Call vote: To approve the Commissioner Warrants number (ACH) 400536 through 400558 in the amount of \$12,394 and (Regular) 53029 through 53141 in the amount of \$207,411.67 for a total of \$219,805.67.

On motion by Becker and seconded by Neumann, the following motion was introduced and adopted by unanimous Roll Call vote: To approve the Health & Human Services Commissioner Warrants number (ACH) 800429 through 800492 and (Regular) 706371 through 706431 for a total amount of \$68,550.82.

On motion by Kneisl and seconded by Neumann, the following motion was

introduced and adopted by unanimous Roll Call vote: To approve the Health & Human Services SSIS Warrants number (ACH) 600124 through 600137 and (Regular) 515665 through 515708 for a total amount of \$78,612.78.

**Board of
Commissioners &
SWCD Supervisor
Joint Meeting**

Separate minutes attached.

Public Works

On motion by Kneisl and seconded by Becker, the following resolution was introduced and adopted by unanimous vote:

**MNDOT AGREEMENT
1036101 - TRUNK**

HIGHWAY 71 DETOUR

WHEREAS, the Minnesota Department of Transportation (MnDOT) plans on performing a bridge replacement project on Trunk Highway 71 over the Long Prairie River which is located in the City of Long Prairie in the summer of 2020, and;

WHEREAS, MnDOT requires a detour to carry Trunk Highway 71 traffic to County State Aid Highway 56 during the bridge project, and;

WHEREAS, MnDOT is willing to reimburse Todd County \$1,185.24 for the road life consumed by the detour as hereinafter set forth, and;

WHEREAS, Minnesota Statute §471.59 subdivision 10, §161.25, and §161.20 subdivision 2(b) authorizes MnDOT and Todd County to enter into this agreement.

NOW, THEREFORE BE IT RESOLVED, that Todd County enter into MnDOT Agreement 1036101 with the State of Minnesota, Department of Transportation for the following purposes:

To provide for payment by the State to the County for the use of Todd County State Aid Highway 56 as a detour route during the contract construction to be performed upon, along and adjacent to Trunk Highway 71, over the Long Prairie River in Long Prairie under State Project No. 7708-41 (T.H. 71=004).

BE IT FURTHER RESOLVED, that the Chairperson of the Todd County Board of Commissioners and the Todd County Auditor/Treasurer are authorized to execute Agreement 1036101 and any amendments to the Agreement.

On motion by Neumann and seconded by Becker, the following motion was introduced and adopted by unanimous vote: To set the 2020 Spring Road Meeting for April 14, 2020 at 9:00 a.m. at the Long Prairie Public Works Shop.

The County Board received an announcement from Region 5 Development Commission regarding a 2024 Federal Surface Transportation Block Grant Program Award for Todd County's State Aid Highway #2 Project.

Planning & Zoning

On motion by Kneisl and seconded by Neumann, the following motion was introduced and adopted by unanimous vote: To grant the Conditional Use Permit with the propose conditions for Thirteen Acres, Inc. on parcel #06-0030600.

**Health & Human
Services**

On motion by Kneisl and seconded by Becker, the following motion was introduced and adopted by unanimous vote: To accept the update of Child Support Supervisor job description to Financial Support Services Supervisor job description.

On motion by Kneisl and seconded by Becker, the following motion was introduced and adopted by unanimous vote: To approve the request for TCHHS to recruit and hire one Child Support Officer.

On motion by Kneisl and seconded by Becker, the following motion was introduced and adopted by unanimous vote: To authorize the hiring of one social worker to provide

Childrens Mental Health-Targeted Case Management.

Administration

On motion by Neumann and seconded by Becker, the following motion was introduced and adopted by unanimous vote: To separate employment with employee #848 effective February 18, 2020.

Closed Session

On motion by Kneisl and seconded by Becker, the following motion was introduced and adopted by unanimous vote: To enter into closed session pursuant to MN Statute 13D.05 Subd. 3(a) commencing at 10:17 a.m.

Chairperson Kircher reopened the meeting at 10:41 a.m. and Coordinator Pelzer provided a positive summary of the Performance Evaluation for Adam Ossefort, PZ/SWCD Division Director.

**Commissioner's
Report**

The Commissioners reported on meetings attended.

**Auditor-Treasurer's
Report**

The Auditor-Treasurer reported on meetings attended and projects in progress including the upcoming Caucuses to be held on February 25, 2020.

Coordinator's Report
The Coordinator reported on meetings attended.

Adjourn

On motion by Kneisl and seconded by Neumann, the meeting was adjourned for the month of February 2020.

