





ATVs form motorcade for Railroad Days Parade

The Lake Country ATV Riders drove more than 20 vehicles in the Railroad Days Parade Aug. 24. The club meets up during the summer to do group rides in the area.

The parade had riders young and old enjoying their trip through Staples. (Staples World photos by Mark Anderson)

∞ **Weather**

This Week's Forecast High Low Cond. Aug. 28 66° 50° P. Cloudy Aug. 29 74 46 Sunny Aug. 30 68 42 Sunny Aug. 31 67 43 M. Sunny Sept. 1 70 49 P. Cloudy Sept. 2 72 54 P. Cloudy

Sept. 3 71 51 P. Cloudy

Last Year, 2018

High Low Cond. Aug. 28 75° 53° Cloudy Aug. 29 68 54 P. Cloudy Aug. 30 69 55 P. Sunny Aug. 31 70 58 Cloudy Sept. 1 74 61 Sunny Sept. 2 67 58 Rain Sept. 3 75 62 Sunny

> Average Temp.: $H = 73^{\circ} Low = 58^{\circ}$

> > 2019: 17.15"

Compiled by Dale Hausmann, WCCO's Staples area Weatherwatcher

Public

Notices

Obituaries

Eldon Hybl

Frank Jares

Michael Stellmach

9A

Wastewater

treatment

updates:

Council stands firm on nuisance ordinance

By Mark Anderson Managing Editor

The Staples City Council decided to continue to enforce their nuisance ordinance after a citizen appealed a notice requiring him to clean up lumber in his driveway

At the Aug. 13 council meeting, David Carey said he uses the lumber for business projects, he is self-employed and puts the lumber in the driveway to use for business projects

"I understand the intention of the ordinance, but this is not a junkyard, this is a well stacked lumber pile," said

However, the city ordinance lists construction materials as part of the nuisance ordinance.

Carey said the lumber is not a danger to anyone's health and becaue of that, the nuisance ordinance would not hold up in court. He said a Minnesota court decision ruled that the nuisance had to be a threat to public health in order to be considered a nuisance.

City Administrator Jerel Nelsen said the council has an option to not enforce that part of the ordinance, or could request the city attorney to review the ordinance to see if it meets state standards.

Council member Doug Case said "All we've got to go by is what the ordinance is. This violates our ordinance.

Other council members agreed. Ron Murray said that since it is used for business purposes, that is even more of a reason to enforce the ordinance.

Mayor Chris Etzler said "We can't pick what to enforce and what not to enforce.'

Carey hinted that he might appeal the order for abatement in district court. "The lumber's going to stay there. I know my rights, it doesn't meet the threshold of the Supreme Court," said Carey.

The council voted to continue to enforce the ordinance, giving Carey 60 days to remove the building materials from his driveway, or receive a misdemeanor for the nuisance violation

In other news, the council

· Approved Wahoo Valley Chapter of the Minnesota Deer Hunters Association to conduct a raffle.

· Approved Lakewood Health System request to conduct a duathlon race, bicycling and running, on city streets and bike path.

• Approved submitting application to Sourcewell for small project partnership grant for the Batcher Block Opera House project.

Heard from Public Works Director Doug Bendorf that bid opening for the new wastewater treatment plant will be Oct. 1.



Rotary Club takes 'People's Choice'

The Staples Rotary Club was awarded the People's Choice award at the annual Chili Cook-Off during Railroad Days. Pictured above, from left, are

club members Marv Rothstein, John Kopp, Jerel Nelsen, Al Koling, Jim Hofer and Bob Hamann. (Staples World photo by Dawn Timbs)



Sisters with Sass win Judges Choice

Sisters with Sass (SWS) picked up two awards during the Chili Cook-Off in Staples Aug. 24, one of several events that took place during Railroad Days. They won the Judges' Choice award as

well as the Best Theme award. Pictured, from left, are Mandi Hanson, Kylie Fix and Rachel Johnson. (Staples World photo by Dawn Timbs)

'Ballad of the Cross-Eyed Sailor'

The Staples Area Men's Chorus, under the direction of Steve Hoemberg, performed 'Ballad of the Cross-Eved Sailor' at the Little Red Caboose Variety Show Aug. 22, the kick-off to Railroad Days in Staples. Pictured, front row from left, are soloists Jim Sauer, Mike Gold and Kevin Olsen. Olsen also served as Sound and Stage Manager for the event. Now in its seventh year, the show featured a variety of acts which were performed to a nearly full house at Centennial Auditorium. For more photos of this show, produced by Ray Gildow of Staples, see page 14a. (Staples World photo by Dawn Timbs)

Train incident claims life of unknown male near Pillager

A 36-year-old man died the morning of Aug. 24, after being hit by a train just west of Pillager in May Township.

According to Cass County Sheriff Tom Burch, their office received a report of a train hitting a person walking on the train track near 45th Ave.

Deputies and responders arrived on scene and learned that a Burlington Northern Santa Fe (BNSF) train was eastbound through the area when it struck a male party who was walking on the track. The man, address unknown, was confirmed deceased on scene.

A second male party, age

50, address unknown, was also observed in the area by the train crew. He was later located and transported to a Brainerd hospital for minor injuries.

The names of the parties involved are being withheld pending notification of family members. An autopsy is scheduled with the Ramsey County Medical Examiner's Office. The incident remains under investigation with the assistance of Burlington Northern Santa Fe Railway Investigators. Assisting at the scene were the Pillager Fire and Rescue, Minnesota State Patrol, Minnesota State Patrol Flight Division and North Ambulance.

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Your Community Newspaper

www.staplesworld.com

Crow Wing Currents

Pastor Joe Reigstad on board at Lincoln EV Free Church



New associate pastor

Joe Reigstad has come on board at Lincoln Evangelical Free Church as its new associate pastor. His main emphasis will be working with the church's youth. He is pictured in the youth room where

young people gather for Bible study, music and fellowship. Youth group kicks off Wednesday, Sept. 11, and will meet at Camp Shamineau. (Staples World photo by Dawn Timbs)

By Dawn Timbs Staples World reporter

Joe Reigstad is excited to be a part of the ministry at Lincoln Evangelical Free Church in Cushing, of which he is the new associate pastor.

He came on board a few weeks ago, joining forces tad, the church's senior pastor; and his mom, Pam Reigstad, who serves as the administrative assistant at Lincoln EV Free.

His main emphasis at the church will be in youth ministry, Joe Reigstad said, adding that his focus will be on building relation-

with his dad, Don Reigs- ships. There are about 30 - 40 young people who are part of the youth group, and Joe said he is looking forward to getting to know them. They come from all over, he went on, mentioning Little Falls, Motley, Staples and Pillager. "They're a very vibrant community of young people," he said.

Youth group meetings are held on Wednesday evenings at Camp Shamineau in Motley, beginning at 6:15 p.m. The program, which follows the school year calendar, kicks off on Sept. 11.

In addition to a time of music and socializing, Pastor Joe will be leading the Wednesday night study, which includes the curriculum, "Can I ask That?" He wants youth group to be a safe place for young people to bring up any topic that might be on their minds.

Having the freedom to explore his own faith when he was a child is something Joe is thankful for. "My mom and dad were good role models to follow," he said. "They weren't sticklers that we always had to be in church...and they allowed us to make choices for ourselves."

Joe was the youngest of five siblings in the Reigstad home. He grew up in Lakeville, graduating from Lakeville North High School in 2012.

His dad was pastor at Trinity Evangelical Free Church in Lakeville at that time, and Joe said he felt privileged to have spent all 18 years of his childhood at one location. That doesn't happen very often for pastor's kids, and he is grateful for the stable, secure homelife that he was raised

After high school, Joe said he initially planned to join the Air Force, but couldn't quite shake the feeling that God was calling him into the ministry.

He spent some time soul searching and in the end called his recruiter to say his plans had changed.

Joe went on to attend Bridgewater Community College in Willmar where he fulfilled a lot of his general requirements. Down the road he graduated from Liberty University with a Bachelor's degree in Biblical and Education Studies; and in 2018, received his Master's in Theological Studies degree from the University of Northwestern-St. Paul.

Upon earning his master's degree, Joe interned at the Evangelical Free Church in Willmar, where his dad was now pastoring. It was in Willmar where he met his future wife, Analú, who had moved to the United States from Paraguay to attend college.

After they married, Joe and Analú lived for a time in Pella, Iowa, where Joe worked as an intern at Third Reformed Church (working with young adults and college students) and Analú taught Spanish at a Christian school. Later on, Analú became a church worship leader.

They share a love for music and worship, Joe said, mentioning that his wife sings and plays guitar; and he plays the drums.

This past June, Analú gave birth to their first child, Joe said, mentioning their baby boy, Samuel. They are both very excited to be parents, he said.

Shortly after Samuel arrived, the young Reigstad family headed north to begin their new life in Cushing. Joe's first day on the job at Lincoln EV Free was July 22.

He's happy for the opportunity to be on staff with his dad, Joe said. "We work well together. He also really looks up to his dad, Joe went on. "He's the one I'm learning from...to be a good pastor and a good father.'

Although both Joe and Analú grew up in urban settings, they are happy to be in rural Minnesota and especially happy to be a part of the church in Lincoln.

In addition to his passions for his family and ministry work, Pastor Joe said he loves fishing, being outdoors, grilling, hiking and getting to know people. He's looking forward, in particular, to getting to know more of the church's young people when youth group starts in September.

Lincoln Evangelical Free Church is located at 1354 320th St., Cushing. For more information, visit their website, www.lincolnefree.org or call 218-575-

Motley

Police,

reports

Recent reports from the Motley Police Department (MPD) and Morrison County Sheriff's Office (MCSO) included the fol-

Aug. 15 - 21 - The MPD issued speeding citations to Mason Nyhus, 19; Jeremy Dombrovski, 42; Cade Schultz, 18; Justine Kapitzke, 26; Joseph Berkland, 20; Justin Fredrickson, 20; Sandra Menkveld,

19: Chevanne Smith. 25. Aug. 21 - The MPD

Bunio, 34.

driving.

juvenile.

issued a hands free violation citation to Nicholas

Aug. 21 - The MPD

Aug. 21 - The MPD

received a report from

Ortons Motley BP of a gas

drive-off in the amount of

assisted Staples PD with

searching for a runaway

issued a citation to Timo-

thy Grace, 39, for driving

Sampson, 52, for display-

ing plates on another vehi-

picious male that had been walking near 80th Ave., Cushing. There was a vehicle parked there also and a neighbor told the reporting party that at one point the male subject had his

pants down and then got

into a car when they drove

by. He then got out of the

responded to a report of a

barn fire at the 3000 block

of Basswood Rd., Cushing.

When the deputy arrived,

the fire department had

the fire out. It appeared to

be a fire on the ceiling of

the barn. The owner stated

he believes it started from

arrested Brooke Ann Beaty,

54, for 5th degree drugs.

She was transported to the Morrison County Jail

without incident. Beaty's

vehicle had been stopped

at Hwy 10 and Azalea Rd.,

Motley, after having been

observed crossing the

white line several times.

Aug. 18 - The MCSO

electrical wires.

Aug. 19 - The MCSO

car after they passed him.

Aug. 21 - The MCSO received a report of a sus-

an unregistered vehicle.

Aug. 21 - The MPD

Aug. 21 - The MPD

Aug. 18 - The MPD assisted Todd County with a report of an intoxicated subject that was involved in a fight at the 50000 block of Spruce Rd., Motley. Subiect was arrested and transported to Todd County Jail. Aug. 17 - The MPD issued a citation to Robert

issued a citation to Valerie

Schmitz, 60, for texting an

MCSO

Walk down memory lane

While attending the grand opening for the Little Cardinals Academy Family Center in Motley Aug. 13, Melanie (Dumpprope) Csorgo of Browerville, (above, second from left) noticed her mother's name written along with others who graduated from Motley High School. "She graduated with the class of 1966," Csorgo said of her mother, Darlene (McAllister) Dumpprope, who now lives in Pine River. Csorgo's four-year-old daughter Csentia, whom she is holding, will be attending Little Cardinals Academy this fall, most likely walking many of the same halls her grandmother did years ago. Also pictured are Csorgo's older daughters Ella and Heather. Below, Staples-Motley School District board member Greg Frisk, far right, joins Melanie and Steve Csorgo in reading the names of former graduates on the wall. Frisk graduated from Motley High School in 1970. (Staples World photo by Dawn Timbs)



Help Us Build Strong Communities

Truck Drivers

Duininck Companies LLC is a family-run company founded in 1926, and now in its third generation. Duininck Companies continues to expand and grow, and we are actively seeking drivers of semi belly dump, tri-pump, end dump,

flatbed, tandem, lowboy and quad dump trucks to join our team! As a Truck Driver you will be responsible for transporting dirt, aggregate, asphalt, hot mix and/or equipment to job site locations.

Essential duties include safely operating a truck to deliver equipment or materials, securing loads for transport in compliance with safety regulations and company policies, assisting with loading and unloading, performing inspections, completing documentation and more. For a full description go to see www.duininck.com. We offer competitive pay based on experience and a full range of benefits!