Vendor Name	\$ Amount
ACTIVE911	\$2,955.80
ARC ELEC. SERVICE	3,565.29
CENTRAL LAKES COATINGS LLC.	3,312.00
COMPASS MINERALS AMERICA	13,205.16
FRONTIER PREC. INC.	33,139.62
GOODIN COMPANY	4,842.52
GRANITE ELEC-TRONICS INC.	36,236.40
HEARTLAND TIRE INC.	4,480.00
INFO. SYSTEM CORP.	10,016.25
JAPKE DECORATING & CARPET LLC	3,643.62
LITTLE FALLS MACHINE INC.	2,805.66
MIDSTATES EQUIP AND SUPPLY	15,748.32
NORTHERN STAR CO-OP.	3,081.64
NOW MICRO INC.	3,894.00
SHI CORP.	7,215.00
STAPLES WORLD	3,960.91
TRIMIN SYSTEMS INC	24,400.00
WIDSETH SMITH	
NOLTING INC	2,648.25
ZIEGLER INC	2,116.00
117 PAYMENTS LESS	
THAN \$2,000	38,539.23
Total	219,805.67

Vendor Name	\$ Amount
CENTRAL MN COUNCIL ON AGING	\$2,534.00
PATTON SCHAD FUNERAL SVC - GREY EAGLE	3,500.00
RURAL MN CEP INC	9,619.66
TODD COUNTY ATT'S OFFICE	2,133.00
121 PAYMENTS LESS	
THAN \$2,000	50,764.16
Total	\$68,550.82

Vendor Name	\$ Amount
#15998	\$3,026.53
#14593	3,421.30
LUTHERAN SOCIAL SERV. OF MN-ST PAUL	2,838.36
NEXUS INC-MILLE LACS ACADEMY	11,278.73
NORTH. PINES MENTAL HLTH CTR INC	2,500.00
PETRANGELO MS Ed.D/GEORGE	2,329.50
#13887	2,164.42
STEP	7,172.56
#16014	2,488.68
VILLAGE RANCH INC	7,615.46
PAYMENTS LESS	
THAN \$2,000	33,777.24
Total	\$78,612.78

On a motion by Erickson and seconded by Becker, the preceding minutes of the County Board meeting held February 18, 2020 were duly approved by unanimous vote at the Todd County Board of Commissioners at the Regular Board Meeting held on March 2, 2020.

Witness my hand and seal:

David Kircher,
County Board Chairperson

Denise Gaida, Todd County Auditor-Treasurer

15pnc

**MINUTES
OF THE JOINT MEETING
OF THE
TODD COUNTY BOARD
OF COMMISSIONERS
AND TODD COUNTY
SWCD SUPERVISORS
Feb., 18, 2020**

See **TODD
COMMISSIONERS**
on page 10a

**IMPORTANT INFORMATION REGARDING
ASSESSMENT AND CLASSIFICATION OF PROPERTY.
THIS MAY AFFECT YOUR
2020 PROPERTY TAX PAYMENTS.**

NOTICE IS HEREBY GIVEN, that the **Board of Appeal and Equalization for the Township of Moose Lake**, Cass County, Minnesota shall meet on **Thursday, April 16, 2020 at 11:30 a.m.** at the Leader Community Hall. The purpose of this meeting is to determine whether taxable property in the jurisdiction has been properly valued and classified by the assessor, and to determine whether corrections need to be made.

If you believe the value or classification of your property is incorrect, please contact your Assessor's office to discuss your concerns. If you are still not satisfied with the valuation or classification after discussing it with your Assessor, you may appear before the Local Board of Appeal and Equalization. The Board shall review the valuation, classification, or both if necessary, and shall correct it as needed. Generally, an appearance before your Local Board of Appeal and Equalization is required by law before an appeal can be taken to the County Board of Appeal and Equalization.

Karen Roubal, Clerk
Township of Moose Lake

14-15pnc



Place your Classified Ad for only \$9⁸⁵/wk. Your ad will appear Wednesday in the **Staples World** and online at www.staplesworld.com and Saturday in the **SQUARE SHOOTER**

Both publications and Internet for One Price!

Payment must accompany the order. Use form below or click on www.staplesworld.com

Deadline: Friday at Noon

Classified Ad Order Form

Name _____ Phone _____

Address _____

City _____ State _____ Zip _____

Classification # _____

Cost of Ad	
First 15 words for one week	\$9.85
Add for number of words over 15 _____ x 25¢ =	_____
OR First 15 words for three weeks	\$25.00
Add for number of words over 15 _____ x 25¢ =	_____
Add \$5 for bold type and/or CAPITALIZED indicate which word(s) is/are to be bold or capitalized	_____
Add \$10 for Blind Box	_____
TOTAL enclosed	_____

Card of Thanks and *In Memoriam* are 20¢ per word with no minimum. Number of words _____ x 20¢ = _____

TOTAL enclosed _____

Please check your ad the first day. Refunds or credit will not be given for errors brought to our attention after the second publication. We are not responsible for errors due to illegible copy or missing punctuation.

Your ad will be printed as you write it. Please print clearly, one word per space.

Use additional paper if necessary. Thank you for your order!

Please mail completed form and check payment to: Staples World, Box 100, Staples, MN 56479

Classifications

NOTICES	FOR SALE	WANTED TO BUY
100 Events/Announcements	300 Antiques/Collectibles	501 Miscellaneous
101 Card of Thanks	301 Good Things to Eat	502 Livestock
102 In Memory	302 Lawn/Garden	REAL ESTATE
103 Lost & Found	303 Hay/Straw/Feed/Seed	601 Wanted to Rent
104 Give Away	304 Livestock	602 Apartments for Rent
106 Personals	305 Pets	603 Houses for Rent
107 Notices	306 Sporting Goods	604 Commercial for Rent
SERVICES & EMPLOYMENT	307 Household	605 Mobile Homes for Rent
201 Business Opportunities	308 Musical	606 Land for Rent
202 Childcare Providers	309 Miscellaneous	607 Houses for Sale
203 Childcare Wanted	310 Health/Beauty	608 Farms for Sale
205 Help Wanted	311 Firewood	609 Mobile Homes for Sale
206 Positions Wanted	312 Christmas Trees	610 Land for Sale
207 Equipment for Rent	313 Computers/Office Equip.	611 Business Property for Sale
208 Storage	314 Farm Services	612 Real Estate Wanted
209 Business Services	315 Camper Trailer	
210 Animal Care/Supplies	VEHICLES	GARAGE SALES
211 Work Wanted	401 Automobiles	701 Garage Sales
	402 Trucks/Vans	702 Flea Market/Crafts
	403 Recreational	
	404 Farm Equipment	
	405 Heavy Equipment	
	406 Parts/Repair	

The Fine Print

The publishers liability for errors in an advertisement or for failure to publish the ad shall be limited to publishing the ad in a subsequent issue or for the refund of any monies paid for an ad not run (and out of date for subsequent issues) providing the advertiser reports the error or omission immediately after it occurs.

All advertising copy is subject to the approval of the general manager. We will not accept ads from anyone with a past due account.

Regarding sex or age preference in help wanted advertising in accordance with the rules adopted by the Civil Rights Commission, the Staples World, Sunday Square Shooter and Heartland Market cannot accept help wanted advertising copy which in any way expresses a sex or age preference on the basis of a bonafide occupational requirement unless the advertiser files an affidavit with the newspaper justifying the sex or age preference on the basis of a bonafide occupational requirement.

All real estate and rental advertising in these publications is subject to the Federal Fair Housing Act of 1968 which made it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex or national origin or any intention to make any such preference limitation or discrimination." These publications will not knowingly accept any advertising for real estate or rental which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

HEARTLAND MARKET

Display ads: \$12.00 (per col. inch)

Classified Reader \$9.30 first 25 words; additional 35¢ each word (one week)

Auction Directory = \$3 per line; \$15 minimum. Inserts = \$65 per thousand * Color rates available.

Heartland Market deadline: 5 p.m. Wednesday. Reaching over 20,585 homes;

DISTRIBUTED in these paid NEWSPAPERS: Staples World; Barnesville Record-Review; Battle Lake Review; Clay County Union of Ulen; Northwoods Press, Nevis; Eagle Bend/ Bertha/ Clarissa Independent News Herald; Hawley Herald; Henning Citizens Advocate; Long Prairie Leader; Parkers Prairie Independent; Sebeka/Menahga Review Messenger; Verndale Sun.

SERVICES & EMPLOYMENT

205 Help Wanted

STRONG, YOUNG PERSON wanting to make \$40,000 to \$50,000/year. CDL helpful but not necessary. Send resumé to P.O. Box 296, Motley, MN 56466. 12-15c

HANDYMAN NEEDED: For a few spring chores. 218-232-1445; email: wallen.allen@gmail.com. 14-16p

209 Business Services

JON & SON CONSTRUCTION LLC: Serving Brainerd Lakes Area and beyond. Roofing, Siding, Decks, Remodels. Great customer service; free estimates. No job too big or small. Contact Chris, 218-821-8141. 15-17p

RICHS PAINTING LLC: Interior, Exterior, Decks. Wood work, power washer. 218-414-0396. Free estimates. Lic. #IR748424. 5-17p

CENTRAL TODD COUNTY Care Center **Certified Nursing Assistants**

We are searching for someone who is looking for a rewarding job in the Nursing field. Evening and Night shifts now available for CNAs. Must be a TEAM player and possess a special interest in working with Long Term Care residents, families, and visitors. **CTCCC offers a wide variety of benefits and is an Equal Opportunity Employer.**

Contact Amanda Rickbeil, arickbeil@ctcccinc.com or call 218-756-3636 ext. 12

Pick up an application in the Business Office, Mon.-Fri., 8 a.m.-4:30 p.m. or after hours at the Nurse's Station.

CENTRAL TODD COUNTY CARE CENTER IS LOCATED IN CLARISSA, MN.