Contact us to learn more about opportunites to join our team

phone **320-978-6011** web duininck.com



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Enjoying the community meal A number of people

enjoyed grilled hamburgers, hot dogs, side dishes and desserts at the community meal at Converse Park in Motley Aug. 14. The free event was hosted by the Motley Free Methodist Church. Pictured in lower photo, from left, are Motley Police Officer Josh Pesta; and Motley residents Russ Collison and Galen Krantz. (Staples World photos by Dawn Timbs)



As I am selling my home and moving out of state, I will sell the following items at auction, located at the Motley Fairgrounds in Motley, MN. Indoor if rain. Follow signs on:

Saturday, August 31, 2019 RESTROOMS AVAILABLE **LUNCH ON GROUNDS** SALE TIME: 10 A.M.

PICKUP TRUCK TRACTOR

MOWER/ ETC. Simplicity ZeroTurn Colt ZT 2148, 21 hp, 48" deck John Deere 44" snowblower, for lawn tractor Ari Fab leaf vac, pull behind CR750 motor 10-1/2 hp 44" rugged cut

Agri Feb 42" lawn sweep FOUIPMENT/ TOOLS, ETC. new tires, ramps

Sockets and wrenches MANY MORE ITEMS TOO NUMEROUS TO MENTION

TOYS Little red wagon Tonka toys: truck, backhoe grader, dump truck Dart game w/darts
Old Schwinn bicycle
SPORTING Gun safe, stack on Some traps

HOUSEHOLD Hide-a-bed Cabinets
Lamp Entertainment center
Queen Bed Filing cabinet
Recliner chair
Table w/6 chairs
Small chest freezer 2 vacuums, Orik/ Uneada A lot of misc. household ite

Mrs. Ron (Ethel) Lovelace, owner



OTHER ITEMS FROM PRIVATE PARTY





-NPR railway heate -Old Porcelain table

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Thank you... for reading the Staples World



Booths, vendors and organizations

al informational booths lined the streets also had special deals in-store. (Staples on Saturday in Staples during the Rail- World photo by Dawn Timbs)

Booths, vendors and organization- road Days celebration. Many businesses

School handbook changes approved

By Mark Anderson Managing Editor

The Staples-Motley School Board approved the school handbook for 2019-20, which included changed eligibility standards for activities and dropping the valedictorian and salutatorian designations after 2021.

Before the vote, citizen Bruce Drone read his objections to those proposals, which was printed in the Staples World Aug. 13.

Board member Bryan Winkels said research shows that students in athletics and activities are more successful in the classroom. Winkels also cited a letter from a family in the district about a student working hard but still struggling with grades.

Board member Greg Frisk said he was in favor of the eligibility grade changes, since it includes "enhanced" supervision by staff. "They're getting the education they're supposed to be getting," said

Frisk also had an objection to the handbook's policy on suspensions. "I don't like out of school suspension, especially in the

middle school," said Frisk. He said he would rather see supervised suspension.

Frisk also voiced opposition to the punishment for activities being the same as for sporting events. He said since there are many sport contests each season, it is not as big of a punishment to miss a few games, but for music and performing arts, sitting out of a couple of contests would be most of the season. Frisk said that is unfair, but he did not know of a solution to the problem.

Board member Brad Anderson said it was a timing issue. "We are doing everything we can to make that kid eligible," he said.

The board approved the handbook with Frisk voting against because he said there may be a perception of Staples making the rules after moving out of the Motley building. He said it is not the right time for getting rid of the valedictorian designation.

HVAC project

The board heard from Troy Miller of LHB arcitects, the firm chosen to design upcoming HVAC and building projects. Miller said they will determine the best mechanical

systems for each building and explain to the board why they think it is the best system. He said there are different construction types in the same building, so they may have different system needs.

Miller said the firms will help with building decisions for the future and how to best utilize LTFM facilty dollars. For the current project they intend to send out for bids in January and start construction shortly after that.

Miller said the firm will continue to come back for a year after completing the project to teach staff why they might do things one way in one part of the building and another way in another part.

In other news the board

- Accepted resignations of Shelly Miller, Food Service Director, Joleen Johnson, school readiness, and Millicent Leone, LCA aide.
- · Accepted retirement of Joe Zetay, bus driver.
- Approved contracts for Darla Davis, High School Success Coordinator; Cindy Zetah, office assistant; Yesenia Lopez Ibarra,

Doctors Kray join Lakewood Health System medical staff

Doctors Ryan and Stephanie Kray are the newest family practice providers to join the Lakewood Health System medical

Originally from Willmar, Dr. Ryan Kray received his undergraduate degree from the St. John's University and his medical degree from the University of Minnesota. He completed his residency at North Memorial Hospital in the Twin Cities. Dr. Ryan Kray is a member of the American Academy of Family Physicians and the Minnesota Medical Association.

Dr. Ryan Kray is a family medicine physician who has special interests in wellness, chronic disease, workers' comp and sports injuries.

An avid outdoors enthusiast, Dr. Ryan Kray especially enjoys hunting and fishing.

Originally from Hastings, Dr. Stephanie Kray received her undergraduate degree from Valparaiso University and her medical degree from the University of Minnesota -



Duluth. She completed her residency at United Family Medicine Residency in St. Paul. Dr. Stephanie Kray is a member of the American Academy of Family Physicians and the American Medical Association.

Dr. Stephanie Kray is a family medicine physician who enjoys seeing children and adults for a variety of concerns, including wellness care, management of chronic conditions and treatment of acute ill-

Along with her husband, Ryan, and their three sons, Dr. Stephanie Kray enjoys



especially fishing. She also enjoys traveling, hiking, yoga, reading and watching sporting events of all

The Doctors Kray will start seeing patients on September 2. Dr. Ryan Kray will see patients in the Browerville, Eagle Bend and Staples clinics, and Dr. Stephanie Kray will see patients in the Staples clinic. To schedule an appointment with either, call 218-894-1515 or visit lakewoodhealthsystem. com to schedule online.

Bertha-Hewitt Principal Darren Glynn selected Regional Principal of the Year



Gold Star banner awarded

Bertha Schools also received the "Gold Star of Innovation" award for their work on creating entrepreneurial classes. Left is Dave Adney, President of MASSP, Glynn and a Horace Mann representative.

The Bertha-Hewitt School Principal Darren Glynn was recently honored by the Minnesota Association of Secondary School Principals (MASSP) in late June for the Western Division Principal of the Year. This division includes approximately 40 schools.

The Principal of the Year for the entire state will be selected this fall. Glynn will be one of eight finalists. He was nominated by fellow principals for his work on R.I.P.L (relational, impactful, preventative, leadership) and the "Power of One" philosophy in the school dis-

Glynn is a 1984 graduate of Staples High School.

Veterans: Get the right care in the right place when it's needed

David A Anderson Wadena County Veteran Service Officer

The St. Cloud VA wants to ensure that veterans get the right kind of care in the right place when it is needed. While your PACT team can take care of most routine health needs, knowing where to go for after-hours care is something every veteran and family member should understand.

The St. Cloud VA does not have an emergency department, acute medical care services, or afterhours outpatient services at any of our locations, including St. Cloud, Brainerd, Montevideo and Alexandria.

When you need emer-

gency care: In emergencies, veterans should Call 911 or go to the closest community hospital with an emergency department for serious and possibly life-threatening conditions or emergency mental health needs. Veterans do not need to check with VA before calling for an ambulance or going to an emergency room.

In emergencies, get the care needed first, then the veteran, a family member, friend, or hospital staff member should contact the nearest VA medical facility as soon as possible (preferably, within 72-hours). Once notified, VA staff can assist veterans in ensuring any additional care is provided without interruption and, when necessary, transferring veterans to a

VA medical facility for care after stabilization.

For mental health crisis intervention, veterans have same-day 24/7 access to mental health crisis intervention and support through a variety of means:

Veterans in crisis or those concerned about one can call the Veterans Crisis Line at 800-273-8255 and press 1, send a text message to 838255 or chat online at VeteransCrisis-Line.net, at any time.

•St. Cloud VA offers same-day, walk in access (Mental Health Triage) for mental health needs from 8 a.m. to 4:30 p.m. Monday-Friday, in Bldg. 111.

•Veterans may also access the Urgent Care Clinic, from 8 a.m. to 6 p.m., 365 days a year.

•After 6 p.m., veterans should Call 911 or go to the closest community hospital with an emergency department for emergency mental health needs. After an assessment, medical clearance and referral, the St. Cloud VA Acute Psychiatry Unit can take admissions 24 hours a day from community hospitals.

 Additionally, veterans may contact a VA Nurse at 320-252-1670, and press 3, 24

hours a day for advice and assistance.

When you need urgent care: Urgent care is an option when you need to be seen for a minor illness or injury right away. The Urgent Care Clinic in Bldg. 1 is open from 8 a.m. to 6 p.m., 365 days a year.

Like most urgent care centers, the St. Cloud VA Urgent Care Clinic does not offer emergency services. Call 911 or go to the closest community hospital with

an emergency department (ED) if you believe you have a serious and possibly life-threatening issue or emergency mental health needs.

Our hours of operation: VA clinic hours at the St. Cloud VA Medical Center, and Brainerd. Montevideo and Alexandria VA Clinics are from 8 a.m. to 4:30 p.m. Monday-Friday, closed weekends and federal holidays, unless otherwise specified.

Son of slain couple arrested in Mexico

Dylan Bennett is in the custody of the Mexican police after his arrest in Cancun Aug. 24, three days after two bodies were discovered dead in their rural Long Prairie home.

T o d d Тhе County Sheriff's Office announced

Saturday, Aug. 24, that Dylan Bennett, 22, was arrested by Mexican law enforcement shortly before noon at his hotel and provided a mug shot of Ben-

The suspect had contacted Todd County Sheriff Steve Och shortly before his arrest, the sheriff's office said, stating he knew police were searching for him and that he intended to turn himself in. He was arrested before Minnesota investigators were able to relay that message to Mexican authorities.

Facing second-degree murder charges in the



nett and his wife, Carol, both 63, Dylan Bennett will be returned to Minnesota in the coming days. He purchased a plane ticket from Dylan Bennett Ohio to Cancun -Photo provided by earlier this week, Mexican police the sheriff's office said. Police had

death of former

Viking Barry Ben-

been tracking his cellphone, credit card and ATM usage in Cancun since then.

Barry and Carol Bennett were found shot in their Long Prairie home Aug. 21 after a friend stopped by to check on them. The Midwest Medical Examiner's office determined both of their deaths were homicides.

The Todd County Sheriff's Office is being assisted in the investigation by the Minnesota Bureau of Criminal Apprehension, the FBI and the Central Minnesota Violent Offender Task







BrightFuture Scholarships aim to help area students

Paul Preimesberger, CLC Dean of Enrollment Management and Student Success

At Central Lakes College, we believe the investment in higher education is well worth it. Whether students graduate with a diploma, certificate or an Associate's of Arts Degree, these students will benefit from higher wages and expanded opportunities in their careers. However, we also recognize that the cost of higher education is frequently a barrier for many students and families.

That's why Central Lakes College, in cooperation with District 181, has recently made available BrightFuture scholarships to 2019 Brainerd High School graduates who met Federal Free and Reduced Lunch qualifications in the district. These scholarships can be applied to any program at Central Lakes College, and will cover the cost of one year of tuition, provide a \$500 credit at the CLC Bookstore for books and supplies, and pair each student with an academic support mentor.

We are very pleased that 12 BHS graduates plan to take advantage of this opportunity. If you received a letter notifying you of this scholarship, there's still time to apply. Please give us a call at 218-

855-8109. The BrightFuture Scholarships are just one way that CLC helps to offset the cost of a college education. In fact, last year the CLC Foundation awarded about 500 student scholarships totaling nearly \$400,000. The Foundation's annual Night Out fundraiser has raised over \$70,000 the past three years, all of which directly benefits our students. We would love to see you at this year's event, which takes place on August 29. You can get your tickets at clcmn.edu/

thenightout. Even without a scholarship, students and families find that financial aid dramatically eases the cost of a college education. In fact, 80 percent of CLC students receive some type of financial assistance. Our knowledgeable and supportive Financial Aid team meets with students and families every day to help them complete the FAFSA. See info here: clcmn.edu/financial-aid or call 218-855-8031 to make an appointment.

CLC is also committed to making sure our students have access to support and resources to 8031 to get started.

keep them enrolled once they arrive on campus. Our newly renovated and expanded Food Pantry is available to all students, no questions asked. We thank Second Harvest North Central Food Bank, Crow Wing Energized, Kids Against Hunger, The Brainerd Lions Club, Lakewood Church, Sourcewell, the Initiative Foundation. Pan-O-Gold, Foundation for Essential Needs, many CLC employees and many of you, for your generous donations. You're invited to attend our Food Pantry Open House on August 27 from 4-5:30 pm in room

Finally, the cost of college textbooks may be a lot lower than you think. CLC offers a Z(ero Cost) Degree Associate of Arts, which means that students can earn an AA Degree without having to buy a textbook. Any CLC student can take Z-Degree classes, and students may take as many Z-Degree classes as desired or available. Many faculty also offer low-cost textbooks. Visit our website for more information: clcmn edu/z-degree.