208 Storage

Your major appliance parts source. Parts for all major brands. One day service. **Staples True Value**, Staples. 218-894-3263. 26tfc

FOR RENT

Japke's North 8th Street Mini Storage, 894-1551
6x20, 10x12, 10x20, 10x24

Staples World

The Staples World newspaper is available at these fine area businesses:

<i>Motley</i>	<i>Staples</i>
*BRICKS	*Longbella Drug
Travel Center	*Staples Express
*Holiday, Motley	*SouthSide
*Motley Express	Mini-Mart
*Motley Hardware	*Ernie's Grocery
	*Staples True Value
	*Jon's Family Foods
<i>Pillager</i>	*Staples ACE
*Pillsbury Junction	Hardware
	*Speedway
	*Staples World

We thank and appreciate these area businesses and their continued commitment to our communities.

mcan Minnesota Classified Advertising Network

FOR SALE

304 Livestock

NORDLUND STOCK FARM: Red and black Angus bulls; yearlings and two-year-olds. **ALSO:** Hay for sale. 701-799-1613. 14-19p

WANTED TO BUY

501 Miscellaneous

FREE DROP OFF: Microwaves, Air Conditioners, Water Heaters, Gas Grills, Propane Tanks, Furnaces, Lawn Mowers, Refrigerators, Freezers, Washers, Dryers, Misc. Iron and Scrap. Christmas Tree Lights. **WE BUY CANS AND BATTERIES.** NO: TV's, Electronics, Mattresses, Tires, Household trash. Call for information: 218-639-0150. Card Auto, 27593 Todd Line Rd, Staples. 36tfc

JUNK CARS & TRUCKS. 218-639-5509. 14-15c

REAL ESTATE

602 Apartments for Rent

STAPLES: Downtown, 1-2 bdrm., recently remodeled, NO pets, non smoking, 218-894-3108. 6tfc

FRONTIER TOWNHOMES

FOR RENTAL INFO CALL 218-296-5031 Under new ownership

We are accepting applications for 2 and 3 bedroom townhomes in Staples, a community you can get attached to. Rent based on income. Now professionally managed by **BRUTGER** EQUITIES, INC. Income guidelines apply.

Pullman Townhomes

•3 bedroom, \$1,100 per month
•2 bedroom, \$950 per month

Rent includes: Double attached garage, heat, water, sewer and trash

320-632-5918

DEADLINES

for all classified ads is **12 noon Friday** to be published in the Staples World.

For publication in Saturday's **Square Shooter** the deadline is **5 p.m. Wed.**

Classified Advertising that is Easy!

THE MINNESOTA CLASSIFIED AD NETWORK

Make an impact with your advertising dollar with classified advertising that reaches over 2.5 million readers!

Your newspaper representative can provide complete details. The 2x4 Network is a program of the MNA, phone 800-279-2979

<h4>WANTED TO BUY OR TRADE</h4> <p>FREON WANTED: We pay CASH for cylinders and cans. R12 R500 R11 R113 R114. Convenient. Certified Professionals. Call 312/626-3558 or visit: RefrigerantFinders.com</p>	<h4>MISCELLANEOUS</h4> <p>DISH NETWORK \$59.99 For 190 channels! Add high speed internet for only \$19.95/month. Call today for \$100 gift card! Best value & technology. Free installation. Call 855/562-4309 (some restrictions apply)</p>	<h4>MISCELLANEOUS</h4> <p>AT&T WIRELESS Two great new offers! Ask how to get the new iPhone 11 or Next Generation Samsung Galaxy S10e on us with AT&T's Buy one, Give One offer. While supplies last! Call 855/332-0464</p>
<h4>SEED/FEED/GRAINS</h4> <p>PROTECT YOUR YIELD from soybean white mold and SDS. Ask your seed dealer for Heads Up® Seed Treatment. Cost-effective. Proven results. headsupt.com/plant20 or 866/368-9306</p>	<h4>DONATE YOUR CAR</h4> <p>truck or boat to Heritage For The Blind. Free 3-day vacation, tax deductible, free towing, all paperwork taken care of 844/220-9501</p>	<h4>MOBILEHELP</h4> <p>America's premier mobile medical alert system. Whether you're home or away. For safety and peace of mind. No long term contracts! Free brochure! Call today! 855/610-5151</p>

I forgot... "Can I still get an ad in.... ???"

DEADLINES:
Staples World....12 p.m. Friday
Square Shooter .5 p.m. Wednesday
Heartland Market 5 p.m. Wednesday
218-894-1112 • office@staplesworld.com
Staples World, 224 4th St. NE, Staples, MN 56479

Boys basketball announces season awards

The Staples-Motley boys basketball team announced season-ending awards, after their season banquet was cancelled.

Sivert Klefsaas was named to the Mid State All Conference team, and was also honorable mention on the Brainerd Dispatch All Area team.

Isaiah Schultz and Ben Olander received honorable mention for Mid State.

Team awards:
MVP - Klefsaas
Most Improved Varsity (tie) - Max Strickland and Isaiah Schultz
Most Improved JV - Hunter Miller

Hardest Worker - Chandler Braith
Cardinal Character - Ryan Wick

Statistical awards:
Most Points - Klefsaas (285)

Most Deflections - Izaiah Demars (43)

Most Assists - Strickland (112)

Most Rebounds - Strickland (116)

Most Offensive Rebounds - Issac Kronenberg (41)

Most Steals - Strickland (49)

Best Free Throw % - Ben Olander (80%)

Best 3 Point % - Klefsaas (35.8%)

Best Field Goal % - Klefsaas (43%)

Coach Nick Doll said "This group and season definitely had its highs and lows as well. We started the season out 2-1. Unfortunately, we hit a dry spell at that point. After that, we played some pretty good basketball at times winning a total of 6 games and competing hard in our first round game against Menahga.

"There were a couple more games we could've should have won. Overall, I think the improvement is obvious, and I think we took another significant step forward in our program both in the win/loss column and culturally."

Doll pointed to the improvement the team showed this year, especially in the last nine games. Last year's points per game improved from 40.3 to 49.9, with 55.9 in the last nine games. Field goal percent rose from 30 percent to 35.4 percent this season, including 41.1 percent in the last nine games. Similar improvements were



Sivert Klefsaas

shown in points allowed per game, assists per game, turnovers and points off turnovers.

Doll said "Our four seniors (Ben Olander, Izaiah Demars, Issac Kronenberg and Ryan Wick) played a vital role in our rebuild of our program. One thing that is definitely a part of their legacy is their ability to show up. I said to them after our last game, we took some terrible losses last year, and they were there at practice the next day. They were always showing up and doing the work. This is the most vital thing our underclassmen can take away from our seniors. We will miss them next year and are looking for which underclassmen are going to step up and fill in these voids.

"We grew as a team in many different scenarios such as end of game situations with the lead and trying to come back, controlling the pace of the game with the lead and when trailing, implementing our press, and handling another team's pressure.

"We are trying to get our guys to buy in to being gritty, planning and goal setting, setting short term goals with the focus of simply being better than you were yesterday, being aggressive and not waiting to get hit before you decide to be aggressive, weight lifting, thinking of ourselves and our team as a project that is never finished and can always be improved, and controlling the controllables which are our attitude, preparation and effort."

COVID-19 and MN fishing opener

The recent news that the 2020 Minnesota Governor's Fishing Opener event in May has been scrapped. A response to the dangers of close per-to-person contact posed by the worldwide coronavirus; COVID-19 pandemic. The official term was "postponed until 2021," but the only thing really salvaged is Ottertail County's right to host the same event next year, when it's expected to be safe to do so. The truth is, the absence of this annual event is a cancellation, just given a more palatable name.

Inside the Outdoors



Mike Rahn

Cancelled, also is the ritual kick-off of the 2020 tourism season and missing for this year will be the visibility that the Governor's Fishing Opener annually brings to the chosen region and host community. Beyond the absence of this kick-off, it's unclear whether there will be anything that resembles a 2020 tourism season in Minnesota. There's still hope that by summer's arrival there'll be a return to something approaching normalcy and that some of Minnesota's summer lifestyle can be salvaged.

For the present, the state's most heard theme is not "Land of 10,000 Lakes," but "Stay Home Minnesota." This, just when winter is losing its grip, sap is beginning to flow in our forests, snowmelt is swelling the flow in our creeks and rivers, small ponds and lakes are losing their

ice and we wait expectantly for leaf buds on trees to swell and burst open. Just when we're getting over the late winter doldrums as ice fishing, skiing and snowmobiling conditions have deteriorated, being told to "Stay Home Minnesota" feels like a punch to the gut.

Unfortunately, its meaning is a little imprecise. Much information is assembled at the official web site for the state's COVID-19 response; and without doubt it's helpful. But in addition to providing answers, it also raises some questions.

The web site lists what it calls "permissible activities during the stay-at-home order." These are above and beyond the work activities of those who still have jobs including those who are considered essential workers as the economy absorbs one of the biggest blows that has been seen by anyone now living.

Among the activities one would expect to be given the green light are getting groceries, fuel, take-out food, obtaining medical services, supplies or caring for someone in another household. Among the outdoor activities identified as permissible are walking pets, hiking, running, biking, hunting or fishing. The breadth of good reasons to leave one's house is encouraging, but it also opens the door for some hard questions.

The main objective of Stay Home Minnesota is to limit the sharing of the virus and spreading it to other individuals and other parts of the state where there are few, or no cases of COVID-19. These areas are generally outstate counties that have a much lower population density than the Twin Cities metro area, or the greater Rochester

community in the South-east, for example.

Most of the green-light activities are things that can be done close to one's home. The wild cards, however, are hunting and fishing. It's true that Minnesota's lakes, of which there are more than 10,000, are fairly well distributed from border to border, though certainly Central and Northern Minnesota have them in greater number.

Most Minnesotans could probably fish within a short drive of their home. The reality, however if you discount sprawling Lake Minnetonka, just west of Minneapolis and its suburbs is that the best lakes are 100 miles or more from the densely populated Twin Cities area. There's ample evidence that many people continue to travel this distance and more on weekends to cabins and vacation homes.

This is already occurring while ice still covers all or most of the major lakes in the northern half of the state and relatively little fishing is being done. When the general fishing opener arrives on the second weekend in May, it takes no crystal ball to predict that the migration to distant fishing destinations could rival the spring migration of songbirds and waterfowl.

There's likely to be little danger of anglers passing the coronavirus to one another while on the water. The "social distancing" guidelines to stay at last six feet from others will be easily met, at least on a boat-to-boat basis. If there's risk of spreading COVID-19 by an angler migration, it would likely lie in increased traffic in the establishments that have remained open and staffed by local employees.