Your bright future at Central Lakes College is an investment you can afford to make. Call us at 218-855-

Letter to the Editor

Restrictions hurt business

Customers of Tower

By now you may realize that Tower Pizza was closed on Saturday of Railroad Days. I must start off by saying that I am sorry that you were not able to

have a meal here as I know many of you enjoy our product, and thank you for that. However, due to limited access to our building on Saturday because of restricted parking rules put into place for RR Days, felt it would not work out well and decided to be closed. This affords my employees the opportunity to enjoy whatever RR Days

has to offer, something they don't often get because they usually have to work.

I am hoping that the public will understand my frustration with the parking situation and will allow us to serve you in the future.

Roger Houselog Staples, Minn

Successful newspaper equals successful town

By Don Heinzman

Dear Readers:

In your hearts you know why you came to your community to live and raise a family. You like smalltown living, a good school system, a vibrant business community, a church of your denomination and residents who like to be involved in communitybuilding organizations.

It's been proven that every successful community supports and needs a good newspaper that informs you of news and events "closest to you" and helps you live a better life.

This newspaper is not staff and the progress of the publisher's; they provide it hoping to make a living, ever so small in the process of working long hours and attending important meetings for you.

So, this paper you are reading, is YOURS.

Before thinking how you can keep your hometown newspaper alive, consider the following VALUES:

Publishes advertisements from stores and services that save you money in reduced prices on certain items. If you shop local stores with savings and coupons, you can save more than enough for your subscription.

-Prints want ads of all types, particularly help wanted ads that tell you the jobs that are available.

-Publishes legal notices to alert you to what's happening around you and particularly the legal minutes of public meetings, your city council, school board and county board.

-Tells you the city services you are getting for your local tax dollars.

-Hires qualified staff trained to dig out news, write it fairly and present it in eye-catching page

-Gives you an alert of agendas from commissions, particularly the planning commission, that shape your community, even affecting your prop-

-Records news of arrests nd police calls, so you can keep track of police activity that could be close to where you live.

-Includes a sports section that not only builds community pride but encourages young athletes to try harder for the glory of their community, and commends the many volunteer coaches.

-Highlights the achievements of the school system: the quality of the

the students, like printing the complete Honor Rolls.

Most importantly, your newspaper prints edited news that's accurate. Otherwise, members of your community would get information through the grapevine, not a good

Your newspaper publishes news about the views and qualifications of those running for office and makes sure you have an informed vote, so vital to your way of life. Accepts your letters to the editor, that do affect policy makers' decisions, so vital to our Democratic way of

So, what can you do to keep your newspaper coming to you every week?

-Subscribe to it, all of those services for pennies a week, that easily can be captured by savings when you purchase goods and

-Get just one other friend to subscribe to the newspa-

-Shop at local stores and tell them you saw their advertisement in your local newspaper. Advertisers need to know their advertisement is working. A little feedback goes a long way.

Finally you need to volunteer to help the newspaper by going to an event, particularly at night, and take a photograph for the paper, particularly for the out-of-town events while consulting with the Editor.

After all, it's your newspaper's life to protect and to preserve!!

Don Heinzman is a column writer and a consultant on newsroom management, particularly for beginning community weekly newspaper editors. Contact: dhein0219@aol.com

We can solve the civics crisis in Minnesota, if we want to

By State Rep. Dean Urdahl, R-Acton Township

Our Republic faces crisis after crisis: Our government is crippled by polarization; Congress can't seem to get anything done; Supreme Court appointments have become a three-ring circus; no agreement can be reached on immigration and our borders; healthcare solutions can't be reached; our infrastructure is decaying; and the national debt is out of control.

It's easy to identify the problems. Digging deeper shows that these are the results of a more pervasive root cause: the diminishing of civic education nationally and in Minnesota. The foundation of our understanding of how our government works is withering. The outcomes include confusion, misunderstanding and decay in our system. A district court judge has told me that every day he sees the repercussions of citizens not understanding how our system works.

The failure is measurable. The National Assessment of Educational Progress, the highly respected "Nation's Report Card," reports that 75 percent of our graduates leave high school not proficient in civics. They are failing. A nationwide poll found that two-thirds of Americans can name an American Idol judge, but only 15 percent can name the Chief Justice of the

Supreme Court. One-third of our graduates can't name a single branch of our government. The Annenberg Study revealed that 37 percent cannot name one right guaranteed in the First Amendment. There are students who think Judge Judy is on the Supreme Court.

We have been undermining civics education in Minnesota for 30 years. The growing emphasis on science, math and reading is important. But it comes at a cost. When some areas are emphasized, others are diminished. We require 3.5 credits in social studies in Minnesota. While schools are supposed to offer civics. there is no mandated credit. As a result, we have a haphazard system where civics is taught in ninth grade in some schools, to juniors or seniors elsewhere, or possibly not at all - we can't be sure.

I spent 35 years as a social studies teacher. As a current member of the Minnesota House of Representatives, I serve on the **Education Policy Commit**tee. In previous sessions I have offered legislation to elevate civics education in Minnesota. I successfully authored a bill requiring students to take a civics test based on the test immigrants must take to become citizens. A study by the Woodrow Wilson National Foundation found that only 36 percent of Americans could pass a test that immigrants pass at a 97.5 percent rate. Last session, I tried to pass a bill that required a course be offered for credit to juniors or seniors in high school. Facing stiff opposition to that from the Minnesota School Boards Association (MSBA), I compromised to change the requirement to encourage.'

In its recent wrap up of the legislative session, MSBA touted its success in weakening my bill by claiming that it would reduce the number of electives and reduce local control. These claims mystify me. I compromised and amended the bill to allow for more electives. Honors programs, PSEO and other accelerated options were exempted. Frankly, it comes down to teaching what is wanted versus what is needed.

I find the local control argument ridiculous. Under my provisions, school boards would still have much flexibility. Keep in mind that one of the MSBA's top agenda items is to gain the ability to continue levy referenda by a majority vote of the local school board, instead of putting that vote before the people. While crying for local control, the MSBA is asking to remove the ultimate local control – that vote - from residents statewide.

Next session, the MSBA plans to double down on its campaign against civic education. MSBA officials want to no longer have to offer the civics test. This crosses the line from pas-

sivity to enmity regarding civics. Testing conveys a message; we care about what we test. Eliminating the test implies MSBA doesn't think civics is important. In Minnesota, it should not be about the number of tests, but whether, are we testing the right things.

I cannot overemphasize the fact this is a crisis with dire consequences for the future if we continue to diminish the building blocks of our nation. Some of our school districts do a fine job with civics. It should be consistent across our state. Civics should be taught in some form in all grades, but especially to high school juniors and seniors who will soon be voters and are ready to learn the subject.

Our local school boards are made up of good, conscientious people. Please talk to them. Let them know that neglecting civics education undermines democracy. MSBA officials will offer defenses and denials as most students continue to graduate deficient in knowledge of government. The MSBA will say that civics is taught; but most teach it in the wrong grades, there is no consistency and failures mount. School officials can make my bill's provisions work if they want to; they can rectify the proficiency failure rate, if they want to; they can help save our Republic, if they want to.

PTSD benefits from cannabis

From the Minnesota Department of Health

A recent survey by the Minnesota Department of Health (MDH) Office of Medical Cannabis found nearly three-quarters of patients using medical cannabis for post-traumatic stress disorder (PTSD) reported a high level of benefit.

MDH researchers surveyed 751 patients who listed PTSD as a qualifying condition when enrolling in the state's medical cannabis program during the five months after PTSD became an approved condition for medical cannabis use in Minnesota. Most of the patients surveyed saw benefits based both on the MDH survey and a validated measure of PTSD severity.

At enrollment, 96 percent of the PTSD patients included in this survey scored above 33 points on an initial checklist, meeting the threshold for a PTSD diagnosis. Of those who completed the same checklist three months after their first cannabis purchase, 71 percent saw their scores improve by at least 10 points. According to Dr. Tom Arneson, a research manager with the MDH Office of Medical Cannabis, this is a clinically meaningful improve-

"This study shows many patients with PTSD enrolled in the program are experiencing substantial benefits," Arneson said. "It is particularly encouraging to read comments from some patients that their participation in the program has made their engagement with other therapies for PTSD more feasible or more effective."

In addition, when asked on the survey how much benefit they've received from medical cannabis, 76 percent of responding patients indicated a benefit rating of 6 or 7 on a scale of 1 (no benefit) to 7 (great deal of benefit). Across all responding patients, a small but important proportion of patients indicated little or no benefit: 4 percent gave a rating of 1, 2 or 3. Also, about one fifth of patients reported side effects, including a few who reported increased anxiety.

When patients were asked about the most important benefit, 23 percent indicated anxiety reduction, 16 percent indicated improved sleep, 13 percent indicated improved mood and/or emotional regulation and 12 percent indicated pain reduction.



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RR Days pedal pull results

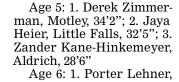
The Railroad Days Pedal Pull had 67 contestants competing on Aug. 24 in Staples. The top three finishers have the opportunity to go on to the state pull on Sept. 7 in Redwood

Following are the top

three placers in each age group:

Age 3: 1. Joe Lehner, Motley, 3'6"; 2. Laynee Schultz, Staples, 1'11'

Age 4: 1. William Kirk, Wadena, 32'8"; 2. Jaxon Dause, Staples, 9'11"; 3. Ady Heier, Little Falls, 8'3"



Motley, 23'6"; 2. Tatum Hull, Staples, 14'4" 3. Wyatt Nanik, Staples, 13'8' Age 7: 1. Reece Hull, Sta-

ples, 22'11"; 2. Odin Davis, Staples, 21'5"; 3. Brennen Sonenstahl, Staples, 17'4" Age 8: 1. Jacob Reeck, Staples, 29'8"; 2. Abigail

Koltes, Melrose, 29'2" 3. Logan Fajan, Crystal, 25'2" Age 9: 1. Andrew Black, Staples, 28'4"; 2. Jasmyne Hove, Staples, 20'6" (first pull) 21'10" (second pull); 3. Colton Johnson, Sebeka,

(second pull) Age. 10: 1. Lily Davis, Staple, 21'9"; 2. Audrina Voss, Staples, 20'11"; 3. Allison Dukowitz, Staples, 19'4"

20'6" (first pull) 20'7"

Age 11: 1. Daniel Zimmerman, Motley, 31'; 2. Elliot Allen, Aldrich, 27'7": 3. Carson Vogel, Rochester,

The event was held by CT Pedal Pulls, Bob Cheney and Marge Tepley; and sponsored by Ace Hardware. Pedal Pull helpers at the event were Ethan from Staples and Kloev from Cloquet, each of whom received a 'CT Pedal Pull'



Young farmers at the market

Jolene Zachman (left), Lakewood Health System Foundation Assistant, gets some vegetable advice at the Staples Area Farmer's Market Aug. 8. from the Kleinschmidt brothers from rural Staples. The boys, from left, are Gunnar, Huntington and Everest, and they were at the market selling produce with their parents. Russell and Jessica Kleinschmidt who own and operate Kleinschmidt Farms in rural Staples. The Staples Area Farmer's Market is held at Lakewood Health System's main campus parking lot in Staples on Thursdays, from 2 - 5:30 p.m. and features a number of vendors offering vegetables. meats, honey, baked goods and other items for sale. (Staples World photo by Dawn Timbs)

Winning pedaler

Four-year-old Jaxon Dause of Staples took second place in his age group at the Railroad Days Pedal Pull. He pulled a total of 9'11". (Staples World photo by Dawn Timbs)

Law enforcement scholarships

Wadena County Sheriff Michael D. excel academically. Carr announced today the initiation of the Law Enforcement Scholarship Program for 2019. Sheriff Carr said that the MSA Board of Directors has established a scholarship fund for awarding up to 15 - \$600 scholarships for this year. These scholarships are due to the coordinated efforts of the 87 sheriffs of the State of Minnesota.

The Members of MSA gives special recognition to the financial needs of students attending the peace officer skills course, or one of the two or four year law enforcement degree colleges. "The Board of Directors feel peace officers in our democratic society have complex duties to perform," said Sheriff Carr. MSA recognizes the importance of pre-entry training for people considering law enforcement as their career choice. MSA recognizes some students need outside help in meeting the costs of such training, even though they

The scholarship committee, in making its selection of awards, intends on achieving representation from all geographical areas of the state. Scholarship awards will be announced by December 28, 2019. Application forms and a statement of procedures are available at the Wadena County Sheriff's Office. Scholarships are only available to students currently enrolled in one of the following three categories:

• Mandated POST Skills Program • In their second year of a two year law

enforcement program. • In their third or fourth year of a four year college criminal justice program.

To qualify, students must have completed at least one year of the two year program or two years of a four year program. Students meeting these criteria are invited to obtain a scholarship application form from their local sheriff's office or online at www.mnsheriffs.org

AA MTGS AT LAKEWOOD HEALTH SYSTEM HOSPITAL MAIN CAMPUS, STAPLES, CLASSROOM A: Tuesdays, 8 p.m.; Thursdays, 8 p.m.; Saturdays, 7 p.m.. For info., 218-371-0573. AA MTGS AT FIRST LUTHERAN CHURCH, PILLAGER: Tuesdays,

1804.