Among these for example are; grocery stores, gas station-convenience stores, establishments that sell fishing tackle and the like.

At present, there are no defined guidelines on what, if anything, is an acceptable distance to travel for any of the approved activities. There've been citations for violating the Governor's stay-at-home order, generating protest by the American Civil Liberties Union (ACLU) because some of the citations seemed to be prompted by other alleged violations.

Governor Tim Walz's stay-at-home order is set to expire this week on April 10. It wouldn't be a huge surprise if the order is extended if there's no evidence that the coronavirus spread in Minnesota has been contained. On a national level, hopes for an early end to the spike in confirmed cases and deaths and the many shelter-in-place restrictions on travel have not been met.

The April 1, announcement of no 2020 Governor's Fishing Opener was accompanied by a suggestion that Minnesota anglers consider fishing close to home, and be aware of the need to protect public health. It was also announced then that there were no plans to delay the May 9, general season opener.

Those who know the passion of Minnesota anglers would probably agree that postponing this big event could be political suicide. On the other hand, we've seen the suspension of all school attendance and sports, as well as the shutdown of all major league sports for the foreseeable future. Given that, it is an unwanted but not so far-fetched idea that business-as-usual for Minnesota anglers is not 100 percent guaranteed.



Down the path to a hopeful hunt

A mom and her young daughter head out into the woods for an afternoon turkey hunt. (Submitted photo)

Turkey woods are calling - quality time in nature

By Jeff Weaver

With ever increasing challenges facing all of us, the county and the world, I for one am looking forward to spending as much time as possible in the woods this spring chasing the wild turkey. We have all been educated on the new

phrase called social distancing. I plan to heed the advice and spend as much time calling for turkeys with my three grandsons and grand-daughter in the woods, far away from others. With schools closed, now will be the perfect time to get out and spend some quality time with

the family, bonding and enjoying Mother Nature and all her glory. I also plan to make these adventures as educational as possible. Duck identification, observing the habits of the wild deer herd, even looking for morel mushrooms, along with trying to bag a turkey, will be an

educational experience only offered in the outdoor wood's classroom.

There are some new rules and great incentives for young hunters that the DNR has implemented which hopefully will attract new first-time hunters and young hunters into the woods this upcoming

spring. First is the elimination of the lottery for those who wanted to hunt during the first three hunting periods. Only those hunters who wanted to hunt the first three seasons in Carlos Avery, Mille Lacs or White-water WMA had to enter a lottery for those three designated Wildlife Management Areas. The other big rule change, which is a big step in my opinion, is that hunters may hunt state wide during their chosen turkey hunting time frame. This is going to allow hunters to have the ability to hunt different locations statewide if their initial location does not prove to be a good one.

As for youth, there are some extremely wonderful opportunities which will make getting a youngster out into the woods easier than ever. First, for youth ages 12 and under, you may receive a free license. For youth, ages 13 to 17, can receive a reduced fee license. What's even better is that all youth 17 years and younger can legally hunt all season long during the entire Minnesota turkey season which runs from April 15 thru May 31, 2020.

Another allowance which will make shooting at a wild turkey more enjoyable to the youth is the ability to use a 410-

gauge shotgun. I had reservations about the ability of this smaller gauge shotgun to cleanly kill a turkey, but the manufactures have really stepped up their game and have developed some truly hard hitting 410-gauge loads that can get the job done very efficiently.

Federal Premium Ammunition based in Anoka Minnesota is offering a 410-gauge load called the Federal Premium Heavyweight TSS (Tungsten Super Shot) Turkey load. The shot in this shell is 56 percent heavier in density than the traditional lead load. The shell is a 3-inch 13/16 once shot weight which travels at 1,100 feet per second. This 410-gauge load is getting great reviews from hunters who have used it to harvest a turkey. That all being said, no shell guarantees a bird on the ground. Proper and ethical shot placement should always be considered before you pull the trigger.

Spring is quickly approaching and before you know it, the turkeys will be gobbling. Take some time this spring to take a youth out into the woods and enjoy what Mother Nature has to offer while sitting in a turkey blind.

#StayHomeMN

March 27 - April 10

You can:

- Go to the grocery store
- Go to medical appointments and the pharmacy
- Get take-out, delivery or drive through from nearby restaurants
- Walk your dog, ride your bike, be in nature
- Pick up essentials for neighbors or loved ones in need of assistance

You should not:

- Go to work unless providing an essential service
- Socialize or gather in groups
- Visit loved ones in the hospital or nursing home, except under limited circumstances.

mn.gov/stayhomemn

Prevent the Spread of COVID-19

Take the same precautions you would to avoid colds and flu.

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Stay home when sick.

Cover your cough.

For more information, visit health.mn.gov
HOTLINE: 651-201-3920 or 1-800-657-3903

Communities reach out

CHURCH continued from page 1a

Church in Verndale, with her dad participating in a livestream service this past Palm Sunday.