AA MTGS AT MOTLEY FREE METHODIST CHURCH: Wednesdays, noon; Fridays, noon. For more info., 218-296-1512.

8 p.m. For info., 218-839-

Weekly events

ONGOING EVENTS POSTED

LAST THURSDAY OF THE MONTH:

AA MTG AT MOTLEY UNITED Methodist Church: Mondays, 8 p.m. For info., 218-

AA MTGS IN VERNDALE: Tuesdays, 9:30 p.m.; Fridays, 8 p.m., 106 S. Thompson. For info., 218-640-1365 and 218-640-6644.

CHRISTIANS IN RECOVERY Мт Thursdays, 7 p.m., Staples Alliance Church. For info., 720-308-8700.

DUAL RECOVERY ANONYMOUS MEETING Fridays, 4 p.m., Northern Pines, 11 2nd St. SW, Wadena. For info., 218-

TOPS (TAKING OFF POUNDS SENSIBLY) CHAPTER #1077 OF STAPLES Tuesdays, Faith Lutheran Church, 430 12th St. NE, Staples. Weigh-in, 5 p.m., meeting follows. For info., 218-639-0544.

WEIGHT WATCHERS MTG Mondays, Lakewood Health System main campus, Staples. Weigh-in, 5 p.m.; Mtg., 5:30 p.m. For info., 218-639-4888.

Monthly events

ADULT SURVIVORS OF SUI-CIDE LOSS' SUPPORT GROUP MTG third Tuesday, 6:30 - 8 p.m., Wesley Conference Rm. at Tri-County Health Care, Wadena. For info., 218-631-

ALZHEIMER'S ASSOC. CARE-GIVER SUPPORT GROUP MTG first and third Thursday, 3 4 p.m., Reflections Intensive Outpatient (IOP) rm., Lakewood Health System's

Mark Your Calendar

For info, 218-894-8288 or 218-894-8195. FOOT CARE CLINICS Sponsored by Lakewood Health System, first Tuesday, 8 a.m. - 4 p.m., LHS, Staples clinic; third Tues., 8 a.m. - 4 p.m., Scandia Valley Town Hall. For appt. and price

senior campus, Staples.

information, 218-894-8080. GRIEF SUPPORT GROUP MTG first Tuesday, 4:30 - 5:30 p.m., Wesley Conference Rm. at Tri-County Health Care, Wadena. For info., 218-631-5228

MEMORY LOSS SUPPORT GROUP FOR CAREGIVERS MTG second Thursday, 2:30 p.m., Wesley Conference Rm. at Tri-County Health Care, Wadena. For info., 218-631-

MOTLEY AREA HISTORICAL Society Mtg second Tuesday, 1 p.m., Motley City Hall (except Jan. and Feb.) For more info., 218-352-6137 or 218-352-6699.

PARENTS WHO HAVE LOST A CHILD' SUPPORT GROUP MTG second Monday, 5:30 p.m., Wesley Conference Rm. at Tri-County Health Care, Wadena. For info., 218-631-

PARKINSON'S DISEASE SUPPORT GROUP MTG first Monday, 1:30 p.m., Edgewood Vista dining room, 14211 Firewood Dr., Baxter. For info., 218-829-4017.

SENIOR HEALTH CLINIC SPONsored by Wadena County Public Health, second Wednesday, 8:30 - 11:30 a.m., at Wadena County Public Health, 22 Dayton Ave. SE, Wadena. Health screenings include blood pressure, foot care, health info. and referrals. For info., 218-631-

TODD COUNTY REPUBLICANS Mtg third Thursday, 7 p.m., St. Matthew's Church, Clarissa. For info., 320-533-1119. WADENA COUNTY DEMO-

CRATIC PARTY COMMITTEE MTG third Monday, 6:30 p.m., The Hub 71 in Sebeka. Anyone interested in joining, welcome. For info., email DFLWadenaCo-Chair@yahoo.com.

WAHOO VALLEY AREA MN DEER HUNTER'S ASSOCIATION Mtg second Tuesday, 7 p.m., Wahoo Valley (except Nov. and Jan.). For info, 218-640-

WOMEN OF TODAY MTG first Tuesday, 6:30 p.m., Landmark Inn, Staples.

August 30

FREE OUTDOOR MOVIE Friday, Aug. 30, at Converse Park in Motley, starting at dusk. Bounce house for kids beginning at 6:30 p.m. Free popcorn, beverage served. Sponsored by Motley United Methodist Church.

Educational Opportunities

September 7

TRAPPERS EDUCATION Course offered by the Minnesota Trappers Association, will be held Saturday, Sept. 7, 9 a.m. - 3 p.m., at Dewey's Taxidermy, 63539 340th St., Wadena. Preregistration required. Call Duane Schmitz at 218-631-4988 for info. Lunch provided. Anyone born after Dec. 31, 1989 that has never purchased a trapper's license and would like to, must take a Trappers Education Class.



Back-to-school supplies donated again

Nearly 100 children received school supplies, clothing, tennis shoes, personal items, back-packs and free haircuts, thanks to the efforts of Care Ministry in Staples and donations from area churches, businesses, service groups and individuals. Pictured above, from left, are Care Ministry volunteers Megan Lindgren, Bonnie Dallmann, Jeannie Hajek, Gail Honek, Joyce Anderson and Sherry Frisk. In addition, care givers were treated to manicures and foot and hand massages while they waited for the children to finish gathering their supplies. This is the sixth year Care Ministries has organized this event. (Staples World photo by Dawn Timbs)

Help Us Build Strong Communities

Duininck is now accepting applications

Field and/or **Shop Technician**

Duininck Companies LLC is a family-run company founded in 1926, and now in its third generation. Duininck Companies continues to expand and grow, and we are actively seeking a Field & Shop Technician to join our team! The primary function of the position will be to diagnose and repair all heavy construction equipment on different job sites or in the shop. This individual must be flexible and open to traveling to different job sites throughout Minnesota and surrounding states

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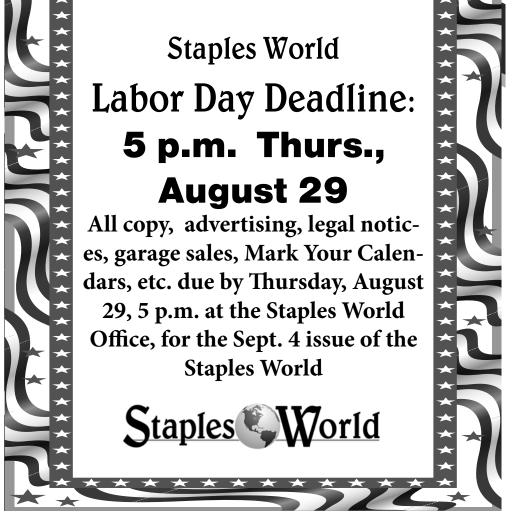
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Senior leadership for football team

Staples-Motley senior football players, from left, Izaiah DeMars, Boston Smith, Ryan Wick, Cade

Schmidt, Issac Kronnenberg, Emmitt Winkels and Garrett Carlson. (Staples World photo by Mark Anderson)s

Football team eager to show what they can do this season

By Mark Anderson Managing Editor

After a good showing at their scrimmage on Aug. 24, the Staples-Motley football team is making plans to improve on their one win season last year. But more than that, they are doing it as a team and a community.

"This is a great group of kids. They have worked hard for multiple seasons and are ready to do the community proud," said Coach Chris Kappler. "On top of being a fun group to coach, they're a group of great kids, always helping with our community programs and churches.

They have great chemistry with each other and know exactly how to push each other to be the best they can be. They're an intelligent group of boys and I can't wait to show everyone what they can do this

The hard work included summer workouts in the weight room, camps, passing leagues and team events.

"We had some of the best turnouts for our varsity athletes in a long time," said Kappler, "they were

The Cardinals will have several people playing both offense and defense, but their lack of numbers doesn't affect their attitude.

"We are going with the mentality to control what we can control, and that is our effort and attitude,' said Kappler. "Keep a positive attitude on anything that happens, and give maximum effort in everything we do, from our warm-ups, to our practice reps, and then to game time.'

Staples-Motley starts the season at Wadena-Deer Creek on Friday, Aug. 30, at 7 p.m. They then return home for five straight games, with two more on the road to finish the season. New teams on the schedule include Red Lake

Heldman: Kills-1

25-14

Bierga:

Brandt:

Assists-1, Kills-6

O'Neil: Ace-1

Lombard: Digs-4

Assists-16

Becker: Digs-1, Kills-2

Allen: Ace-2, Digs-3, Kills-7,

Martin: Digs-4, Assists-1

Becker: Ace-1, Digs-1,

Peterson: Digs-2, Kills-4

SM1, Braham 1; 23-25, 20-25, 20-18

Aces-2, Digs-1,

Ace-1, Digs-8,

Schneider: Digs-2, Assists-1 Assists-4

- 0 -

Inside the

Outdoors

on Sept. 20 and Roseau on Sept. 27. "We played our best foot-

ball last year during our last game," said Kappler. We are hoping to pick up from there and continue to grow. We are confident in our defense, and are really enthusiastic about the adjustments we made on offense. There is a feeling in the locker room that we are in a position to do great things this season, but only if we continue to work as a team, and execute our individual assignments. The guys have put in a lot of hard work, and are chomping at the bit to get going.

> Third place match: SM 2, Pillager 1; 25-23,

> Brandt: Ace-1, Digs-9,

Allen: Aces-4, Digs-4, Kills-

Schneider: Ace-1, Digs-2,

Peterson: Digs-1, Kills-3

Becker: Digs-2, Kills-2

Lombard: Digs-17, Kills-1

Bjerga:

Assists-18, Kills-2

19, Blocks-3

O'Neil -1

Martin; Digs-10

Swimmers work together to improve

By Mark Anderson Managing Editor

The Staples-Motley swim team starts the season with a lot of young swimmers who are showing the potential for growth.

Our team is very young, the oldest team members being sophomores, but they are ready to challenge themselves and make each other better," said Coach Amanda Toft.

With the young team, Toft said there are new challenges, but the team is already showing rapid growth that past teams were unable to do this early in the season. "It's been a fun few weeks of trying new things which makes this season pretty exciting," said Toft.

Part of that improvement is each athlete's willingness to work on new things.

"The team's attitude is the best it has ever been,' said Toft. "Every girl on the team has had a positive attitude and the desire to

work hard. Swimming is a demanding sport and the girls that are on the team are up for the challenge and that's a pretty amazing thing to have from any

Although swimming is an individual sport, it takes a team to realize the potential of each swimmer.

"If the girls are pushing themselves and their teammates every day and then dropping time together, that is the best kind of success," said Toft. "We have been switching lane assignments, trying new workout techniques, and really trying to break down our strokes to build up their technical game. We're most focused on making the laps count, not just counting the laps they swim.'

Toft hopes the team's attitude and improvement will come through in the meets this season. "They have fun, work hard, and work together. It's pretty incredible to watch coming from such a young team,



Swim team captains

Sophomores Adriana Dickey and Evelyn Gonzalez (on phone screen) will be the captains of the Cardinals swim team this season.

Volleyball team off to a good start, looking for more

By Mark Anderson Managing Editor

The Staples-Motley volleyball team has been building momentum the past few years and the team is starting to see the benefits.

The Cardinals finished in third place at the eight team Royalton tournament on Aug. 23, taking second in their pool play after three rounds, then defeating Pillager in a very close third place match.

"The early season is off to a good start, we only lost two seniors from last year so we have the core of our varsity team back," said Coach Gretchen Bestland. "They have been putting in time in the weightroom and we had a good spring and summer playing in area tournaments.

Bestland said the team wrote a new purpose statement in the first weeks of practice, and they have decided to build a teamover-self mentality. That attitude paid off in their first tournament, as the statistics are scattered throughout the lineup.

While it is a good start, Bestland said the conference schedule will be very tough again this year. "We are looking to improve on

our two conference wins from last year," she said.

The Cardinals have only six home games and one home tournament this year. "We would love to see fans come out and support the team to help promote a home court advantage," said Bestland.

Team results Royalton Tournament Pool play:

SM 2, Pine City 0; 25-19,

Mackenna Bjerga: Digs-6, Assist-14, Kills-1 Aubrey Brandt: Ace-1,

Digs-4, Kills-3 Tabetha Allen: Ace-1, Digs-1, Assist-1, Kills-10, blocks-2

Libby O'Neil: Digs-3, Assists-1 Ava Schneider: Ace-1, Digs-

3, Assists-1, Blocks-1 Bella Martin: Ace-1, Digs-7, Assists-1 Alix Peterson: Ace-1, Digs-

1, Kills-2 Heidi Lombard: Digs-12, Kills-1 Brooke Heldman: Kills-1

Morgan Becker: Assists-1, Kills-4 SM 1, Foley 1; 27-25,

20-25 Bjerga: Digs-3, Assist-17, Kills-1

Brandt: Digs-7, Kills-4 Allen: Ace-5, Digs-1, Kills-8 O'Neil: Digs-2 Schneider: Digs-3, Kills-3 Martin: Ace-1, Digs-3 Peterson: Ace-1, Digs-1, Kills-2, Blocks-1 Lombard: Digs-10, Kills-1

sneak up on us? How did a summer that seemed still in command yield so readily to the advance guard of fall? Yet here we are. We may still be four weeks from the autumnal equinox, but to a Minnesotan that's just a technicality. With Labor Day and September come signs and

events that leave us thinking of summer the past tense. 0 n



Mike Rahn starting - 0 a blaze in

the family room fireplace. This is the same person who in high summer is the first one to declare an ACair conditioner—day at the first hint of humidity and an upward blip in temperature. Was it the chill air entering through half-open windows? An unconscious reaction to the changing length of daylight, or the angle of the sun? I take it as a sign, in any event.