Not being able to visit people in their homes, care centers or at the hospital has been a challenge for clergy during this pandemic. Candice shared that her dad lost his mother last week (her grandmother) and prior to her death he had not been able to visit her in person. They spoke by phone the night before she died, Candice went on, stating that her grandmother told Pastor Roy that she loved him during their final conversation.

Depending on how long the stay-at-home mandate is in place, Candice said there has been talk of trying to organize a "parking lot church service." Attendees would stay in the confines of their vehicles, with social distancing measures in place.

Church of Christ
All Holy Week services have been canceled due to the coronavirus, Pastor Barry Klein said.

Their last in-house service was held a few weeks ago, prior to the governor's 'stay at home' mandate. Since that time, the pastor has continued to offer communion every Sunday, from 10:30 - 11:30 a.m., by way of a drive-through method.

"I think we've had at least 15 or 16 cars come through so far today," Pastor Klein said on Palm Sunday, situated outside the church's car portal. Outfitted with a mask and plastic gloves, the pastor read scripture to those who stopped by, before offering them the customary bread and juice. A tape of gospel music played softly in the background.

The pastor will be back out at the car portal on Easter Sunday, ready to once again offer the Lord's Supper to all who stop by. "It's a privilege and an honor," Pastor Klein said.

Faith Lutheran/

Bethany Lutheran

Pastor Carl Larson shepherds both Faith Lutheran Church in Staples and Bethany Lutheran in Cushing.

With the mandatory closures and restrictions, all services at both churches have been suspended. At this time, services are pre-recorded at Faith via YouTube streaming and are available for viewing at the websites of both churches.

"We've also been able to hold Bible studies two nights a week using ZOOM," Pastor Larson said, adding that about 15 people participated in the last virtual study.

Not being able to hold major events such as weddings and funerals poses challenges. Longtime member Heidi Brings shared that they were able to have a 'family only' funeral service for her dad, Jack Nelson, who recently passed away. A much-loved and respected person in the community as well as the church, more than likely a few hundred people would have stopped by to pay their last respects. In spite of these challenges, Pastor Carl Larson delivered one of the best and heart-felt eulogies he'd ever heard, one of the grandsons shared on Facebook.

Sacred Heart/St. Michael

Father Gabriel Walz is the priest at both Sacred Heart Church in Staples and St. Michael in Motley.

He has been making a lot of phone calls recently, in lieu of not being able to visit parishioners in person. "People are anxious, some feel lonely, abandoned," Fr. Walz said. He went on to note that "we are entering into that Good Friday experience when Jesus, nailed to the cross, cried out, 'My God, my God, why hast Thou forsaken me.'"

Prayer is key during this pandemic, the priest said. "And so are connections," he added. Although



Interacting with children

Pastor Greg Leslie of the Motley and Staples United Methodist Churches, interacted with young people (as well as adults) during his children's sermon on Palm Sunday via ZOOM, a virtual meeting platform. This platform also allows parishioners to visit with one another and share prayer requests at the appropriate times during the service. (Staples World photo by Dawn Timbs)

neither of the parishes he serves are open at this time, Fr. Walz said they are partnering with St. Ann Catholic Church in Wadena, where messages will be uploaded on Youtube daily during Holy Week. These will be available at the St. Ann Facebook page.

Trinity Lutheran

They started livestreaming their services on Wednesday, March 18, Pastor Robin Collins said. "We chose to use Facebook as a platform for doing this simply because it was fast and easy," he said. One of the plus sides of offering online worship is that there are people who have never come to their church that are watching their services.

They've had to do a lot of adapting, such as adjusting the liturgy and eliminating hymn verses, but the biggest adjustment is not having the Lord's supper as they do most Sundays. Although the coronavirus outbreak has made it more difficult for people to receive the Sacrament, "nothing can eliminate the need for it," Pastor Collins said, adding that he is blocking out times for church members to come and receive it, including Maundy Thursday, from 2 - 4 p.m.

Not being able to visit the shut-ins or church members who are hospitalized is one of the worst side-effects of the coronavirus, the pastor said. He was grieved that longtime member Betty Farber was in the hospital on her 90th birthday and neither he nor her family could stop by and celebrate. "I want to say a special thank you to the Lakewood staff members who did sing 'Happy Birthday' to her," Pastor Collins said.

Although God hasn't let him in on the plan, Pastor Collins believes that God is at work in all that is happening. He went on to note that Martin Luther's hymn, "A Mighty Fortress is Our God" is based on Psalm 46, which says, "God is our refuge and strength, an ever present help in trouble." He wrote it during an outbreak of bubonic plague, which far and away is the most deadly pandemic that man has ever seen," Pastor Collins said.

United Methodist/ Staples and Motley

Pastor Greg Leslie leads both the Staples and Motley United Methodist Churches.

They have been using the ZOOM virtual meeting platform for the past few weeks, with all services taped at the Motley church location. "I wanted a platform where we could see each other and interact, which I find important," Pastor Leslie said.

ZOOM services are planned for Maundy Thursday and Good Friday, beginning at 7 p.m.; and on Easter Sunday at 10 a.m. People will be invited to take communion at their own location, but obviously will have to supply their own bread and juice.