My closest angling friend called to report the results of his latest trip to our favorite local trout stream. He went on and on about the brilliant color of several fish he had caught. In fall, when brook trout spawn, mature males change dramatically. taken off in Minnesota as Their bellies turn a bright reddish orange; their fins become similarly colorful. Like the breeding plumage of male ducks and many songbirds, brilliant colors are an attractor in the pairing process that leads to reproduction and survival of these species. The brook trout are proof that fall is almost upon us.

September 1, the day preceding Labor Day Monday, is the start of the 2019 Minnesota hunting seasons. The first of these are the early goose season, mourning dove, and bear season. The most controversial of these is the hunt for the mourning dove, which for six decades had been closed until the Minnesota Legislature in the 2003-2004 session voted to re-open it.

There have been unsuccessful attempts since that time to reverse this. Doves are actually the most hunted game bird in the U.S. But for many Minnesotans the most lingering memory of the bird is its mournful, ascending and descending five-note call, often heard in early morning in their neighborhood. Being a familiar urban and suburban neighbor has probably contributed to its being viewed by some as a songbird, rather than a gamebird. The mourning dove is an early migrant, and many will have left the state by early September. Despite its popularity in many other states, mourning dove hunting has not

some had expected.

Less than a week after Labor Day is Minnesota's special Youth Waterfowl Hunt, September 7-8. This is two weeks earlier than the general statewide duck and goose hunting season opener. It was conceived as an opportunity for youth 15 and under-since changed to 17 and under—to be introduced to waterfowl hunting under less competitive conditions than those that typically accompany the general opener. A non-hunting adult must accompany a youth hunter, who—if between age 13 and 17—is required to have a hunter safety certification, or apprentice hunter validation. The season's general bag limit and harvest rules apply. Youth hunters age 16-17 must also have a federal migratory bird hunting stamp—"duck stamp"—and a Minnesota

small game license. Like the mourning dove season, there is a degree of controversy surrounding the Youth Waterfowl Hunt. Some adult waterfowl hunters cite the potential for the youth hunt to drive early-migrating species from the state before the general duck and goose season opens (September 21st this year). Blue-wing teal are among those early migrators, and birds biologically timed to migrate can be triggered to do so by the disruption of shooting, especially if it's widespread.

However, estimated

Early taste of fall on the menu youth participation has been in the 5,000 range, which is a small fraction of the state's overall duck hunter population. And, given the precipitous decline in Minnesota duck hunter numbers over the past several decades. recruitment of more young hunters is more important than ever, if the license fees that fund management and participation-dependent political muscle for conservation efforts are to be maintained. The Youth Waterfowl Hunt may not be the perfect answer. But there seem to be relatively few recruitment answers, at least insofar as waterfowl hunting is concerned. That's just a start for

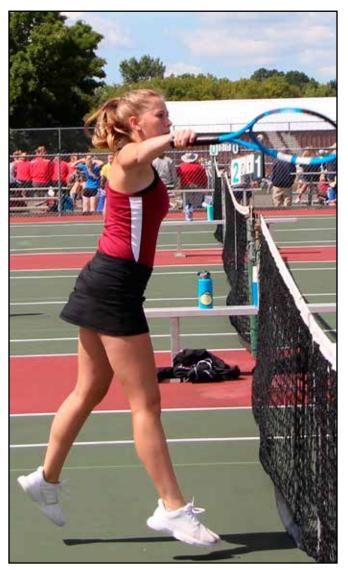
September. Just over two weeks away, on September 14th, is the start of the Minnesota ruffed grouse, sharptail grouse, Hungarian partridge, and archery deer hunting seasons. Woodcock, which are often found in close association with ruffed grouse, become fair game on September 21st. September 28th is the start of the fall wild turkey

That's just the September hunting bill of fare. There'll be more to come including pheasants and firearms deer hunts—in October and November. And, not to be forgotten, some of the best fishing of the year takes place in the fall. This is the annual paradox faced by those of us who are both anglers and hunters. But what a delightful dilemma to have.



Volleyball leadership

Seniors Bella Martin, Alix Peterson and Mackenna Bjerga will be volleyball captains this season.



Slam dunk

Katie Smith smashes a ball over the net during the home tennis tournament Aug. 21. (Staples World photos by Mark Anderson)



Teamwork for the win

Tasha Achermann, left, and Haley Cichos advance to the net while getting a big doubles win against their rival Osakis team.



Right spot

Kenzie Erickson gets ready to hit a shot at the net.



Strong serve

Corinne Olson gives

team looking

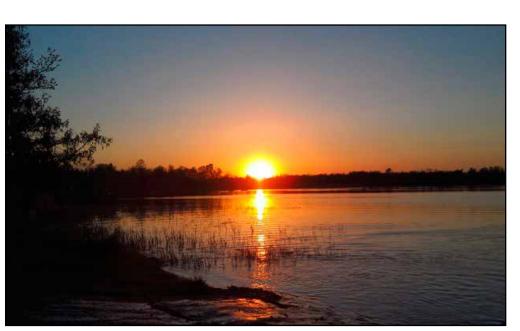
a big effort on a serve.

Tennis strong

The Staples-Motley tennis team hosted a tournament along with Wadena-Deer Creek on Aug.

The Cardinals followed up the tournament by playing some big school teams at a quadrangular match in Branerd. They lost 3-4 to Brainerd, with Lauren Rutten, Jenna Dvorak and Allison Knosalla getting the wins in singles matches. Dvorak also got the win in a 1-6 loss to Hutchinson, but Rose Han pushed her singles match to a tiebreaker, as did the doubles team of Haley Cichos and Tasha Achermann. The team also beat Big Lake 6-1 at that meet.

"It was a great day of tennis for the team in Brainerd," said Coach Jaque Doll.



Magnificent Minnesota

Sunset over a Minnesota lake. (Photo by Ray Gildow)

Minnesota outdoors: counting our blessings

By Ray Gildow

As I was sitting and contemplating writing my next outdoor article with Max, my black lab, and constant outdoor walking partner, it occurred to me that the world is just getting overwhelmed with so much negative news that something needs to be written about all the great things we have to be thankful for. Let's forget about politics, climate change, invasive species, insurance, hate and greed and pause to look around at what we

sometimes fail to see. We live in a part of the world blessed with water, an abundance of natural resources and a public that values these treasures. We have 67 state parks, nine recreation areas, nine state waysides, 23 state trails for a total of 267,000 acres. Minnesota is the home of five national parks, and 42,000,000 acres of state forests. The state has 11,842

lakes over ten acres in size

and some of the cleanest water in North America.

Our air quality here too, for most of the year, is exceptional, and Minnesotan's have long supported measures to keep our environment safe and clean. Yes, there are pressures to develop land, drain ditches, construct pipelines, and reduce farmland, but there are checks and balances that are in play that give thoughtful discussion to policies that impact those decisions.

Minnesota has an abundance of wildlife; lakes that are still great for fishing, woods that are alive with deer and squirrels, and an array of songbirds that is second to none. Then there are the moose, the northern elk herd, black bears, turkeys, eagles, hawks and lightning bugs, yes lightning bugs, which are really beetles, but not seen in most parts of the world.

In Minnesota, it is possible to jump in the car and drive for a short distance

in any direction and see all these wonderful resources. Resources that perhaps are taken for granted when they should be celebrated and appreciated more

There have been a number of recent studies that indicate that people who take just a few hours a week to spend outdoors have a healthier life than those who choose not to do that. It could be a walk down your local road or a short bike ride though the woods or a trip to the local park. Who knew that could

really be healthy? So, take some time to stop and think about all the wonderful things we have in our lives to be thankful for and share those thoughts with others. We live in a special place, get outside and enjoy the marvel of our outdoors. And oh, by the way, be sure and check for ticks when you get back in the house.



Ground stroke

Keara Kern snaps a hard forehand.



Getting to the ball

Georgia Kruchten moves up to get to a drop shot.



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founded in 1926, and now in its third generation. Duininck Companies continues to expand and

grow, and we are actively seeking drivers of semi belly dump, tri-pump, end dump, flatbed, tandem, lowboy and quad dump trucks to join our team! As a Truck Driver you will be responsible for transporting dirt, aggregate, asphalt, hot mix and/or equipment to job site locations.

Essential duties include safely operating a truck to deliver equipment or materials, securing loads for transport in compliance with safety regulations and company policies, assisting with loading and unloading, performing inspections, completing documentation and more. For a full description go to see www.duininck.com. We offer competitive pay based on experience and a full range of benefits!

Contact us to learn more about opportunites to join our team

phone 320-978-6011 web duininck.com

DUININCK Duininck is an EEO/AA/M/F/Vet/Disability Employer

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- ·Loan Officer Lake Lillian •Credit Analyst II - Clara City
- VP/Ag Loan Officer Clara City View our job posting and

submit your application with resume to:

citizensalliancebank.com/careers

Or Human Resources Department Citizens Alliance Bank P.O. Box 430 Clara City, MN 56222

Citizens Alliance Bank is an EEOC of Protected Veterans & Individuals with Disabilities



Customer Driven. Community Focused.

Life Currents

0-0 **Hello World**

BIRTHS REPORTED AT LAKE-WOOD HEALTH SYSTEM HOSPITAL IN STAPLES INCLUDED:

Born to Cierra and Cole Hunstad of Pillager, a baby boy, Oliver Shawn weighing nine pounds, seven ounces on August 16, 2019.

Born to Rebecca and Michael Fitzlaff of Bertha, a baby girl, Jewel Joanna weighing nine pounds, on August 17, 2019.

Born to Kelsey Kavanaugh and Zachary Brusewitz of Staples, a baby boy, Maverick Kenneth weighing eight pounds, two ounces on August 17, 2019.

Born to Wendy Caudillo Gordillo and Chris Torvinen of Menahga, a baby girl, Mylah Zeplyn weighing eight pounds, one

Staples

Staples Alliance

Assembly of God

914 3rd Ave. NE, Staples ...

Discipleship Classes

Sunday Worship.

Evening Prayer.

WEDNESĎAY

Pastor Barry Klein

Sunday Worship.

Website: www.stapleschurchofchrist.org Bible School (youth and adult).....9:30 a.m.

Teen Youth/Adults Bible Study 6:30 p.m.

First Congregational Church,

Fellowship, refreshments following service

430 12th Street. NE., Staples.....218-894-1546

Monica J. Simmons..... 218-414-0081 cell/text

firstcongouccstaples@gmail.com

204 5th St. NE, Staples

Faith Lutheran

Sunday Worship Service.

Sacred Heart Church

Youth and Young Adult Ministry

Seventh Day Adventist

Thomastown Covenant

Sunday School and

Coffee Fellowship.

310 4th St. NE, Staples

Pastor Fr. Gabriel Walz

Thursday and Friday.

421 Dakota Ave. SE, Staples 218-894-0033

15940 251st Ave., Staples..

Worship Sunday Wo WEDNESDAY

Trinity Lutheran

1000 4th St., NE, Staples

Sunday Divine Service

Sunday School & Bible Class...... 10:30 a.m.

Rev. Robin Collins

Saturday Worship

Coordinator:

Saturday

Pastor: Carl Larson

Worship

Sunday Worship.

Sunday School

WEDNESDAY

AWANA.

1512 8th St. NE, Staples

..218-894-2891

.11:00 a.m.

..6:15 p.m.

.9:30 a.m.

. 10:30 a.m.

..6:00 p.m.

.. 10:30 a.m.

... 218-894-2571

.9:30 a.m.

...9:00 a.m.

.10:05 a.m.

..218-894-2296

..8.30 a.m.

.5:00 p.m.

.10:45 am.

..9:30 a.m.

..9:15 a.m.

.. 10:30 a.m.

..7:00 p.m.

.218-894-2372

.9.00 a.m

..218-894-3923

218-894-1081

ounce on August 17, 2019.

Born to Sheena Meyer and Erik Affolter of Staples, a baby girl, Kymorah Althea weighing six pounds, seven ounces on August 19, 2019.

Born to Raelin and Nick Bennett of Staples, a baby boy, Parker Ray weighing seven pounds, 10 ounces on August 21, 2019.

Born to Erin Lee and Codi Paszek of Long Prairie, a baby boy, Paxton Carter weighing five pounds, 12 ounces on August 23, 2019.

Born to Martha and Isaac Ray of Wadena, a baby girl, Mara Rose weighing six pounds, seven ounces on August 23, 2019.

United Methodist

Balsamlund Lutheran

19550 490th Street, Aldrich

Sunday Worship.

Sunday School

Cushing

Sunday Worship...

Sunday School and

Coffee Fellowship.

Pastor: Jim Brown

SUNDAY

WEDNESDAY

Kids' Club.

Praise & Prayer

Pancake Breakfast...

2nd Sunday, each month

Youth Coordinator: Joe Reigstad

Sunday School for all ages ..

Jr./Sr. Forge Youth Group..

Swan Valley Lutheran

of Word and Sacrament

Maple Hill Lutheran

of Word and Sacrament

Sunday Worship.

Sandy Knight, Synodically Authorized Minister

Sandy Knight, Synodically Authorized Minister

Leader218-397-2470 (Rural Pine River)

Leaf River Township

The Old Country Church Leaf River Twp., Wadena County Rd. 6

Worship and Sunday School 9:00 a.m.

Info. 218-837-5690 .. Open by arrangement

Worship Gathering ..

Cushing Baptist

26298 Bear Rd., Cushing

Pastor Dan Holmes

Sunday School

WEDNESDAY

Bible study

Leader

Leader ..

Sunday Worship.......10:30 a.m. (Nursery Available for Sunday Worship) Sunday School (for grades K-12 and adults)

310 5th St. NE, Staples ..

Aldrich

Langemo, granddaughter of former resident, crowned Miss Cokato

Erikka Langemo was crowned the 2019 Miss Cokato at the Cokato Corn Carnival held Aug. 13.

Langemo is the daughter of Tom and Rhea Langemo and granddaughter of Rev. Martin and Carol Langemo (formerly of Staples).

The Corn Carnival, first held in 1950, takes place each August to celebrate the agricultural history of Cokato. The Miss Cokato program, which began in 1948, is a scholarship program focused on leadership skills and volunteerism.

As Miss Cokato, Langemo will participate in the St. Paul Winter Carnival, and compete for Queen of the Lakes at the Minneapolis Aquatennial in July of 2020. Along with princess Bethany Wagner, Langemo will also represent Cokato at parades, coronations, and other



Miss Cokato

Erikka Langemo, granddaughter of Carol Langemo was recently crowned 2019 Miss Cokato. (Submitted photo)

neighboring community festivals.

The 2020 Cokato Corn Carnival will be held August 10-12, 2020.

Hewitt

218-924-2028

WEDNESDAY

Pastor Robin Fish

Sunday Worship

Prayer..

Pastor Wayne Hoffert

Sunday Worship.

Sunday School

..218-352-6888

.10:30 a.m.

4:00-5:30 p.m.

.5:30-7:30 p.m.

.218-352-6399

.9:00 & 10:30 a.m.

Church of the Nazarene

Trinity Lutheran Church

524 Front Street, PO Box 116, Hewitt, MN

United Methodist Church

Family Life Church

VerndaleFLC@gmail.com

Discipleship Classes..

Coffee / Fellowship.

Worship Service WEDNESDAY

Prayer...

402 NE Clark Drive, Verndale 218-445-5568

Childrens' Pastor Kenneth Kjeldergaard SUNDAY

114 Front Street, P.O. Box 146 Hewitt, MN

..9:30 a.m

7:00 p.m

..10:30 a.m.

...10:30 a.m

.....9:30 a.m

.....9:30 a.m

....11-11:45 a.m

. 218-371-7189

.10:00 a.m.

.. 10:45 a.m./6 p.m.

Student Achievements

UNIVERSITY OF MINNESOTA Twin Cities has announced its 2019 Spring Semester Dean's List. To qualify, students must complete 12 or more letter-graded credits while attaining a 3.66 grade point average. Locals students named include:

• Jacob Johnson, Pil-

• Katherine Benson, Sta-

MINNESOTA STATE UNI-VERSITY, MANKATO has announced its 2019 Spring Semester Dean's List. To qualify for the high honor list, students must achieve a 4.0 grade point average. To qualify for the honor list, students must have earned a grade point average of 3.5 to 3.99. Students must also be enrolled for at least 12 credit hours for the semester. Local students named include:

• Julia Brogle, Pillager, honor list

• Jessica Klima, Pillager, honor list

 Julia Fink, Staples, high honor list.

KELSEY RAYE DICKINSON Motley, recently graduated from the University of Wyoming with a Bachelor of Science in Nursing

Michael Stellmach Jares, Sr.

Michael Enoch Stellmach, 36, died Saturday August 24, 2019, in Pillager.

Memorial services will be held at 3:00 p.m., Thursday, Sept. 5, 2019, at Brenny Family Funeral Chapel in Staples. Visitation will be one hour prior.

In lieu of flowers, memorials may be sent to the family.

w35c A00006B2019AU28

Frank Victor Jares, Sr., 94, of Staples died Saturday August 24, 2019.

A visitation will be held from 4 to 8 p.m. Thurs., August 29 at the Brenny Family Funeral Chapel in Staples. Funeral Mass will be held at 11 a.m. Friday, August 30, 2019 at Sacred Heart Catholic Church in Staples.

Interment will be at Minnesota State Veterans Cemetery.

w35x A00006B2019AU28

Eldon Hybl

Funeral services for Eldon Hybl, 83, of Staples will be held Thursday, August 29 at 11:00 a.m. at Trinity Lutheran Church in New York Mills.

Obituaries

Frank

Visitation will be held Weds., Aug. 28 from 4:00 to 7:00 p.m. with a prayer service at 6:30 p.m. at Trinity Lutheran Church in New York Mills. Visitation will resume one hour prior to the funeral service on Thursday. Visit www.karvonenfuneralhome.com

Arrangements are provided by Karvonen Funeral and Cremation Services of New York Mills

w35c A00006B2019AU28

Veteran's News Smoke free facilities rule effective Oct. 1, 2019

David A Anderson Wadena County Veteran Service Officer

As part of the U.S. Department of Veterans Affairs' (VA) commitment to provide excellent health care for veterans, the department will implement a new policy restricting smoking by patients, visitors, volunteers, contractors and vendors at its health care facilities by October. Although VA has historically permitted smoking in designated areas, there is growing evidence that smoking and exposure to secondhand and thirdhand smoke creates significant medical risks, and risks to the safety and direct patient care that are inconsistent with medical requirements and limitations. Accordingly, VA's Veterans Health Administration (VHA) has collaborated with key stakeholders to update and recertify the policy to be consistent with the department's commitment to vet-

erans and the community. A recent VA survey revealed that approximately 85 percent of responding facility leadership support smoke-free campuses and this new policy for patients, visitors, volunteers, contractors and vendors allows VA to ensure the health and wellbeing of VA staff, patients and the public. "We are not alone in recognizing the importance of creating a smoke-free campus,'

said VA Secretary Robert Wilkie. "As of 2014, 4,000 health care facilities and four national health care systems in the U.S. have implemented smoke free grounds. This policy change coincides with additional VHA efforts to help us become the provider of choice for veterans and the reason why veterans will choose VA."

VHA's new smoke-free policy applies to cigarettes, cigars, pipes, any other combustion of tobacco and non-Federal Drug Administration approved electronic nicotine delivery systems (ENDS), including but not limited to electronic or e-cigarettes, vape pens or e-cigars.

To learn more about health risks associated with smoking, visit the Surgeon General's website at https://www.hhs.gov/ surgeongeneral/reportsand-publications/tobacco/ index.html or https:// smokefree.gov/. VHA has extensive resources and programs to assist veterans in their smoke-free journey. They can be found at https://www.mentalhealth.va.gov/quit-tobacco. (Source: VA News Release June 10, 2019)

See your local County Veterans Service Officer if you have questions. You can contact your local VSO at 218-631-7617 or by email at david.anderson@ co.wadena.mn.us.

Wednesday times are for Sept. - May Sonlight (Kids Program)....4:00 - 5:30 p.m. Youth Group4:00 - 5:30 p.m. **Bethany Lutheran** Pastor Kenneth Uhren St. Michael 25430 Bison Rd.Cushing, MN 320-749-2140 1st St. and Birch, Motley ..218-894-2296 Sunday Services **Church of Christ** Sunday School Pastor Fr. Gabriel Walz ..218-894-2609 27343 490th St., Staples.. Pastor Carl Larson www.bethanvlutherancushina.ora

Staples Area Church Directory

..218-894-2248

. 9: 15-10: 15 a.m.

...701-261-2394 (cell)

..8:15 a.m

.8:30 a.m.

.9:00 a.m.

.. 10:00 a.m.

..6:00 p.m.

320-749-2583

.9:30 a.m.

.10:30 a.m.

.7:30 p.m.

..218-397-2470

.11:00 a.m.

10:30 a.m.

Motley

Motley 56466...

Pastor Jim Johnson

Sunday School WEDNESDAY

Kids Club..

Sunday Worship.

St. John's Lutheran

497 3rd Ave. S, Motley..... Pastor Vicar Paul Koehler

Sunday Worship.

Motley Free Methodist

MASS: Verndale ..6:30 p.m, Tuesday .10:45 a.m. Verndale Alliance 109 NW Brown Street, Verndale, MN 56481 ..8:30 a.m.. Wednesday. .9:30 a.m. 218-445-5619 . 10:30 a.m. .11:45 a.m. Senior Pastor Tony Stanley Heath Belknap, Pastor of Student Ministries **United Methodist** 847 3rd Ave. S. Lane, Motley.....218-352-6466 Sunday Worship.....Sunday Bible Fellowship Classses Lincoln Evangelical Free www.lincolnefree.org Facebook Lincoln E Free
Office Hours: Mon.-Thurs., 9 a.m.-2 p.m.
Senior Pastor: Donald Reigstad Pastor Grea Leslie

Sunday School and Bible Class 8:30 a.m.

www.motleyumc.net Sunday Ŵorship Service. .9:00 a.m. ..8:00 p.m. Monday AA meeting. **Oylen**

Oylen Alliance Cty. Rds, 7 and 9, Oylen 218-472-3440 or 218-472-3316 Pastor Neal Malcore .. 10:00 a.m. Sunday School. Sunday Worship

Pillager **First Lutheran Church** 717 River Street S, Pillager, MN 218-746-3775 .9:30 a.m. Sunday Worship.

Casino Assembly of God N. of Motley, Hwy. 64, E. on Cty 34 to Cty. 104. Phone Worship....

....218-746-3839 ...9:30 a.m.10:30 a.m. Sunday Worship WEDNESDAY .. **First Baptist** 903 River Street South, Pillager Pastor Jake Anderson 218-746-3768

..7:00 p.m. curious@fbcpillager.com Worship Gathering 10:00 a.m. Connection Point. ..9:30 a.m. (serving coffee and donuts)

. 6:30 p.m ...Groups 6:00 p.m....Meal. **Hope Chapel Alliance** 218-445-5643 or 218-472-3316 Pastor Neal Malcore Sunday Worship .9:00 a.m. Sunday School .10:30 a.m. WEDNESDAY **Family Night Immanuel Lutheran Church** of Bartlett Township (LCMS) 17097 460th St. PO Box 37, Verndale Pastor Robin Fish

Sunday Worship WEDNESDAY 9:00 a.m 6:30 p.m. **Verndale United Methodist** 10 3rd Ave. SW, Verndale 218-445-5108 Pastor Jill Pawlowski Sunday Worship. 9:00 a.m.

Central United Methodist 5 miles N on Cty Rd 26 (Nimrod tar) Pastor Chuck Horsager, 218-639-4225 . 9:00 a.m. Sunday Worship . 10:30 a.m.

"Labor Day and God's Gift of Work"

Barry Klein, Pastor, Staples Church of Christ

Here comes our September 2 Labor Day soon. It so often now is signaling the transition from completing our three months of summer to welcoming an early awareness of the coming of autumn with school starting again.

Historically, Labor Day came out of tough working conditions in the 1800's and a call for the worker to have dignity and balance returned to the work environment that had lowered the worker into a status of a commodity... a means to an economic end. Labor Day first became a federal holiday in 1894.

This is a timely part of the year to again think about work from God's point of view. Contrary to some popular beliefs, work is not a "necessary evil". Rather, it started out as a gift in relationship to Adam and Eve's Creator in the perfect Garden of Eden. Genesis 1:26 (See also Genesis 2:15) is a tremendous launching pad to a proper view of work that continues to be there to this day for us. God is entrusting His creation to be "worked and

cared for". It is all summed up in powerful imagery of being good stewards of what always belongs to God.

Think about it. Our work (paid or unpaid volunteer-ism) depends completely upon God in every breath, skill and energy that it takes to engage the task and relationships before us.

The apostle Paul minces no words in II Thessalonians 3:10 when he says, "if a man will not work, he shall not eat." Keep in mind, Paul doesn't say "if a man CANNOT work..." The book of proverbs is replete with warnings against deliberate laziness (e.g. 10:4-5).

There is great satisfaction in work well done for God and in God! It is a deep part of the spiritual and physical DNA of which God has created us. We are created to "be fruitful" in a way that reflects rightful dependence upon God with a lifestyle of gratitude.