Helping keep anxiety levels down is a priority for him Pastor Leslie said. He has encouraged congregation members to call each other, send cards and try to keep in communication during this time.

With the ZOOM format, Pastor Leslie said they are being able to reach people who are in Mexico, Arizona, Michigan, as well as in this area. He is excited about the opportunity to be a church with disciples and meet people where they are at. The pastor went on to say that he is reminded of a song with lyrics that say, "The church is not a building, the church is not a



Getting set up

Lori Bates (left) helps her sons Andrew (center) and Luke set up the camera prior to taping the Palm Sunday service at Faith Lutheran Church in Staples. Recorded three days earlier, the service would be available on Youtube streaming in time for Palm Sunday. Both boys have also assisted in other taped services, providing vocals during congregational songs and reading scripture. (Staples World photo by Dawn Timbs)

steeple, the church is not a resting place, the church is its people. We are the church, you are the church, we are the church together."

Motley Free Methodist

Pastor Jim Johnson of the Motley Free Methodist Church said that they have been livestreaming their services via the Facebook format. Their Sunday morning services start at 9 a.m. Since the 'stay home order' they have changed from broadcasting at the church. The first Sunday they broadcast from Pastor Johnson's living room; and on Palm Sunday, the service was broadcast from Associate Pastor Charles Mallory's living room.

For their Good Friday and Resurrection Morning services, Pastor Johnson said they plan to broadcast from the church, with some live music (mostly his family, he shared).

"Praise be to God, I don't know of anyone that is sick from COVID-19. However, it has impacted us greatly. There have been no activities here for two - three weeks now... We cannot even plan for funerals. I did one funeral for immediate family only a while back and the rest of the population had to tune in via Facebook Live."

"Even though we are not meeting in person, we still seek and serve the Lord Jesus." In addition to their Sunday services and upcoming Holy Week services, they hold youth group via ZOOM. "I do a daily prayer at 3 p.m. for the city and community and we try to call or text people to check in on them. Ministry is very different but still happening, praise and glory to God," Pastor Johnson said.

Lincoln Evangelical Free

"People are hungry for human contact," said Don Reigstad, Senior Pastor at Lincoln Evangelical Free Church in Cushing. Because of that, they are doing what they can at their church to communi-

cate with their parishioners.

They have set up a livestream service on Sunday mornings via Facebook, with the services uploaded later to their website. "More people are listening than ever before," he said. In addition, Joe Reigstad, youth pastor, has been staying connected with the church's youth group by way of ZOOM. And, pastor Jim Brown keeps in touch with the shut-ins and others by way of phone.

Although finances are always a concern at a time like this, Pastor Don Reigstad said that congregants have been responding well to online giving. They have also cut hours for office staff at this time.

Above all he's been reminded that "Jesus is Lord of the church," the pastor said.

Cushing Baptist

Pastor Dan Holmes leads the Cushing Baptist Church. They are not holding any services at this time, either in-house or online. "Our church is small and we're an elderly congregation," the pastor said, adding, "We are not the computer generation."

Making phone calls to his parishioners has become extremely important. Even before COVID-19, loneliness is a pastoral care concern. "Anxiety is rising," Pastor Holmes said, noting that he often receives calls from relatives of his parishioners who live in the metro area. They want him to go visit their loved ones, but at this point in time that is not possible.

Prayer is something he stresses to be of utmost importance, Pastor Holmes said. A resident of Little Falls, the pastor often takes prayer walks around the hospital there, praying not only for his congregation, but for members of the medical staff who are on the front lines of this pandemic. "It's a good way to put literal feet to what we as Christians believe."



Celebrating the Lord's Supper

Members of Trinity Lutheran Church in Staples, Missouri Synod, are accustomed to celebrating the Lord's Supper every Sunday. That has changed in recent weeks, however, due to the coronavirus outbreak and the governor's 'shelter in place' directive. Although these restrictions are making it difficult for church members to receive this sacrament, Pastor Robin Collins has

blocked out times for them to come to the church to receive it. Above: At the church's Lenten service April 1 Pastor Collins served the Lord's Supper to, from left, Angela Rengstorf, Pam Collins and Laurel Houselog. He will offer this sacrament to members again on Maundy Thursday, from 2 - 4 p.m. (Staples World photo by Dawn Timbs)

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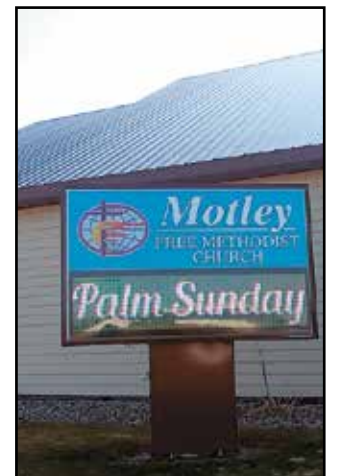
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Sign for the times

Although no services are being held onsite at Motley Free Methodist Church, a digital sign at the church's property announces worship events and directs people to find them on Facebook, where a Facebook Live service is held every Sunday at 9 a.m. (Staples World photo by Dawn Timbs)