Thank you for your fruitful contribution of your life to our area!

The Staples area Church Directory is sponsored by these businesses:

Longbella Drug Store "The Prescription Store"

2nd Ave., Staples • 218-894-2242 Motley and Pillager

Central Building Supply

Bob Reeck, Manager Hwy. 10 West, Staples, MN

Ernie's Food Market Groceries - Gas - Convenience - more Staples, MN 218-894-1072

Your community newspaper since 1890

224 4th St. NE. Staples. MN

218-894-1112

"Complete Animal Care" **Staples World**

Pizza, Pasta, Salads, Sandwiches Staples, MN 218-894-3299

Staples, MN 218-894-1775 **Tower Pizza**

Staples Veterinary

Clinic

Mid-Central Federal Savings Bank Fully Insured to \$250,000 Staples, MN 218-894-3900

Staples True Value "Just Ask Rental" Open 7 days a week Staples, MN 218-894-3263

wk35

Staples World Labor Day Deadline: 5 p.m. Thurs., August 29 All copy, advertising, legal notices, garage sales, Mark Your Calendars, etc. due by Thursday, August 29, 5 et the Staples World Office, for issue of the Staples World



Ag politics at Field Day

Keith Olander, Dean of Agricultural Programs at Central Lakes College and Director of AgCentric, hands the microphone to Paul Gazelka, right, at the CLC Field Day on Aug. 23. Gazelka, the Senate Majority Leader, gave an update on the most recent session and talked about the agriculture issues the Minnesota Legislature is working on. More on Field Day in next week's Staples World. (Staples World photo by Mark Anderson)



Public Notices

NOTICE CITY OF STAPLES

SECTION 00020 -ADVERTISEMENT FOR BIDS

Wastewater Treatment Facility Improvements Staples, MN

RECEIPT AND OPENING OF PROPOSALS: Sealed proposals for the work described below will be received by the City Administrator at the City Hall, 122 6th Street NE, Staples, MN 56479 until October 1, 2019 at 2:00 p.m., at which time the bids will be opened and publicly read.

DESCRIPTION OF WORK: The work includes the following:

1. Construction of a mechanical wastewater treatment facility for the City of Staples, Minnesota. The proposed facility includes Pretreatment, Extended Aeration, Final Clarifiers, Chlorine Contact Basin, Biosolids Storage, Control Building and Meter Building.

2. Construction of new forcemain from the main lift station and electrical upgrades at the main lift station.

3. Construction of proposed facility shall not interrupt the current treatment process or result in a bypass of untreated wastewater.

4. Demolition of the existing wastewater treatment facility after the new facilities are operational.

5. Installation of site piping, electrical gear, instrumentation and controls, and emergency generator; yard piping, site preparation, finish grading, seeding, site work, roadway and other improvements indicated on the plans and specification

COMPLETION OF WORK: All work under the Contract must be complete within 365 calendar days after receipt of the Notice to Proceed.

MINIMUM CONTRACTOR QUALIFICATIONS: The Bidder shall have experience as a General Contractor in the successful completion of at least three municipal water or wastewater treatment plants within the last five (5) years.

OBTAINING CONTRACT DOCUMENTS A N DBIDDING **REQUIREMENTS:** Plans and specifications and all contract documents may be obtained at the office of Bolton & Menk, Inc., 7533 Sunwood Drive NW #206, Ramsey, MN 55303, upon payment of \$200, (includes sales tax); non-refundable for each full set of specifications and accompanying drawings. Additional shipping charges will apply for delivery to any address not within the lower 48 states. Complete digital project bidding documents are available at www.questcdn. com. You may view the digital plan documents for free by entering Quest project #6494593 on the website's Project Search

page. Documents may be downloaded for \$30. Please contact QuestCDN.com at (952) 2331632 or info@questcdn.com for assistance in free membership registration, downloading, and working with this digital project information.

A copy of the plans and specifications may be inspected at the following locations:

- Office of Bolton & Menk Inc., 7533 Sunwood Drive NW #206, Ramsey, MN 55303

- City of Staples, 122 6th Street NE, Staples, MN 56479

PLANHOLDERS LIST, ADDENDA AND BID TABULATION: The planholders list, addenda and bid tabulation will be available on-line at www.boltonmenk.com.

Bids will be received on

a lump sum basis.

BID SECURITY: A certified check or a Bid Bond satisfactory to the City of Staples, in the amount of not less than 5 percent of the total Bid price submitted must accompany each

LABOR RATES - MINIMUM WAGE REQUIREMENTS:

This project is being funded by the Minnesota Pollution Control Agency's State Revolving Loan Fund and the City of Staples. The project is subject to the State of Minnesota and Federal minimum wages.

PERFORMANCE AND PAYMENT BONDS: The successful Bidder will be required to furnish a Performance Bond and Labor and Materials Payment Bond each in the amount of the Contract.

The Bid, Agreement, and Bonds shall be conditioned upon compliance with all provisions of the Bid Documents.

PROJECT ADMINISTRATION: All questions relative to this project prior to the opening of bids shall be directed to the Engineer/Manager for the project. It shall be understood, however, that no specification interpretations will be made by telephone.

Address inquiries to: Bolton & Menk, Inc. Attn: Tejpal Bala

7533 Sunwood Drive NW 206 Ramsey, MN 55303 Tel: 763-433-2851

Tel: 763-433-2851 Fax: 763-427-0833 Email: Tejpal.Bala@ Bolton-menk.com

OWNER'S RIGHTS RESERVED: The OWNER reserves the right to reject any or all bids, to waive any informality in a bid, and to make awards in the interest of the OWNER.

Date: August 16, 2019 Owner: City of Staples /S/ Jerel Nelsen City Administrator

Published: Staples World: August 29, 2019 and September 5, 2019

Finance and Commerce: August 29, 2019

35-36pnc

NOTICE LEADER COMMUNITY HALL BOARD

The Leader Community Hall Board will meet Thurs., September 12, 2019 at 7:00 p.m. at the hall.

Mark Strom, Secretary 35-36pnc

NOTICE BECKER TOWNSHIP REQUEST FOR ROAD MAINTENANCE CONTRACT

Becker Township is seeking quotes for the road maintenance contract, which includes summer grading and winter plow-

Contract to go into effect November 1, 2019, 1 to 3-year negotiable contracts will be accepted. Send quotes to Mary Fitcher, Becker Township Clerk, 10999 75th Ave. SW, Motley MN 56466.

The board will award the contract at the October 8, 2019 monthly meeting at the Becker Township Hall at 7 p.m.

Any questions call Mary Fitcher at 218-352-6498, Becker Township Clerk. 35-36pnc

THOMASTOWN TOWNSHIP NOXIOUS WEED NOTICE

Stop the Spread of Noxious Weeds

Minnesota Statues Sections 18.76 to 18.91

All persons owning and occupying land shall control or eradicate all noxious weeds on the land at a time and in a manner ordered by an inspector. It is unlawful for a person to neglect, fail, or refuse to comply.

Like the rest of the state, Thomastown Township has a "growing" noxious weed problem. Some of the more prominent noxious weeds found in Thomastown Township are:

Spotted Knapweed, Plumeless Thistle, Canada Thistle, Hoary Alyssum

Let's all do our part to get this under control. Stricter enforcement will be administered.

If you have any questions or comments call: Township Supervisor Lance Perius, 218-402-0133.

Stacy Dukowitz, Clerk 34-35pnc

'Trust Us!"

Without public notices, the government wouldn't have to say anything else.

Public notices are a community's window into the government. From zoning regulations to local budgets, governments have used local newspapers to inform citizens of its actions as an essential part of your right to know. You know where to look, when to look and what to look for to be involved as a citizen. Local newspapers provide you with the information you need to get involved.

Notices are meant to be noticed. ad your public notices and get involved!

Comparing cars

Three year old Mallory Gustafson showed off her pint sized Corvette at the Twisted Sisters Car Show Aug. 23,

parked next to Tyler Hoemberg's Duster. (Staples World photos by Mark Anderson)



Old time cruising

Fans enjoyed walking through the variety of cars at the Twisted Sisters Car Show Aug. 23.

Lakewood Health System Care Center receives Silver Quality Award

System Care Center has been recognized as a 2019 Silver – Achievement in Quality Award recipient by the American Health Care Association and National Center for Assisted Living (AHCA/NCAL). The award is the second of three distinctions possible through the AHCA/NCAL National Quality Award Program, which spotlights providers across the nation that have demonstrated their dedication to improving quality of care for residents and patients in long term and post-acute care.

"Our team continuously works with our residents and their families to ensure the best quality and experience for our residents," said Lakewood

Lakewood Health stem Care Center has en recognized as a 2019 lver – Achievement in ality Award recipient by

Vice President of Senior Services, Kathy Dobson. "It is nice to see this acknowledged with the receipt of this award."

Based on the core values and criteria of the Baldrige Performance Excellence Program, AHCA/NCAL's National Quality Award Program, established in 1996, challenges member providers to achieve performance excellence through three progressive levels-Bronze, Silver, and Gold. At the Silver level, members develop and demonstrate effective approaches that help improve organizational performance and health care outcomes.

"As a Silver Quality Award recipient, Lakewood Health System Care Center is well on its way to progress in their quality journey by continuing to achieve better quality results," said Alana Wolfe, Chair of the AHCA/NCAL National Quality Award Board of Overseers. "I commend them for this outstanding achievement."

As a 2019 recipient of the Silver award, Lakewood Health System Care Center can now advance in further developing comprehensive approaches that meet the criteria required for the Gold – Excellence in Quality Award.

The awards will be presented during AHCA/NCAL's 70th Convention & Expo in Orlando, Fla., October 13-16.

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o-o Looking back

75 YEARS Ago - 1944

• Aug. 31, 1944 - Last Thursday afternoon the two and a half year old daughter of Mr. and Mrs. Raymond Mudek narrowly escaped death by drowning at the home of Mrs. Anna Ludevessie in Thomastown township. The little girl was out in the yard playing. She lifted the cover over an outside cistern and fell in. Her plight was discovered when women, who were in the house, heard the splash and the little girl's screams. She had fallen into five feet

Compiled by
Dawn Timbs

of water.

Threshers were at work on the Ludevessie farm and some of the women ran for help, while others tried frantically to save the little girl. Attempts were made by putting a hoe down first and then a rope, but she was not strong enough to hold on for very long and fell back into the water. Mr. Mudek, who was assisting with the threshing, and others, came to her rescue. Her father jumped into the cistern and saved his daughter from possible drowning. When she was taken out artificial respiration was administered and at the present time she is recovering from the shock.

• Aug. 31, 1944 - Miss Esther Bottemiller, who for nearly 20 years has been an instructor in the schools of Staples, was granted her Bachelor of Science degree from the St. Cloud teachers college Aug. 24. Miss Bottemiller has been teaching in the primary department of the Staples schools, and through a series of summer school sessions has complete her degree work. She will again have charge of the first grade of the north side grade school in Staples.

• Aug. 31, 1944 - Dr. W. J. Lund, Staples physician and surgeon left this week for New York where he will enter Columbia University for a post graduate course in medicine and surgery for a two weeks' short course, being offered at the university. While there he will study the latest developments in medicine and surgery, and will have a great deal of practical work in these lines. Accompanying him east will be his daughter, Miss Gloria, who will enter Vassar college for her junior year.

50 YEARS Ago - 1969 • Aug. 28, 1969 - Three

men from the Twin City area escaped serious injury as their one engine plane crashed into a brush and wooded area about two blocks east of the Staples City limits, north of Hwy No. 10, late Sunday evening, Aug. 24. The occupants of the aircraft were Robert Artz, 40, Circle Pines; Richard Saucier, 35, Crystal; and Charles Saucier, 39, Golden Valley.

• Aug. 28, 1969 - Expecting a record enrollment of students, classes in all Staples schools will get underway Tuesday morning, Sept. 2, for the 1969 - 70 term. This involves classes at the Staples Elementary school, the Lincoln Nongraded Model school, the Staples high school, Staples Area Vocational-Technical school, and at the Sacred Heart school.

• Aug. 28, 1969 - Donald Moe, one of the 14 finalists in the state teacher of the year competition, and Mrs. Moe were among the honored guests of the Minnesota Education Association and the Minnesota State Fair last weekend at the St. Paul Hotel. The reception luncheon was held Sunday in the St. Paul Hotel at which time the Minnesota teacher of the year was announced. He is Theodore E. Molitor of Roseville.

25 YEARS Ago - 1994

• Sept. 1, 1994 - A multistate crime spree that may have included a Staples bank holdup appeared to have ended early Friday morning with the arrests of two men in Ohio.

But the spree did not end before two people were killed and at least 11 armed robberies committed in Ohio, Michigan and Minnesota, all in two weeks. Herbert Collins, Jr., special agent in charge of the Minneapolis Office of the FBI, announced Sunday, Aug. 28, the arrest of Benjamin Harold Brooks, 27, Frederick James Treesh, 30; and Keisha M. Harth, 29, in Euclid, Ohio. Two of the men arrested, Brooks and Treesh, may be the suspects sought in connection with the Aug. 16 holdup of the Mid-Central Federal Savings Bank in Staples.

• Sept. 1, 1994 - Todd County Sheriff's Deputies Monday afternoon executed a search warrant at the former Glory Barn site, recovering in excess of \$20,000 of office equipment that had been stolen in Colorado.

But officials of St. Mark's Seminary, the new occupants of the Glory Barn property, said they were unaware the computers, desks, chairs, file cabinets and other items in their possession were among the items reported stolen from their former site in Colorado by a former clergy member who is no longer with their group.

• Sept. 1, 1994 - A core of 12 returning letter winners, including six seniors, five juniors and a sophomore, is the group around which Coach Ron Beachy is hoping to put together a winning 1994 football season. Seniors on the squad will include these nine veterans: Jeff Eckes, Rob Storry, Jeff Helstad, Chuck Stevens, Dominic Hanson, Ryan Thiede. Darin Cizek, Daryn Lecy and Doug Buscho. The Cards will open the season hosting the Foley Falcons.

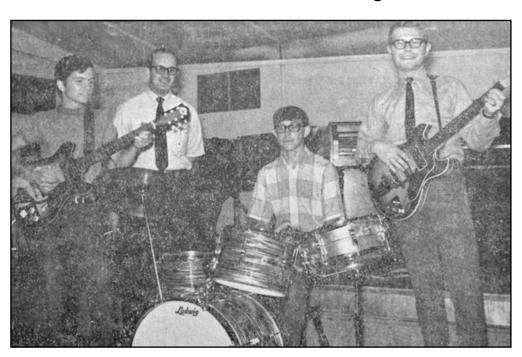
10 YEARS Ago - 2009

• Aug. 27, 2009 - Boy Scouts, Girl Scouts, members of the Staples VFW Color Guard, members of the Motley American Legion, other veterans and interested people from the public helped raise a 20 ft. by 30 ft. American flag on an 80 ft. tall flagpole Saturday evening. The flag pole is the first installation in what will become the Veterans and Community Park south of Hwy. 10 and east of 8th St.

• Aug. 27, 2009 - Over 100 people and 30 volunteers participated in the first Railroad Days Dash, a 5K run/walk, that began at 9 a.m. Saturday, Aug. 22, at Staples Alliance Church.

Josiah Fuhrman won the men's overall with a time of 19:29.68. Staci Schultz won the women's overall with a time of 21:45.91.

• Aug. 27, 2009 - Cars, cars and more cars. Over 600 cars were on display Saturday at the 14th annual Still Cruisin' Car Show in Staples. Just over 2,500 people came through the car show gates to walk through and gaze at cars and trucks parked from the Staples Elementary school fence on Fourth Street to the football field berm. Attendance was up about 500 from the year before.

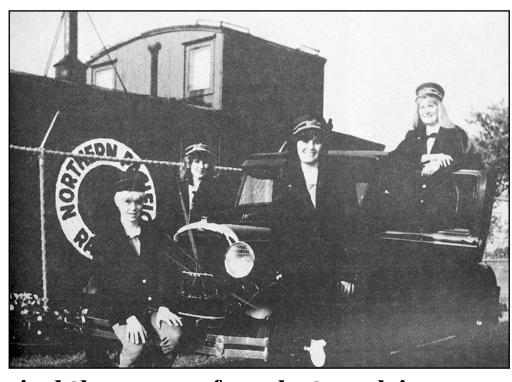


Mystery photos

Hello readers. This week's archive photos are from our Aug. 21, 1969 edition. Do you know who these people are and perhaps the context of the photos? Email your answers (top photo and/or

bottom photo) and where you are from to dtimbs@staplesworld.com by Friday morning. The answers will be published in next week's paper, as well as a new mystery photo.





And the answer from last week is..

Last week's mystery photo published in the Aug. 25, 1994 edition of the Staples World featured The 'Caboosettes' one of the Staples Chili Cookoff teams during Railroad Days that year. Pictured, from left, are Andrea Winter, Mardell Benson, Sonja Cowles and Janice Winter. Bob Marden (not pictured) was the team organizer and chief chili cook.

Tom Crawford of Motley, former editor of the Staples World, and Sonja Cowles of Staples, both correctly identified all. Crawford mentioned that he was the one who took the photo. He also recalled that Bob Marden was the owner of both the caboose and the vintage car. Thanks for participating in our Mystery Photo.



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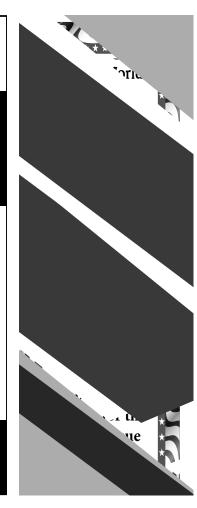
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11a Wednesday, August 28, 2019 Uptown scenes from Railroad Days events



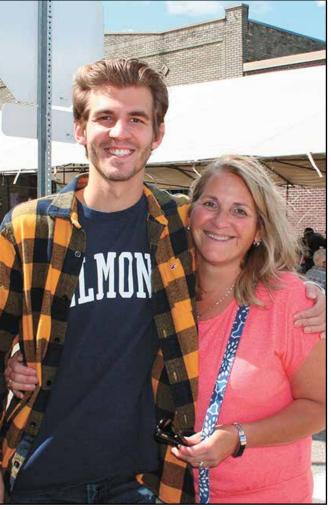
Visiting their hometown

The 'Olson girls,' daughters of the late Glen and May Olson, longtime Staples residents, enjoyed visiting their hometown during Railroad Days. Pictured, from left, are Barbara (Olson) Day, Jacksonville, Fla., 1964 graduate of Staples High School (SHS); Dee (Olson) Norling, Willmar, 1957 graduate of SHS; and Marlys (Olson) Carpenter, Fridley, 1953 graduate of SHS. Their sister Judy of Rochester, a 1962 SHS grad, was unable to attend the reunion. (Staples World photo by Dawn Timbs)



Visiting vendors' booths

Brenda Halvorson (right) of Staples and her mom, Marian Letvin of Grand Forks, N.D., enjoyed a variety of events during Railroad Days in Staples, including stopping by the downtown vendors' booths on Aug. 24. Each of the women found rocks that had been handpainted with cat designs by artist Gayle Christenson of Motley. (Staples World photo by Dawn Timbs)



Good to be back

Jordan Haglin, recent graduate of Belmont University in Nashville, Tenn., and his mom Lisa Wick of Staples enjoyed taking in Railroad Days in Staples Aug. 24. Haglin is currently working as an Event Services Asst. Manager at Madden's Resort on Gull Lake.(Staples World photo by Dawn Timbs)

See more Railroad Days photos in next week's Staples World.



Jillian Black of Gaylord had a great time playing on one of the several inflatable games that were set up during Railroad Days, thanks to the City of Staples Parks and Recreation Dept. Three-year-old Jillian was in town visiting her grandparents, Donald and Dianne Heldman of Staples. Her mom, Jessica (Heldman) Black, is a 2007 graduate of Staples-Motley High School. (Staples World photo by Dawn Timbs)



Lefty's bean bag tournament

et in the bean bag tourney held at Lefty's in Staples. Free grilled burgers and brats

Adding style and grace was the tick- and chili rounded out the popular event (Staples World photo by Mark Anderson)



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Photo booth dress up

Lamplighter Community Theatre provided a backdrop and props as the Huhn family could have their photo taken all together. (Staples World photo by Mark Anderson)



Drop on in... to the dunk

Staples-Motley volleyball girl's sponsored the dunk tank. A successful hit tips Alix Peterson into the drink. (Staples World photo by Mark Anderson)

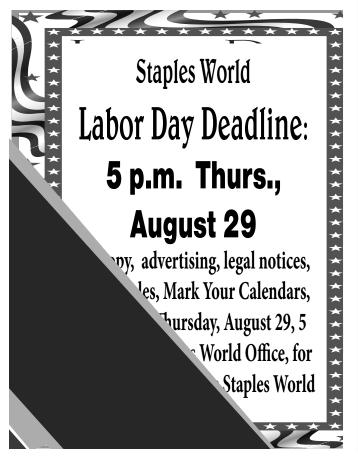




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More than 400 educators attend

More than 400 educators from throughout the region will head back to the classroom this fall with new and innovative ideas following a two-day conference sponsored by Source-

The 2019 Minnesota Summit for Learning and Leading was held August 13-14 at Madden's on Gull Lake and featured nationally-known keynote speakers, as well as individualized breakout sessions focused on student achievement and educator enrichment.

The event, now in its fourth year, was open to teachers and leaders in education from throughout Sourcewell's fivecounty service area, and beyond. According to Sourcewell Manager of Education Solutions Kassidy Rice, the Minnesota Summit provides access to a world-class educational conference experience not often available in greater Minnesota. All sessions are specifically designed to align with research-based best practices in education.

The event invigorates and inspires teachers as a launch-point for the new school year," Rice noted. "Educators came away with a stronger understanding, as well as practical tools, for implementing best practices into their



The 2019 Minnesota Summit was held Aug. 13-14 at Madden's on Gull Lake

classrooms. In addition, team planning time was built into both days for school teams to debrief their learning and discuss how they can implement the new ideas.'

Verndale Principal Arick Follingstad attended the two-day Summit and said it reinforced his appreciation for the resources and opportunities extended to schools throughout the area.

"The work being done in our region, and throughout the state, because of the support Sourcewell provides is making a huge impact on schools, staff, students, and communities," Follingstad said. "Our region is better off because of this work."

Sourcewell, based in Staples, Minn., is a selfsupported government organization, partnering with education, government, and nonprofits to boost student and community success. Created in 1978 as one of Minnesota's nine service cooperatives, Sourcewell offers training and shared services to its central-Minnesota members. Throughout North America, the organization also offers a cooperative purchasing program with more than 325 awarded vendors on contract.

Jenny Holmes, Public Relations & Communications Specialist Office: 218-541-5230 Cell: 218-839-9540 www.sourcewell-mn.gov

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Sing it, Sophie

Sophie Roberts of Staples gave Chris Stapleton a run for his money with her version of "Tennessee Whiskey" at the recent Little Red Caboose Variety Show.



Family harmonies

Jayme Carlson of Staples (left) and her cousin Dan Kuschel of St. Cloud performed the Prince classic, "Nothing Compares to You" at the Little Red Caboose Variety Show in Staples Aug. 22.



State speech champs

Staples-Motley Speech Team members Jaydon Friedel (left) and Andrew Bates performed their 2019 state champion speech, "Be More Chill" at the Little Red Caboose Variety Show in Staples Aug. 22. Friedel will be a senior at SMHS this fall; and Bates will be a freshman at Concordia College, Moorhead.



Staples' own piano man

Jack Tyrrell of Staples performed the classic Billy Joel tune, "Piano Man" at the Little Red Caboose Variety Show, showcasing his voice, as well as his talent for playing the piano and harmonica.



Little Moran River Band closed the show

Closing the Little Red Caboose Variety Show was local favorite, Little Moran River Band, featuring, from left, Don Vogt, guitar; Mike Blessing (hidden), piano; Debbie Otteson, vocals; Ray Gildow, drums; Rick Brichacek, bass; and Phil Solem, guitar. The Little Moran River Band sang 'Silver Threads and Golden Needles,' 'Misty Blue' and 'This Old House,' inviting the au-

dience to sing along on the chorus. Gildow, the show's producer, said that it was nearly a sell-out crowd, the largest Railroad Days variety show to date. Proceeds will go toward the Dower Lake Restoration Project, organized by the Staples Motley Area Community Foundation, the organization that sponsors the Little Red Caboose Show. (Staples World photos by Dawn Timbs)



Tap dance duet

enzie Wilds, tap dance duo, performed "Run Boy Run" at the Little Red Caboose Variety Show in Staples. The girls are

Madeline Rutherford and Mack- members of the local dance studio Music General and their instructor is Kristin Goddard.





Angelic voice

Lauren Rutten of Staples sang, "Jealous of the Angels" at the recent Little Red Caboose Variety Show in Staples.



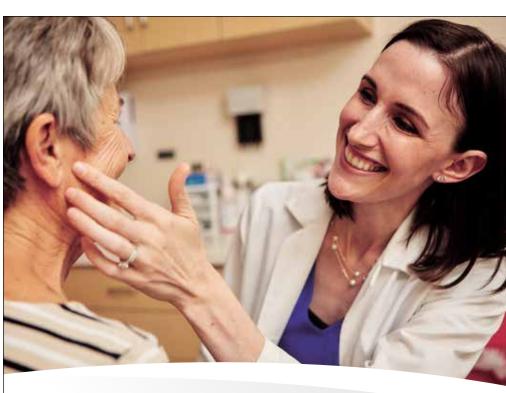
Happy music

John Wolak of Staples played his banjo, joining forces with Mike Blessing on piano and Ray Gildow on drums, to perform "When You're Smiling" and "It's a Small World After All" at the recent Little Red Caboose Variety Show.



Crooner

Brayden Smith performed 'Can't Help Falling in Love' at the Little Red Caboose Variety Show Aug. 22. Smith will be a sophomore at Staples-Motley High School.



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